

CANADIAN MASTERS OUTDOOR T&F CHAMPIONSHIPS

STE-THERESE, QUEBEC - July 5-7, 2019

The Greyhounds Masters Track and Field Club successfully defended their Club Championships at the Canadian Masters Outdoor Championships, which were held at Stade d'athletisme Richard-Garneau, in Ste-Therese, Quebec. This makes three consecutive club championships for the Greyhounds who won the team title at last year's Canadian Masters Outdoor Championships in Surrey, and this year's Indoor championships in Edmonton. The Greyhounds won the Harold Morioka Trophy, which CMA presents to the club who scores the most points (the top seven places receive 7,6,5,4,3,2,1 points). The Greyhounds scored 452 points while second place Les Vainqueurs (Montreal) had 272 points. Other clubs in the top 7 were: U of Toronto Track Club (182), Throwers Club, Ontario (155), JamCam International T&F Club, North York, Ontario (148), Ottawa Lions (117) and Saint John T&F Club, New Brunswick (103).

Leading the way for the Greyhounds was Hardev Sandhu (M70) who scored the most points. Karl Mey (M80) broke his own BC record in the 200m hurdles (40.88) and tied the BC record in the high jump (1.15m). Sheila Allison (W70) won all seven of her events.