



2014 BC 10K Road Running Championships

The provincial 10K Road Running championship were incorporated into the Summerfast 10K Road Race hosted by the Vancouver Falcons Athletic Club, and was open to any 2014 Junior, Senior, Masters or Road & Trail member of BC Athletics. The Championship winners were Theo Hunt and Rachel Cliff.

Championship Results

Men

1. Theo Hunt	31:28	1/2	M2529
2. Adam Byles	31:44	1/3	M3034
3. Nicholas Browne	32:53	2/3	M3034
4. Mark Bennett	33:32	1/6	M5054
5. Craig Odermatt	33:35	1/2	M4044
6. Devin Rajala	34:13	1/1	M2024
7. Chris Barth	34:23	2/2	M4044
8. Sean Miller	34:41	1/3	MJnr
9. Aaron Weidman	34:50	2/2	M2529
10. Colin Dignum	34:56	1/4	M4549
11. Chris Napier	36:34	1/3	M3539
12. Dave Stephens	36:52	1/4	M5559
13. Mark Francis	37:18	2/6	M5054
14. Larry Lorette	37:51	2/4	M4549
15. Robert Watt	39:07	3/6	M5054
16. Darrell Lahey	39:26	2/3	M3539
17. Shubhayan Sanatani	39:49	3/4	M4549
18. Davey Gin	40:05	4/6	M5054
19. Jacob Loewen	40:31	2/3	MJnr
20. Larry Nightingale	40:43	5/6	M5054
21. Gordon Carscadden	41:38	2/4	M5559
22. Alex Nightingale	41:47	3/3	MJnr
23. Terry Riggins	42:55	1/4	M6569
24. Leo Lam	43:14	3/4	M5559
25. Bill Chang	45:33	6/6	M5054
26. William Goldstein	46:39	1/4	M6064
27. Neil Wakelin	47:35	2/4	M6569
28. Steve Merrick	47:56	4/4	M4549
29. Kelly Sharp	49:02	2/4	M6064
30. Kenny McInally	49:49	3/4	M6064
31. Jake Madderom	50:00	3/4	M6569
32. John Hollifield	51:53	1/4	M7074
33. Akram Khan	53:44	2/4	M7074
34. Giuseppe Tozzi	55:01	3/3	M3539



35. Murray Fox	56:40	4/4	M5559
36. Paul Brar	57:07	3/3	M3034
37. Dan Murphy	57:10	3/4	M7074
38. Pat Cheung	58:17	4/4	M6064
39. Ben Seghers	1:02:56	4/4	M6569
40. Rob Daniel	1:15:28	4/4	M7074

Women

1. Rachel Cliff	33:58	1/4	F2529
2. Kimberley Doerksen	35:17	1/3	F2024
3. Sabrina Wilkie	35:42	2/4	F2529
4. Catherine Watkins	35:59	1/5	F4044
5. Melissa Ross	36:45	1/3	F3034
6. Claire Morgan	36:54	1/1	F3539
7. Shauna Gersbach	37:39	3/4	F2529
8. Amy Schneeberg	37:55	2/3	F3034
9. Kristin Smart	38:28	4/4	F2529
10. Kristyn Webster	39:39	2/3	F2024
11. Kimberley Gagliano	39:47	1/2	F5054
12. Helen Ritchie	40:39	1/3	F4549
13. Melanie Kassel	40:43	2/5	F4044
14. Margreet Dietz	41:31	3/5	F4044
15. Lara Penno	42:20	4/5	F4044
16. Teresa Nightingale	43:15	2/3	F4549
17. Pamela Campbell	44:17	3/3	F4549
18. Danielle Bradley	47:24	5/5	F4044
19. Lisa Pearlman	47:45	3/3	F3034
20. Anna Laktionova	48:24	1/2	FJnr
21. Irene Wingate	49:16	1/2	F6569
22. Suzette Narbonne	51:16	2/2	F5054
23. Elizabeth Wong	52:19	3/3	F2024
24. Linda Bentley	53:03	1/2	F6064
25. Suzanne Sharp	54:33	2/2	F6064
26. Lynette Baldock	55:03	2/2	F6569
27. Helen Sabourin	58:51	1/2	F7074
28. Mackenzie Kemps	1:01:47	2/2	FJnr
29. Phyllis D'Entremont	1:10:45	2/2	F7074
30. Kristie Congram	1:30:22	1/1	F5559

Congratulations,

Maurice Wilson

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