

BC Athletics Track and Field -- Junior Development -- All Time Top Ten Performances -- as of 201
12 YEAR OLD GIRLS

100m				
1	Vuu	Sandra	88	VOCA 12.3
2	Nettey	Sabrina	02	SFTC 12.64
3	Dulay-McGuire	Alysssa	15	COQC 12.67
4	Mensah	Yvonne	97	SFTC 12.72
5	Polman-Tuin	Connie	74	PRTC 12.6
5	Noel	Camille	86	VOCA 12.6
7	Jackson	Natalie	94	BBYS 12.7
8	Nijjar	Jasneet	13	UATH 12.95
9	Vlahovic	Katarina	12	UATH 13.02
10	Flukinger	Danielle	03	KAML 13.03

300m (new in 2011)				
1	Nijjar	Jasneet	13	UATH 41.27
2	Dulay-McGuire	Alysssa	15	COQC 43.05
3	Lenton	Jade	15	GOLD 43.48
4	Sabet	Lana	15	SFTC 43.77
5	Ogbbiwi	Samantha	14	OATF 43.80
6	Vlahovic	Katarina	12	UATH 43.97
7	Kleinschmidt	Taylor	17	OATF 44.36
8	Steer	Danielle	11	OATF 44.40
9	Matthews	Thea	12	VTFC 44.45
10	Eisses	Loren	17	TBIR 44.62

1200m (new in 2011)				
1	Baechler	Maya	17	TBIR 3.44.49
2	Heisterman	Madison	12	NTFC 3.46.26
3	Smith	Cayla	13	OATF 3.50.52
4	Issel	Haley	17	OATF 3.52.60
5	Kalisch	Milena	15	SFTC 3.53.63
6	Madsen	Ella	17	COQC 3.55.40
7	Lewis	Kendra	14	VOCA 3.56.31
8	Steer	Danielle	11	OATF 3.57.65
9	Klause	Juane	16	CHWK 3.58.08
10	Mussche	Brooke	13	LANG 3.59.12

200m Hurdles (Height change in 2000)				
1	Dulay-McGuire	Alyssa	15	COQC 28.53
2	Nijjar	Jasneet	13	UATH 28.62
3	Arrais	Amanda	01	VTFC 29.80
4	Hoey	Makayla	11	OTFC 29.81
5	Cho	Stephanie	09	VOCA 29.87
6	Parker	Kendra	00	CXVC 29.90
7	Wallbank	Charlene	00	RR 30.00
7	Vucko	Tanya	01	VTFC 30.00
9	Cyr	Lindsay	17	OATF 30.08
10	Steer	Danielle	11	OATF 30.12

High Jump				
1	Charlesworth	Emily	04	CR 1.62
2	Kempf	Kelly Anne	82	LM 1.60

200m	
1	Nettey
2	Noel
3	Middlemass
4	Vuu
5	Payne
6	Bayley
7	Dulay-McGuire
8	Mensah
9	Nijjar
10	Corrales-Nelson

800m	
1	Bennett
2	Heisterman
3	Peterson
4	Baechler
5	Duncan
6	Noel
7	Walker
8	Bassett
9	Wilkinson
10	Kempf

80m Hurdles	
1	Dulay-McGuire
2	Thiele
3	Mensah
4	Nijjar
5	Watts-Wattling
6	Monro
7	Dreger
7	Kang
9	Vlahovic
10	Brisotto

800m Race Walk	
1	Chestnut
2	Lundman
3	Phillips
4	Bennie
5	Cruikshank
6	Andersen
7	Gaby
8	Haintz
9	Sayah
10	Lenz

Long Jump	
1	Nettey
2	Obioha

2	Hoey	Chelsea	09	OTFC	1.60
4	Payne	Gabrielle	01	KAJ	1.57
5	Nettey	Sabrina	02	SOF	1.56
5	Vicic	Amy	08	OA	1.56
7	Beers	Emily	96	CC	1.55
7	Bayley	Krysha	96	CC	1.55
7	Pichor	Chelsea	96	AVF	1.55
7	Murphy	Katherine	02	VTF	1.55
7	Nettey	Christabel	03	SOF	1.55

Shot Put -- 3kg (new in 1998)

1	Montgomery	Megan	01	NORW	10.79
2	Graf	Serena	06	SFTC	10.34
3	Payne	Gabrielle	01	KAJ	10.30
4	Forsyth	Isabelle	15	OATF	10.06
5	Cyr	Lindsay	17	OATF	9.88
6	Richardson	Leigh	06	NAN	9.80
7	Wideski	Victoria	16	KJAK	9.77
8	Duchesne	Nicolette	14	OATF	9.77
9	Akhurst	Ayla	06	CR	9.62
10	Mrdeza	Stephanie	99	CVAC	9.58

Javelin -- 400g (new in 1998)

1	Denness	Rori	13	OATF	38.02
2	Hunter	Hayley	11	CRVC	33.47
3	Sara	Eniko	14	OATF	32.92
4	Prior	Kandace	03	CRVC	31.39
5	Fraser	Nicole	02	COQC	30.65
6	Green	Katie	03	CXVC	30.37
7	Graf	Serena	06	SFTC	30.19
8	Cathro	Ashley	12	VTFC	29.31
9	Rastad	Julia	14	NORW	28.93
10	Patry-Smith	Jenevieve	13	CITY	28.67

Pentathlon -- 3kg Shot (new in 1998)

	NAME		YR	CLUB	PENT	LJ	HJ
1	Hoey	Makayla	11	OTFC	2898	4.64	1.48
2	Hoey	Chelsea	09	OTFC	2888	4.70	1.60
3	Smith	Kelsey	08	COQC	2544	4.12	1.46
4	Weaver	Katie	09	NORW	2528	4.25	1.44
5	Watts-Watling	Keely	08	KEL	2527	4.59	1.28
6	Lenz	Malia	17	CHWK	2479	3.97	1.45
7	Dreger	Isabella	17	UNBC	2456	4.29	1.36
8	Rastad	Julia	14	NORW	2424	4.32	1.36
9	Wallbank	Charlene	00	RR	2423	4.43	1.35
10	Macgregor	Gabrielle	11	VRTC	2421	3.97	1.27

ARCHIVE - EVENTS THAT HAVE BEEN DROPPED

400m (dropped in 2011)

1	Noel	Camille	86	VOC	0.59.3
2	Middlemass	Keesha	83	KAJ	0.59.4

3	Walker
4	Dulay-McGuire
5	Perreault
6	Lenardon
6	Nelson
8	Hoey
8	Nettey
10	Jackson
10	Griffith
10	Hough
10	Noel

Discus -- 750g (n

1	Forsyth
2	Wideski
3	Dollyy
4	Duchesne
5	Willett
6	Rastad
7	Graf
8	Witzel
9	Wideski
10	Forsyth

Hammer -- 3kg (r

1	MacDonnell
2	Duchesne
3	Dolfo
4	Wideski
5	Witzel
6	Bhandal
7	Malo
8	Tranfield
9	Haintz
10	Kraus

LJ

4.64	1.48
4.70	1.60
4.12	1.46
4.25	1.44
4.59	1.28
3.97	1.45
4.29	1.36
4.32	1.36
4.43	1.35
3.97	1.27

1500m (dropped i

1	Bennett
2	Peterson

3	Ellis	Morgan	04	BBY	1.00.84
4	Duncan	Val	72	NORW	1.01.0
5	Reedy	Debbie	83	VTF	1.01.5
6	Corrales-Nelson	Zion	10	BBY	1.01.84
7	Kempf	Kelly Anne	82	LM	1.01.8
8	Turner	Sara	98	VR	1.02.00
9	McConnell	Rosemary	84	CC	1.02.0
9	Peterson	Laura	84	ABB	1.02.0

3	McConnell
4	Walker
5	Foley
6	Pedersen
7	Boylan
8	Wilkinson
9	Smith
10	Huber
10	Quelch

200m Hurdles (dropped in 2000)

1	Wendt	Maggie	90	NORW	29.6
2	Payne	Chelsea	99	KAJ	29.89
3	Landreville	Kari	88	SOF	29.7
3	Colluney	Michaela	84	SOF	29.7
5	Bayley	Krysha	96	CC	29.8
6	Mensah	Yvonne	97	SOF	30.04
7	Turner	Sara	98	VR	30.16
8	Catchlove	Julie	85	NORW	30.2
9	Le	Teresa	94	SOF	30.3
9	Kring	Sherrill	84	SOF	30.3
9	Regis	Maria	88	LM	30.3

Triple Jump (dropped in 2000)

1	Nettey
2	Kempf
3	Beers
4	Nettey
5	Colluney
6	Darbyshire
6	Perreault
8	Weaver
9	Nelson
10	Semeniuk

Shot Put -- 6lbs (dropped in 1998)

1	Polman-Tuin	Connie	75	PR	10.60
2	Polman-Tuin	Ann	83	PR	10.49
3	Monroe	Nicole	81	PR	10.40
4	Nemberry	Lori	73	AVTC	10.14
5	Wendt	Maggie	90	NORW	9.89
6	Knowles	Caitlyn	97	KAM	9.68
7	Binnie	Angela	77	TRA	9.59
8	MacDougall	Angela	77	SOF	9.59
9	Martin	Linda	78	FLYY	9.54
10	Mosdell	Anna	82	AVTC	9.44

Discus -- 1.0kg

1	Poman-Tuin
2	Polman-Tuin
3	Hughes
4	Martens
5	De Silva
5	Baldwin
7	Landreville
8	Granville
9	Bennett
10	Nosdell

Pentathlon -- 6lb Shot (dropped in 1998)

	NAME	YR	CLUB	PENT	LJ	HJ	
1	Mensah	Yvonne	97	SOF	2699	4.52	1.52
2	Welch	Lauren	97	VOC	2680	4.67	1.41
3	Beers	Emily	96	CC	2646	4.52	1.55
4	DaDsilva	Daniella	87	LM	2644	4.43	1.44
5	Jackson	Natalie	94	BS	2631	4.27	1.40
6	Bayley	Krysha	96	CC	2598	4.57	1.40
7	Hanson-Monnie	Hazel	91	CC	2589	4.00	1.41
8	Nelson	Sarah	97	NORW	2526	4.76	1.38
9	Underdahl	Karlyn	93	VTF	2517	4.22	1.48
10	Wendt	Maggie	92	NORW	2471	4.31	1.39

Sabrina	02	SFTC	25.92
Camille	86	VOCA	25.8
Keesha	83	KJAK	26.0
Sandra	88	VOCA	26.1
Chelsea	99	KJAK	26.37
Krysha	96	COQC	26.3
Alyssa	15	COQC	26.56
Yvonne	97	SFTC	26.62
Jasneet	13	UATH	26.65
Zion	10	BBYS	26.83
Stephanie	96	NORW	2.17.4
Madison	12	NTFC	2.19.91
Laura	84	ABB	2.20.4
Maya	17	TBIR	2.21.05
Val	72	NORW	2.22.6
Camille	86	VOCA	2.23.0
Liza	91	NORW	2.23.6
Miryam	08	NTFC	2.23.94
Bianca	87	ABB	2.24.0
Kelly Anne	82	LANG	2.24.3
Alyssa	15	COQC	12.58
Lisa	83	SFTC	12.4
Yvonne	97	SFTC	12.69
Jasneet	13	UATH	12.73
Keely	08	KEL	12.78
Natalia	13	LANG	12.82
Isabella	17	UNBC	12.84
Karman	15	UATH	12.84
Krysthina	16	UATH	12.87
Nicole	97	KEL	12.93
(new in 1996)			
Jessie	09	OTFC	4.08.24
Olivia	15	NTFC	4.11.54
Jessica	98	OTFC	4.13.0
Tiffany	99	NTFC	4.14.10
Heather	10	AVTC	4.17.61
Marina	12	NTFC	4.17.89
Jacqueline	09	PTFC	4.18.75
Kaia	16	UNBC	4.23.16
Taylor	12	OTFC	4.25.52
Kelly	00	BOW	4.28.89
Sabrina	02	SOF	5.44
Chisom	14	GOLD	5.03

Vikki	72	KAJ	5.02
Alyssa	15	COQC	4.99
Amy	90	TRA	4.86
Teresa	73	TRA	4.84
Sarah	97	NORW	4.84
Makayla	11	OTFC	4.81
Christabel	03	SOF	4.81
Ava	17	BBYS	4.77
Marsha	82	FLYY	4.77
Leslie	67	KAJ	4.77
Camille	86	VOC	4.77

new in 1998)

Isabelle	15	OATF	35.41
Valerie	11	KJAK	31.52
Gabri	13	UNBC	30.69
Nicolett	14	OATF	30.58
Abby	13	PATH	29.72
Julia	14	NORW	29.22
Serena	06	SFTC	29.02
Jessica	00	KJAK	28.44
Victoria	16	KJAK	28.28
Marie Louise	11	TBIR	28.27

new in 1998)

Malorie	98	NTFC	35.21
Nicolette	14	OATF	32.12
Tanika	11	LANG	30.12
Valerie	11	KJAK	30.11
Jessica	00	KJAK	29.65
Jasmin	15	VRTC	29.45
Jessica	02	BCF	27.14
Emily	03	CXVC	27.09
Mateya	13	UNBC	26.36
Sienna	13	RRTF	25.96

SP	80H	800M
8.86	13.31	2.28.44
9.17	13.64	2.38.37
7.30	13.30	2.35.16
6.88	13.34	2.34.50
7.41	13.33	2.35.75
8.42	13.77	2.42.45
7.32	12.84	2.45.03
7.73	13.13	2.49.46
7.04	13.73	2.35.70
8.01	14.07	2.29.70

in 2011)

Stephanie	96	NORW	4.43.8
Laura	84	ABB	4.52.4
			4.52.5

Rosemary	84	CC	4.55.7
Liza	91	NORW	4.57.3
Cindy	85	RMT	4.58.5
Lisa	86	KAJ	4.58.9
Ange	92	SOF	5.00.1
Bianca	87	ABB	5.00.2
Kim	86	KAJ	5.00.9
Stephanie	94	KAJ	5.00.9
Emily	86	KAJ	

opped in 2011) 11.12

Sabrina	02	SOF	10.34
Kelly Anne	82	LM	10.21
Emily	96	CC	10.09
Christabel	03	SOF	10.07
Michaela	84	SOF	9.95
Cheryl	80	PR	9.95
Amy	90	TRA	9.83
Katie	09	NORW	9.82
Sarah	97	NORW	9.75
Jacquie	80	PG	

ropped in 1998) 28.24

Connie	75	PR	27.10
Ann	83	PR	26.16
Jean	88	SOF	25.22
Shona	82	SHD	24.64
Sara	82	VR	24.64
Cindy	72	KAJ	23.66
Kari	88	SOF	23.54
Michelle	86	SOF	23.37
Jennifer	90	VTF	23.36
Anna	82	AVF	

SP	80H	800M
7.68	12.74	2.43.58
7.54	13.38	2.31.47
8.09	13.0	2.50.7
8.66	13.0	2.39.3
7.73	12.9	2.31.0
7.63	12.8	2.40.7
7.25	12.9	2.27.6
8.58	13.98	2.44.3
7.62	13.4	2.42.0
9.89	12.8	2.59.7