

BC Athletics Officials' Newsletter

April 23, 2021

It's flower time again!



Competition Protocols

Reminder – Guidelines and Protocols for Competition can be found here:

bcathletics.org

A Message from Brian McCaldar

The PHO Orders and ViaSport application of these to Sport and BC Athletics application of these specifically to Athletics are:

1. Officials must wear masks all the time – whether indoors or outdoors.
2. Officials who have been vaccinated:
 - a. Must continue to follow all the Health and Safety Guidelines. The Provincial Health Officer and Ministry of Health are the only authorities that can ease/relax the current restrictions. **There is, as per the bi-weekly online updates with viaSport staff and all PSO leaders – no flexibility or exception to PHO orders whether the individual is vaccinated or not.**
 - b. The current restrictions are for those **who are vaccinated** and for those **who are not vaccinated**:
 - i. Do not attend an event if you are not feeling well, have had contact within the last 14 days with someone who has test positive for COVID.
 - ii. Must follow all Health and Safety Protocols in place at the In-Club or Varsity Performance Trials or approved High Performance Competitions.
 - iii. Must wear a mask both indoors and outdoors when at an event to Officiate.
 - iv. Must maintain physical distance of 3 metres.
 - v. Must only officiate for the 1st or 2nd claim clubs at In-Club or Varsity Performance Trials - Unless it is for a High Performance Competition. If unsure of the level of the event (In-Club, Varsity, High Performance) contact Megann VanderVliet megann.vandervliet@bcathletics.org or Clif Cunningham clifton.cunningham@bcathletics.org to confirm.
 - vi. For High Performance competitions, draw Officials from the local community and region whenever possible.
 - vii. As per the March 19th, 2021 PHO Order and application of these by viaSport for Sport in BC:
 1. Although there is some flexibility to allow for participants to travel short distances to reach a home club, the intention of the Order is to **minimize travel for sport activities, and to stay close to home**. For example:
 - a. participants from Vancouver Island should not travel to the Lower Mainland, from the Kootenays to the Okanagan, or from the North to Okanagan.
3. **Note:** PHO Orders, Restrictions on Sport and Specifically to Athletics can change from one day to the next, without consultation, warning or lead time.

Please be sure that Officials are staying up to date by providing the above and the most recent [COVID-19 Updates](#) to them as appropriate.

If you are still unsure of the PHO Orders and Restrictions as they apply to Athletics, please contact me at your earliest opportunity.

Thank you

Brian M

It is good practice to build your own PPE Kit to bring with you to any competitions you may attend.

Your PPE Kit should include:

- Face masks
- Gloves
- Hand sanitizer
- Disinfectant wipes or spray
- Paper Towels

Note: A list of Health Canada approved hand sanitizers and disinfectants can be found [here](#):

Organizing Committees (HOC) will be responsible for sanitizing all equipment to be used by Athletes and Volunteers (including Officials). Officials should be prepared to monitor their involvement and use items from their own kits as is necessary.

Official's Development

Your Branch Officials' Committee for 2021

- **Brian Thomson** - Committee Chairperson
Bill Koch
Marnie Benz
Carol Cull
John Cull
Cheryl Elke
Wayne Elke
Dawn Driver
Debbie Foote
Anthony Thomson
Jasmine Gill – BC Athletics representative to the Committee

Wanting to Upgrade your Certification??? Please, look at the following information!

- Evaluations and Mentoring will take place as circumstances allow. Don't forget to complete the Upgrading Tracking form (<https://www.cognitofrms.com/BCAthletics1/OfficialsUpgradingTrackingForm>), if you require evaluations or credits for upgrading in the coming season.
- If you have already completed the requirements for Upgrading contact Cheryl at wcelke@shaw.ca. More information can be found on the Officials' page of the BC Athletics website.
- You can also speak with your local regional development coordinator if you have any questions.
- Coordinators in the Interior – Greg Nicol (gregorynicol136@gmail.com), Alwilda van Ryswyk (alvan50@shaw.ca), Marnie Benz (m.benz@shaw.ca)
Coordinators on the Island – Vince Sequeira (vince.sequeira@shaw.ca), Brian Thomson (bthomson@alantem.ca), Todd Blumel (toddler@shaw.ca)
Coordinators in the Lower Mainland – Carol Cull (carolcull@telus.net), John Cull (johncull@telus.net)
Coordinator for Zones 7 and 8 TBA

Travel Expenses

BCA Officials Committee is approving local travel expenses for payment in the usual way.

Current rates are:

Travel within Local Region \$.30 per km, with a carpool \$.40

For information and claim form, please visit: www.bcathletics.org/officials/ Select OFFICIALS EXPENSE CLAIMS

Officials' Memberships

Current regulations state that only Officials who are members of a Club may Officiate at that Club's Competitions or Performance Trials. An exception is made for High Performance Meets where athletes with a designation of CSI-P (Canadian Sport Institute – Pacific) are involved. Membership to a specific club or organization is not required for an Official to volunteer for these events. All other COVID protocols are, however, still in place. These protocols include masking, sanitization, number restrictions etc.

Sam Collier has very kindly set up a link for Officials to use that clearly states how to declare your First and Second Claim Club affiliation. <https://www.bcathletics.org/Content/officials-first-and-second-claim-club-declarations/221/> Information can be found here on the steps that Officials need to take as well as the process that follows.

Upgrading

Congratulations to Gary Silvester on his recent Upgrading.

Gary Silvester Level 2

Calling new officials who took a Level 1 or Level 2 Officials Workshop

If you are a new official on the pathway to level 1 or a level 2 official; and you took the Level 1 or Level 2 officiating (in person) workshop, please read on. This does not apply to anyone who is a level 2 official or higher or officials who took the new online officiating modules for Level 1 or Level 2.

The BC Athletics Officials Committee is implementing the enhanced certification pathway for officials from Athletics Canada—National Officials Committee. We are looking to map officials from the previous pathway to the new pathway. Please contact Debbie Foote if you meet either of the following criteria (debbieandabresia@hotmail.com):

- You took the Level 1 (in person) Workshop in the past 3 years.
- You took the Level 2 (in person) Workshop in the past 3 years and have not reached Level 2 status yet.

More information is available in the Latest New section on the Officials page of the BC Athletics website: <https://www.bcathletics.org/Officials/>.

Official's Record Card

It is important that Officials keep a record of their attendance at all Competitions. The Record Card below will help you to do this.

Officials Event Record Card

Name: _____ BC# _____

Address: _____

Phone: _____

Sample of completed card (below)

Date	Type	Name of Meet	Position	Hours	Credit	Referee Signature
Jun 05/13	NC	Harry Jerome	Pole Vault (Ch)	5	2	Joe Beauregard (NS)
Jan 10/13	N	Knights of Columbus	High Jump (L)	3	1	Jim Sumpter (CA)
May 29/13	Pro	BC High School	High Jump (Ch)	3	1	Joe Beauregard (NS)
Feb 10/13	N	Clinic	Vertical Jump	2	1	K. Stan (Chicoutimi)

Codes:
 Type of Meet: NC - National Championship, N - National, P - Provincial or Local
 C - Chief, AC - Assistant Chief, R - Referee, AR - Assistant Referee, J - Judge
 Credit Information: 1 credit = 4 hrs. or up to 4 hrs. per session, maximum 3 credits per day
 NB: The time may include pre and post event preparation. A copy of this card must be completed and returned to the BC Athletics Officials Committee (Upgrading Coordinator) with an upgrading application form for upgrading purposes. The deadline for Levels 3, 4 and 5 applications is September 15th and March 15th of each year.

Officials Event Record Card

This list identifies basic upgrading criteria at each level. For a more detailed list of criteria, and information on the upgrading process please see the BC Athletics Officials Website.

Promotion to Level 1

- On-line Module 101
- 4 credits—dash, throws, vertical jumps and horizontal jumps

Promotion to Level 2

- On-line Module 201
- 8 sessions—2 sessions in each of track, throws, vertical jumps and horizontal jumps
- Confirmation by mentor

Promotion to Level 3

- 1 year service at Level 2
- 8 credits (as Chief or Assistant Chief) and 8 other credits
- National Open Book Exam
- 2 written evaluations


Promotion to Level 4

- 2 years service at Level 3
- 24 credits (8 from N or NC) as Chief, Assistant Chief or Section Head
- National Clinic and assignment
- 2 written evaluations

Promotion to Level 5

- 3 years service at Level 4
- 36 credits (8 from N or NC) as Chief, Assistant Chief or Section Head
- 2 written evaluations

Ensure that all meet credits entered on this card are signed by the event chief or referee. BC Athletics membership is required for upgrading (all levels).



BC Athletics
 3713 Kensington Ave., Burnaby BC V8B 0A7
 Website: www.bcathletics.org Phone: (604) 333-3550
 E-Mail: bcathletics@bcathletics.org Fax: (604) 333-3551

Date	Type	Name of Meet	Position	Hrs	Credits	Referee's Signature

Updated: April, 2021

This Record Card is available on the Forms tab of the Officials' section of the BC Athletics website

Technical Corner

Upcoming Officials' Workshops

The on-line Officials' Level 1 (Module 101) and Level 2 (Module 201) Workshops that have been developed by NOC (National Officials' Committee) and are available to be taken by interested individuals.

Those individuals interested in becoming an Athletics' Technical Official and have limited or no prior experience in the Sport are encouraged to take Module 101.

Those individuals with prior experience with the Sport (e.g. Coach, Athlete or former Athlete etc.) are encouraged to take Module 201.

For more information about the process and the steps you will need to take please contact Marnie Benz (m.benz@shaw.ca) who will be only too glad to provide you with all the information that you require.

Electronic Distance Measuring

Thank you for asking. Our training program in the Lower Mainland is doing well. Covid restrictions are very tight, but our mini workshops have been approved. We have 7 groups of 5 (4 participants and an instructor):

April 18 Abbotsford (completed and well-received)

May 1, 2 and 16 Collier Throwing Centre (Richmond).

27 slots out of 28 are filled. If you live in the Lower Mainland, and want to participate, register on the BCA Officials Web site for May 16 12:30.

A Note – we thought for a few days that we were going to have to separate these workshops into Fraser Health and Coastal Health venues and participants, but Mike Farnsworth clarified the situation, and we are good to go and reorganization is not required.

Steeplechase Races

Peter Fejfar asked us to give you a reminder about **steeplechase hurdles** (see Rule TR23).

All hurdles should be fully adjustable to the 3 (THREE) required heights. (bring out the WD 40 Rust Release):

0.914 m

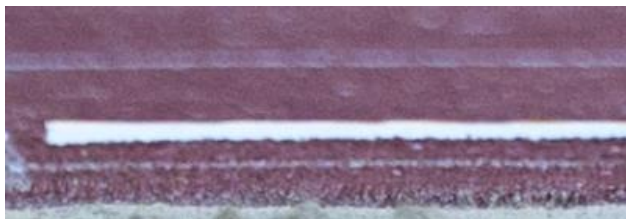
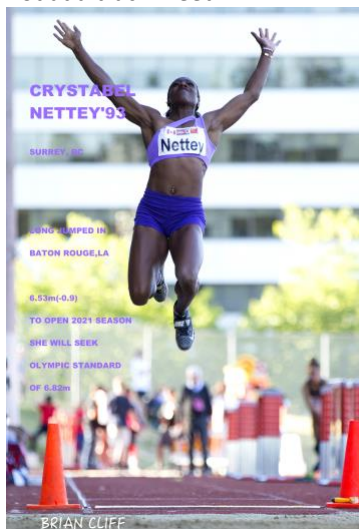
0.838 m

0.762 m

And while you are at it, make sure that your first hurdle is "at least 5m in width".

Long Jump

Doug Clement sent a great picture of our local hero Christabel Nettey making her season opening Long Jump in Baton Rouge LA. Christabel sailed to 6.53m against a negative 0.9 wind. Doug notes that she will seek Olympic standard of 6.82 m. We will hope for a positive wind next time, and what about a better board? Check out the crazy long jump board in the close-up. It appears to have been created on the runway with chalk lines, and a strip of plasticine. We love Louisiana. We would like to be there now. But maybe not at a track meet.



Amendment to WA Long Jump Rules

The long-awaited change to Long Jump Rules comes into effect this Fall. Please read the text, and admire the picture in:

[Technical Rules: Amendment to Rule 30.1.1](#)

Figure (a) TR29 (Rule 184) - Take-off board and plasticine indicator board

[From 1 November 2021]

Lots of time to re-cut those plasticine indicator boards and buy some plasticine strips. Read up on it.

Wondering about competing in carbon fibre shoes?

The National Officials Committee and Athletics Canada have developed guidelines for the implementation of the World Athletics shoe rule 5. The guidelines are targeted at athletes, coaches and officials and include shoe declarations by the athlete and shoe checks at competitions. The guidelines are available under the Latest News section of the Officials page of the BC Athletics website.

In Touch

Sharing Memories

Dale Loewen (dale_loewen@telus.net) asks that you share your photo or video memories, of events you attend, with him. Dale continues to collect these remembrances in order to create his wonderful year-in-review presentations. Please remember that photos should be taken in landscape rather than portrait orientation.

Officiating Q & A

Questions

Rule Numbers used are those cited in the 2020 World Athletics Competition and Technical Rules manual.

If you are eligible for a 2020 Rule Book and have not yet received your copy, please contact your Regional Coordinator.

Q 1

What are the three main parts of a javelin as described in the WA Rule Book?

- The tip, the head and the shaft
- The shaft, the head and the cord grip
- The cord grip, the tail and the tip

Q 2

An Athlete in a Triple Jump event stands on the runway at the beginning of her trial, but after a moment's thought decides to pass this trial. How would this be recorded

- It would be recorded by a dash
- Once the period for the trial has elapsed it would be recorded as a failure
- The Athlete is asked not to repeat this action and is given a pass

Q 3

An Athlete (A) in a Cross-Country race helps a fellow Athlete (B) who has tripped and fallen, to stand, and then offers an arm to steady them for the next 10 metres. How is this action viewed?

- a) Athlete (A) is thanked by the organizers of the competition at the end of the race
- b) Athlete (A) is disqualified for giving assistance
- c) The Referee may warn both Athletes (A) and (B) that if there is a repetition of this action, they will be disqualified from the event.

With Much Appreciation for Your Help

Thank you to all our BC Officials who continue to offer support for competitions held by their Clubs. We know that you would willingly give your time to help all Clubs, not just your own, and we are hopeful that the time will come soon when this becomes possible again.

Be Well! Stay Safe!

Carol

Officiating Q & A Answers

A1

- b) (Rule #TR38.5) The shaft, the head, and the cord grip

A2

- b) (Rule #TR25.17) If after the time for a trial has begun, an athlete decides not to attempt that trial, it shall be considered a failure once that period allowed for the trial has elapsed.

A3

- c) (Rule #TR6.2) Any athlete giving or receiving assistance from within the competition area during an event... shall be warned by the Referee and advised that, if there is any repetition, they will be disqualified from that event.