



2019 U18 Royal Canadian Legion Youth Championships

August 09 – 11, 2019

Sydney, Nova Scotia

BC Athletes Performance Summary

Personal Bests:

1. Matti Erickson, 800m, 1:53.82 – Kootenay Chaos Track Club
2. Tyler Wilson, 3000m RW, 13:22.02 – Ocean Athletics Track & Field Club
3. Thomas Ma, 400mH, 54.51 – Vancouver Olympic Club
4. Quinn Cameron, Decathlon, 6195 – NorWesters Track & Field Club
5. Jaiveer Tiwana, 3000m, 8:53.17 – Coastal Track Club
6. Cassidy Cardle, 3000m RW, 15:11.74 – Unattached
7. Michelle Dadson, Shot Put, 14.95m – South Surrey Athletics
8. Samantha Baron, 100mH, 14.88 – Powell River Track Club
9. Isaiah Collins, Decathlon, 6141 – Okanagan Athletics Club
10. Team British Columbia/Yukon Territory, 4x400m Relay Men, 3:28.69
Quinn Cameron – NorWesters Track & Field Club
Aiden Grout – Langley Mustangs
Keaton Heistermann – Nanaimo & District Track & Field Club
Matti Erickson – Kootenay Chaos Track Club
11. Team British Columbia/Yukon Territory, 4x100m Relay Women, 50.04
Olivia Van Ryswyk – Ocean Athletics Track & Field Club
Sonya Urbanowicz – Nanaimo & District Track & Field Club
Ella Foster – Royal City Track & Field Club
Jaeland Cummings – Unattached
12. Team British Columbia/Yukon Territory, 4x400m Relay Women, 4:05.58
Caleigh O’Flaherty – New West Spartans Track & Field Club
Maya Kobylanski – Ocean Athletics Track & Field Club
Katelyn Stewart-Barnett – Royal City Track & Field Club
Samantha Baron – Powell River Track Club

Gold Medalists:

1. Matti Erickson, 800m, 1:53.82 – Kootenay Chaos Track Club
2. Kendra Lewis, 1500m, 4:28.08 – Vancouver Olympic Club
3. Matti Erickson, 1500m, 4:03.50 – Kootenay Chaos Track Club
4. Kendra Lewis, 3000m, 9:48.24 – Vancouver Olympic Club
5. Tyler Wilson, 3000m RW, 13:22.02 – Ocean Athletics Track & Field Club
6. Thomas Ma, 400mH, 54.51 – Vancouver Olympic Club
7. Katelyn Stewart-Barnett, 2000mSC, 6:51.47 – Royal City Track & Field Club
8. Aiden Grout, High Jump, 2.01m – Langley Mustangs
9. Praise Aniamaka, Triple Jump, 14.98m – Vancouver Thunderbirds
10. Quinn Cameron, Decathlon, 6195 – NorWesters Track & Field Club

Silver Medalists:

1. Keaton Heistermann, 800m, 1:54.23 – Nanaimo & District Track & Field Club
2. Jaiveer Tiwana, 3000m, 8:53.17 – Coastal Track Club
3. Cassidy Cardle, 3000m RW, 15:11.74 – Unattached
4. Liam Espedido, High Jump, 1.91m – Kajaks Track & Field Club
5. Olivia Van Ryswyk, Pole Vault, 3.50m – Ocean Athletics Track & Field Club
6. Michelle Dadson, Shot Put, 14.95m – South Surrey Athletics

Bronze Medalists:

1. Samantha Baron, 100mH, 14.88 – Powell River Track Club
2. Samantha Baron, 400mH, 1:03.12 – Powell River Track Club
3. Emma De Boer, High Jump, 1.66m – Ocean Athletics Track & Field Club
4. Joshua Carsience, Pole Vault, 3.95m – Valley Royals Track & Field Club
5. Matthew Arnold, Hammer Throw, 58.10m – Kamloops Track & Field Club
6. Isaiah Collins, Decathlon, 6141 – Okanagan Athletics Club

Team BC Performance Summary - 2019 Canadian Legion Youth Championships

# of BC Athletes with Podium Finish	19	# of Athletes on Team BC	28	% with Podium Finish	67.86%
# of BC Athletes in Top 8	27	# of Athletes on Team BC	28	% in Top 8	96.43%
# of BC Athletes that Achieved or Tied their Personal Best	13	# of Athletes on Team BC	28	% Achieved or Tied their Personal Best	46.43%

Performance analysis, ranked by placing in the final, of Team BC at the 2019 Canadian Legion Youth Championships

Last Name	First Name	Sex	Club	Event	Performance	Place	SB	PB
Erickson	Matti	M	Kootenay Chaos	800m	1:53.82	1	1:53.82	1:53.82
Lewis	Kendra	F	Vancouver Olympic Club	1500m	4:28.08	1	4:24.67	4:24.67
Erickson	Matti	M	Kootenay Chaos	1500m	4:03.50	1	3:55.74	3:55.74
Lewis	Kendra	F	Vancouver Olympic Club	3000m	9:48.24	1	9:48.24	9:46.06
Wilson	Tyler	M	Ocean Athletics	3000m RW	13:22.02	1	13:22.02	13:22.02
Ma	Thomas	M	Vancouver Olympic Club	400mH	54.51	1	54.51	54.51
Stewart-Barnett	Katelyn	F	Royal City T&F Club	2000mSC	6:51.47	1	6:50.01	6:50.01
Grout	Aiden	M	Langley Mustangs	High Jump	2.01m	1	2.09m	2.09m
Aniamaka	Praise	M	Vancouver Thunderbirds	Triple Jump	14.78m	1	14.93m	14.93m
Cameron	Quinn	M	NorWesters T&F Club	Decathlon	6195	1	6195	6195
Heistermann	Keaton	M	Nanaimo & District T&F	800m	1:54.23	2	1:53.44	1:53.44
Tiwana	Jaiveer	M	Coastal Track Club	3000m	8:53.17	2	8:53.17	8:53.17
Cardle	Cassidy	F	Unattached	3000m RW	15:11.74	2	15:11.74	15:11.74
Espedido	Liam	M	Kajaks Track & Field Club	High Jump	1.91	2	1.95	1.95
Van Ryswyk	Olivia	F	Ocean Athletics	Pole Vault	3.50m	2	3.50m	3.50m
Dadson	Michelle	F	South Surrey Athletics	Shot Put	14.95m	2	14.95m	14.95m
Baron	Samantha	F	Powell River Track Club	100mH	14.88	3	14.88	14.88
Baron	Samantha	F	Powell River Track Club	400mH	1:03.12	3	1:02.12	1:02.12
De Boer	Emma	F	Ocean Athletics	High Jump	1.66m	3	1.72m	1.72m
Carsience	Joshua	M	Valley Royals T&F Club	Pole Vault	3.95m	3	4.10m	4.10m
Arnold	Matthew	M	Kamloops Track & Field	Hammer	58.10m	3	63.35m	63.35m
Collins	Isaiah	M	Okanagan Athletics Club	Decathlon	6141	3	6141	6141
Ma	Thomas	M	Vancouver Olympic Club	110mH	15.52	4	14.46	14.46

Payne	Elliott	M	Kamloops Track & Field	Javelin	57.17m	4	60.30m	60.30m
O'Flaherty	Caleigh	F	New West Spartans T&F	Heptathlon	4669	4	4699	4699
Cameron Grout Heistermann Erickson	Quinn Aiden Keaton Matti	M	NorWesters T&F Club Langley Mustangs Nanaimo & District T&F Kootenay Chaos	4x400m Relay	3:28.69	5	3:28.69	3:28.69
Foster	Ella	F	Royal City T&F Club	Pole Vault	3.20m	5	3.32m	3.32m
Dadson	Michelle	F	South Surrey Athletics	Discus	36.29m	5	38.49m	38.49m
Van Ryswyk Urbanowicz Foster Cummings	Olivia Sonya Ella Jaeland	F	Ocean Athletics Nanaimo & District T&F Royal City T&F Club Unattached	4x100m Relay	50.04	6	50.04	50.04
Stewart- Barnett	Katelyn	F	Royal City Track & Field Club	High Jump	1.66m	6	1.67m	1.67m
Collins	Isaiah	M	Okanagan Athletics Club	Javelin	55.99m	6	57.15m	57.15m
O'Flaherty Kobylanski Stewart- Barnett Baron	Caleigh Maya Katelyn Samantha	F	New West Spartans T&F Ocean Athletics Royal City T&F Club Powell River Track Club	4x400m Relay	4:05.58	7	4:05.58	4:05.58
Aniamaka	Praise	M	Vancouver Thunderbirds	400mH	57.08	7	55.22	55.22
Kobylanski	Maya	F	Ocean Athletics	2000mSC	7:18.97	7	6:55.05	6:55.05
Tiwana	Jaiveer	M	Coastal Track Club	2000mSC	6:15.03	7	6:01.25	6:01.25
McKean	Kamryn	F	Alberni Valley Track Club	Javelin	33.82m	8	42.49m	42.49m
Heistermann	Keaton	M	Nanaimo & District T&F	1500m	4:13.06	9	3:59.46	3:59.46
Erickson	Matti	M	Kootenay Chaos	2000mSC	6:24.59	10	6:01.20	6:01.20
McKean	Kamryn	F	Alberni Valley Track Club	Hammer	37.81m	13	38.79m	38.79m
Kobylanski	Maya	F	Ocean Athletics	1500m	4:46.15	14	4:41.01	4:41.01
Katzberg	Ethan	M	Nanaimo & District T&F	Hammer	Foul		66.06m	66.06m

Team BC Event Summary – 2019 Canadian Legion Youth Championships

# of BC Female Athletes	13	# of BC Male Athletes	15	# of Athletes on Team BC	28
# of Events BC Female Athletes took part in	15	# of Events BC Male Athletes took part in	14	# of Events BC Team took part in	29
# of BC Female Athletes with Podium Finish	7	# of BC Male Athletes with Podium Finish	12	# of BC Team Athletes with Podium Finish	19
% of Podium Finish in Events Contested	46.67%	% of Podium Finish in Events Contested	85.71%	% of Podium Finish in Events Contested	65.52%
Total # of medals won by BC Female Athletes	10	Total # of medals won by BC Male Athletes	13	Total # of medals	23
% of medals won in Events Contested	66.67%	% of medals won in Events Contested	92.86%	% of medals won in Events Contested	79.31%

BC Club Athletes – Canadian Legion Youth Championships

Personal Bests:

1. Olivia Lundman, 3000m RW, 14:59.08 – Nanaimo & District Track & Field Club
2. Emma Cannan, 200m, 24.97 – Okanagan Athletics Club
3. Lauryn Savela, Javelin, 42.95m – Royal City Track & Field Club
4. Chase Haagensen, 200m, 22.24 – Unattached
5. Aneel Gillan, Decathlon, 6042 – Ocean Athletics Track & Field Club
6. Shaunika Suriya, Heptathlon, 3570 – Coastal Track Club
7. Nanaki Sangha, 400m, 1:01.65 – Coastal Track Club

Gold Medalists:

1. Olivia Lundman, 3000m RW, 14:59.08 – Nanaimo & District Track & Field Club

Bronze Medalists:

1. Emma Cannan, 100m, 12.28 – Okanagan Athletics Club
2. Emma Canagan, 200m, 24.97 – Okanagan Athletics Club
3. Harrison Trustham, 110mH, 15.02 – Langley Mustangs
4. Lauryn Savela, Javelin, 42.95m – Royal City Track & Field Club

BC Club Athlete Performance Summary at 2019 Canadian Legion Youth Championships

# of BC Athletes with Podium Finish	4	# of BC Athletes Competing	22	% with Podium Finish	18.18%
# of BC Athletes in Top 8	9	# of BC Athletes Competing	22	% in Top 8	40.91%
# of BC Athletes that Achieved or Tied their Personal Best	8	# of BC Athletes Competing	22	% Achieved or Tied their Personal Best	36.36%

Performance analysis, ranked by placing in the final, of BC Club athletes at the 2019 Canadian Legion Youth Championships

Last Name	First Name	Sex	Club	Event	Performance	Place	SB	PB
Lundman	Olivia	F	Nanaimo & District T&F	3000m RW	14:59.08	1	14:59.08	14:59.08
Cannan	Emma	F	Okanagan Athletic Club	100m	12.28	3	12.27	12.27
Cannan	Emma	F	Okanagan Athletics Club	200m	24.97	3	24.97	24.97
Trustham	Harrison	M	Langley Mustangs	110mH	15.02	3	14.79	14.79
Savela	Lauryn	F	Royal City T&F Club	Javelin	42.95m	3	42.95m	42.95m
Haagensen	Chase	M	Unattached	100m	11.35	4	10.90	10.90
Haagensen	Chase	M	Unattached	200m	22.24	4	22.24	22.24
Allen	Felix	M	Langley Mustangs	400mH	56.31	4	56.29	56.29
Gillan	Aneel	M	Ocean Athletics	Decathlon	6042	4	6042	6042
Uhrich	Dylan	M	Vancouver Olympic Club	2000mSC	6:10.27	5	5:59.10	5:59.10
Harrison	Holly	F	Langley Mustangs	Heptathlon	4331	5	4463	4463
Uhrich	Dylan	M	Vancouver Olympic	3000m	8:58.34	6	8:51.36	8:51.36
Wickramaarachchi	Prabha	F	Universal Athletics	400mH	1:04.84	6	1:03.37	1:03.37
Aron	Nicholas	M	Coastal Track Club	400m	49.88	7	49.85	49.39
Schmidt	Jake	M	Langley Mustangs	High Jump	1.85m	7	1.85m	1.85m
Trustham	Harrison	M	Langley Mustangs	400mH	58.13	8	57.27	57.27
Wiley	Sheleena	F	Langley Mustangs	200m	25.99	9	25.65	25.65
Liniewski	Zuzanna	F	Royal City Track & Field	Hammer	41.98m	10	47.31m	47.31m
Suriya	Shaunika	F	Coastal Track Club	Heptathlon	3570	10	3570	3570
Wiley	Sheleena	F	Langley Mustangs	100m	12.75	11	12.46	12.46
Desvaux	Juliette	F	Mid Island Distance	200m	26.13	11	25.31	25.31
Lenton	Jade	F	Langley Mustangs	400m	58.86	11	57.94	57.94
Sangha	Nanaki	F	Coastal Track Club	800m	2:20.12	14	2:19.17	2:19.17
Rastad	Julia	F	NorWesters T&F Club	Long Jump	4.95m	15	5.15m	5.24m

Desvaux	Juliette	F	Mid Island Distance	100m	12.88	16	12.46	12.46
Miller	Michael	M	Coastal Track Club	1500m	4:18.24	16	3:58.10	3:58.10
Walton-Knight	Bethany	F	NorWesters T&F Club	200m	26.48	17	25.98	25.98
Miller	Michael	M	Coastal Track Club	800m	2:00.57	17	1:57.33	1:57.33
Cannan	Emma	F	Okanagan Athletics	400m	1:01.51	19	57.43	57.43
Sangha	Nanaki	F	Coastal Track Club	400m	1:01.65	20	1:01.65	1:01.65
Walton-Knight	Bethany	F	NorWesters T&F Club	100m	13.00	21	12.65	12.65
Maier	Lindsay	F	Okanagan Athletics	400m	1:02.26	23	1:00.65	58.95
Aron	Nicholas	M	Coastal Track Club	800m	2:07.42	26	1:54.54	1:54.54
Price-Roberts	Adrian	M	Okanagan Athletics Club	Pole Vault	NH		3.56m	3.56m

BC Club Event Summary – 2019 Canadian Legion Youth Championships

# of BC Female Athletes	13	# of BC Male Athletes	9	# of Athletes Competing	22
# of Events BC Female Athletes took part in	11	# of Events BC Male Athletes took part in	13	# of Events BC Athletes took part in	24
# of BC Female Athletes with Podium Finish	3	# of BC Male Athletes with Podium Finish	1	# of Athletes with Podium Finish	4
% of Podium Finish in Events Contested	27.27%	% of Podium Finish in Events Contested	7.69%	% of Podium Finish in Events Contested	16.67%
Total # of medals won by BC Female Athletes	4	Total # of medals won by BC Male Athletes	1	Total # of medals	5
% of medals won in Events Contested	36.36%	% of medals won in Events Contested	7.69%	% of medals won in Events Contested	20.83%