

February 28,
2022

BC Athletics Officials' Newsletter

Good things are coming!



Covid Competition Protocols

Reminder – Guidelines and Protocols for Competition can be found here:

bcathletics.org

Remember to keep informed about the latest Covid updates as they affect Athletics, by checking the BC Athletics website.

Remember that Athletics Canada requires Proof of Vaccination at all their in-person events, courses and seminars. This mandate also includes the National Championships which, this year, will take place in Langley, June 22 to 26.

Official's Development

Your Branch Officials' Committee for 2022

Brian Thomson - Committee Chairperson

Bill Koch

Marnie Benz

Carol Cull

John Cull

Cheryl Elke

Wayne Elke

Dawn Driver

Debbie Foote

Anthony Thomson

Jasmine Gill – BC Athletics representative to the Committee

We welcome the following BC Officials who have volunteered their time and expertise to work with the Committee: Urith Hayley, Lanie Man, Zacharie Durand, Reg Harris, Aileen Lingwood, Norma Love-Pankonin, Rick Rathy, Ina Wallace, Debora Carter, Maxine Siklenka.

Wanting to Upgrade your Certification??? Please, look at the following information!

- Evaluations and Mentoring will take place as circumstances allow. Don't forget to complete the Upgrading Tracking form (<https://www.cognitofrms.com/BCAthletics1/OfficialsUpgradingTrackingForm>), if you require evaluations or credits for upgrading in the coming season.
- If you have already completed the requirements for Upgrading contact Cheryl at wcelke@shaw.ca. More information can be found on the Officials' page of the BC Athletics website.
- You can also speak with your local regional development coordinator if you have any questions.
- Coordinators in the Interior – Greg Nicol – Kamloops - (gregorylnicol136@gmail.com), Marnie Benz – Kelowna - (m.benz@shaw.ca)
Coordinators on the Island – Vince Sequeira (vince.sequeira@shaw.ca), Brian Thomson (bthomson@alantem.ca), Todd Blumel (toddler@shaw.ca)
Coordinators in the Lower Mainland – Carol Cull (carolcull@telus.net), John Cull (johncull@telus.net)
Coordinator for Zones 7 and 8 TBA

Travel Expenses (the figures quoted below are now under review due to the rising cost of fuel)

BCA Officials Committee is approving local travel expenses for payment in the usual way.

Current rates are: Travel within Local Region \$.30 per km, with a carpool \$.40

For information and claim form, please visit: www.bcathletics.org/officials/ Select OFFICIALS EXPENSE CLAIMS

No authorization is required for travel expense claims within your local region. Please use the available form on the webpage.

Send directly to John Cull (johncull@telus.net). John asks that you clearly itemize each event attended with specific mileage for that event. Submit travel expense forms within 30 days of the event. Questions??? Ask John!


Officials’ Memberships

If you have not already done so, now is the time to renew your membership with BC Athletics for the competition year 2022. Those Officials who belong to an Athletics’ Club will usually have their membership application looked after by the registrar for your Club. Those of you who do not belong to a Club will apply to BC Athletics directly. Please note that the fee for membership has been increased for 2023. The fee for 2022 remains the same as previous, \$15.75.

Many of you will be receiving a note from Sam Collier at BC Athletics about getting your Criminal Record Check completed. This can be done online, but you will need to use your BC Services Card. Some of you will have a separate BC Services Card and some of you will have this card as part of your BC Driver’s Licence. The BC Services Card App is required to complete the process.

Official’s Record Card

It is important that Officials keep a record of their attendance at all Competitions. The Record Card below will help you to do this.



Officials Event Record Card

Name: _____ BC# _____
 Address: _____
 Phone: _____

Sample of completed card (below)

| Date | Type | Name of Meet | Position | Hours | Credits | Referee's Signature |
|-----------|------|---------------------|-----------------|-------|---------|---------------------------|
| Jun 05 13 | NC | Hery, Jerome | Pole Vault (Ch) | 5 | 2 | <i>Joe Bannardale (R)</i> |
| Jan 10 13 | N | Knights of Columbus | High Jump (S) | 3 | 1 | <i>Stan, Tomper (Ch)</i> |
| May 26 13 | Pro | BC High School | High Jump (Ch) | 3 | 1 | <i>Joe Bannardale (R)</i> |
| Feb 10 13 | N | Clicic | Vertical Jumps | 2 | 1 | <i>K. Stan (Chairman)</i> |

Codes:
 Type of Meet: NC - National Championship, N - National, P - Provincial or Local
 Position: C - Chief, AC - Assistant Chief, R - Referee, AR - Assistant Referee, J - Judge

Credit Information: 1 credit = 4 hrs. or up to 4 hrs. per session, maximum 3 credits per day

NB: The time may include pre and post event preparation. A copy of this card must be completed and returned to the BC Athletics Officials Committee (Upgrading Coordinator) with an upgrading application form for upgrading purposes. The deadline for Levels 3, 4 and 5 applications is September 10th and March 10th of each year.

Officials Event Record Card

This list identifies basic upgrading criteria at each level. For a more detailed list of criteria and information on the upgrading process please see the BC Athletics Officials Website.

- Promotion to Level 1**
 - On-line Module 101
 - 4 credits—dash, throws, vertical jumps and horizontal jumps
- Promotion to Level 2**
 - On-line Module 201
 - 8 sessions—2 sessions in each of track, throws, vertical jumps and horizontal jumps
 - Confirmation by mentor
- Promotion to Level 3**
 - 1 year service at Level 2
 - 8 credits (as Chief or Assistant Chief) and 8 other credits
 - National Open Book Exam
 - 2 written evaluations
- Promotion to Level 4**
 - 2 years service at Level 3
 - 24 credits (8 from N or NC) as Chief, Assistant Chief or Section Head
 - National Clinic and assignment
 - 2 written evaluations
- Promotion to Level 5**
 - 3 years service at Level 4
 - 36 credits (8 from N or NC) as Chief, Assistant Chief or Section Head
 - 2 written evaluations

Ensure that all meet credits entered on this card are signed by the event chief or referee. BC Athletics membership is required for upgrading (all levels).

BC Athletics
 3713 Kensington Ave, Burnaby BC V6B 6A7
 Website: www.bcanthletics.org Phone: (604) 333-3550
 E-Mail: bcanthletics@bcanthletics.org Fax: (604) 333-3551

| Date | Type | Name of Meet | Position | Hrs | Credits | Referee's Signature |
|------|------|--------------|----------|-----|---------|---------------------|
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Updated: April, 2021

This Record Card is available on the Forms tab of the Officials’ section of the BC Athletics website. Those Officials who wish to upgrade in more than one event discipline should consider using a separate card or printed record page for each of those disciplines. As an example, if you wanted to upgrade as both a Walks Judge and a Horizontal Jumps Judge, you would use a card to record your credits for Walks and use a separate record card to record your hours and credits for Horizontal Jumps.

Technical Corner

The Canadian Outdoor Track and Field Championships are being held in Langley, BC, June 23 to 26, 2022 with the Racewalk portion of the event being held at the Mission Raceway in Mission, BC on June 22nd. The 2023 Nationals will also be held in Langley from July 27th to 30th.



Training

Officiating Para Athletic Events Webinar Series (2022)

The BC Athletics Officials Committee Development Working Group invites officials to the Officiating Para Athletics Events Webinar Series (2022).

This training series is targeted to officials at levels 2 through 5 who have a requirement and/or interest in officiating Para athletic events. It will be of particular interest to officials scheduled to officiate at the Canadian Track and Field Championships in Langley, June 22-26, 2022.

The first two excellent Webinar Sessions were held on February 16th and February 23rd. Fannie Smith presented us with an informative introduction to Para Athletics.

For those who missed these sessions or would like a review, they can be viewed by clicking on the following links:

Intro to Para Athletics for Officials part 1

<https://us02web.zoom.us/rec/share/Uivdld7EBtPaul8i5KFtEUqqaVnv8AazYTU-FGQ5RYpfgPKaD44sUQt-spODisoM.77WX7ZUuc7VNjye5?startTime=1645818540000> (Passcode: G8r?\$bP?)

Intro to Para Athletics for Officials part 2

https://us02web.zoom.us/rec/share/cn-t-QQ_gG1zepUloa2B_qN2YKgwvCYzEOXYOxY6N_8tSK0fwbjLGfA5_M7DbeIG.6sqlDBo2qEhNCWI9?startTime=1645731566000 (Passcode: L&7&pi@N)

The next Webinars in the series will be:

| | | |
|----------------------------|--|---|
| March 9, 7:00pm to 8:00pm | Introduction to Para Athletics – Track | Hosted by David Weicker and Jerry Clayton |
| March 23, 7:00pm to 8:00pm | Introduction to Para Jumps | Hosted by Louise Buskas and Jerry Clayton |
| April 12, 7:00pm to 8:00pm | Introduction to Para Throws | Hosted by Louise Buskas and Jerry Clayton |

Other Webinar Sessions in the series, to follow.

The purpose of the webinar series is to raise awareness and provide knowledge of the major rules for officiating para events.

You can use this link to register for the Webinars.

<https://www.bcathletics.org/Content/clinics-and-workshops/259/>

Please note that sessions are limited to **50** participants.

In Touch

Our Latest Feature by Lanie Man

FOCUS

Do you remember the buzz in the air and the exciting thrill entering a stadium during a track meet? You can still hear the distant cheering crowd in your memory.

It is the joy of coming together of different groups of people. The athletes, the spectators, the volunteers. Yet who are the unsung heroes, without whom, the meet would not materialize? It is not the organizers, nor the athletes, nor the spectators. The Officials who do their jobs quietly and efficiently, who tirelessly are there every weekend at each competition – they are the backbone of this sport.

The BC Athletics Officials are volunteers. They come from diverse backgrounds and are bound together with a common interest in volunteerism, love of the sports, and the camaraderie within.

Through this new Feature section in our Newsletter, we would like to put a spotlight on our Officials. Each edition we will feature a different Official and get to know the person beyond the white uniform.

GETTING TO KNOW ... BILL KOCH



Bill Koch is a retired clinical/forensic psychologist and clinical professor from UBC Psychiatry. His current Affiliate Clubs are NorWesters/Universal Athletics

Bill is a Level 5 Starter and a Level 3 Starter's Assistant. He has been a BC Athletics official for 16 or so years, *"but who's counting?"*

To Bill, Athletics is *"A means, through sport, to work towards and achieve personal goals."* His favorite events are *"the sprints and hurdles - where the action starts fast and there is a lot of tension leading up to the gun; kind of like a suspense novel, just before the protagonist avoids death. ;>).*

What started you into Officiating?

"I had a daughter (jumper/sprinter) for whom I was an every weekend track gear Sherpa (a heavy bag of different shoes, warmups, etc.) Lindsey's track gear Sherpa was my identity for many years."

Were you an athlete yourself?

"Okay, sort of. Not in T&F. Middling good baseball player (good enough to draw the attention of a major league scout), pretty good football player (could have played with a lower NCAA Division II or III school). But I chose to not pursue either as I was more of an academic than a jock."

What has kept you in this officiating field for this many years?

"Inertia - well, not entirely. I got involved because of my daughter, enjoyed the social connection and sense of giving back to others, also very much enjoyed the social connections as officials (and coaches, and athletes) were engaged in a joint endeavor - as Iain Fisher would say to create the "perfect" track meet."

When asked what his notable involvements are, *"I don't think that anything I have achieved in T&F is notable. I have been a starter, SA, and Starts Referee when drafted under certain circumstances. I have had many nice interactions with other officials, athletes, coaches, and spectators."*

What are some of your most memorable experiences as an Official?

"There are very many. I think back to the 2019 BCHS championships in Kelowna when I was Starts Referee in 35 degree temperatures and having to multi-task as an SA (we were a bit short that weekend) and it was a remarkable high. Or helping a panicking relays athlete who had been given a set of shoes with no spikes that I bailed out at the BCHS call room one year.

Or signing off on some Canadian records for Evan Dunfee in 2021 (before he won bronze in the Tokyo Olympics) and his courteous thank you. Too many good memories to enumerate."

We can sense that Bill really enjoys being an Official. *“I was a psychologist, academic, researcher, professional regulator, administrator, and forensic evaluator for many years, so I have had lots of other ways of feeling useful - but being an Athletics Official is a unique arena of contribution.*

The sense of community, the sense of being useful, the good fellowship, the sunshine (at least most of the time), the multiple thrills I have experienced at athletes' achievements...list goes on and on.”

What are your Hobbies?

“I am in the gym 6 days a week, cook for family and friends a lot, read a great deal and write a lot of fiction.”

His future plans –

“Currently retired from psychology, I have a first draft of a psychological crime novel waiting for the first run-through of revision and editing (beginning March 1, 2022), and multiple short stories that I am submitting to journals and contests, and will otherwise be doing what other 70-year-olds do - keep track of my wife, daughters, cats, and friends, do household projects, and deal with the minor aches of aging.

Oh, and I'm probably supposed to say here that I plan on finishing off Level 4 SA and Level 4 Call Room Judge. And yes, there is that knee replacement surgery coming up; it is hell getting old.”

What advice would you give to people who are new to officiating or interested in officiating?

“It is pretty old and very trite but find some area of officiating you enjoy and then thrive in it. Be as good as you can be and allow the act of officiating and the few minutes of calm between events to allow you to think about the benefits of being alive. After all, we are all here for a good time, not a long time, right?”



One of Bill and Margaret's lovely felines, Gatsby.

Coming on March 31st from 7:00pm to 8:00pm

A TOWN HALL MEETING

A one-hour video conference for all BC Athletics Officials to hear about Officiating Programs in 2022.

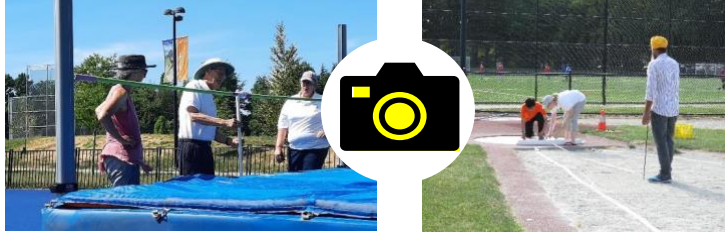
Listen and be heard. This is your chance to dialogue with all participating members, have your questions answered and your concerns aired.

A link to this meeting will be sent to all BC Athletics Officials prior to March 31st.

The BC Athletics Officials Committee

WE NEED YOU!

Calling all BC Athletics Members, for a 2022 Season Assignment.



The Recruitment Working Group of the BC Athletics Officials Committee is working on putting together a short video that shows how FUN and EXCITING being an Official can be —for use in the recruitment of prospective officials.



Think of the Catch Phrase “THIS COULD BE YOU”.

We are asking all officials (when you can without compromising the competition), to take short videos of fellow officials while conducting our various disciplines.

For example, Finish Line, Umpire, Start Line, Call Room, Marshalling, Throws and Jumps judge, measuring sectors, measuring jumps or throws etc.



Instructions:

- Use your smart phone in the Horizontal Position to capture Photos and Videos.
- VIDEO IS PREFERRED FOR THIS SPECIAL RECRUITMENT PROJECT – although photos will be used as well!
- Catch people active and smiling!
- Photo and Video material submitted by June 30, 2022 will be used in the RECRUITMENT Video.
- All material submitted for the remainder of the season will be part of the 2022 ANNUAL OFFICIALS Video.
- Please submit all Videos and Photos to: 2022officials@gmail.com

**The images submitted may be used in other presentations, training and social media posts. Credit will be given when images used. Please include your name in the filename so we can give you credit.*



Officiating Q & A

Questions

Rule Numbers used are those cited in the 2020 World Athletics Competition and Technical Rules manual.

The New WA Rule Books for 2022 will be available soon. All Registered Officials, Levels 2 and up will receive a copy.

Q 1

In which events should a Wind Sock be displayed?

- a) Pole Vault and High Jump events
- b) Pole Vault and Javelin events.
- c) All Jumping events as well as Discus and Javelin events

Q 2

It is the third leg of the 4X400m relay race. The athletes waiting their turn at the exchange line are in the order of the running athletes entering the last bend. Just as the running athletes enter the straight, the team positions change, and a new leader has emerged. What do the waiting runners do?

- a) remain in the position, inside to outside, as the teams were ordered entering the last bend.
- b) quickly exchange positions to reflect the order of the athletes as they come to the takeover zone.
- c) order themselves in the lane position assigned at the beginning of the race.

Q 3

What is the maximum thickness of the heel of the shoe used by an athlete in a Javelin event?

- a) Any thickness.
- b) 13mm
- c) 19mm

With Much Appreciation for Your Help

Don't forget - If you have ideas, pictures, thoughts on items for inclusion in this Newsletter please send your submissions to carolcull@telus.net.

Event: Race Walk
Sponsored by: Race Walk West and UBC
Date: Saturday, February 5, 2022
Location: Rashpal Dhillon Track and Field Oval
 UBC Campus (Wesbrook/16th Ave.)

Many thanks to:

Iain Fisher, Deborah Carter, Carol Parsakish, Marina Khrisanova, Jake Madderom, Brenda Chinn, Sanda Turner, John Cull, Carol Cull

Officiating Opportunities

Please come lend a hand. Send me a note to let me know if you are available in the Lower Mainland.

We need help for the Meets listed below!

*** It is Important that Officials coming to Meets check the Organizer's website the night before the Meet as Schedules can Change ***

! Please note that the March 12, Marek Jedrzejek Open has been cancelled !

Event: **Langley Mini Meet**
Sponsored by: Langley Mustangs Track and Field Club
Date: Saturday, March 5, 2022
Location: South Surrey Athletic Park

Times:

Track

First Event: 11:00am

Last Event: 12:30pm

Field

High Jump: 10:30, 12:00

Officials who have committed to attend:

John Cull, Carol Cull

Event: **SFU**
Sponsored by: SFU Track and Field Team
Date: Saturday, March 19, 2022
Location: SFU

Times:

TBA – We have been told this will be a Meet beginning about 1:00pm and no more than 3 hours in length. The schedule is not yet available.

Officials who have committed to attend:

Gary Silvester, Brenda Chinn, Dawn Driver, Zach Durand, Iain Fisher, Jake Madderom, Laurie Richie

Event: **Ocean Athletics Spring Kickoff Event**
Sponsored by: Ocean Athletics Track and Field Club
Date: Saturday, March 19
Location: South Surrey Athletic Park

Times:

Track

First Event: 10:30am

Last Event: 1:30pm

Field

High Jump: 10:30, 11:30, 1:00pm

Long Jump: 11:30 (4 pits), 1:00pm

Officials who have committed to attend:

Cathy Carr, Sharon Hann, Maureen de St. Croix, Ted de St. Croix

Event: **2022 UBC Open**

Sponsored by: UBC
Date: Saturday, March 26 and Sunday, March 27, 2022
Location: Rashpal Dhillon Track and Field Oval
 UBC Campus (Wesbrook/16th Ave.)

Both Decathlon and Heptathlon competitions will be held. Sunday events are Dec and Hep events only.

Times:

Track

Saturday

First Event: 11:00am (*please note this is a Racewalk and Walks Judges will be needed for this Meet*)

Last Event: 6:20pm

Sunday

First Event: 10:00am

Last Event: 1:45pm

Field

Saturday

Hammer: 10:10, 11:10

Discus: 12:10, 1:10

Javelin: 2:30, 4:00

Shot Put: 2:35, 3:35

High Jump: 11:15, 12:50, 1:30, 4:25

Pole Vault: 10:30, 12:30

Long Jump: 11:15, 1:05, 1:55

Triple Jump: 4:10

Sunday

Discus: 10:30

Javelin: 12:00, 12:30

Pole Vault: 11:30

Long Jump: 11:00

Officials who have committed to attend:

Dawn Driver, Iain Fisher, Rose Hare, Kathleen Henderson, Jake Madderom, Carol Parsakish (Sat.), Laurie Ritchie, John Cull, Carol Cull

Event: **2022 Vancouver Olympic Club Elementary & High School Track Meet**

Sponsored by: Vancouver Olympic Club

Date: Friday, April 22nd and Saturday, April 23rd, 2022

Location: Swangard Stadium
 Burnaby, BC

Times:

Track

Friday

First Event: 3:00pm

Last Event: 6:50pm

Saturday

First Event: 10:00am

Last Event: 5:45pm

Field

Friday

Long Jump: First event – 3:00pm, Last event – 7:00pm

High Jump: First event – 3:00pm, Last event – 7:00pm

Shot Put: First event – 3:00pm, Last event – 7:00pm

Saturday

Long Jump: First event – 10:00am, Last event – 4:30pm

Triple Jump: 3:00pm

High Jump: First event – 10:00am, Last event – 2:00pm

Shot Put: First event – 10:00am, Last event – 2:00pm

Officials who have committed to attend:

Deborah Carter, Iain Fisher, Rose Hare, Kathleen Henderson, Jake Madderom (Fri.), Laurie Ritchie

Event: Carmyn James UBC Open
Sponsored by: UBC
Date: Saturday, April 23rd, 2022
Location: Rashpal Dhillon Track and Field Oval
 UBC Campus (Wesbrook/16th Ave.)

Times:

Schedule not yet available

Officials who have committed to attend:

Event: Universal's April Opener
Sponsored by: Universal Track and Field club
Date: Sunday, April 24, 2022
Location: North Delta Track and Field Facility
 North Delta Secondary School
 11447 82nd Avenue
 Delta, BC

Times:

Track

First Event: 9:30am

Last Event: 2:15pm

Field

High Jump: 10:00, 11:15, 12:30, 1:15

Long Jump: 10:00, 11:00, 12:00, 1:00

Shot Put: 10:00, 11:00, 12:00, 1:00

Discus: 10:00, 11:00, 12:00, 1:00

Hammer: 2:00

Officials who have committed to attend:

Deborah Carter, Kevin Kydd, Sue Kydd, John Cull, Carol Cull

There are many more Meets to come. For a more complete list of events, please see the BC Athletics website under 'Officials'.

The next Newsletter will post more Meets with their Schedules.

Be Well! Stay Safe!

Carol

Officiating Q & A Answers

A1

- c) (Rule #TR25.4.2) One or more wind sock(s) should be placed in an appropriate position in all jumping events,

Discus Throw and Javelin Throw.

A2

a) (Rule #TR48.4)

A3

a) (Rule #TR5.5)