



Club Coach Track & Field NCCP Courses

Friday April 4th – Sunday April 6th, 2014

355 Wakesiah Ave, Nanaimo, BC V9R 3K6

Hosted by BC Athletics & Nanaimo Track and Field Club

An Event Specific Course: Ideal for the school educator/coach, club coach, or parent who is coaching 4-6 months a year and wants to learn about a specific event group in further detail. **Participants can sign up in two ways:**

- For the **Full Weekend Course** - receive training in 1 of the 5 event groups (Endurance, Jumps, Throws (including Para Throws), Sprints/Hurdles, and Wheelchair Racing)
- **Or just for one of the Technical Modules** (All Day Sat plus Sunday morning) if you already have done a different Full Weekend Club Coach course

Learning Facilitators = Master LF's and Certified Coaches Al Johnson (Level 3), Barb Vida (Level 4)

Agenda: Friday April 4th, 2014 – Nanaimo District Secondary School

6:00pm to 9:30pm - Package Pickup, LTAD, Mental Prep, Nutrition

Saturday April 5th, 2014 – Seraxuman Stadium (please dress for physical activity and the weather)

8:30am to 5:30pm – Event Specific Technical Modules (Choose either Endurance, Jumps, Throws (including Para Throws), Sprints/Hurdles, or Wheelchair Racing)

12noon to 1:00 pm - Lunch Break – please bring your own lunch

Sunday April 6th, 2014 – Nanaimo District Secondary School

8:30am to 12noon – Event Specific Skill Analysis and Strength

12noon to 1:00pm - Lunch Break – please bring your own lunch

1:00-pm to 5:30pm – Strength and Seasonal Planning

Fees: Full Course - BC Athletics Coach Members – Early = \$141.75, Regular = \$157.50, Late = \$173.25 (all including GST)

Full Course – Non-Members = Early = \$199.50, Reg = \$215.25, Late = \$231 (includes GST & Coach Membership)

Just Technical - BCA Coach Members – Early = \$78.33, Regular = \$87.03, Late = \$95.74 (all including GST)

Just Technical - Non-Members = Early = \$136.08, Reg = \$144.78, Late = \$153.49 (incl. GST & Coach Membership)

Fees include all workshop materials. Registration/payment must be done online. GST Reg. # 127293264

Each Coach Must Register Themselves.

4 Steps to Register Online:

1. Register with the Coaching Association of Canada
 - First NCCP Course? - Register here <https://thelocker.coach.ca/Account/Register>
 - Look up your NCCP # here <https://nccp.coach.ca/Account/Login>
2. Register as a coach with Athletics Canada on their NCCP website.
 - Click "Register Now" link at <http://nccp.athletics.ca/>
 - This website is also where you will upload your information for the evaluation/certification process.
3. Complete the pre-course online components (takes about 1-2 hours) at <http://nccp.athletics.ca/>
 - Log in to your account and go to the Status link on the top of the page.
 - Scroll down to the Club Coach box and click on the Begin link for the Club Coach readings
4. Register Online for this course at <http://nccp.athletics.ca/>
 - Click on Clinics to see upcoming Club Coach Course
 - Choose 1 of the 5 Event Groups - either Endurance, Jumps, Throws (including Para Throws), Sprints/Hurdles, or Wheelchair Racing)
 - Click on Register to register online. You will need a credit card for payment.

For more information on this or other courses, please follow this link <http://www.bcathletics.org/Coaches/Education/> and go to **NCCP Courses** on the left

or contact Jennifer Schutz at jennifer.schutz@bcathletics.org or 604-333-3558.