



**U20 National Track & Field Championships  
Montréal, Quebec  
July 25-28, 2019  
BC Athlete Performance  
Summary**

**Personal Bests:**

1. Ceili McCabe, 3000mSC, 10:38.30 – Vancouver Olympic Club
2. Bazil Spencer, High Jump, 2.03m – Kamloops Track & Field Club
3. Praise Aniamaka, Triple Jump, 14.93m – Vancouver Thunderbirds
4. Druv Sobti, Discus Throw, 47.28m – Kajaks Track & Field Club
5. Kenny Blackman Jr., 100m, 10.68 – Universal Athletics Club
6. Baneet Bains, 3000mSC, 10:49.88 – Coastal Track Club
7. Jarrett Chong, Javelin, 64.68m – Royal City Track & Field Club
8. Ceili McCabe, 800m, 2:10.70 – Vancouver Olympic Club

**Gold Medalists:**

1. Joean Lu, 20km RW, 52:39.00 – Racewalk West
2. Ceili McCabe, 3000mSC, 10:38.30 – Vancouver Olympic Club
3. Alexa Propaczy, High Jump, 1.74m – Unattached
4. Bazil Spencer, High Jump, 2.03m – Kamloops Track & Field Club
5. Mateya Haintz, Hammer Throw, 56.09m – Unattached
6. Rowan Hamilton, Hammer Throw, 66.43m – Kajaks Track & Field Club

### Silver Medalists:

1. Alisa Lyesina, 800m, 2:08.34 – Prairie Inn Harriers Racing Team
2. Trinity Hansma, High Jump, 1.71m – Unattached
3. Praise Aniamaka, Triple Jump, 14.93m – Vancouver Thunderbirds
4. Ethan Foster, Pole Vault, 4.30m – BC Flyers Athletics Club
5. Dolly Gabri, Discus Throw, 42.57m – South Surrey Athletics
6. Druv Sobti, Discus Throw, 47.28m – Kajaks Track & Field Club
7. Dolly Gabri, Shot Put, 13.96m – South Surrey Athletics

### Bronze Medalists:

1. Kenny Blackman Jr., 100m, 10.68 – Universal Athletics Club
2. Baneet Bains, 3000mSC, 10:49.88 – Coastal Track Club
3. Phoebe Price-Roberts, Hammer Throw, 54.02m – Kamloops Track & Field Club
4. Jarrett Chong, Javelin, 64.68m – Royal City Track & Field Club
5. Druv Sobti, Shot Put, 17.30m – Kajaks Track & Field Club

### Team BC performance Summary - 2019 U20 National Track & Field Championships

# of BC Athletes with Podium Finish	16	# of Athletes on Team BC	25	% with Podium Finish	64%
# of BC Athletes in Top 8	21	# of Athletes on Team BC	25	% in Top 8	84%
# of BC Athletes that Achieved or Tied their Personal Best	8				

### Performance analysis, ranked by placing in the final, of Team BC at the U20 National Track & Field Championships

Last Name	First Name	Sex	Club	Event	Performance	Place	SB	PB
Lu	Joean	F	Racewalk West	10km RW	52:39.00	1	51:29.05	51:29.05
McCabe	Ceili	F	Vancouver Olympic Club	3000mSC	10:38.30	1	10:38.30	10:38.30
Porpaczy	Alexa	F	Unattached	High Jump	1.74m	1	1.78m	1.80m
Spencer	Bazil	M	Kamloops T&F Club	High Jump	2.03m	1	2.03m	2.03m
Haintz	Mateya	F	Unattached	Hammer	56.09m	1	58.65m	58.65m
Hamilton	Rowan	M	Kajaks Track & Field Club	Hammer	66.43m	1	75.35m	75.35m

Lyesina	Alisa	F	Prairie Inn	800m	2:08.34	2	2:06.37	2:06.37
Hansma	Trinity	F	Unattached	High Jump	1.71m	2	1.73m	1.73m
Aniamaka	Praise	M	Vancouver Thunderbirds	Triple Jump	14.93m	2	14.93m	14.93m
Foster	Ethan	M	BC Flyers Athletic Club	Pole Vault	4.30m	2	4.60m	4.60m
Gabri	Dolly	F	South Surrey Athletics	Discus	42.57m	2	45.28m	47.35m
Sobti	Druv	M	Kajaks Track & Field Club	Discus	47.28m	2	47.28m	47.28m
Gabri	Dolly	F	South Surrey Athletics	Shot Put	13.96m	2	14.39m	14.39m
Blackman Jr.	Kenny	M	Universal Athletics Club	100m	10.68	3	10.68	10.68
Bains	Baneet	F	Coastal Track Club	3000mSC	10:49.88	3	10:49.88	10:49.88
Price-Roberts	Phoebe	F	Kamloops T&F Club	Hammer	54.02m	3	55.55m	55.55m
Chong	Jarrett	M	Royal City T&F Club	Javelin	64.68m	3	64.68m	64.68m
Sobti	Druv	M	Kajaks Track & Field Club	Shot Put	17.30m	3	18.17m	18.17m
Vlahovic	Katarina	F	Universal Athletics Club	100mH	13.89	4	13.63	13.56
Grout	Aiden	M	Langley Mustangs	High Jump	1.96m	4	2.09m	2.09m
Patry-Smith	JV	F	Royal T&F Club	Javelin	41.34m	5	43.96m	43.96m
Arnold	Matthew	M	Kamloops T&F Club	Hammer	50.42m	5	58.56m	58.56m
Konrad	Sophie	F	Hershey Harriers	1500m	4:35.41	6	4:28.19	4:28.19
McCabe	Ceili	F	Vancouver Olympic Club	800m	2:10.70	7	2:10.70	2:10.70
Penson-McCoy	Jesaiah	M	Unattached	100m	10.82	12	10.80	10.80
Penson-McCoy	Jesaiah	M	Unattached	200m	22.07	13	21.95	21.95
Che	Eric	M	Kajaks Track & Field Club	Long Jump	5.95m	13	7.05m	7.05m
Shandro	Angéline	F	Victoria Speed Project	200m	26.99	26	25.15	25.15
Nijjar	Jasneet	F	Universal Athletics Club	100m	DNS		12.05	12.05
Nijjar	Jasneet	F	Universal Athletics Club	100mH	DNS		14.21	14.21
Shandro	Angéline	F	Victoria Speed Project	400m	DNS		54.92	54.92

**Team BC Event Summary – 2019 U20 National Track & Field Championships**

# of BC Female Athletes	15	# of BC Male Athletes	10	# of Athletes on Team BC	25
# of Events BC Female Athletes took part in	13	# of Events BC Male Athletes took part in	10	# of Events BC Team took part in	23
# of BC Female Athletes with Podium Finish	9	# of BC Male Athletes with Podium Finish	7	# of BC Team Athletes with Podium Finish	16
% of Podium Finish in Events Contested	69.23%	% of Podium Finish in Events Contested	70%	% of Podium Finish in Events Contested	69.57%
Total # of medals won by BC Female Athletes	10	Total # of medals won by BC Male Athletes	8	Total # of medals	18
% of medals won in Events Contested	76.92%	% of medals won in Events Contested	80%	% of medals won in Events Contested	78.26%

## BC Club Athletes – U20 Nationals

### Personal Bests:

1. Conor Loughnane, 400m, 50.35 – Victoria Speed Project
2. Tomas Chapman, 800m, 1:57.24 (Qualifying) – Unattached
3. Tomas Chapman, 1500m, 4:11.90 – Unattached

### Silver Medalists:

1. Jasmine Lew, Long Jump, 5.78m – Unattached

### BC Club Performance Summary at 2019 U20 National Track & Field Championships

# of BC Athletes with Podium Finish	1	# of BC Athletes Competing	16	% with Podium Finish	6.25%
# of BC Athletes in Top 8	5	# of BC Athletes Competing	16	% in Top 8	31.25%
# of BC Athletes that Achieved or Tied their Personal Best	2				

### Performance analysis, ranked by placing in the final, of BC athletes at the U20 National Track & Field Championships

Last Name	First Name	Sex	Club	Event	Performance	Place	SB	PB
Lew	Jasmine	F	Unattached	Long Jump	5.78m	2	6.17m	6.17m
Janes	Giovanna	F	Vancouver Thunderbirds	Javelin	41.64m	4	42.98m	42.98m
Kurucz	Aaryanna	F	Universal Athletics Club	400mH	1:02.26	5	1:02.19	1:02.19
Bates	Cameron	M	Hershey Harriers	1500m	3:55.22	5	3:51.90	3:51.90
Hughes	Kevin	M	Langley Mustangs	400m	49.39	6	49.05	49.05
Bradley	Carson	M	Kajaks Track & Field Club	400m	49.87	9	48.88	48.88
Miller	Aiden	M	Coastal Track Club	3000mSC	9:50.28	9	9:38.94	9:38.94
Boden	Jack	M	Prairie Inn	800m	1:55.20	11	1:55.13	1:55.13
Seeman	Carly	F	Coquitlam Cheetahs	100mH	15.26	12	14.82	14.82

Miller	Riley	M	Coastal Track Club	1500m	4:02.27	14	3:55.55	3:55.55
Loughnane	Conor	M	Victoria Speed Project	400m	50.96	16	50.35	50.35
Bradley	Carson	M	Kajaks Track & Field Club	200m	22.40	18	22.30	22.30
Farlinger	Alexander	M	Hershey Harriers	1500m	4:06.35	20	3:58.15	3:58.15
Chapman	Tomas	M	BC Unattached	800m	2:00.02	21	1:57.24	1:57.24
Mortimer	Rachel	F	Coastal Track Club	1500m	4:53.94	25	4:37.53	4:37.53
Chapman	Tomas	M	Unattached	1500m	4:11.90	37	4:11.90	4:11.90
Sarai	Sajjan	M	Coastal Track Club	800m	DNF		1:58.13	1:55.81
Aron	Nicholas	M	Coastal Track Club	800m	DNS		1:54.54	1:54.54
Boden	Jack	M	Prairie Inn	1500m	DNS		3:58.80	3:58.80

### BC Club Event Summary – 2019 U20 National Track & Field Championships

# of BC Female Athletes	5	# of BC Male Athletes	11	# of Athletes Competing	16
# of Events BC Female Athletes took part in	5	# of Events BC Male Athletes took part in	5	# of Events BC Athletes took part in	10
# of BC Female Athletes with Podium Finish	1	# of BC Male Athletes with Podium Finish	0	# of Athletes with Podium Finish	1
% of Podium Finish in Events Contested	20%	% of Podium Finish in Events Contested	0%	% of Podium Finish in Events Contested	10%
Total # of medals won by BC Female Athletes	1	Total # of medals won by BC Male Athletes	0	Total # of medals	1
% of medals won in Events Contested	20%	% of medals won in Events Contested	0%	% of medals won in Events Contested	10%