



## 2016 BC 5K Road Running Championships

The provincial 5K Road Running championship were incorporated into the BMO St Patrick's Day 5K, and was open to any 2016 Junior, Senior, Masters or Road & Trail member of BC Athletics. The Championship winners were Lucas Bruchet and Rachel Cliff.

### Championship Results

#### Men

1	Lucas Bruchet	M25-29	1/7	14:22
2	Chris Winter	M25-29	2/7	14:34
3	Justin Kent	M20-24	1/17	14:34
4	Kevin Friesen	M25-29	3/7	14:36
5	John Gay	M20-24	2/17	14:56
6	Robin Watson	M30-34	1/2	14:57
7	Jesse Hooton	M20-24	3/17	15:01
8	John Corbit	M30-34	2/2	15:07
9	Thomas Riva	M20-24	4/17	15:15
10	Evan Elder	M20-24	5/17	15:19
11	Theo Hunt	M25-29	4/7	15:28
12	Kevin O'Connor	M45-49	1/4	15:37
13	Rory Moloney	M25-29	5/7	15:43
14	Max Trummer	M20-24	6/17	15:45
15	Lukas Jarron	M20-24	7/17	15:51
16	Josh Kozelj	MJnr	1/5	15:56
17	Dakota McGovern	MJnr	2/5	16:04
18	Zach Matyas	M20-24	8/17	16:14
19	Nicholas Browne	M35-39	1/11	16:14
20	Chris Taylor	M20-24	9/17	16:17
21	Jordan Gin	M20-24	10/17	16:18
22	Isaac Wadhvani	MJnr	3/5	16:19
23	Chris Napier	M35-39	2/11	16:22
24	Tom Michie	M25-29	6/7	16:31
25	Tim Adkins	M35-39	3/11	16:42
26	Stan Jang	M45-49	2/4	16:42
27	Jeremy Hopwood	M35-39	4/11	16:47



28	Daniel Ribí	M20-24	11/17	17:00
29	Matthew Cormier	M20-24	12/17	17:02
30	Maxime Rochet	M20-24	13/17	17:13
31	Anthony Skuce	M50-54	1/3	17:15
32	Stefan Biro	MJnr	4/5	17:17
33	Josh Seifarth	M25-29	7/7	17:23
34	Jacob Loewen	M20-24	14/17	17:32
35	Stephen Ptucha	M40-44	1/3	17:39
36	Mike Fertuck	M40-44	2/3	17:45
37	Paul Kwiatkowski	M20-24	15/17	17:52
38	John Machuga	M35-39	5/11	18:00
39	Ryan Cawsey	M35-39	6/11	18:00
40	Andrew Slack	M35-39	7/11	18:06
41	Sean Peicheff	M45-49	3/4	18:15
42	Chris Tomkinson	M45-49	4/4	18:26
43	Philip Finlayson	M40-44	3/3	18:29
44	Mark Pinckard	M55-59	1/5	18:35
45	Danny Keyes	M55-59	2/5	18:50
46	Robert Watt	M50-54	2/3	18:52
47	Darrell Lahey	M35-39	8/11	19:06
48	Arthur Boileau	M55-59	3/5	19:12
49	Samuel Correa	MJnr	5/5	19:45
50	Brandon Quinn	M35-39	9/11	20:07
51	Scott Stewart	M65-69	1/3	20:53
52	Matthew Hidasi	M20-24	16/17	21:16
53	Leo Lam	M60-64	1/3	21:27
54	Doug Henderson	M55-59	4/5	21:46
55	Mike Hsiao	M20-24	17/17	22:30
56	Robert Haines	M65-69	2/3	22:33
57	Richard Sim	M60-64	2/3	22:51
58	Bill Chang	M55-59	5/5	23:33
59	Steven Lowe	M65-69	3/3	23:59
60	Kimmis Chow	M50-54	3/3	24:05
61	Paul Brar	M35-39	10/11	25:29
62	Murray Fox	M60-64	3/3	30:02

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63 Mark Middleton M35-39 10/11 32:43

## Women

1	Rachel Cliff	F25-29	1/3	16:05
2	Dayna Pidhoresky	F25-29	2/3	16:40
3	Erica Digby	F25-29	3/3	16:51
4	Anne-Marie Madden	F35-39	1/5	17:02
5	Catherine Watkins	F40-44	1/3	17:03
6	Fiona Benson	F20-24	1/9	17:20
7	Samantha Walkow	F20-24	2/9	17:28
8	Kirsten Lee	F20-24	3/9	17:33
9	Neasa Coll	F30-34	1/5	18:04
10	Jen Moroz	F30-34	2/5	18:08
11	Madelyn Brunt	F20-24	4/9	18:11
12	Nicole Lacis	F20-24	5/9	18:18
13	Meredith Macgregor	F30-34	3/5	18:23
14	Glynis Sim	FJnr	1/5	18:29
15	Enid Au	FJnr	2/5	18:41
16	Tara Klassen	F40-44	2/3	18:42
17	Nicola Symonds	FJnr	3/5	18:42
18	Sandra Kilmartin	F20-24	6/9	18:53
19	Darcie Montgomery	F45-49	1/5	19:05
20	Lauren Phillips	F30-34	4/5	19:23
21	Claudia Edwards	F45-49	2/5	19:53
22	Nancy Loo	F35-39	2/5	19:59
23	Taylor McIntosh	FJnr	4/5	20:06
24	Kaile Stewart	F20-24	7/9	20:16
25	Lara Boyd	F45-49	3/5	20:28
26	Krysta Cochrane	F30-34	5/5	20:40
27	Susan Gelinis	F35-39	3/5	21:00
28	Jane de Lemos	F50-54	1/4	21:09
29	Fiona Brown	FJnr	5/5	21:11
30	Lynda McCue	F40-44	3/3	21:17
31	Beth Bentley	F45-49	4/5	21:29
32	Jill Delane	F50-54	2/4	21:37



33	Teresa Nightingale	F50-54	3/4	21:38
34	Leah Purdey	F20-24	8/9	22:37
35	Pamela Kalas	F35-39	4/5	22:59
36	Julianna Hodanic	F20-24	9/9	23:28
37	Cynthia Stout	F60-64	1/2	24:21
38	Judy Westacott	F60-64	2/2	26:56
39	Tracey Loewen	F50-54	4/4	28:19
40	Lynette Baldock	F65-69	1/1	29:10
41	Giuliana Graves	F25-29	4/4	30:43
42	Brigita Verbanic	F45-49	5/5	32:04
43	Nancy Napier	F70-74	1/1	32:45
44	Sarah Brown	F35-39	5/5	34:05

Congratulations,

**Maurice Wilson**

BC Athletics, Technical Manager Road & XC Running