



TWU Spartan Cross-Country Community Race

Saturday, October 29, 2022

Abbotsford, BC

This is a BC Athletics Sanctioned event co-hosted by the Valley Royals and Trinity Western University [TWU].

Race Location: Clearbrook Park - 3680 Clearbrook Road, Abbotsford, BC

Race Distance: 8km (Men and Women ages high school to Masters will run in one race)

Start Time: 11:00am

Athletes in the all races must report to the starting line 15 minutes prior to the official race time to check in with the clerk of the course.

Race Course Description: 2km loop on grass and gravel/dirt trails. Spikes or flats are fine.

Entry Fee:

- \$20 per person (no late entries)

Register at: <https://www.trackie.com/online-registration/event/twu-community-races-canada-west-xc/483281/#.Y0b3mLTMLIU>

Results: results.swanracing.ca

Meet Entries Due: Please submit entries *no later than 10pm, Sunday, October 24, 2022*

Athletic Trainers: There will be an athletic trainer from TWU at the meet with water and ice available near the start/finish line.

Parking: Limited parking is available on site off the Clearbrook Rd. entrance. Additional parking can be found at Mennonite Educational Institute (MEI) at 4081 Clearbrook Rd., Abbotsford, BC. Washroom facilities are also limited so please bring your own personal hand sanitizer, sanitizing wipes, cloth face covering or other Personal Protective Equipment [PPE] as needed.

Meet Director: Contact Shane Wiebe, shane.wiebe@twu.ca