

September 30,  
2020

# BC Athletics Officials' Newsletter

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Testing, Testing....

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Kevin Kydd and Dawn Driver using the EDM Equipment.



## Return to Competition

**Reminder – Guidelines and Protocols for Return to Competition can be found here:**

<https://www.bcathletics.org/News/bc-athletics-announces-return-to-regional-and-provincial-competition/3020/>

All Competitions will take place under strict Protocols and Safety Guidelines. Your Officials' Committee along with BC Athletics staff have developed Protocols for each of the Event areas. These were approved by the BCA Board of Directors. No Rule modifications have taken place; however, safety guidelines have been written to ensure that our practices in dealing with all participants in a Competition are clear and provide for health and safety. These guidelines, unfortunately, restrict the numbers of Officials and Volunteers but will still allow results to be valid and all records set by Athletes accepted by accrediting bodies.

It is good practice to build your own PPE Kit to bring with you to any competitions you may attend.

**Your PPE Kit** should include:

- Face masks
- Those Officials who will be in high-contact positions should also consider having goggles or face shields
- Gloves
- Hand sanitizer
- Disinfectant wipes or spray
- Paper Towels

Note: A list of Health Canada approved hand sanitizers and disinfectants can be found [here](#):

Organizing Committees (HOC) will be responsible for sanitizing all equipment to be used by Athletes and Volunteers (including Officials). Officials should be prepared to monitor their involvement and use items from their own kits as is necessary.

## Official's Development

### Your Branch Officials' Committee for 2020

- **Brian Thomson** - Committee Chairperson
  - Bill Koch
  - Marnie Benz
  - Carol Cull
  - John Cull
  - Cheryl Elke
  - Wayne Elke
  - Sue Kydd
  - Jim Rollins
  - Anthony Thomson
  - Jasmine Gill – BC Athletics representative to the Committee

**Wanting to Upgrade your Certification??? Please, look at the following information!**

- Evaluations and Mentoring will take place as circumstances allow. Don't forget to complete the Upgrading Tracking form (<https://www.cognitoforms.com/BCAthletics1/OfficialsUpgradingTrackingForm>), if you require evaluations or credits for upgrading in the coming season.
- If you have already completed the requirements for Upgrading contact Cheryl at [wcelke@shaw.ca](mailto:wcelke@shaw.ca). More information can be found on the Officials' page of the BC Athletics website.
- You can also speak with your local regional development coordinator if you have any questions.
- Coordinators in the Interior – Greg Nicol ([gregorylnicol136@gmail.com](mailto:gregorylnicol136@gmail.com)), Alwilda van Ryswyk ([alvan50@shaw.ca](mailto:alvan50@shaw.ca)), Marnie Benz ([m.benz@shaw.ca](mailto:m.benz@shaw.ca))  
Coordinators on the Island – Vince Sequeira ([vince.sequeira@shaw.ca](mailto:vince.sequeira@shaw.ca)), Brian Thomson ([bthomson@alantem.ca](mailto:bthomson@alantem.ca)), Todd Blumel ([toddler@shaw.ca](mailto:toddler@shaw.ca))  
Coordinators in the Lower Mainland – Carol Cull ([carolcull@telus.net](mailto:carolcull@telus.net)), John Cull ([johncull@telus.net](mailto:johncull@telus.net))  
Coordinator for Zones 7 and 8 TBA

## Travel Expenses

BCA Officials Committee once again has a budget (kind of small) and we are approving local travel expenses for payment in the usual way.

Current rates are:

Travel within Local Region \$.30 per km, with a carpool \$.40

For information and claim form, please visit: [www.bcathletics.org/officials/](http://www.bcathletics.org/officials/) Select OFFICIALS EXPENSE CLAIMS

## Technical Corner

### Upcoming Officials' Workshops

The on-line Officials' Level 1 (Module 101) and Level 2 (Module 201) Workshops that have been developed by NOC (National Officials' Committee) and are available to be taken by interested individuals.

Those individuals interested in becoming an Athletics' Technical Official and have limited or no prior experience in the Sport are encouraged to take Module 101.

Those individuals with prior experience with the Sport (e.g. Coach, Athlete or former Athlete etc.) are encouraged to take Module 201.

For more information about the process and the steps you will need to take please contact Marnie Benz ([m.benz@shaw.ca](mailto:m.benz@shaw.ca)) who will be only too glad to provide you with all of the information that you require.

### New way to judge jumps take-off fouls among recent competition rule changes introduced for 2020-2021

To coincide with the publication of the 2020 edition of the [World Athletics Competition & Technical Rules book](#), we have summarised the key rule changes that have been made in the two years since the 2018 edition of the rules book was published.

Most of these rule changes were approved by the World Athletics Council at meetings in 2018 and 2019 and were introduced from 1 November 2019, and published in the digital version of the [Book of Rules](#) at that time. Area and Member Federations are notified of all rule changes directly after the Council meeting at which the decision is made.

One of the significant rule changes that will come into force on 1 November 2021 is with the way take-off fouls are judged in long and triple jumps.

Currently, a no-jump is called if an athlete is judged, while taking off, to have touched the ground beyond the take-off line. A plasticine board set at an angle of 45° has been long used to assist with such decisions. Under the new Technical Rule (number 30.1.1), it will be a failure on take-off if any part of the take-off shoe or foot breaks the vertical plane of

the take-off line. It was felt that this would be more understandable and simpler to judge. The old rule occasionally allowed toecaps to visibly broach the line without marking plasticine. In the future, such moments are to be fouls and the plasticine board, if used, is to be set at 90°.

The change was due to be enforced from 1 November 2020 but in view of this year's exceptional circumstances – and particularly because of the postponement of the Olympic Games to 2021 – it has been delayed for one year.



### **Another view of The New Langley Track**

Thank You again to Julie Sillars for sending this photo.

### **Francophone Games Postponed**

The Organizing Committee of the Canadian Francophone Games Victoria 2020/2021 will announce another postponement. They feel that the current environment as well as the preventative measures to battle COVID-19 are simply too complex and there are too many unknowns. The CFGames and the FJCF have decided to postpone the event to 2022. This will ensure that participants, visitors, partners and collaborators will safely take part in this national event.

### **Technical Corner**

BC Athletics Events and Technical Specifications has been updated, September 24, 2020.

Look for the revised printable document [here](#).

Those who use the handy printed booklet so kindly prepared by Vince Sequeira will still find it useful, if they print and insert the following updated information:

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### 3.0 Recognized Age Groups (apply to Men and Women)

Junior Development Age Groups are now:

U10 (age 9)

U12 (age 10)

U12 (age 11)

U14 (age 12)

U14 (age 13)

U-16 (Ages 14-15), Formerly Midget

U-18 (Ages 16-17), Formerly Youth

U-20 (Ages 18-19), Formerly Junior

Senior (Ages 20-34)

Masters (Ages 35+)

### 4.2 (a) Events

3,000 m (track) now authorized for U-18 and U-20 Men and Women

10,000 m (track) now authorized for Senior and Masters Men and Women

### Appendix B Indoor Hurdles Specifications\60mH\Masters Only

Addition of Men 60mH 60-69 33" 5 hurdles Spacing 12.00/8.00/16.00

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## In Touch

- [Membership Renewal](#)

Don't forget you may still renew your membership with BC Athletics for 2020. Unattached members can sign up online through the BC Athletics website and members of BC Athletics clubs should sign up through their club registrar. All Officials participating in Meets must have a current membership. If you take out a Membership with BC Athletics for the first time after September 1, that Membership will be good for the remainder of 2020 as well as 2021.

- [Sharing Memories](#)

Dale Loewen ([dale\\_loewen@telus.net](mailto:dale_loewen@telus.net)) asks that you share your photo or video memories, of events you attend, with him. Dale continues to collect these remembrances in order to create his wonderful year-in-review presentations. Please remember that photos should be taken in landscape rather than portrait orientation.

- [Awards](#)

Due to the limited number of Competitions being held in the earlier part of 2020 and the restrictions placed on competitions, the annual BC Athletics awards for Officials will not be presented for this year. We look forward to a more robust competition year in 2021 and with that return, once again recognizing our wonderful BC Officials who are always so generous with their time.

## Ralph Coates *by Louise Meville*

In Dale Loewen's words, "Ralph Coates was the nicest and kindest man: a man who cared very much for our sport and for the athletes." He was a quiet man who loved a joke and had a good sense of humour.

He was the father of a Richmond Kajaks athlete; he entered the sport as a starter, became a long-time hand timer and worked as an umpire. Starting at the Kajaks club level, then member of the Track and Field Officials for BC, he worked for many years at BCTF meets. He was a starter 'extraordinaire' at the Kajaks-sponsored BC Elementary Track and Field Championships, an open meet attracting thousands of kids from all over the province over the years. You had to have tons of patience to deal with the hundreds of heats and finals run off over the 3 day meet period. As well as starting the events, he had the job of loading all of the starting guns' shells. He would often go to his home near Minoru track at the lunch break and load more shells for the afternoon and evening events. He provided the shells for all of our starting guns for many years at track meets.

Later he became a member of the 'elite old boys' club' hand timers' group, before the days of photo finish cameras, timing with the group of Davy Coupland, Arnold Lucks and Ken Bogas and others. Ralph never said "no" to any request to attend a meet: always interested, available and smiling. He just needed to know where and when.

Ralph was one of the BC Officials chosen to work the 1978 Commonwealth Games in Edmonton as an umpire. He umpired along with other officials from BC and all across Canada, with some international guest umpires as well. His many years as starter, timer earned him that privilege.

The award for long-serving official in our organization is given annually in his name to honour his years of service.

Written by Louise Meville, with help from Dale Loewen and Jan Tingy-Elmer.

## Officiating Q & A

### Questions

*Rule Numbers used are those cited in the 2020 World Athletics Competition and Technical Rules manual.*

*If you are eligible for a 2020 Rule Book and have not yet received your copy, please contact your Regional Coordinator.*

### Q 1

What are the maximum number of spikes allowed in a shoe?

- a) 7                      b) 9                      c) 11

### Q 2

A Record Height is being attempted in High Jump. How does this affect measuring the height of the bar?

- a) The bar height must be measured prior to the first attempt at this height                      b) Only if there is a change of bar prior to the record being attempted, must the height of the bar must be measured.                      c) Judges should re-check the measurement before each subsequent Record attempt is made if the bar has been touched since last measured.

### Q 3

How many flights of hurdles in each lane are used in the U20 Women's Hurdle Race?

- a) 8                      b) 10                      c) 12

## Items from the Branch Officials' Committee

The next Officials' Committee Meeting will be held on Tuesday, October 6<sup>th</sup>, 2020. This is an on-line meeting.

### Annual Officials Meeting (2020)—October 18 (10:00am to 12:00pm)

The 2020 Annual Officials Meeting will be held, by video conference, on October 18 from 10:00am to noon. Officials wishing to participate must register by October 17 in order to obtain the link to the video conference. Registration is available now on the Officials page of the BC Athletics website. <https://www.bcathletics.org/Officials/>.

Meeting materials, including agenda, are available under the tab labeled "Newsletter & Meetings". The agenda may be enhanced as we prepare for the meeting. The final agenda, and presentation materials, will be posted by October 15.

Please send any questions or considerations for 2021 to the Officials Committee Chair ([Brian.thomson@shaw.ca](mailto:Brian.thomson@shaw.ca)) or submit via the registration form. We may not have time to cover all at the October meeting but will address and communicate via the website and the newsletter.

Officials interested in helping the Officials Committee in 2021, as a Committee Member or volunteer on our working groups (recruitment, development, retention), please see the tab on the Officials page of the BC Athletics website labelled "BCA Officials Committee".

## With Much Appreciation for Your Help

**Event:** **Ocean Invitational Jumps Meet**  
**Sponsored by:** Ocean Athletics Track and Field Club  
**Date:** Saturday, September 26, 2020 (the rainout date for this Meet is September 27)  
**Location:** South Surrey Athletics Park

Thanks to  
 Maureen de St. Croix, Ted de St. Croix, Cathy Carr, Cayden Arnold, John Cull, Carol Cull

**Event:** **Thunderbirds Triple Jump**  
**Sponsored by:** Thunderbirds Track and Field Club  
**Date:** Monday, September 28, 2020  
**Location:** Swangard Stadium, Burnaby

Thanks to:  
 Chris Eliopoulos, Jake Madderom, Hardev Sandhu, Gary Silvester, John Cull, Carol Cull

**Event:** **Royal City Twilight Pole Vault In-Club Meet**  
**Sponsored by:** Royal City Track and Field Club  
**Date:** Tuesday, September 29, 2020  
**Location:** Mercer Stadium, New Westminster

Officials who have committed to attend:  
 Cayden Arnold, Gary Silvester, Brenda Chinn, Hardev Sandhu, John Cull, Carol Cull

## Officiating Opportunities

***Please come lend a hand. Send me a note to let me know if you are available in the Lower Mainland.  
We need help for the Meets listed below!***

**\* It is Important that Officials coming to Meets check the Club's website the night before the Meet as Schedules can Change \***

**Event: Royal City Vault Last Chance Meet**

**Sponsored by:** Royal City Track and Field Club  
**Date:** Saturday October 3, 2020  
**Location:** Mercer Stadium, New Westminster  
**Time:**  
 Pole Vault 12:00noon, 3:00pm

**Officials who have committed to attend:**

Cayden Arnold, Brenda Chinn, John Cull, Carol Cull

**Event: Ocean Athletics Throws Plus In-House**

**Sponsored by:** Ocean Athletics Track and Field Club  
**Date:** Saturday, October 3, 2020  
**Location:** Bear Creek \* Please note the change in venue \*  
**Time:**

Javelin (the first Throw) will begin at 1:00 with the other Throwing Events to follow

**Officials who have committed to attend:**

Maureen de St. Croix, Ted de St. Croix, Jason Swan, Kevin Kydd, Celina Wong, Deborah Carter, Dawn Driver

**Event: UBC Mini Meet**

**Sponsored by:** UBC Track and Field  
**Date:** Thursday, October 8, 2020  
**Location:** UBC  
**Time:**  
 5:00pm Start

**Officials who have committed to attend:**

Scott Saunders, Larry Blaschuk, John Cull, Carol Cull

**Event: Valley Royals Pole Vault Mini Meet**

**Sponsored by:** Valley Royals Track and Field Club  
**Date:** Saturday October 17, 2020 (October 18 is proposed if the Meet is called due to rain)  
**Location:** Jane and Jerry Swan Track at Rotary Stadium, Abbotsford  
**Time:**  
 Pole Vault 11:30

**Officials who have committed to attend:**

John Cull, Carol Cull

**Event: Golden Eagles Throws Meet**

**Sponsored by:** Golden Eagles Athletics  
**Date:** Saturday October 17, 2020  
**Location:** Maple Ridge Senior Secondary, Maple Ridge  
**Time:**  
 Shot Put 12:30  
 Javelin 12:30  
 Hammer and Discus to follow



Officials who have committed to attend:

Event: **UBC Mini Meet**  
 Sponsored by: UBC Track and Field  
 Date: Saturday, October 31, 2020  
 Location: UBC  
 Time: 10:00am Start

Officials who have committed to attend:

Scott Saunders, Larry Blaschuk, John Cull, Carol Cull

Event: **BCEP Twilight Meet**  
 Sponsored by: BC Endurance Project  
 Date: November 7, 2020  
 Location: Burnaby Central High School, Burnaby  
 Time: 5,000m 7:00pm

Officials who have committed to attend:

Bill Koch, John Cull, Carol Cull

Event: **BCEP Twilight Meet**  
 Sponsored by: BC Endurance Project  
 Date: November 21, 2020  
 Location: Burnaby Central High School, Burnaby  
 Time: 10,000m 7:00pm

Officials who have committed to attend:

Bill Koch, John Cull, Carol Cull

Event: **BCEP Twilight Meet**  
 Sponsored by: BC Endurance Project  
 Date: December 5, 2020  
 Location: Burnaby Central High School, Burnaby  
 Time: 5,000m 7:00pm

Officials who have committed to attend:

Bill Koch, John Cull, Carol Cull

Who knew that this was going to be the busiest season EVER,

Carol

## Officiating Q & A Answers

### A1

c) 11 (Rule #TR5.3) You may be interested in reading the new rules on shoes TR5.2 to TR5.5.

**A2**

c) (Rule #TR26.6)

**A3**

b) 10 (Rule #TR22.1)