# BC Athletics Officials' Newsletter March 2, 2018

## Hello Officials,

Fingers crossed that Spring weather is on the horizon. That first outdoor Meet of the year is coming soon and it would be nice not to have to wear snowsuits, so difficult to write or measure or fire a gun when your arm won't bend for all of the padding.

### IAAF Rule Books (2018-19)

The first distribution of the IAAF Rule Books for 2018/2019 has been made. There are still a few books which need to be mailed to recipients who live outside the Lower Mainland, Victoria, Nanaimo and Kamloops areas. I will also bring along those books in my possession that I have for Lower Mainland folks to the Meets that I will be attending. Those Officials who have received their books are very pleased with this coil bound edition. Remember, to receive your book you must be an Official at Level 2 or above and have registered with BC Athletics as an Official. The electronic copy of the rulebook is still available on the IAAF website at: <a href="https://www.iaaf.org/about-iaaf/documents/rules-regulations#rules">https://www.iaaf.org/about-iaaf/documents/rules-regulations#rules</a>.

### Inaugural Meet on the new Kamloops Indoor Facility

(from Laurie Harder)

The Gary Reed Indoor Meet was held on February 9<sup>th</sup> and 10<sup>th</sup>. This was the first Meet to be held on the new Mondo Track. Participation from athletes was good, and a big shout out to the Hershey Harriers who were there in force and certainly added to the weekend.

### Field Trip

A small group from your Officials' Committee was invited to participate in a newly developed Workshop for Officials, in Bellevue Washington. This excellent presentation has given us some hands-on ideas that we are in the process of implementing into our own Level 2 Workshop. We hope to have this updated Workshop ready for presentation sometime in late Spring.

#### **Upcoming Workshops**

Athletics Officials Workshop: Level 1

Date: Saturday, March 24, 2018

Time: 9:30 - 11:00

Location: McLeod Park, Langley

This Workshop will be held in conjunction with the UltraThrow Meet and a Langley Mustang's athlete Practice

Athletics Officials Workshop: Level 1

Date: Saturday, April 7, 2018

Time: 9:30 - 11:00

Location: SFU Track and Field Facility

This Workshop will be held in conjunction with the Emilie Mondor Invitational Meet

#### **Athletics Officials Workshop: Level 1**

Date: Monday, April 9, 2018

Time: 11:00 - 12:30

Location: South Surrey Track and Field Facility

This Workshop is being held for the student members of a leadership class at Semiahmoo Secondary School but is open to others.

### **Athletics Officials Workshop: Level 1**

Date: Wednesday, April 18, 2018 Time: 11:00am Start (tentative)

Location: Bear Creek Park, Surrey - Track and Field Facility

This Workshop is being held for the student members of a leadership class at Queen Elizabeth Secondary School but is open to others.

#### Athletics Officials Workshop: Level 1

Date: Saturday, May 26, 2018

Time: 9:00 -10:30

Location: South Surrey Track and Field Facility

This Workshop is being held in conjunction with the BC High School Multi Events Championship and the Zone 3/4 Summer Games Trials.

There is no cost for the Workshops listed above, however, registration is required. Please go to: <a href="https://www.cognitoforms.com/BCAthletics1/OfficialsLevel1RichmondFeb32018">https://www.cognitoforms.com/BCAthletics1/OfficialsLevel1RichmondFeb32018</a>

Please note that these Workshops may not yet be posted on the BC Athletics Website. Please check back to the site in a few days' time if you do not find them listed.

The Level 1 Workshop is required for advancement to Level 1 in the National Officials Certification program. Instructors will present organizational information, which prepares novice officials for successful participation and future upgrading. Basic rules and best practices for individual track and field events are presented on site. Handouts will be provided, but participants should come prepared to take notes. Dress for comfort and light activity.

If you are interested in taking a Workshop but do not see one available in your area, please contact your Provincial Regional Development Coordinator.

### **Provincial Regional Development Coordinators**

	Region	Email	Phone
John & Carol Cull	Lower Mainland (Zones 3,4,5)	johncull@telus.net	(604) 599-6638
Vince Sequeira	Vancouver Island (Zone 6)	vince.sequeira@ shaw.ca	(250) 923-2458
Alwilda van Ryswyk	Okanagan/Kootenays (Zones 1,2)	alvan50@shaw.ca	(250) 372-9640
Greg Nicol	Okanagan/Kootenays (Zones 1,2)	greg-nicol@shaw.ca	(250) 372-7888
Cindy King	Northern BC (Zones 7,8)	cking@pgonline.com	(250) 613-7672

#### AND NOW.....

## Many Thanks for your help

Event: Jerome Indoor Games
Sponsored by: Achilles Track and Field Club
Date: Saturday, February 3, 2018
Location: Richmond Olympic Oval

#### Thanks to:

Nicci Beninger, Howard Brandt, Jeff Byington, Shirley Byington, Carol Cull, John Cull, Maureen de St. Croix, Ted de St. Croix, Chris Eliopoulos, Peter Fejfar, Iain Fisher, Debbie Foote, Abresia Foote, Sharon Hann, Rose Hare, Reg Harris, Tom Hastie, Gerald Joe, Bill Koch, Emily Kydd, Jake Madderom, Steve Martin, Carol Parsakish, Nima Parsakish, Betsy Rollins, Jason Swan, Kathy Terlicher, Sanda Turner, Celina Wong, Brian Hawksworth, Jack Ready, Brian Thomson, Anthony Thomson, Ina Wallace, Vince Sequeira, John Akehurst, Dave Hopkins

Event: Gary Reed Indoor

Sponsored by: Kamloops Track and Field Club

Date: Friday, February 9 and Saturday, February 10

Location: Kamloops Indoor

#### Thanks to:

Tara Alexander, Judy Armstrong, Evelyn Barker, Brian Beck, Dawn Beck, Holly Borden, Kathy Brand, Bob Cowden, Sandra Dever, Cheryl Elke, Daniel Elke, Wayne Elke, Bud Forbes, Phil Froment, Pat Gedak, Lillian Harcus, Laurie Harder, Siobhan Lane, Diane Matus, Helen Newmarch, Greg Nicol, Sherri Oryschak, Ianna Polos, Warren Polos, Jack Ready, Grant Robinson, Gene Sanderson, Karen Siggers, Wally Smeaton, Patti Swoboda, Alwilda van Ryswyk, ian Webster, Dianne Weddell, Heather Wiebe

## **Upcoming Officiating Opportunities**

Please send me a note if you are able to help.

Event: Ultra Throws Festival #1

Sponsored by: Ultra Throw Club

Date: Saturday, March 24, 2018 Location: McLeod Park, Langley

Times:

Weigh-in: 11:00 Hammer: 12:15, 1:00

Shot Put: 1:00, 1:45 Discus: 1:45, 3:00 Javelin: 3:00, 3:45

Weight Throw: 3:45, 4:30

Pizza, Snacks and Water will be available for all Participants, Officials and Volunteers

Officials who have committed to attend:

Carol Cull, John Cull

Event: UBC Open

Sponsored by: UBC

Date: Friday, March 30 and Saturday, March 31

Location: UBC

#### Times:

Friday, March 30

**Track** 

First Event: 11:00 Last Event: 5:45

Please note that there are Race Walk Events at 11:00 (3km) and 11:20 (5km)

<u>Field</u>

Hammer: 10:30 Discus: 11:30, 12:45 Shot Put: 2:00, 3:00 Javelin: 3:00, 4:00 Long Jump: 11:30, 12:45 Triple Jump: 3:00, 4:00

High Jump: 11:30, 12:45, 2:00, 3:00

Pole Vault: 2:00, 4:00

Saturday, March 31 (2<sup>nd</sup> day of events for Decathlon and Heptathlon, only)

**Track** 

First Event: 10:00 Last Event: 1:45

<u>Field</u>

Discus: 10:30

Javelin: 12:00, 12:30 Long Jump: 11:00 Pole Vault: 11:30

Officials who have committed to attend:

Bill Koch (Friday), Jason Swan, Dawn Driver, John Cull, Carol Cull

Event: Emilie Mondor

Sponsored by: SFU

Date: Saturday, April 7

Location: SFU and Percy Perry Stadium, Coquitlam

Times: (tentative schedule)

Track (SFU)
First Event: 10:30
Last Event: 4:05

#### <u>Field</u>

\* Discus: 8:30 (M & W) \* Hammer: 10:00 (M & W)

\* These Events are being held at Percy Perry Stadium in Coquitlam

Javelin: 12:00, 1:00 Shot Put: 2:00, 3:00 Long Jump: 12:00, 3:30 Triple Jump: 1:30, 2:30 High Jump: 1:00, 2:00 Officials who have committed to attend: Jason Swan, Dawn Driver, Peter Fejfar, John Cull, Carol Cull

There is a plethora of Meets to come but this will carry us until the first week of April. If you would like to see the full list of Meets for this competition year please visit the Officials' portion of the BCA website at: <a href="http://www.bcathletics.org/admin/js/elfinder/files/Officials/Meet%20Shedules%2015/MSched2-5-18.pdf">http://www.bcathletics.org/admin/js/elfinder/files/Officials/Meet%20Shedules%2015/MSched2-5-18.pdf</a>.

John is responsible for keeping this list of Meets updated and will continue to do so as information that needs inclusion is sent to him.

Hope to see you all at a Meet very soon, Carol