



JUNIOR DEVELOPMENT PARA COMPETITION GUIDELINES

Para athletics refers to Athletics competition for athletes with physical or cognitive impairments.

To support participation of athletes of all abilities within our programs, BC Athletics will begin offering Para Ambulatory events in 2022.

Para Ambulatory Events - 2022

- Para Ambulatory events are those in which an athlete's physical disabilities allow them to compete in a standing position.

Para Wheelchair Events - 2023:

- In 2023, it is anticipated we will add Para Wheelchair events for the track & field.
- Para Wheelchair events are those in which an athlete's physical disabilities require them to compete in a wheelchair or from a seated position.

Disabilities within the para-ambulatory category include:

- visual impairments, intellectual impairments, cerebral palsy, stroke/brain injury, short stature, limb deficiency (with, or without amputation), impaired passive range of motion, impaired muscle power, or leg length difference.

Para classification:

- Identifies the specific category an athlete competes in based on their impairment. Para classification may occur for athletes aged 16 and older. As JD athletes cannot take part in the classification process, they will compete in the more general "Para Ambulatory" or "Para Wheelchair" categories, when applicable.

Meet directors are encouraged to set up event registration systems to allow athletes to register for Para events. Please contact BC Athletics for directions on how best to set this up.

Whenever possible, para-athletes should compete with able-bodied athletes. Results for para-athletes should be listed/published separately (ex. Girls 9 year old 800m followed by Girls 9 year old Para 800m). Awards for para-athletes should be provided and be based on the results for the age class event.

Officials and meet directors are asked to make the appropriate accommodations for JD athletes competing in para events, to allow them to have a fair and positive experience. Such accommodations include:

- *Horizontal Jumps* – providing alternative boards/foul lines in consultation with the athlete.
 - **Note: the landing pit for horizontal jumps when used by visually impaired athletes should be 3.50 metres wide.**
- *Laned Events* - Reserving an additional lane for athletes working with guide-runners.

JD PARA AMBULATORY EVENTS

	F 9	M 9	F 10	M 10	F 11	M 11	F 12	M 12	F 13	M 13
60m	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>				
100 m	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200 m					<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
300 m							<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
600m	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>				
800 m							<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
1000 m	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>				
1200m							<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
2000 m									<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
4 x 100 Relay	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Medley Relay					<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Cross Country*	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
High Jump	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Long Jump	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Triple Jump									<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Shot Put	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Discus			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Javelin			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

*Cross Country distances will be the same as for able-bodied athletes



SETTING UP PARA EVENTS FOR JD ATHLETES IN TRACKIE.REG

Step 1: Create event in Trackie.

Step 2: Complete “Age Categories” and “Event Information” pages

Step 3: Open “Additional Questions” Tab

ONE TRACKIE IS COMING...

Edit Event * Required Fields

01. General Information 02. Age Categories 03. Event Information 04. Payment Information 05. Confirmation

Title *
 EN

Type *

Logo (jpg, gif or png)

Date

End

TBA

WARNING: If you are setting up registration for next years event you should use our "duplicate event" feature. If you just change the date all entries from your previous event will **NOT** be removed.

+ Multiple dates

City *

Province/State *

Country *

Website

Twitter Handle Hashtag

Facebook URL

Contact Information

Name

Email

Phone

Fax

+ Add another contact

Additional Information

Meet Package

Upload File

Additional purchases

Waiver forms

Additional questions

Custom messages

+ Add another document

Your Registration URL

Other Information



Step 4: Complete “Additional Questions” Section as below

★ Question	Type	Deadline	Apply to
+ <input type="checkbox"/> Are you a Para Ambulatory Athlet EN	Check...	No deadline	<input type="checkbox"/> Age 9 <input type="checkbox"/> Age 10 <input type="checkbox"/> Age 11 <input type="checkbox"/> Age 12 <input type="checkbox"/> Age 13

+ Add Additional Question

SUBMIT CANCEL

QUESTION: Are you Para Ambulatory (an athlete with a disability who competes standing up)?

TYPE: Checkmark

DEADLINE: No deadline

APPLY TO: Age 9 . Age 10 . Age 11 . Age 12 . Age 13

Following the above steps will create the below option when athletes are registering.

01. Registration Information 02. Confirmation & Payment 03. Receipt

of individuals you want to register: 1 Import entries ⓘ * Required fields

Member ID Extra fee applies for non-members [Look up](#)

First Name [Ⓜ] Last Name [Ⓜ] Gender [Ⓜ]

John Smith Male Female

Hometown Team DOB (YYYY/MM/DD) [Ⓜ]

 Unattached British Columbia 2011 / 05 / 20

Are you Para Ambulatory (An athlete with a disability who competes standing up)? ←

Event Category

2km Age 11