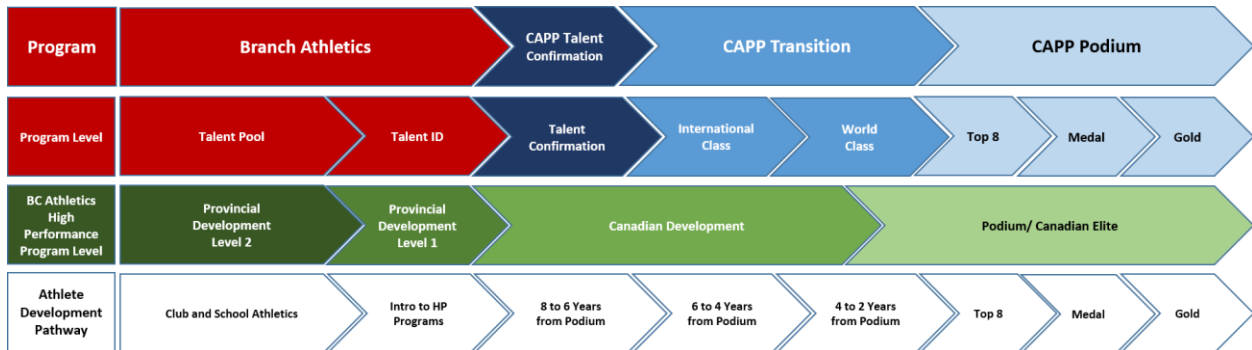




## BC Athletics High Performance Program Athlete Assistance Program 2022/2023 Selection Policy



### APPLICATION DUE DATE:

FRIDAY NOVEMBER 4, 2022 11:59pm PST

NO LATE APPLICATIONS WILL BE ACCEPTED

[ONLINE APPLICATION](#)

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## 1.0 BC ATHLETICS HIGH PERFORMANCE SYSTEM

### 1.1 Overview

BC Athletics, working with personal coaches and member clubs, leads the development of High Performance athletes in the sport of Athletics in British Columbia. Together with our funding partners (government, national/provincial organizations, corporations and foundations) BC Athletics provides support for athletes and coaches with the goal of strong representation and podium performances at National championships, advancing more BC athletes to National Teams, and Podium Performances at International competition.

The purpose of this document is to provide athletes and coaches with information concerning the **BC Athletics Athlete Assistance Program**. Please note that BC Athletics reserves the right to update this document at any time. Any such update will be considered valid upon posting on the BC Athletics website at [www.bcathletics.org](http://www.bcathletics.org).

### 1.2 BC Athletics Athlete Support Programs

BC Athletics offers 3 programs of support to athletes who meet the eligibility requirements for each program. This document will outline the requirements of the AAP program.

1. **HIGH PERFORMANCE PROGRAM (HPP):** High performance athlete identification and access to athlete services provided by Canadian Sport Institute Pacific and Pacific Sport.
2. **ATHLETE ASSISTANCE PROGRAM (AAP):** Financial support provided based on age graded selection standards.
3. **BC TEAM PROGRAM:** Travel and coach support to national championships and national multi-sport games through the BC Team and Team BC program.

## 2.0 BC ATHLETE ASSISTANCE PROGRAM (AAP)

The BC Athlete Assistance Program (BC AAP) is an athlete-centered program of financial assistance funded by BC Athletics. The program seeks to recognize high performance athletes who are participating in programs offered through BC Athletics (PSO) or post-secondary institution and competing in recognized national or international competitions to support training and competition expenses. BC Athletics is charged with selection of said athletes.

### 2.1 Eligibility

Athletes wishing to be considered for funding must meet the following eligibility requirements as set forth by BC Athletics and the Province of British Columbia.

**ELIGIBLE** athletes must:

- a. Meet the BC Athletics [General Criteria for Funding and Selection](#);
- b. Achieve the relevant age performance standard between **November 1, 2021 – October 31, 2022**;
- c. Be a member in good standing with BC Athletics;

Updated July 7, 2022

- d. Meet the BC Athlete Assistance Program requirements of athlete eligibility and commitment;
- e. Be at least 17 years of age during the qualifying period (November 1, 2021 – October 31, 2022); 18 years of age in nomination cycle.
- f. Have submitted the [online application](#). **NO LATE APPLICATIONS WILL BE ACCEPTED.**

**IN-ELIGIBLE** athletes are those athletes who:

- a. Those athletes attending a post-secondary school that forbids the receipt of financial assistance;
- b. Those athletes who are in receipt of BC Athlete Assistance or Sport Canada Funding in a sport other than Athletics (unless so arranged between sports)
- c. Those athletes not meeting the eligibility criteria listed above;
- d. Those athletes who are under suspension by BC Athletics, Athletics Canada or Sport Canada for any doping related offence, or any offence warranting such penalty.

## 2.2 Injury, Illness, or Pregnancy Status

### Injury and Illness Status

Eligible athletes who received BC AAP funding in the previous year (2021-22); who met the age performance standard in the previous year (2021-22); who are eligible to receive funding based on the established eligibility requirements; who have been injured or ill during the year; and who have been unable to meet the criteria for BC AAP Funding can apply for AAP under injury or illness status. All athletes wishing to be considered for an injury or illness status must complete all application requirements, and must also provide additional documentation in the form of:

Document 1: A formal letter, signed by the athlete and the athlete's personal coach outlining the nature of the injury/illness; the impact it had on training, competition and performance; the current status of the athlete relative to training, rehabilitation, competition and performance; and

Document 2: A letter from the doctor(s) involved in the treatment of the injury or illness and their current update and recommendations with respect to training and competition.

Please note that BC Athletics will provide BC AAP support for only 1 year under the injury or illness status.

### Pregnancy Status

Eligible athletes who received BC AAP funding in the previous year (2021-22); who met the age performance standard in the previous year (2021-22); who are eligible to receive funding based on the established eligibility requirements; who have been pregnant during the year; and who have been unable to meet the criteria for BC AAP Funding can apply for AAP under pregnancy status. All athletes wishing to be considered for pregnancy status must complete all application requirements, and must also provide additional documentation in the form of:

Document 1: A letter from the doctor(s) involved in the athlete's pregnancy care and their current update and recommendations with respect to training and competition.

Athletes are eligible to apply for pregnancy status more than once, if it is in non-consecutive years, and they must have achieved the eligible performance standard.

### 2.3 NCAA Athletes

Athletes attending an NCAA Division I Institution can accept BC AAP funding as of August 1, 2013. Under NCAA bylaw 12.1.2.4.7 the definition of entities that can issue support under “Training Expenses” is extended to “...a government entity.” This includes BC Athletics because there is reasonable access to training facilities and competition travel during the school year (fall-late spring), BC Athletics NCAA athletes who are selected for funding will receive funding for the summer program (June-August or 3 months).

### 2.4 Sport Canada Carded Athletes

Athletes who may be nationally carded for (2022-23) are also encouraged to apply for BC AAP funding. Limited funding may be provided (funding permitting). All Sport Canada funded athletes must comply with the eligibility requirements and funding commitments of the BC AAP program and must apply for funding to be considered.

## 3.0 APPLICATION FOR THE ATHLETE ASSISTANCE PROGRAM

All athletes wishing to be considered for BC ATHLETE ASSISTANCE PROGRAM must complete the application process outlined below. **PLEASE NOTE, NO LATE APPLICATIONS WILL BE ACCEPTED. NO EXCEPTIONS.**

### 3.1 [Online Application](#)

All athletes wishing to be considered for Athlete Support must complete the Athlete Assistance Program application. This is an [online form](#). Once completed and submitted, a copy of the application will be sent to BC Athletics and the personal coach. The personal coach will need to reply to the notification email that they agree and approve of the information submitted.

### 3.2 Yearly Training and Competition Plan

All athletes must have a comprehensive yearly training and competition plan. Athletes should work with their coaches to develop this each year. Information about your yearly training and competition plan will be integrated into the online application form (you do not need to upload your YTP). This information will be reviewed by the Track and Field Committee prior to athlete nomination for Athlete Support. If the athlete or coach needs support in building their yearly training and competition plan, please email Track and Field Program Manager Megann VanderVliet – [Megann.vandervliet@bcathletics.org](mailto:Megann.vandervliet@bcathletics.org)

## 4.0 SELECTION

Athletes will self select based on their performances throughout the year. All performances must be achieved in sanctioned competitions, and therefore listed on the [Athletics Canada rankings list](#). All performances must meet the rules for recognizing performances (i.e. legal wind readings, etc.).

### 4.1 BC Athletics Athlete Assistance Program (AAP) Selection Process

#### a) BC AAP Specific Selection Criteria

- i. Athletes need to meet the minimum age performance standard (see Appendix B & C) in the event (one only) they wish to be carded in within the established qualification period. Other athletes may be considered by nearness to the age performance standard if funds are available (see below).

#### b) Able Bodied Athletes Age Performance Standards (APS)

- i. Able bodied athletes achieving the age performance standard are entered into the selection pool for consideration of funding. Note that achieving the age performance standard is not a guarantee of selection for funding.
- ii. BC Athletics has published Age Performance Standards for Men (see: Appendix B) and Women (see: Appendix C). These performance standards are created in consultation with the Track & Field Committee and BC Athletics staff. Standards are formulated based on U20 World Championship performance standards, Athletics Canada CAPP performance standards and World Athletics performance standards. These standards are revisited annually.
- iii. Athletes who have achieved a performance near to their age performance standard, but not surpassing it, are encouraged to apply for BC AAP funding. This is recommended as these athletes may be considered for funding if all athletes who achieved the minimum athlete performance standard have been selected, and available funds remain.

#### c) Para Athlete Performance Standards

- i. Para athletes who are identified as part of the 2022/2023 Athletics Canada CAPP program (Talent Confirmation – Top 8) are eligible to apply for the BC Athlete Assistance Program. Athletes will be eligible for funding based on the funding matrix (Appendix A).

## 5.0 APPEALS

Athletes may appeal the decisions of the selection committee based on the: (1) The award level or amount for which they have been recommended or (2) The athlete has not been recommended for athlete assistance, and believes they should be, based only on the published criteria.

## 5.1 Appeals Deadline

All appeals must be received by BC Athletics within 48 hours of the posting of the Athlete Assistance Program recipient list.

## 5.2 Appeals Process

All appeals must be based on the criteria as outlined above. The process for BC AAP appeals is the following:

- Step 1: Athletes must submit a Formal Letter of Appeal to the BC Athletics Program Manager (via email) ([megann.vandervliet@bcathletics.org](mailto:megann.vandervliet@bcathletics.org)) no later than the published deadline (see above).
- Step 2: All appeals will be forwarded to the Track & Field Committee and staff for decision. The initial appeal decision will be sent to the athlete and personal coach of the athlete via email and will require a confirmation signature from both.
- Step 3: If the initial appeal is accepted, the athlete and personal coach must send the Appeals Sign-Off form.
- Step 4: If the initial appeal is not accepted, a Formal Letter of Appeal is to be submitted to the President/CEO of BC Athletics no later than 5 days after the initial appeal is received. The final appeal is then considered by the BC Athletics Appeals committee of the Board of Directors.
- Step 5: The Final Appeal will be communicated back to the athlete and personal coach by the BC Athletics President/CEO. The decision of the appeals committee shall be final.

## 6.0 QUESTIONS

For any questions relating to BC Athlete Assistance, please contact the BC Athletics Track and Field Program Manager, Megann VanderVliet - ([megann.vandervliet@bcathletics.org](mailto:megann.vandervliet@bcathletics.org))

## APPENDIX A: Athlete Level, Status, and Funding Amounts

Award Level	Performance Level	Award Amounts			
		Working	Post-Secondary		Secondary School
			Non-NCAA	NCAA	
LEVEL 5	<ul style="list-style-type: none"> <li>- National Senior Team (See: Appendix D)</li> <li>- CAPP Medal, Top 8, World Class Levels</li> </ul>	Non-Sport Canada Carded: up to \$3500 Sport Canada Carded: up to \$500	Non-Sport Canada Carded: up to \$3500 Sport Canada Carded: up to \$500	Non-Sport Canada Carded: up to \$1000 Sport Canada Carded: up to \$500	Up to \$2000
LEVEL 4	<ul style="list-style-type: none"> <li>- CAPP International Level</li> </ul>	Non-Sport Canada Carded: up to \$3000 Sport Canada Carded: up to \$500	Non-Sport Canada Carded: up to \$3000 Sport Canada Carded: up to \$500	Non-Sport Canada Carded: up to \$875 Sport Canada Carded: up to \$500	Up to \$1500
LEVEL 3	<ul style="list-style-type: none"> <li>- National Senior Development Team (See: Appendix D)</li> <li>- National U20 Team (See: Appendix D)</li> <li>- Canada Summer Games Team</li> <li>- Provincial Senior/Para Team</li> <li>- CAPP Talent Confirmation Level</li> </ul>	Non-Sport Canada Carded: up to \$2500 Sport Canada Carded: up to \$500	Non-Sport Canada Carded: up to \$2500 Sport Canada Carded: up to \$500	Non-Sport Canada Carded: up to \$750 Sport Canada Carded: up to \$500	Up to \$1000
LEVEL 2	<ul style="list-style-type: none"> <li>- Provincial U20 Team</li> </ul>	Up to \$1500	Up to \$1500	Up to \$675	Up to \$750
LEVEL 1	<ul style="list-style-type: none"> <li>- Elite Club</li> <li>- University/College</li> </ul>	Up to \$1000	Up to \$1000	Up to \$500	Up to \$500



APPENDIX B: 2022 BC Athlete Assistance MALE Age Performance Standards

## 2022/2023 STANDARDS

Event	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33+
100m	10.60	10.57	10.53	10.50	10.46	10.43	10.40	10.36	10.33	10.29	10.26	10.23	10.19	10.16	10.12	10.09
200m	21.25	21.20	21.15	21.10	21.05	21.00	20.95	20.90	20.84	20.79	20.74	20.69	20.64	20.59	20.54	20.49
400m	47.30	47.18	47.06	46.94	46.81	46.69	46.57	46.45	46.33	46.21	46.09	45.97	45.84	45.72	45.60	45.48
800m	1:51.00	1:50.65	1:50.31	1:49.96	1:49.62	1:49.27	1:48.93	1:48.58	1:48.24	1:47.89	1:47.55	1:47.20	1:46.86	1:46.51	1:46.17	1:45.82
1500m	3:48.50	3:47.66	3:46.82	3:45.99	3:45.15	3:44.31	3:43.47	3:42.63	3:41.80	3:40.96	3:40.12	3:39.28	3:38.44	3:37.61	3:36.77	3:35.93
5000m	14:15.00	14:11.12	14:07.24	14:03.36	13:59.48	13:55.60	13:51.72	13:47.84	13:43.96	13:40.08	13:36.20	13:32.32	13:28.44	13:24.56	13:20.68	13:16.80
10000m			29:45.82	29:36.96	29:28.10	29:19.24	29:10.39	29:01.53	28:52.67	28:43.81	28:34.96	28:26.10	28:17.24	28:08.38	27:59.53	27:50.67
110mH	14.40 or 13.90 (U20)	14.34 or 13.87 (U20)	14.28	14.22	14.15	14.09	14.03	13.97	13.91	13.85	13.79	13.73	13.66	13.60	13.54	13.48
400mH	52.10	51.92	51.73	51.55	51.37	51.18	51.00	50.82	50.63	50.45	50.27	50.08	49.90	49.72	49.53	49.35
3000mSC	9:00.00	8:57.60	8:55.19	8:52.79	8:50.38	8:47.98	8:45.57	8:43.17	8:40.76	8:38.36	8:35.95	8:33.55	8:31.14	8:28.74	8:26.33	8:23.93
Pole Vault	5.10	5.14	5.17	5.21	5.25	5.29	5.32	5.36	5.40	5.44	5.47	5.51	5.55	5.59	5.62	5.66
High Jump	2.15	2.16	2.17	2.17	2.18	2.19	2.20	2.21	2.21	2.22	2.23	2.24	2.25	2.25	2.26	2.27
Long Jump	7.55	7.58	7.62	7.65	7.69	7.72	7.75	7.79	7.82	7.86	7.89	7.92	7.96	7.99	8.03	8.06
Triple Jump	15.55	15.64	15.73	15.81	15.90	15.99	16.08	16.17	16.25	16.34	16.43	16.52	16.61	16.69	16.78	16.87
Shot Put	16.55 or 18.20 (U20)	16.82 or 18.50 (U20)	17.10	17.37	17.64	17.92	18.19	18.46	18.74	19.01	19.28	19.56	19.83	20.10	20.38	20.65
Discus	52.85 or 56.50 (U20)	53.62 or 57.27 (U20)	54.40	55.17	55.94	56.71	57.49	58.26	59.03	59.80	60.58	61.35	62.12	62.89	63.67	64.44
Hammer	62.23 or 68.45 (U20)	63.23 or 69.45 (U20)	64.23	65.23	66.22	67.22	68.22	69.22	70.22	71.22	72.22	73.22	74.21	75.21	76.21	77.21
Javelin	69.00	69.84	70.68	71.53	72.37	73.21	74.05	74.89	75.74	76.58	77.42	78.26	79.10	79.95	80.79	81.63
Decathlon	6671 or 7080 (U20)	6780 or 7189 (U20)	6888	6997	7105	7214	7323	7431	7540	7648	7757	7866	7974	8083	8191	8320
H Marathon			1:05:31	1:05:12	1:04:52	1:04:33	1:04:13	1:03:54	1:03:35	1:03:15	1:02:56	1:02:37	1:02:17	1:01:58	1:01:38	1:01:19
Marathon					2:20:38	2:19:49	2:19:00	2:18:10	2:17:21	2:16:32	2:15:43	2:14:54	2:14:05	2:13:15	2:12:26	2:11:37
10K RW	42:50.00	42:37.93														
20K RW			1:27:43	1:27:15	1:26:47	1:26:19	1:25:50	1:25:22	1:24:54	1:24:26	1:23:58	1:23:30	1:23:01	1:22:33	1:22:05	1:21:37
35K RW			2:44:08	2:43:17	2:42:25	2:41:34	2:40:42	2:39:51	2:39:00	2:38:08	2:37:17	2:36:26	2:35:34	2:34:43	2:33:51	2:33:00

APPENDIX C: 2022 BC Athlete Assistance FEMALE Age Performance Standards

## 2022/2023 STANDARDS

Event	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33+
100m	11.80	11.76	11.72	11.68	11.65	11.61	11.57	11.53	11.49	11.45	11.41	11.37	11.34	11.30	11.26	11.22
200m	24.20	24.13	24.06	23.98	23.91	23.84	23.77	23.70	23.62	23.55	23.48	23.41	23.34	23.26	23.19	23.12
400m	54.25	54.06	53.86	53.67	53.48	53.28	53.09	52.90	52.70	52.51	52.32	52.12	51.93	51.74	51.54	51.35
800m	2:07.20	2:06.77	2:06.35	2:05.92	2:05.50	2:05.07	2:04.64	2:04.22	2:03.79	2:03.37	2:02.94	2:02.51	2:02.09	2:01.66	2:01.24	2:00.81
1500m	4:23.20	4:22.09	4:20.98	4:19.88	4:18.77	4:17.66	4:16.55	4:15.44	4:14.34	4:13.23	4:12.12	4:11.01	4:09.90	4:08.80	4:07.69	4:06.58
3000m	9:32.00	9:29.57	9:27.14	9:24.71	9:22.27	9:19.84	9:17.41	9:14.98	9:12.55	9:10.12	9:07.69	9:05.26	9:02.82	9:00.39	8:57.96	8:55.53
5000m	16:40.00	16:34.32	16:28.64	16:22.95	16:17.27	16:11.59	16:05.91	16:00.23	15:54.54	15:48.86	15:43.18	15:37.50	15:31.82	15:26.13	15:20.45	15:14.77
10000m			34:45.57	34:32.48	34:19.38	34:06.29	33:53.19	33:40.10	33:27.01	33:13.91	33:00.82	32:47.72	32:34.63	32:21.54	32:08.44	31:53.48
100mH	13.70	13.65	13.60	13.55	13.49	13.44	13.39	13.34	13.29	13.24	13.19	13.14	13.08	13.03	12.98	12.93
400mH	59.50	59.24	58.98	58.71	58.45	58.19	57.93	57.67	57.40	57.14	56.88	56.62	56.36	56.09	55.83	55.57
3000mSC	10:19.30	10:16.87	10:14.45	10:12.02	10:09.59	10:07.16	10:04.74	10:02.31	09:59.88	09:57.45	09:55.03	09:52.60	09:50.17	09:47.74	09:45.32	9:42.89
Pole Vault	4.05	4.08	4.12	4.15	4.18	4.21	4.25	4.28	4.31	4.34	4.38	4.41	4.44	4.47	4.51	4.54
High Jump	1.81	1.82	1.83	1.83	1.84	1.85	1.86	1.87	1.87	1.88	1.89	1.90	1.91	1.91	1.92	1.93
Long Jump	6.12	6.15	6.19	6.22	6.25	6.28	6.32	6.35	6.38	6.41	6.45	6.48	6.51	6.54	6.58	6.61
Triple Jump	12.85	12.94	13.02	13.11	13.19	13.28	13.37	13.45	13.54	13.62	13.71	13.80	13.88	13.97	14.05	14.14
Shot Put	14.50	14.76	15.02	15.28	15.53	15.79	16.05	16.31	16.57	16.83	17.09	17.35	17.60	17.86	18.12	18.38
Discus	48.50	49.42	50.34	51.26	52.18	53.10	54.02	54.94	55.86	56.78	57.70	58.62	59.54	60.46	61.38	62.30
Hammer	57.50	58.37	59.23	60.10	60.97	61.83	62.70	63.57	64.43	65.30	66.17	67.03	67.90	68.77	69.63	70.50
Javelin	50.00	50.73	51.47	52.20	52.94	53.67	54.40	55.14	55.87	56.61	57.34	58.07	58.81	59.54	60.28	61.01
Heptathlon	5390	5436	5482	5528	5574	5620	5666	5712	5758	5804	5850	5896	5942	5988	6034	6080
H Marathon			1:16:37	1:16:05	1:15:32	1:15:00	1:14:28	1:13:55	1:13:23	1:12:51	1:12:19	1:11:46	1:11:14	1:10:42	1:10:09	1:09:37
Marathon					2:42:44	2:41:32	2:40:20	2:39:07	2:37:55	2:36:43	2:35:31	2:34:19	2:33:07	2:31:54	2:30:42	2:29:30
10K RW	47:50.00	47:39.87														
20K RW			1:37:46	1:37:16	1:36:45	1:36:15	1:35:44	1:35:14	1:34:43	1:34:13	1:33:42	1:33:12	1:32:41	1:32:11	1:31:40	1:31:10
35K RW			3:05:55	3:05:00	3:04:05	3:03:10	3:02:15	3:01:20	3:00:25	2:59:30	2:58:35	2:57:40	2:56:45	2:55:50	2:54:55	2:54:00

## APPENDIX D: Canadian Teams Classification

### Senior

- Olympic Games
- World Athletics World Championships (Indoor Track & Field & Outdoor Track & Field)
- Commonwealth Games
- IPC World Championships

### Senior Development / U20

- World Athletics World Race Walking Team Championships
- World Athletics World Half Marathon Championships
- World Athletics Continental Cup
- World Athletics World U20 Track & Field Championships
- World Athletics World Relays
- Pan American Games
- Pan American U20 Championships
- NACAC Championships
- NACAC U23 Championships
- Les Jeux de la Francophonie
- FISU Summer Universiade