



## **Run Jump Throw Wheel Instructor Course**

**Friday October 20 & Sunday October 22, 2017**

Minoru Park, Richmond, BC

Hosted by: BC Athletics & Kajaks Track and Field Club

**RunJumpThrowWheel (RJTW)** is a national program that uses track and field games and activities to teach the fundamental movement skills of running, jumping, throwing, and wheeling. Regardless of whether you're a sports coach, recreation leader, teacher, or parent, this course will give you the skills to encourage physical literacy in all the youths in your life!

**Date:**

Friday October 20 & Sunday October 22, 2017

9am – 6pm

**Location:**

Minoru Oval

7191 Granville Avenue

Richmond, BC

V6Y 4G2

**Cost:**

BC Athletics Members: \$80 (This is a 20% discount!)

Non-BC Athletics Members: \$100

**Registration Deadline:**

Date: Thursday October 19, 2017

Time: 11:59pm

To register, go to:

<https://www.trackie.com/online-registration/event/nccp-run-jump-throw-wheel-instructor-course/19340/#.WeWCcVuPL3g>

For more information, contact Sabrina Nettey at:

(604) 333 – 3554 or [sabrina.nettey@bcathletics.org](mailto:sabrina.nettey@bcathletics.org)

Can't wait to see you there!