## JD Awards Standards for 2022

These awards standards are based on the 2021 All Time Top Ten Tables as described below Values in red are for new events and are tentative. They may be changed slightly by awards committee

## The philosophy used for creating these JD Awards Standards:

- a Take the average of the #1, #2, and #3 from the All Time Top Ten list (Av123) from 2021 as the starting point for each event.
- b Multiply Av123 by factors which define JD Awards standards for that event.
- c There is a different factor for each of the seven areas of athletics:
- sprints, distance, hurdles, vertical jumps, horizontal jumps, throws and pentathlon
- d The factors give a similar distribution in each area and give a weighting to each area that reflects the number of events.
- e The set of factors used was obtained from the results for all athletes and all events in the 2011, 2012 and 2013 seasons

## Criteria for awarding JD Awards

- 1 Be a full time competitive member of BC Athletics
- 2 Athlete must have competed at least ONE of the three JD Championships in the previous 12 months JD T&F Championsips (July), the JD Pentathlon Championships (June) and the BC XC Championships (prev. October)
- 3 Athlete must have competed at THREE meets from the JD approved list in the previous 12 months
- 4 To qualify for an award athletes must attain JD awards standard in at least one event at a JD Approved meet.
- 9 to 12 year olds must also have competed in at least one running event, one throwing event and one jumping event at an approved meet

## **GIRLS**

GIRLS										
		9		10		11		12		13
		Year Old								
Event		F13		F12		F11		F10		F09
60m		09.59		09.08		08.74				
100m		15.39		14.25		13.60		13.20		12.88
200m						28.49		27.27		26.69
300m								43.95		42.37
600m	2	00.35	1	53.46	1	48.68				
800m							2	27.64	2	24.24
1000m	3	42.15	3	32.08	3	21.23				
1200m							3	57.52	3	53.28
2000m									6	58.84
60H		11.32		10.66		10.25				
80H								13.01		12.59
200H								29.74		30.37
800RW	5	13.10	4	45.58	4	48.48	4	26.07		
1500RW									8	31.26
Long Jump		03.49		03.97		04.21		04.59		04.87
High Jump		01.12		01.27		01.35		01.44		01.48
Triple Jump										10.05
Pole Vault										02.38
Shot Put		05.75		07.63		09.92		09.34		11.15
Discus				19.18		25.32		29.84		33.63
Javelin				18.82		24.87		30.14		34.68
Hammer								29.08		38.34
Pentathlon		1327		1750		1980		2435		2633

Tentative values in red since event is fairly recent (last ten years)

Awards committee may choose slightly different values if conditions warrant

**BOYS** 

			1					
	<u> </u>							13
								Year Old
M13		M12		M11		M10		M09
09.46		09.00		08.68				
14.83		14.08		13.63		13.07		12.13
				27.93		26.44		24.81
						42.41		39.97
57.60	1	50.71	1	46.03				
					2	22.28	2	13.65
34.19	3	20.41	3	10.86				
					3	47.98	3	34.71
							6	27.03
11.04		10.47		10.19				
						12.78		12.19
						29.12		27.56
31.07	4	49.97	4	31.02	4	20.51		
							8	11.46
03.59		03.93		04.17		04.60		05.22
01.18		01.29		01.38		01.48		01.62
								10.58
								02.48
06.77		09.26		10.79		10.63		13.19
		21.91		27.48		30.06		37.05
		23.79		29.05		33.86		44.28
						36.00		45.70
1600		2043		2136		2603		3201
	14.83 1 57.60 3 34.19 11.04 11.04 03.59 01.18	Year Old M13 09.46 14.83 157.60 1 11.04 34.19 3 11.04 03.59 01.18 06.77	Year Old         Year Old           M13         M12           09.46         09.00           14.83         14.08           157.60         1 50.71           3 34.19         3 20.41           11.04         10.47           03.59         03.93           01.18         01.29           06.77         09.26           21.91         23.79	Year Old         Year Old           M13         M12           09.46         09.00           14.83         14.08           157.60         150.71           334.19         320.41           334.19         320.41           334.19         320.41           334.19         320.41           34.19         320.41           34.19         320.41           34.19         320.41           34.19         320.41           34.19         320.41           34.19         320.41           35.31.07         449.97           449.97         449.97           45.21         449.97           46.77         449.97           47.21         449.97           48.21         449.97           49.97         49.97           49.97         49.97           49.97         49.97           49.97         49.97           49.97         49.97           49.97         49.97           49.97         49.97           49.97         49.97           49.97         49.97           49.97         49.97	Year Old         Year Old         Year Old         Year Old           M13         M12         M11           09.46         09.00         08.68           14.83         14.08         13.63           27.93           157.60         1 50.71         1 46.03           3 34.19         3 20.41         3 10.86           11.04         10.47         10.19           5 31.07         4 49.97         4 31.02           03.59         03.93         04.17           01.18         01.29         01.38           06.77         09.26         10.79           21.91         27.48           23.79         29.05	Year Old         Year Old         Year Old         Year Old           M13         M12         M11           09.46         09.00         08.68           14.83         14.08         13.63           27.93         27.93           157.60         1 50.71         1 46.03           2         2           34.19         3 20.41         3 10.86           31.07         4 49.97         4 31.02         4           03.59         03.93         04.17         01.18         01.29         01.38           06.77         09.26         10.79         21.91         27.48         23.79         29.05	Year Old         M10           09.46         09.00         08.68         13.63         13.07           14.83         14.08         13.63         13.07           27.93         26.44         42.41           157.60         1 50.71         1 46.03         2 22.28           3 34.19         3 20.41         3 10.86         3 47.98           11.04         10.47         10.19         12.78           29.12         29.12         29.12           3 31.07         4 49.97         4 31.02         4 20.51           03.59         03.93         04.17         04.60           01.18         01.29         01.38         01.48           06.77         09.26         10.79         10.63           21.91         27.48         30.06           23.79         29.05         33.86           36.00	Year Old         Year Old         Year Old         Year Old           M13         M12         M11         M10           09.46         09.00         08.68         13.63           14.83         14.08         13.63         13.07           27.93         26.44         42.41           157.60         1 50.71         1 46.03         2 22.28         2           3 34.19         3 20.41         3 10.86         3 47.98         3           11.04         10.47         10.19         12.78         29.12           3 31.07         4 49.97         4 31.02         4 20.51         8           03.59         03.93         04.17         04.60         0           01.18         01.29         01.38         01.48           06.77         09.26         10.79         10.63           21.91         27.48         30.06           23.79         29.05         33.86           36.00         36.00         36.00

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