

BCA Road Running Committee

MINUTES – June 17, 2019 | Q2



In Person: Jordan, Clif, Geoffrey, Jake, Frank, Geoffrey

By Phone: Eric, Bob

Regrets: Lissa, John, Jared

Meeting (meeting begin 6:35 pm):

- Review and acceptance of meeting agenda.
 - Motioned: Geoffrey Seconded: Jake

- Review and acceptance of previous meeting minutes
 - Motioned: Jake Seconded: Eric

- Updates – Competition
 - Regional Series
 - Lower Mainland Series – (Frank)
 - <http://www.lmrrs.com>
Five races now complete (out of 9)
 - Participation numbers for 2019 down 7% to this point (220 less participants) Icebreaker (20% increase), St. Patrick's Day (12% decrease), April Fools (19% decrease), Shaughnessy (5% decrease), Longest Day (3% decrease)
 - Interior Series – (John – will not be in attendance)
 - <http://www.interiorrunningassociation.com>
No report for the meeting
 - Island Series – (Bob)
 - <http://www.islandseries.org/>
The Series has concluded; numbers were up in all the races with the exception of one or two of the events
 - 3,035 finishers in 2019 as compared to 2,858 - 1,177 runner increase in this year's Series
 - With respect to turnout, the most competitive events within the Series were Pioneer 8K and Bazan Bay 5K – recalling our last meeting minutes where 3 Canadian records were set at the Pioneer 8K.
 - Clif attended Vancouver Island Runners AGM last weekend; they are well underway for their 2020 planning
 - i. They have a couple of new Race Directors for next season, including for the Pioneer 8K
 - ii. As per Bob they will be tweaking the Pioneer 8K to smooth out the start line congestion as well as to address issues with the finish – perhaps a road closure coming off of the highway
 - BC Super Series – (Clif)
 - <https://www.bcatletics.org/BCSuperSeries/>
Super Series – 6 of the 8 races are up in participation with Longest Day and St. Patrick's showing a decline

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- BC Championships Update (Clif)
 - 2020-2021 BC Championships
 - Voting Discussion
 - Jordan reiterated that one must remove themselves from voting for a particular distance if they are connected to an event that is a candidate for that specific distance
 - **ACTION ITEM** – Jordan to put on the record the rules for vote eligibility
 - Relating to the voting Clif discusses how he established the criteria as per each column category on the spreadsheet (minus 1 for each year hosted in last 4 years, Super Series conflict, no conflicts with regional series of national championships, record eligibility (separation/net drop), overnight stay required, prize money available),
 - **MOTION** to approve the results as per Clif's criteria -
Moted: Jake Seconded: Frank
Approved.
These are the 2020-2021 BC Championships – conditional on Clif verifying acceptance with the event Race Directors and then to the Board of Directors for approval (UPDATE all events have accepted and Board has approved):
 - i. 5k | BMO St. Patrick's 5K
 - ii. 8k | Harriers Pioneer 8K
 - iii. 10k | Vancouver Sun Run
 - iv. 21.1k | Scotiabank Vancouver Half Marathon
 - v. 42.2k | Goodlife Fitness Victoria Marathon
 - Sport Hosting Grant update – Committee voted in last mtg
 - Road Running Committee had voted unanimously for the change to sport hosting grant at last meeting. The BC Athletics Board approved the committee recommendation for the funding that goes towards this award (ribbons/administration). This will streamline the process.
 - 2019 BC Championships
 - 8k | Stevenson Icebreaker – January 20
 - 5k | BMO St. Patrick's Day – March 16
 - 10k | TC 10k – April 28 (*30th Anniversary)
 - 33 eligible runners versus 35 last year and finisher numbers were up; top men finishers were from the Island versus the top women who were from both the Lower Mainland and the Interior
 - 42.2k | BMO Vancouver Marathon – May 5
 - 42 eligible runners versus 34 last year, Rob Watson & Catrin Jones won both this year and last
 - 21.1k | Goodlife Fitness Victoria Marathon – Half – Oct 13
 - Cross Country – Victoria – Oct 26
 - Hosted by Prairie Inn Harriers. Bob is directing it and is currently working on a 1K and 2K loop of Beaver Lake, as well as working on the website. Also potentially a preferred stay rate at a local hotel
- National Championships Update (Clif)
 - 2019 National Championships

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- 5k – confirmed?
 - Confirmed at the AC AGM – back at the Yorkville 5K Run, September 8th *UPDATE – The 5k championships is not happening in 2019, AC has put the event on hiatus. Is actively taking bids from events. This happened on July 19, two days after this Committee Meeting.*
 - 10k – Ottawa Race Weekend – May 25
 - Justin Kent (2nd), Brendan Wong (6th) and Robyn Mildren (7th) sent as the BC team
 - 10000m – Pacific Distance Carnival – June 13
 - 21k– Manitoba Marathon - Half – June 16
 - a. BC women swept the podium (Malindi Elmore, Dayna Pidhorsky, and Robyn Mildren). Dayna and Robyn were part of the BC team. Notable performances by Natasha Wodak, Malindi Elmore, Kinsey Middleton, and Kevin Coffey
 - b. Dylan Wykes finished 4th and he was part of the men’s BC team
 - Marathon – Toronto Waterfront – October 20
 - Cross Country – Abbotsford – November 30
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- Updates – Athletes
 - Results & Trends 2019 (Frank, Bob, Lissa)
 - Bob – the combination of road running and trail running is benefitting the high performance athletes who are performing better on the road due to strength training in their trail runs
 - Frank - Frank is observing that participation numbers are in decline, especially female – including within the Lower Mainland Road Race Series
 - Frank – noted that events such as MEC runs are inexpensive and Cliff indicated that all are now even sanctioned
 - Jake – suggested considering MEC as Series events
 - Masters (Jake)
 - Has been tracking participation in championship events since 2011 and is noticing that membership participation is up in 8K event above all other distances and slightly down in other distances.
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- 2019 Race Director’s Conference
 - 2nd Co-Hosted (TriBC & BC Athletics Conference - March 2)
 - Well attended by both organizations. Hoping that Cycling BC will consider joining next year.
 - 42 Race Directors attending – skewed slightly to BC Athletics. Next time allot time to allow Race Directors more one on one time with each other.
 - Frank brought up question of gender identification. Gender was discussed explored at the conference, but not specifically what Race Directors should do on registration forms. Athletics Canada and Usports, currently suggest that athletes should compete as they identify.
 - Eric mentioned the ever-increasing costs associated with mandated signoffs for Traffic management Plans and other special events. The Ministry of Transportation and the City of Vancouver, will going forward ask events to submit annually an Engineer

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stamped traffic plan. It is difficult to find Engineers that will stamp a traffic plan and the cost is typically high. Possible topic for future Race Directors Conference.

- March 6, 2020 has been set aside for Fortius

- Future 2019 Meetings
 - TBC – Q3 | September (before BCA AGM – Sep 7)
 - Resolutions would have to be put forward by July 31st.
 - When to have a Road Running Committee meeting around this date? Let's try before Thanksgiving – but it cannot be any earlier than the National Championships for Cross Country
 - **ACTION ITEM:** Jordan to put out an email poll to the committee next week on when to meet.
 - TBC – Q4 | December (after XC champs – Nov 30)

- New Business
 - As a sidebar discussion to Clif's National Championships presentation, the topic of Dylan Wykes came up as a member of the BC delegation for the Winnipeg Half Marathon. Though he no longer lives here (now resides in Ottawa), his eligibility must be brought up for consideration 'should' he make the finalist list of candidates for BC Senior Runner awards for 2019. Jordan indicated that we will park this until Q3 or Q4 of this year. Jake also indicated that on the BC Athletics website it does indicate that one must reside within the province for consideration.
 - Clif referred to the BC Team Criteria on the website for BC Team Eligibility, having permanent residency in the past 6 months and/or temporarily residing outside of BC. Dylan qualified for the Half Marathon team, but would not qualify for future BC Teams based on his new residency.
 - **UPDATE – Jake indicating BC Athletics requires residency for Membership. It does say this in point 1, but point 3 says if you are out of Province, contact BCA.**
 - <https://www.bcatletics.org/Membership/>
 - **Who can be a BC Athletics member?**
 - Membership is open to Individuals whose:
 - Residence is in BC
 - **Residence is outside of BC**
 - Individuals who hold a current, competitive membership with another Athletics Canada Provincial/Territorial Branch of Athletics Canada and reside in BC do not need to take out a membership with BC Athletics.
 - **If you do not reside in BC but need to be a member of BC Athletics/Athletics Canada in order to take part in programs regulated by the requirement to be either a Canadian citizen or Landed Immigrant - ie: BC And Canadian Team programs and funding programs please [contact the BC Athletics office.](#)**
 - Eric – Would the Vancouver Marathon be able to lobby BC Athletics or Athletics Canada for an exemption for setting records despite the net elevation loss as its not a fact course. There are races out there that do get exemptions. It is a hindrance for recruiting top Canadian talent to the event. Is there a way to go about getting an exemption for the course?
 - Clif – BC Athletics accepts performances on net drop / separated events for BC Team selection. IAAF now awards points in new system on net drop / separated events.

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- ACTION ITEM:** Clif will look into seeing what the policy is on national team performances and qualifications
- Bob – How about expanding the Road Race Championships Series to include a 1-mile road race? Are there any currently certified/sanctioned? Clif mentioned a few but for various reasons are not sanctioned. Also the set provincial budget would be reduced accordingly (be being divided by six instead of five). Clif would like to see more mile events sanctioned before its included in the Championships

 - End of Meeting.
 - Moved: Frank Seconded: Jake
 - End of meeting, time: 7:35pm