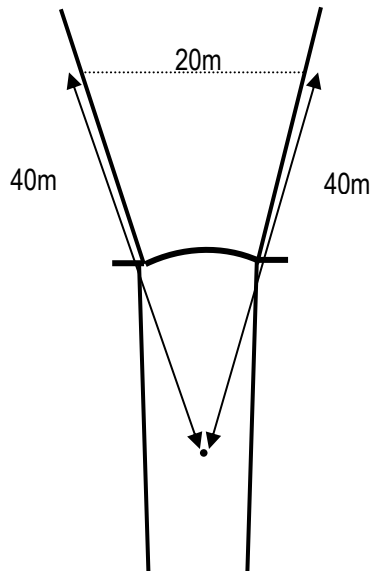


Quick Guide Javelin¹

The purpose of officiating is to create a fair and welcoming environment for the competition. An official is impartial, non-intrusive, and aware at all times of events in the competition area. Officials contribute to the athletes' positive experience of the event.

Site Preparation: (at least 1 hour prior to start of Competition)

- Layout out sectors if not done. If done check to make sure correct.
- (Rule TR 32.12.2) The landing sector shall be marked with white lines 50mm wide such that the inner edge of the lines, if extended, would pass through the two intersections of the inner edges of the arc, and the parallel lines marking the runway and intersect at the centre of the circle of which the arc is part. The sector angle is thus 28.96°.
- Make sure that that the throwing area is safe for athletes, coaches, parents and officials.**
- Assign duties and positions to Judges (2 minimum) and Volunteers (2 minimum) as per diagram attached.
- Make sure that you have at least the following:
100m tape, marker, wind sock, broom and towels for cleaning the circle, World Athletics Rule Book



Implements: (minimum of 2 for the age group competing)

- (Rule TR 32.1) In all competitions, the implements used shall comply with World Athletics specifications. Only implements which hold a current valid World Athletics Product Certificate may be used.
- (Rule TR 32.2) Except as provided below, all such implements shall be provided by the Organising Committee. The technical Delegate(s) may, based on the relevant technical Regulations of each competition, allow athletes to use their own implements or those provided by a supplier, provided that such implements are World Athletics certified, checked and marked as approved by the Organising Committee before the competition and **made available to all athletes**.
- (Rule TR 32.3) No modification shall be made to any implements during the competition.

BOYS		GIRLS	
9 years	N/A	9 years	N/A
10-11 years	400 g	10-11 years	400 g
12-13 years	500 g	12-13 years	400 g
U16 (14-15 years)	600 g	U16 (14-15 years)	500 g
MEN		WOMEN	
U18 (16-17 years)	700 g	U18 (16-17 years)	500 g
U20 (18-19 years)	800 g	U20 (18-19 years)	600 g
Open (20+ years)	800 g	Open (20+ years)	600 g
MEN (MASTER)		WOMEN (MASTER)	
35-49 years	800 g	35-49 years	600 g
50-59 years	700 g	50-59 years	500 g
60-69 years	600 g	60-74 years	500 g
70-79 years	500 g	75+ years	400 g
80+ years	400 g		
HIGH SCHOOL MEN		HIGH SCHOOL WOMEN	
Grade 8	600 g	Grade 8	500 g
Junior (Grade 9 & 10)	700 g	Junior (Grade 9 & 10)	500 g
Senior (Grade 11 & 12)	800 g	Senior (Grade 11 & 12)	600 g

Updated July 3, 2015

GENERAL Instruction for Official's in running the event

Address the Athletes prior to Warm-Up:

- Define the Competition Area.
- Establish the number of practice throws (1 – 4) as time allows.
- Advise Athletes of Competition Start time.
- (Rule TR 5.7) Athletes have the option of wearing only one Competition Number on front or back as preferred.
- (Rule TR 5.8) No athlete shall be allowed to take part in any competition without displaying the appropriate bib(s) and/or identification.
- (Rule TR 5.2) Athletes may wear one shoe, two shoes or no shoes.
- (Rule TR 25.5) Competitors compete in the order indicated on the start list, except as altered by the Chief Judge for an excused absence.
- (Rule TR 32.18) After each throw, implements shall be carried back to the area next to the runway and **never thrown back**.

Address the Athletes prior to Competition:

- Define the 'Coaching Area'.
- Review Timing Rules and General Rules of Competition.
- Athletes may pass at any attempt.
- Athletes have the option of wearing only one Competition Number on front or back as preferred.
- Trials: For athletics 13 and under will receive 3 attempts only. For athletics 14 and older shall receive 3 attempts with the top 8 getting three additional attempts.
- In Combined Events only 3 attempts.
- Go over the rules of the event.

Recording, Scoring and Ties:

- (Rule TR 25.7) Recording:
Valid trial shall be indicated by a **measurement taken**. For the standard abbreviations and symbols to be used in all other cases, see Rule CR 25.4 of the Competition Rules.
A failure shall be indicated by the symbol "X"
If the athlete forgoes a trial (a pass) it shall be indicated by the symbol "-"
- Athletes may pass any round
- (Rule TR 25.22) If there is a tie for 1st place use next best attempt.

Measurements:

- (Rule TR 32.19) In all throwing events, distances shall be recorded to the nearest 0.01m below the distance measured if the distance measured is not a whole centimeter.
- (Rule TR 32.20) The measurement of each throw shall be made immediately after each valid trial.

- (Rule TR 32.20.2) From where the head of the javelin first struck the ground to the inside edge of the arc, along a line to the center of the circle of which the arc is part.

Markers:

- (Rule TR 25.3.1) For javelin where a runway is used, markers shall be placed alongside it. An athlete may use one or two markers (supplied or approved by the Organising Committee) to assist him in his run-up. If such markers are not supplied, he may use adhesive tape but not chalk or similar substance nor anything which leaves indelible marks. Each marker shall be composed of a single piece only.

Timing:

- (Rule TR 25.17) Time commences when an indication is made to the Athlete that all is ready for his trial (usually the removal of a cone or name called).
- The Timing Judge will indicate 15 sec. is remaining with the raising of a yellow flag.

Number of Competitors	Individual and Combined Throwing Events
More than 3	1 minute
2 or 3	1 minute
1 or Consecutive Trails	2 minutes

Assistance:

The following shall be considered assistance and are therefore **not allowed**: (Rule TR 32.4)

- (Rule TR 32.4.1) The taping of two or more fingers together. If taping is used on the hands and fingers, it may be continuous provided that as a result no two or more fingers are taped together in such a way that the fingers cannot move individually. The taping should be shown to the Chief Judge before the event starts.
- (Rule TR 32.4.2) The use of any device of any kind, including weights attached to the body, which in any way provides assistance when making a trial.
- (Rule TR 32.4.3) The use of gloves.

The following shall not be considered assistance and are therefore **allowed**: (Rule TR 32.5)

- (Rule TR 32.5.1) The use by an athlete, in order to obtain a better grip, of a suitable substance on his hands only.
- (Rule TR 32.5.3) The use of taping on the hands and fingers that is not in contravention of Rule TR 32.4.1.

The Competition:

- (Rule TR 38.1) The javelin shall be held at the grip with one hand only. It shall be thrown over the shoulder or upper part of the throwing arm and shall not be slung or hurled. Non-orthodox styles are not permitted.
- (Rule TR 38.2) A throw shall be valid only if the metal head strikes the ground before any other part of the javelin.
- (Rule TR 38.3) until the javelin has been thrown, an athlete shall not at any time turn completely around, so that his back is towards the throwing arc.
- (Rule TR 38.4) If the javelin breaks during a throw or while in the air, it shall not count as a failure, provided the trial was otherwise made in accordance with this Rule. Nor shall it count as a failure if an athlete thereby loses his balance and as a result contravenes any part of this Rule. In both cases the athlete shall be awarded a replacement trial.

Trials:

- (Rule TR 32.13) In javelin throw implements shall be thrown from a runway.
- (Rule TR 32.15) In the course of a trial and the rules relative to javelin have not been infringed, an athlete may interrupt a trial once started, may lay the implement down inside or outside the runway and may leave the runway. When leaving the runway he shall step out as required in Rule TR 32.17 before returning to the runway to begin a fresh trial. All the moves permitted by this paragraph shall be included in the maximum time for a trial given in Rule TR 25.17.

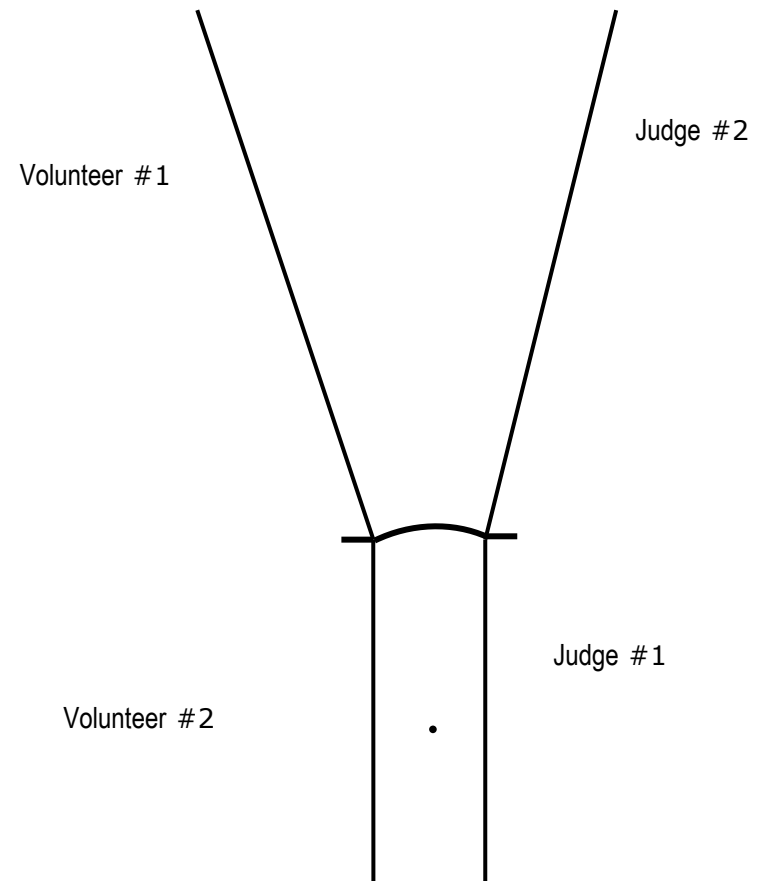
It shall be a failure if an athlete in the course of a trial:

- (Rule TR 32.14.1) Releases the javelin other than as permitted under Rules TR 38.1.
- (Rule TR 32.14.4) In the Javelin throw, touches with any part of his body the lines which mark the runway or the ground outside.
- (Rule TR 32.15) Provided that, in the course of a trial, the Rules relative to each throwing event have not been infringed, an athlete may interrupt a trial once started, may lay the implement down inside or outside the runway and may leave it. When leaving the runway he shall step out as required in Rule TR 32.17 before returning to the runway to begin a fresh trial. Note all the moves permitted by this paragraph shall be included in the maximum time for a trial given in Rule TR 25.17.
- (Rule TR 32.17.2) In the case of the Javelin throw, if, when leaving the runway, the athlete's first contact with the parallel lines or the ground outside the runway is not completely behind the white line of the arc or the lines drawn from the extremities of the arc at right angles to the parallel lines. Once the implement has touched the ground, an athlete will also be considered to have left the runway correctly, upon making contact with or behind a line (painted, or theoretical and indicated by markers beside the runway) drawn across the runway, four metres back from the end points of the throwing arc. Should an athlete be behind that line and inside the runway at the moment the implement touches the ground, he shall be considered to have left the runway correctly.

Roles of the Judges and Volunteers

- Judge #1
- Chief
 - Assigns roles
 - Addresses Athletes
 - Oversees competition
 - May use 'Fair' (white) and 'Foul' (red) flags
 - Call up
 - Times the trial
 - Watches for arm and foot fouls
 - Reads the tape
 - Records Results
- Judge #2
- Field Judge outside the Sector
 - Marks where the implement first lands
 - May use 'Foul' (red) flag
 - Calls flats
 - Makes sure that Volunteer #1 has the tape in the right location while the distance is being measured
 - Makes sure that the tape is straight between marker and the centre of the circle while the distance is being measured
- Volunteer #1
- In the Field
 - Holds the zero end of the tape outside of the sector
 - Brings the tape into the sector and places the tape by the marker as indicated by Judge #2
- Volunteer #2
- Beside the runway
 - Holds the reel end of the tape
 - Pulls the tape through the center of the arc

Positions of the Judges and Volunteers



Note: For additional information on running an event go to the BC Athletics website under Officials Technical Info