

August 18,
2020

BC Athletics Officials' Newsletter

Off Track!!!

Jason Swan does gardening, too.



Return to Competition

Protocols for Return to Competition

All Competitions will take place under strict Protocols and Safety Guidelines. Your Officials' Committee along with BC Athletics staff have developed Protocols for each of the Event areas. These were approved by the BCA Board of Directors. No Rule modifications have taken place; however, safety guidelines have been written to ensure that our practices in dealing with all participants in a Competition are clear and provide for health and safety. These guidelines, unfortunately, restrict the numbers of Officials and Volunteers but will still allow results to be valid and all records set by Athletes accepted by accrediting bodies.

Guidelines and Protocols found here:

<https://www.bcatletics.org/News/bc-athletics-announces-return-to-in-club-competition/3014/>

These guidelines and protocols are subject to change and Officials should review them prior to attending a competition. While notices of events in this Newsletter will try to keep you informed about any technical changes or issues, it is important that Officials also review the information made available by the HOC on their websites. BCA Return to Sport guidelines state that the use of masks is strongly recommended, however, in some situations they may become Mandatory as dictated by the Host Club or Municipality.

This information will be made available to participants by the HOC.

All competitions must follow current BC Health guidelines. Current guidelines limit group gatherings to a maximum of 50 and continued use of physical distancing and hygiene measures.

- a. Maximum group size counts need to consider everyone that is in the facility / attending the event - staff, coaches, participants, spectators, etc.
- b. There must be sufficient space in the venue to allow for physical distancing between people; this means that in a smaller venue, occupancy limits may be much less than 50.
- c. The 50-person maximum is over the entire timeframe of the event, from setup to pack up. Currently, health authorities are NOT allowing staggered starts to extend the maximum person count and are considering the event, in its entirety, as one permit (50 people).

It is important that Officials who attend competitions read and follow the guidelines and protocols specific to the Meet they will be attending. It will be necessary for each participating Official to supply themselves with their own kit of PPE items as well as food and beverages to be consumed during their time at the Meet. Much as they might want to accommodate Officials, Host Organizing Committees are currently prevented by safety concerns from distributing food and drink to participants.

Your **PPE Kit** should include:

- Face masks
- Those Officials who will be in high-contact positions should also consider having goggles or face shields
- Gloves
- Hand sanitizer
- Disinfectant wipes or spray (may not easily be found)
- Paper Towels

Note: A list of Health Canada approved hand sanitizers and disinfectants can be found [here](#):

Host Organizing Committees (HOC) will be responsible for sanitizing all equipment to be used by Athletes and Volunteers (including Officials). Officials should be prepared to monitor their involvement and use items from their own kits as is necessary.

Official's Development

Your Branch Officials' Committee for 2020

- **Brian Thomson** - Committee Chairperson
Bill Koch
Marnie Benz
Carol Cull
John Cull
Cheryl Elke
Wayne Elke
Sue Kydd
Jim Rollins
Anthony Thomson
Jasmine Gill – BC Athletics representative to the Committee

Wanting to Upgrade your Certification??? Please, look at the following information!

- Evaluations and Mentoring will take place as circumstances allow. Don't forget to complete the Upgrading Tracking form (<https://www.cognitofirms.com/BCAthletics1/OfficialsUpgradingTrackingForm>), if you require evaluations or credits for upgrading in the coming season.
- If you have already completed the requirements for Upgrading contact Cheryl at wcelke@shaw.ca. More information can be found on the Officials' page of the BC Athletics website.
- You can also speak with your local regional development coordinator if you have any questions.
- Coordinators in the Interior – Greg Nicol (gregorynicol136@gmail.com), Alwilda van Ryswyk (alvan50@shaw.ca), Marnie Benz (m.benz@shaw.ca)
Coordinators on the Island – Vince Sequeira (vince.sequeira@shaw.ca), Brian Thomson (bthomson@alantem.ca), Todd Blumel (toddler@shaw.ca)
Coordinators in the Lower Mainland – Carol Cull (carolcull@telus.net), John Cull (johncull@telus.net)
Coordinator for Zones 7 and 8 TBA

Technical Corner

Upcoming Workshops

The on-line Officials' Level 1 and Level 2 Workshops that have been developed by NOC (National Officials' Committee) have been piloted and will soon be revised and available for all interested individuals. Stay tuned for more information.

The Officials' Committee has drafted guidelines for a Return to Training of Officials. These guidelines provide for safety in any training situations that we may develop. At this point, only outdoor training would be permitted. Such training, at present, would require adherence to the same requirements as those for competitions with regard to numbers of participants as well as social distancing protocols and safety measures.

There are no in-person training sessions for Officials currently planned for anywhere in the Province of BC.

In Touch

- Our thoughts and good wishes are with the Martin family. Steve and family have moved from Abbotsford to Salmon Arm and have taken their furry and feathered friends with them. During the move Steve had an accident. A fencing panel fell on him, shattering his cheekbone and breaking his nose. While undergoing tests at the hospital for his injuries, it was discovered that Steve had a large meningioma (tumour that was invading the brain). Steve underwent a 6-hour surgery to remove the tumour on August 12th in Kamloops. A tumour that would not have been discovered had it not been for the moving accident. Steve was discharged on the 16th of August and is now resting and recovering and enjoying the company of his family and the beautiful Salmon Arm area. We are thinking of you Steve, Hildie, Kim and Matt.
- [Membership Renewal](#)

Don't forget you may still renew your membership with BC Athletics for 2020. Unattached members can sign up online through the BC Athletics website and members of BC Athletics clubs should sign up through their club registrar. All Officials participating in Meets must have a current membership.

- [The 2020 BC Athletics Annual General Meeting](#)

The AGM will take place on Saturday, August 22, 2020.

This is a virtual meeting and details may be found on the BC Athletics website under the topic heading 'GOVERNANCE'.

- [Sharing Memories](#)

Dale Loewen (dale_loewen@telus.net) asks that you share your photo or video memories, of events you attend, with him. Dale continues to collect these remembrances in order to create his wonderful year-in-review presentations. Please remember that photos should be taken in landscape rather than portrait orientation.

AND speaking of memories –

This from a recent in-Club High Jump Meet held by Kajaks. Tarps galore!

Jake Madderom, John Cull and Carol Cull judged an In-Club High Jump competition for the Kajaks Track Club on Saturday, August 15th. Our first with the new protocols. It all worked quite well, over all. 5 Athletes, taking 1 hour, though we expected it to take longer. Each athlete had their own personal lightweight tarp. Each tarp was identified with spray paint on the top side. The tarps were positioned strategically so that they covered the expected landing area. Small sandbags were used to hold the tarp in place as there was a bit of wind to contend with. Athletes helped to place their own tarp and then removed it following their jump, taking it with them back to their resting place. 3 new crossbars were used, which sped up the proceedings as crossbars once touched are required to be sanitized.

These older athletes, were great to work with, all very clear on the concept of social distancing and also very cooperative.



Anyone participating in a Meet under the new protocols, please send us a few words about your experience. All notes and/or pictures are most welcome.

Officiating Q & A

Questions

Rule Numbers used are those cited in the 2020 World Athletics Competition and Technical Rules manual.

If you are eligible for a 2020 Rule Book and have not yet received yours, please contact your Regional Coordinator.

Q 1

The standard abbreviation used on a result sheet when no trial has been recorded in a field event is:

- a) NA b) DNS c) NM

Q 2

In the High Jump portion of a Combined Events competition, what is the increment used for raising the bar.

- a) 5cm throughout the competition b) 3 cm until the last athlete then the athlete may choose the increment
c) 3 cm throughout the competition

Q 3

For which races must Starting Blocks must be used by U18M, U20M and Senior Men?

- a) all races of 800m and less b) all races up to and including 400m c) all races run in lanes except relays

Items from the Branch Officials' Committee

Our next Officials' Committee Meeting is set for Sunday, September 13, 2020.

With Much Appreciation for Your Help

Event: **Kajaks In-Club High Jump Meet**
Sponsored by: Kajaks Track and Field club
Date: Saturday, August 15, 2020
Location: Minoru, Richmond

Thanks to:
Jake Madderom, John Cull, Carol Cull

Officiating Opportunities

***Please come lend a hand. Send me a note to let me know if you are available in the Lower Mainland.
We need help for the Meets listed below!***

*** It is Important that Officials coming to Meets check the Club's website the night before the Meet as Schedules can Change ***

Event: Kajaks In-Club Throws Meet

Sponsored by: Kajaks Track and Field Club

Date: Friday, August 21

Location: Minoru, Richmond

Time:

Rolling Start for all Throws commence at 12:00noon with Hammer

Officials who have committed to attend:

John Cull, Carol Cull

Please note that a Long Jump Event may also be held in conjunction with the Throws Meet at Minoru. This Event would also begin at 12:00noon.

Event: Kajaks In-Club High Jump Meet

Sponsored by: Kajaks Track and Field Club

Date: Saturday, August 22, 2020

Location: Minoru, Richmond

Time:

High Jump 5:00

Officials who have committed to attend:

Jake Madderom, John Cull, Carol Cull

Event: The Townsend Elite In-Club Competition

Sponsored by: SFU

Date: Tuesday, August 25, 2020

Location: Burnaby Central High School

Times:

Track

First Event 6:00pm

Rolling start 100m (M & F), 400m (M), 800m (M), 1500m (M & F)

Field

Long Jump 6:00pm

Officials who have committed to attend:

Gary Silvester, John Cull, Carol Cull

Event: Kajaks In-Club High Jump Meet

Sponsored by: Kajaks Track and Field club

Date: Saturday, August 29, 2020

Location: Minoru, Richmond

Time:

High Jump 5:00

Officials who have committed to attend:

Jake Madderom, John Cull, Carol Cull

Event: The Greyhounds Masters Throws Meet

Sponsored by: Greyhounds Track and Field Club

Date: Saturday, September 5, 2020

Location: Bear Creek Park, Surrey

Times:

Field

Weight Throw	10:00, 10:45
Shot Put	10:00, 11:30
Hammer	10:45, 11:30
Discus	12:45
Javelin	1:00

Officials who have committed to attend:

Urith Hayley, John Cull, Carol Cull

Event: **Kajaks In-Club High Jump Meet**

Sponsored by: Kajaks Track and Field club

Date: Saturday, September 5, 2020

Location: Minoru, Richmond

Time:

High Jump	5:00
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Officials who have committed to attend:

Jake Madderom, John Cull, Carol Cull

Event: **The Greyhounds Masters Track and Field Meet**

Sponsored by: Greyhounds Track and Field Club

Date: Saturday, September 12, 2020

Location: Bear Creek Park, Surrey

Times:

Track

First Event	9:30 (Race Walk)
Last Event	2:30

Field

Long Jump	10:15
Triple Jump	1:00

Officials who have committed to attend:

A Starter is required for this Meet We are limited in the number of Officials that can attend this Meet because of the number of Athletes wishing to participate. The total number of participants must be kept to 50 or under.

Carol Parsakish, Iain Fisher, Jake Madderom, Hardev Sandhu, Marina Khrisanova, John Cull, Carol Cull

Calling all Officials Who Enjoy Cooking and/or Eating

Don't forget to send those recipes to Dale Loewen (dale_loewen@telus.net).

Our Dance Cards are filling up quickly. Come join us!

Carol

Officiating Q & A Answers

A1

c) NM (Rule CR25.4)

A2

c) 3 cm throughout the competition (Rule #TR39.8.4)

A3

b) all races up to and including 400m (Rule #TR15.1). This also includes the first legs of the 4 x 200m, the Medley Relay and the 4 x 400m.