



BC Athletics Board of Directors Report – Jan 25, 2020

Technical Manager – Track & Field

Chris Winter, BC Athletics Technical Manager - Track & Field

As per BC Athletics Strategic Plan, the Technical Manager's report is framed within the four Pillars of Athlete Development, Technical Leadership, Competition, and Organization Capacity.

Track & Field Committee

There are vacant committee positions for which the Technical Manager is working with the Chair of the Track & Field Committee to fill. All interested coaches/athletes are asked to please contact the Track & Field Technical Manager to put names forward.

Current Committee:

1. Tara Self (Chair; Sprints / Hurdles)
2. Jessica Smith (Female Athlete Rep)
3. Nicholas Ayin (Male Athlete Rep)
4. Brant Stachel (Middle Distance)
5. Mark Bomba (Endurance)
6. Open (Middle Distance / Endurance)
7. Laurie Willett (Throws)
8. Sheldan Gmitroski (Throws)
9. Byron Jack (Jumps)
10. Open (Jumps)
11. Ana Karanovic (Para)
12. Open (Para)
13. Pat Sima-Ledding (Combined Events)
14. Barb Vida (Combined Events)
15. Elena Voloshin (Sprints / Hurdles)

Pillar: Athlete Development

1. 2019/2020 BC Athlete Assistance Program (AAP)

- Application Deadline was Nov 1, 2019
- Important Dates:
 - BC Athletes Assistance Program (AAP) Athletes Identified – December 2019
 - Circulation of Funding (\$39,010) - January 2020
- [2019/20 AAP Criteria](#)



2. 2019/2020 BC Athletics High Performance Targeted Athlete Program

- Application deadline was Nov 1, 2019
- List of Targeted Athletes & Coaches was compiled and submitted to Canadian Sport Institute where it was approved
- Targeted Athletes & Coaches were notified on Dec 10, 2019
- Athletes & Personal Coaches nominated under this program will receive access to targeted Programming with BC Athletics (ex. BC Throws Project & BC Speed & Power Project) as well as they are able to register with the Canadian Sport Institute.

3. BC Throws Project

- Project Leadership: Garrett Collier, Sheldan Gmitroski, Laurie Willett, Dylan Armstrong & BCA Staff
- Funding: Through Enhanced Excellence BCA has received \$15,000.00 in funding to support this project.
- Past Activities:
 - 2019/2020
 - 2019 BC Throws Summit; Nov 9-10, 2019, Richmond Oval, Richmond, BC
 - (i) 24 Attendees
 - (ii) 3 Expert Coaches (Don Babbitt – University of Georgia, Mo Saatara – University of California, Berkley, Larry Steinke – University of Lethbridge)
 - 2019 BC Throws Project Development Camp; Sept 27-29, 2019; Kamloops, BC
 - (i) [Camp Overview](#)
 - (ii) Targeted & Coaches were offered travel grants
 - (iii) 46 Athletes & Coaches Attended
 - 2020/2021
 - 2020 BCTP Spring Provincial Development Camp, Nov 4-5, 2020, Richmond, BC
 - 2020 BC Throws Summit, Nov 14-15, 2020, Richmond, BC
- Future Activities

4. BC Sprint / Hurdles Project

- Project Leadership: Laurier Primeau, Tara Self, & BCA Staff
- BC Athletics Funding: Through Enhanced Excellence BCA has received \$15,000.00 in funding to support this project.
- Activities:
 - Discussion & Planning underway for 2020 BC Speed/Power Project Warm Weather Camps
 - March 2020
 - Tuscon, AZ and/or Las Vegas, NV
 - Target: U18, U20, Senior Targeted Athletes & Coaches
 - Discussion & Planning underway for 2020 BC Speed/Power Project Provincial Development Camp
 - March 2020



- Lower Mainland
- Target: U16, U18, U20 Targeted Athletes & Coaches
- 2020 will see the inclusion of Jumps into the Project

5. 2020 BC Team Program

- U16/U18 BC Team
 - National Championships:
 - Location: Sydney, NS
 - Date: August 7-9, 2020
 - Team Selection Trials: BC Athletics Championship Jamboree; July 10-12, 2019; Kamloops, BC.
- U20/Senior/Para Athletics Team
 - National Championships
 - Location: Montreal, QC
 - Date: June 25-28, 2020
 - Team Selection: TBD
- Senior 10,000m Championships
 - Location: Burnaby, BC
 - Date: May 31, 2020
 - Team Selection: TBD
- U20/Senior Combined Events Championships
 - Location: Ottawa, Ont
 - Date: May 23-24, 2020
 - Team Selection: TBD

6. 2020 BC Athletics Training Camps & Events

- **2020 Performance Summit**
 - Date: Jan 25, 2020
 - Location: Fortius Sport & Health
 - Attendees: Open to all BC Athletics Members
 - Invitations: BC Athletics High Performance Targeted Athletes & Coaches
- **BC Speed/Power Project Warm Weather Camp**
 - As Discussed
- **BC Speed/Power Provincial Development Camp**
 - As Discussed
- **BC Throws Provincial Development Camp**
 - As Discussed



- **BC Endurance Project – Whistler High School XC Camp**
 - Date: August 27 – 30, 2020
 - Location: Whistler, BC
 - Hosted by BC Athletics & the BC Endurance Project
 - Open to all High School Aged Athletes

7. Athlete Identification

- **RBC Training Ground**
 - Dates:
 - Saturday, February 29, 2020, Kelowna, University of British Columbia
 - Sunday, March 29, 2020. Vancouver, University of British Columbia
 - BC Athletics will promote program to our membership and help identify coaches to assist at the events.
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Pillar: Competition

1. **2020 Pacific Distance Carnival & Canadian 10,000m Championships**
 - Date: May 31, 2020
 - Location: Swangard Stadium, Burnaby, BC
 - Events: 1500m, 5000m, 10,000m National Championships
2. **2021/2022 BC Athletics Track & Field Championship Jamboree**
 - Still accepting bids to host 2021/2022 BC Athletics Track & Field Championships
 - Track & Field Committee reviewing Jamboree entry fees
 - Track & Field Committee to discuss and approve BC Championships Hosting Policies Document to be provided and signed by host clubs.

Pillar: Organization Capacity

1. **Organizational Management - Professional Development**

Enrolled in continuing Studies Course through SFU, “Financial Management for the Non-Financial Manager”. Program Runs Jan 2020 – April 2020.
2. **Communication and Marketing**
 - **Awards**
 - **Sport BC Annual Athlete of the Year Awards**



- 7 BC Athletes/Coaches Named as Finalists
 1. Senior Female – Rachel Cliff
 2. Senior Male – Evan Dunfee
 3. Junior Female – Camryn Rogers
 4. Masters Female – Myrtle Acton
 5. Para Athlete – Nathan Riech
 6. High School Female – Jasneet Nijjar
 7. Female Coach – Lynn Kanuka

- **BC Athletics Annual Athlete of the Year Awards – Feb 2020**
 - Track & Field Committee met on Dec 8th to review and approve 2019 Award Winners

- **BC Athletics eNewsletter**
 - Signed up with MailChimp
 - Template Created and rough schedule mapped out
 - a. Feb 2020
 - b. June 2020
 - c. August 2020
 - d. Nov 2020



Promoting, Encouraging, and Developing the Widest Participation and the Highest Proficiency in the Sport of Athletics.

[Club Finder](#) [Track Finder](#) [Calendar of Events](#)

2019 CANADIAN CROSS COUNTRY CHAMPIONSHIPS



The 2019 Canadian Cross Country Championships were held on Nov 29, 2019 at Clearbrook Park in Abbotsford, BC. BC Athletics had a number of amazing performances across all age groups. Read about how we did here.

[Read More](#)

