### 1.0 OVERVIEW

This document will serve as the selection document for the 2016 BC/Yukon Command Legion Team. All selections will be made in accordance with these criteria. Athletes and coaches are asked to please familiarize themselves with this document. If you have any questions, please contact the Technical Manager for Track & Field Garrett Collier at garrett.collier@bcathletics.org.

# 2.0 GENERAL INFORMATION

### 2.1 Funding

BC Athletics will provide support (pending confirmation of funding for 2016-17) to those athletes selected to the BC Junior Team. For more information, please see the published criteria and standards within this document in addition to the BC Athletics General Criteria for Funding and Team Selection.

### 2.2 Important Dates

Date	Event/Note	Location/Notes
March 19, 2016	Begin Qualifying Period	All Events
July 15-17, 2016	BC Athletics Track & Field Championships	All Events
July 17, 2016	Athlete Declaration Due	All Events
July 15-17, 2016	BC Athletics Track & Field Championships	Nanaimo, BC
August 3, 2016	BC/Yukon Command Legion Depart	Montreal -Vancouver
August 3-9, 2016	Canadian Legion Youth Camp	All Selected Athletes
August 5-7, 2016	Canadian Youth Legion Track & Field Championships	St-Therese, QC
August 9, 2016	BC/Yukon Command Legion Return	Vancouver-Montreal

### 2.3 Team Information

a. Team Event(s)

2016 BC/Yukon Legion Team events are as follows:

Canadian Youth Legion Camp	August 3-9,2016	St-Therese, QC
Canadian Youth Legion Track & Field Championships	August 5-7, 2016	St-Therese, QC

### b. Team Restrictions

See Section 2.4 Eligibility.



### c. Team Size

BC Athletics is permitted, by the Canadian Legion Command, to select a team of 40 athletes broken down into  $\frac{25}{2}$  youth aged athletes and  $\frac{15}{2}$  midget 15 year old athletes.

#### d. Team Staff

BC Athletics Team Staff will be announced on the BC Athletics website. BC Athletics will name staff to be on site for all event areas/disciplines. BC Athletics is permitted to have a staff size of 8 staff which includes 4 Event Coaches (including Head Coach), 2 Team Managers and 2 Legion Chaperones.

#### e. Team Fees

All athletes selected to a BC Team are required to pay BC Team Fees. For more information on BC Team Fees including costs per teams, and a breakdown, please consult the BC Athletics General Criteria for Funding and Team Selection.

### f. Team Entries

BC Athletics will enter all selected athletes into the Canadian Youth Legion Track & Field Championships event(s). Selected athletes must compete in their selected event.

### (i) Legion Team Restrictions/Limits

As per Canadian Legion Command rules a limit has been established concerning the number of competitors who may be entered in each of the age categories established for the athletes. The limit is as follows – one (1) team per command; two (2) athletes per command in all other events. Any legion athlete may enter a maximum of three (3) events and the relay races. Athletes entering the multi-event disciplines are eligible to compete in their provincial team's relay, and in individual events on their day off.

### (ii) Additional (Secondary) Events

BC Athletics is limited to two (2) athletes per command (team). If an athlete wishes to compete in a different event, then they will have to be re-selected for that event which could result in non-selection.

An athlete may be entered in a maximum of two (2) additional events (3 total) plus relays. Athletes will be considered for secondary events based on the athlete's performance at the selection meet. Athletes may be allowed to enter a secondary event if the performance in the secondary event(s):

- 1. The performances in the secondary event are equal to, or surpass, the published team standard (see: Appendix A or B); and/or
- 2. Participation in the secondary event would not hinder performance in the primary selected event as determined by the BC Athletics Track & Field Committee in consultation with the athlete and personal coach.

If the performance in the secondary event does not meet Criteria 1 (above), then the athlete may still enter the event based on availability (2 entries per command). If the performance in the secondary



event does not meet Criteria 2 (above), and would hinder the performance of the primary (selected) event, then the athlete would not be able to compete in the secondary event.

#### g. Team Travel

The Canadian Legion Command will book a departing and returning flights to and from the National Youth Legion Camp/Track & Field Championships. All selected athletes must travel with the BC/Yukon Command team on the team flight. No exceptions. BC Athletics will be booking connecting flights to Vancouver (YVR) for selected athletes outside of the Lower Mainland and Fraser Valley. Selected athletes are permitted to stay in Quebec and make alternate arrangements for return to BC only if:

- 1. The athlete stays with the team until the last day of the National Youth Legion Camp (August 9, 2016). Athletes may not leave the camp/team prior to the last day (return day) of the National Legion Camp; and
- 2. The athlete will be picked up by the athletes' parents or legal guardians; and
- 3. The athlete/parent/legal guardian has notified the BC Athletics Technical Manager for Track & Field (garrett.collier@bcathletics.org) of these arrangements at the time selected athletes receive their team confirmation email.

### **Team Accommodations**

The Canadian Legion Command has made accommodation arrangements for all provincial command teams. All selected athletes must stay in the assigned team accommodations. No exceptions. As part of the accommodations, athletes will be responsible for an accommodations fee. This fee will be posted on the BC/Yukon Command Legion Team webpage prior to the start of the selection meet.

#### h. Team Meetings

Attendance at team meetings is mandatory. After selection of team athletes has occurred, the head coach will set all team meetings for the BC Team event(s). Athletes who are not staying in the BC Team accommodations are reminded that they must attend all team meetings.

# 2.4 Eligibility

In order to be eligible for the BC/Yukon Command Legion Team, athletes must:

- a. Meet the BC Athletics General Criteria for Funding Support and Team Selection [CLICK HERE];
- b. Have been registered as a BC Athletics Competitive Athlete Member at the time of achieving the published selection standard (see: Appendix A or B);
- c. Submit an Online Athlete Declaration Form prior to the published declaration due date (see: 2.7);
- d. Achieve the published standard in the event they wish to be considered for (see: Appendix A) within the published qualifying period (see: 2.6). Due to team limitations (see: 2.3f), please note that achieving the published standards does not guarantee selection to BC Teams;
- e. Must comply with Competitive Readiness Requirements as outlined in section 5.0;
- f. Must be at least:
  - For the BC/Yukon Command Legion Youth Team 16 or 17 years of age (Youth) as of December 31, 2016 (born 2000 or 1999 only).
  - For the BC/Yukon Command Legion Midget 15 Team 15 years of age (Midget 15) as of December 31, 2016 (born 2001 only).



#### 2.5 Selection Trials

The selection trials for the 2016 BC/Yukon Command Legion team will be held at the 2016 BC Athletics Youth and Midget Track & Field Championships Jamboree on July 15-15, 2016 in Nanaimo, BC.

### 2.6 Selection Standards

When producing team standards, BC Athletics works with the philosophy of "probable finalist, possible medallist". 2016 BC /Yukon Command Team Standards are based on the average of 3rd place at the Canadian Legion Youth Track & Field Championships (U18 or U16 depending on age group team). If necessary, standards are adjusted by the event group representatives on the BC Athletics Track & Field Committee.

# a. Eligible Performances

All performances must appear on the 2016 Outdoor Athletics Canada Rankings [<u>CLICK HERE</u>]. It is the responsibility of the athlete to submit eligible performances to Athletics Canada in order to be considered for selection. Please submit results to <u>results@athletics.ca</u>.

### b. In-Eligible Performances

For purposes of selection the following performances will not be eligible for selection or funding:

- i. Wind-Aided Performances;
- ii. Hand-Timed Performances;

### c. Eligibility Pool

Athletes who have achieved the published standard (see: Appendix A or B) within the published qualifying period (see: 2.6), and competed in the selection trials (see: 2.5) will be part of the eligibility pool for selection. Due to limitations in team size, achieving the selection standard does not guarantee selection to the BC/Yukon Command Youth Team.

### 2.7 Qualifying Periods

Athletes must achieve the published standard (see: Appendix A) within the published qualifying period (below). Athletes must achieve standard in the event(s) they wish to be considered for. The qualification period(s) for 2016 are as follows:

Team Event	Start	End
CDN Youth Legion Track & Field Championships	Saturday March 19, 2016	Sunday July 17, 2016

### 2.8 Athlete Declaration

Athletes must submit an online declaration [CLICK HERE] by the published deadlines (below). The declaration deadline(s) for 2016 are as follows:

Team Event	Due Date
CDN Youth Legion Track & Field Championships	Sunday, July 17, 2016



#### 2.9 Announcements

The BC Junior Team list of selected athletes will be posted on the BC Athletics website, BC Athletics Facebook page and BC Athletics Twitter feed at least 72 hours after the last day of the qualifying period. Emails will also be sent to all declared athletes.

### 3.0 TEAM OBJECTIVES

The selection criteria is set to select athletes as probable finalists and/or possible medallists. The specific objectives for this team include:

- To have more athletes advance to finals than in the previous year;
- To have more athletes achieve podium performances than in the previous year;
- To select athletes capable of performing at the personal best level.

### 4.0 SELECTION CRITERIA

Athletes who have achieved the published standards (see: Appendix A or B) will be considered in the following order:

- 1. Winner in Standard, in the selection trials;
- 2. Winner in Non-Standard, in the selection trials, but having achieved the published standard during the published qualifying period (see: Section 2.7);
- 3. Non-Winner, In Standard, in the selection trials;
- 4. Non-Winner, In Non-Standard, but having achieved the published standard during the published qualifying period (see: Section 2.7).
- 5. Athletes unable to compete in the selection meet for the reasons listed below will have their performances considered relative to criteria 3,4 & 6. Notification to BC Athletics is required prior to the start of the first day of competition of the selection meet.
  - Exemption 1: Injury or Illness. Notification must be provided prior to the start of the BC Championships. Only notification from a medical doctor will be accepted;
  - Exemption 2: Competing on an Athletics Canada, BC Athletics or TeamBC team. Notification must be provided to the BC Athletics technical manager before or at the time of selection to such teams;
  - Exemption 3: Domestic Affliction. Defined as a personal or family tragedy, incident or emergency that does not allow an athlete to attend the BC Championships, or accept selection to a BC Team. Notification must be made to the BC Athletics

technical manager as soon as it is possible to do so;

- Exemption 4: Education, Exam or Graduation Commitment. A letter from a "school representative" must be provided to BC Athletics prior to the start of the BC Championships or selection to a BC
- 6. Other athletes may be considered to nearness to the standard and medal potential based on the results of the selection meet.



### 5.0 COMPETITIVE READINESS

Selected athletes are expected to be competitive ready at the time of selection and leading up to, and at, the provincial team events. As part of demonstrating competitive readiness, athletes will be required to complete steps outline below.

### 5.1 BC Team Online Athlete Declaration

All athletes will be have to acknowledge that they have read and understand this section of the selection document. Furthermore, athletes will also agree that, should they be selected, they will disclose to BC Athletics any reasons (i.e. injuries) that may affect their competitive readiness.

# 5.2 BC Team Selection Acknowledgement Form

All athletes, and primary coaches of athletes, selected to a BC Team must complete, sign and submit the BC Team Selection Acknowledgement Form prior to receiving team information (travel, accommodations etc.). As a part of this form disclose to BC Athletics if there are any reasons (i.e. injury) that may affect their competitive readiness.

### 5.3 Questionable Competitive Readiness

If a selected athlete does present reasons (i.e. injury) that may result in questionable competitive readiness, BC Athletics will work with the athlete and coach on a case by case basis to certify the athletes competitive readiness.

# 5.4 Evaluation of Competitive Readiness

Athletes with questionable competitive readiness will be required to prove fitness. This may be done through proof of fitness at a competition. In some cases, medical documentation by a medical doctor only may be used as an evaluation pool if competition is not possible.

### 5.5 Violation of Competitive Readiness

If an athlete and personal coach falsely certify that a selected athlete is competitive ready resulting in a poor performance or non-performance at the BC Team event, that athlete and coach may be responsible for refunding BC Athletics the total costs incurred for team travel, entries, equipment transportation or other costs associated with the BC Team. BC Athletics will consider these on a case by case basis.



### 6.0 HIGH PERFORMANCE REQUIREMENTS

Athletes wishing to be considered for High Performance Athlete Support (BC AAP and/or IPS) must take part in the BC Athletics Track & Field Championship (July 15-17, 2016 - Nanaimo, BC) unless they have received one or more of the following exemptions:

Exemption 1: Injury or Illness. Notification must be provided prior to the start of the BC Championships.

Only notification from a medical doctor will be accepted;

Exemption 2: Competing on an Athletics Canada, BC Athletics or TeamBC team. Notification must be provided to the BC Athletics technical manager before or at the time of selection to such teams;

Exemption 3: Domestic Affliction. Defined as a personal or family tragedy, incident or emergency that does not allow an athlete to attend the BC Championships, or accept selection to a BC Team. Notification must be made to the BC Athletics technical manager as soon as it is possible to do so;

Exemption 4: Education, Exam or Graduation Commitment. A letter from a "school representative" must be provided to BC Athletics prior to the start of the BC Championships or selection to a BC Team. A "school representative" is defined as only an Academic Advisor/Counselor of Professor/Teacher only.

Athletes who have received High Performance Athlete Support (BC AAP and/or IPS) are reminded that they must make themselves available for BC Team Selection unless otherwise cleared by BC Athletics.

### 7.0 APPEALS

- 7.1 Only athletes who have achieved the published standard (Appendix A or B) during the published qualifying period (section 2.6) or have met the selection criteria (section 4.0) may submit an appeal.
- 7.2 Appeals for Selection are to be submitted only by filling out the online BC Team Program Appeal for Selection Form [CLICK HERE].
- 7.3 Appeals must be submitted within 24 hours of the announcement of the team selection (section 2.8). Appeals submitted after this time will not be accepted under any circumstances.

### 8.0 AMENDMENTS

BC Athletics reserves the right to amend this document at any time up to the Selection Date for changes imposed by parties external to BC Athletics, or for changes that, in the opinion of BC Athletics would improve or enhance the selection process.

Any changes made by BC Athletics are deemed to come into effect immediately upon publication on the BC Athletics website. Additional publication of the amended Selection Criteria will be made by whatever means and wherever the original Selection Criteria was published.



APPENDIX A – BC/Yukon Command Youth (U18) Team Selection Standards

Women	Event	Men
12.21	100m	10.91
25.04	200m	21.96
56.43	400m	49.40
2:13.69	800m	1:53.31
4:36.10	1500m	3:56.80
10:02.67	3000m	8:40.25
26:15.00	5000 Walk	24:36.00
14.13	100mH	
	110mH	14.52
63.28	400mH	55.92
7:07.86	2000mSC	5:59.83
1.62	High Jump	1.95
3.18	Pole Vault	3.85
5.46	Long Jump	6.72
11.56	Triple Jump	13.86
13.39	Shot Put	15.76
39.61	Discus	48.76
50.31	Hammer	54.14
40.66	Javelin	56.84
4611	Heptathlon	
	Decathlon	5173

When producing team standards, BC Athletics works with the philosophy of "probable finalist, possible medallist". 2016 BC /Yukon Command Team Standards are based on the average of 3rd place at the Canadian Legion Youth Track & Field Championships (U18 or U16 depending on age group team). If necessary, standards are adjusted by the event group representatives on the BC Athletics Track & Field Committee.



APPENDIX B – BC/Yukon Command Midget 15 Team Selection Standards

Women	Event	Men
12.42	100m	11.35
25.42	200m	22.93
40.90	300m	36.42
2:14.36	800m	1:59.63
3:36.07	1200m	3:14.43
6:28.86	2000m	5:50.97
8:24.10	1500mRW	8:01.00
11.98	80mH	
	100mH	14.52
28.13	200mH	25.75
5:12.83	1500mSC	4:32.11
1.59	High Jump	1.80
2.67	Pole Vault	3.20
5.33	Long Jump	6.22
10.90	Triple Jump	12.70
12.59	Shot Put	14.76
35.17	Discus	47.47
45.50	Hammer	46.84
36.18	Javelin	46.93
2987	Pentathlon	2711

When producing team standards, BC Athletics works with the philosophy of "probable finalist, possible medallist". 2016 BC /Yukon Command Team Standards are based on the average of 3rd place at the Canadian Legion Youth Track & Field Championships (U18 or U16 depending on age group team). If necessary, standards are adjusted by the event group representatives on the BC Athletics Track & Field Committee.

