

# "SHOULD I BECOME A MENTOR?" CHECKLIST

Name: \_\_\_\_\_ City: \_\_\_\_\_  
 Highest certification level: \_\_\_\_\_ Discipline(s): \_\_\_\_\_

**Instructions:**

1. Self-assess your interest in being a mentor using the questions in the checklist below. Rate your response to each question using the 1-5 scale on the right side of the checklist. NOTE: you must be a Level 3 or higher official to be a mentor.
2. Send your completed checklist to [brian.thomson@shaw.ca](mailto:brian.thomson@shaw.ca) by November 1, 2019. Your individual responses will be kept confidential. The collective responses will be used to custom tailor the delivery of the mentoring workshop.
3. Send any questions or concerns to [brian.thomson@shaw.ca](mailto:brian.thomson@shaw.ca).

	Strongly Agree 1	Agree 2	Neutral 3	Disagree 4	Strongly Disagree 5
1. I enjoy working with other officials.					
2. I am known as being a good listener and respectful of my colleagues.					
3. I want to contribute to the professional development of others and to share what I have learned.					
4. I am able to support and help without smothering, parenting or taking charge. I recognize when to support and when to step back.					
5. I am recognized by my peers as being flexible in my officiating habits to accommodate other team members and new ways of officiating.					
6. I keep myself up-to-date in my knowledge of officiating rules and best practices.					
7. I am able to explain things at various levels of complexity and detail.					
8. I would enjoy spending time discussing officiating careers and personal development with beginner officials.					
9. I have demonstrated effective training, coaching, facilitating and networking skills.					
10. I am open to accepting feedback and acting on it.					

Source: adapted from the USA Track & Field Officials Mentoring Handbook 2005 Rev. 0