

BC Athletics Board Meeting – Introductory Programs Report

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Program Activities

Athlete Development

- To help keep young athletes and families engaged in track & field, have created the [RunJumpThrowWheel: Home Edition Program](#). Beginning April 1st, each week three track & field inspired workouts are posted to the BC Athletics website, as well as our social media channels. The workouts are targeted towards children 6-12 years old and are designed so that a parent can lead them at home.

Coach Education

- In collaboration with Athletics Canada, Saskatchewan Athletics, and Engage Sport North, am working to convert the RunJumpThrowWheel Instructor Course to an online format. The aim is to be able to deliver the course through this method during social distancing. There is also the option for continued online delivery post-social distancing. Aim to complete in early May.

Junior Development Programs

- Met with Junior Development Committee via teleconference. Committee has confirmed that, should the JD Pentathlon Championships and/or JD Track & Field Championships not be held this year, the 2020 hosts will have first right of refusal to host in 2021.
- In collaboration with the Track & Field Committee, the JD Committee is considering Return to Play Procedures with a specific view towards those participating in/with Junior Development programs.

Organizational Capacity

- In collaboration with other staff members am completing year end-reporting on programs to viaSport including:
 - BC Sport Participation Program
 - Coach Developer Information
 - New Participant Recruitment Activities
 - Recreational Membership

Partnerships

- Have accepted invitation from Canucks Autism Network to exhibit RJTW at their annual CAN SPORTS DAY. Event has been reschedule for August 9th (was originally scheduled for May 24th).
- Have accepted invitation from Monarch House to deliver RJTW during their Summer Camp program for autistic youth.
- NB: Delivery of programs is dependent on provincial guidelines regarding social distancing.