

BC Athletics Track and Field -- Junior Development -- All Time Top Ten Performances -- as of 2015

12 YEAR OLD GIRLS

100m				
1	Vuu	Sandra	88 VOCA	12.3
2	Nettey	Sabrina	02 SFTC	12.64
3	Dulay-McGuire	Alyssa	15 COQC	12.67
4	Mensah	Yvonne	97 SFTC	12.72
5	Polman-Tuin	Connie	74 PRTC	12.6
5	Noel	Camille	86 VOCA	12.6
7	Jackson	Natalie	94 BBYS	12.7
8	Nijjar	Jasneet	13 UATH	12.95
9	Vlahovic	Katarina	12 UATH	13.02
10	Flukinger	Danielle	03 KAML	13.03

300m (new in 2011)				
1	Nijjar	Jasneet	13 UATH	41.27
2	Dulay-McGuire	Alyssa	15 COQC	43.05
3	Lenton	Jade	15 GOLD	43.48
4	Sabet	Lana	15 SFTC	43.77
5	Ogbbeiwi	Samantha	14 OATF	43.80
6	Vlahovic	Katarina	12 UATH	43.97
7	Steer	Danielle	11 OATF	44.40
8	Matthews	Thea	12 VTFC	44.45
9	Hoey	Makayla	11 OTFC	44.81
10	Kurucz	Aaryanna	12 UNBC	44.84

200m				
1	Nettey	Sabrina	02 SFTC	25.92
2	Noel	Camille	86 VOCA	25.8
3	Middlemass	Keesha	83 KJAK	26.0
4	Vuu	Sandra	88 VOCA	26.1
5	Payne	Chelsea	99 KJAK	26.37
6	Bayley	Krysha	96 COQC	26.3
7	Dulay-McGuire	Alyssa	15 COQC	26.56
8	Mensah	Yvonne	97 SFTC	26.62
9	Nijjar	Jasneet	13 UATH	26.65
10	Corrales-Nelson	Zion	10 BBYS	26.83

800m				
1	Bennett	Stephanie	96 NORW	2.17.4
2	Heisterman	Madison	12 NTFC	2.19.91
3	Peterson	Laura	84 ABB	2.20.4
4	Duncan	Val	72 NORW	2.22.6
5	Noel	Camille	86 VOCA	2.23.0
6	Walker	Liza	91 NORW	2.23.6
7	Bassett	Miryam	08 NTFC	2.23.94
8	Wilkinson	Bianca	87 ABB	2.24.0
9	Kempf	Kelly Anne	82 LANG	2.24.3
10	Cochrane	Paige	00 KEL	2.24.52

1200m (new in 2011)

1	Heisterman	Madison	12	NTFC	3.46.26
2	Smith	Cayla	13	OATF	3.50.52
3	Kalisch	Milena	15	SFTC	3.53.63
4	Lewis	Kendra	14	VOCA	3.56.31
5	Steer	Danielle	11	OATF	3.57.65
6	Mussche	Brooke	13	LANG	3.59.12
7	Cathro	Ashley	12	VTFC	3.59.82
8	Hoolsema	Brooke	11	LANG	4.00.60
9	Stewart-Barnett	Katelyn	15	CITY	4.00.88
10	Hainz	Marquesis	14	UNBC	4.01.19

200m Hurdles (Height change in 2000)

1	Dulay-McGuire	Alyssa	15	COQC	28.53
2	Nijjar	Jasneet	13	UATH	28.62
3	Arrais	Amanda	01	VTFC	29.80
4	Hoey	Makayla	11	OTFC	29.81
5	Cho	Stephanie	09	VOCA	29.87
6	Parker	Kendra	00	CXVC	29.90
7	Wallbank	Charlene	00	RR	30.00
7	Vucko	Tanya	01	VTFC	30.00
9	Steer	Danielle	11	OATF	30.12
10	Cossette	Cayla	00	CXVC	30.20
10	Lenton	Jade	15	GOLD	30.20

High Jump

1	Charlesworth	Emily	04	CR	1.62
2	Kempf	Kelly Anne	82	LM	1.60
2	Hoey	Chelsea	09	OTFC	1.60
4	Payne	Gabrielle	01	KAJ	1.57
5	Nettey	Sabrina	02	SOF	1.56
5	Vicic	Amy	08	OA	1.56
7	Beers	Emily	96	CC	1.55
7	Bayley	Krysha	96	CC	1.55
7	Pichor	Chelsea	96	AVF	1.55
7	Murphy	Katherine	02	VTF	1.55
7	Nettey	Christabel	03	SOF	1.55

80m Hurdles

1	Dulay-McGuire	Alyssa	15	COQC	12.58
2	Thiele	Lisa	83	SFTC	12.4
3	Mensah	Yvonne	97	SFTC	12.69
4	Nijjar	Jasneet	13	UATH	12.73
5	Watts-Wattling	Keely	08	KEL	12.78
6	Monro	Natalia	13	LANG	12.82
7	Kang	Karman	15	UATH	12.84
8	Brisotto	Nicole	97	KEL	12.93
9	Paristto	Alita	90	TRA	12.7
9	Aseltine	Shari	79	ABB	12.7

800m Race Walk (new in 1996)

1	Chestnut	Jessie	09	OTFC	4.08.24
2	Lundman	Olivia	15	NTFC	4.11.54
3	Phillips	Jessica	98	OTFC	4.13.0
4	Bennie	Tiffany	99	NTFC	4.14.10
5	Cruikshank	Heather	10	AVTC	4.17.61
6	Andersen	Marina	12	NTFC	4.17.89
7	Gaby	Jacqueline	09	PTFC	4.18.75
8	Sayah	Taylor	12	OTFC	4.25.52
9	Lenz	Kelly	00	BOW	4.28.89
10	Machinn	Laurenn	00	VTFC	4.30.38

Long Jump

1	Nettey	Sabrina	02	SOF	5.44
2	Obioha	Chisom	14	GOLD	5.03
3	Walker	Vikki	72	KAJ	5.02
4	Dulay-McGuire	Alyssa	15	COQC	4.99
5	Perreault	Amy	90	TRA	4.86
6	Lenardon	Teresa	73	TRA	4.84
6	Nelson	Sarah	97	NORW	4.84
8	Hoey	Makayla	11	OTFC	4.81
8	Nettey	Christabel	03	SOF	4.81
10	Griffith	Marsha	82	FLYY	4.77
10	Hough	Leslie	67	KAJ	4.77
10	Noel	Camille	86	VOC	4.77

Shot Put -- 3kg (new in 1998)

1	Montgomery	Megan	01	NORW	10.79
2	Graf	Serena	06	SFTC	10.34
3	Payne	Gabrielle	01	KAJ	10.30
4	Forsyth	Isabelle	15	OATF	10.06
5	Richardson	Leigh	06	NAN	9.80
6	Duchesne	Nicolette	14	OATF	9.77
7	Akhurst	Ayla	06	CR	9.62
8	Mrdeza	Stephanie	99	CVAC	9.58
9	Fontaine	Alexandra	07	NTFC	9.55
10	Nettey	Sabrina	02	SOF	9.47

Discus -- 750g (new in 1998)

1	Forsyth	Isabelle	15	OATF	35.41
2	Wideski	Valerie	11	KJAK	31.52
3	Dollyy	Gabri	13	UNBC	30.69
4	Duchesne	Nicolett	14	OATF	30.58
5	Willett	Abby	13	PATH	29.72
6	Rastad	Julia	14	NORW	29.22
7	Graf	Serena	06	SFTC	29.02
8	Witzel	Jessica	00	KJAK	28.44
9	Forsyth	Marie Louise	11	TBIR	28.27
10	Tranfield	Emily	03	CXVC	27.88

Hammer -- 3kg (new in 1998)

1	MacDonnell	Malorie	98	NTFC	35.21
2	Duchesne	Nicolette	14	OATF	32.12
3	Dolfo	Tanika	11	LANG	30.12
4	Wideski	Valerie	11	KJAK	30.11
5	Witzel	Jessica	00	KJAK	29.65
6	Bhandal	Jasmin	15	VRTC	29.45
7	Malo	Jessica	02	BCF	27.14
8	Tranfield	Emily	03	CXVC	27.09
9	Haintz	Mateya	13	UNBC	26.36
10	Kraus	Sienna	13	RRTF	25.96

Pentathlon -- 3kg Shot (new in 1998)

	NAME		YR	CLUB	PENT	LJ	HJ	SP	80H	800M
1	Hoey	Makayla	11	OTFC	2898	4.64	1.48	8.86	13.31	2.28.44
2	Hoey	Chelsea	09	OTFC	2888	4.70	1.60	9.17	13.64	2.38.37
3	Smith	Kelsey	08	COQC	2544	4.12	1.46	7.30	13.30	2.35.16
4	Weaver	Katie	09	NORW	2528	4.25	1.44	6.88	13.34	2.34.50
5	Watts-Watling	Keely	08	KEL	2527	4.59	1.28	7.41	13.33	2.35.75
6	Rastad	Julia	14	NORW	2424	4.32	1.36	7.73	13.13	2.49.46
7	Wallbank	Charlene	00	RR	2423	4.43	1.35	7.04	13.73	2.35.70
8	Macgregor	Gabrielle	11	VRTC	2421	3.97	1.27	8.01	14.07	2.29.70
9	Dulay-McGuire	Alyssa	15	COQC	2415	4.75	1.33	5.41	12.78	2.42.21
10	Lenz	Sienna	12	CHWK	2402	4.17	1.31	7.55	13.97	2.35.25

ARCHIVE - EVENTS THAT HAVE BEEN DROPPED

400m (dropped in 2011)					1500m (dropped in 2011)					4.43.8	
1	Noel	Camille	86	VOC	0.59.3	1	Bennett	Stephanie	96	NORW	4.52.4
2	Middlemass	Keesha	83	KAJ	0.59.4	2	Peterson	Laura	84	ABB	4.52.5
3	Ellis	Morgan	04	BBY	1.00.84	3	McConnell	Rosemary	84	CC	4.55.7
4	Duncan	Val	72	NORW	1.01.0	4	Walker	Liza	91	NORW	4.57.3
5	Reedy	Debbie	83	VTF	1.01.5	5	Foley	Cindy	85	RMT	4.58.5
6	Corrales-Nelson	Zion	10	BBY	1.01.84	6	Pedersen	Lisa	86	KAJ	4.58.9
7	Kempf	Kelly Anne	82	LM	1.01.8	7	Boylan	Ange	92	SOF	5.00.1
8	Turner	Sara	98	VR	1.02.00	8	Wilkinson	Bianca	87	ABB	5.00.2
9	McConnell	Rosemary	84	CC	1.02.0	9	Smith	Kim	86	KAJ	5.00.9
9	Peterson	Laura	84	ABB	1.02.0	10	Huber	Stephanie	94	KAJ	5.00.9
						10	Quelch	Emily	86	KAJ	
200m Hurdles (dropped in 2000)					Triple Jump (dropped in 2011)					11.12	
1	Wendt	Maggie	90	NORW	29.6	1	Nettey	Sabrina	02	SOF	10.34
2	Payne	Chelsea	99	KAJ	29.89	2	Kempf	Kelly Anne	82	LM	10.21
3	Landreville	Kari	88	SOF	29.7	3	Beers	Emily	96	CC	10.09
3	Colluney	Michaela	84	SOF	29.7	4	Nettey	Christabel	03	SOF	10.07
5	Bayley	Krysha	96	CC	29.8	5	Colluney	Michaela	84	SOF	9.95
6	Mensah	Yvonne	97	SOF	30.04	6	Darbyshire	Cheryl	80	PR	9.95
7	Turner	Sara	98	VR	30.16	6	Perreault	Amy	90	TRA	9.83
8	Catchlove	Julie	85	NORW	30.2	8	Weaver	Katie	09	NORW	9.82
9	Le	Teresa	94	SOF	30.3	9	Nelson	Sarah	97	NORW	9.75
9	Kring	Sherrill	84	SOF	30.3	10	Semeniuk	Jacquie	80	PG	
9	Regis	Maria	88	LM	30.3						

Shot Put -- 6lbs (dropped in 1998)					
1	Polman-Tuin	Connie	75	PR	10.60
2	Polman-Tuin	Ann	83	PR	10.49
3	Monroe	Nicole	81	PR	10.40
4	Nembery	Lori	73	AVTC	10.14
5	Wendt	Maggie	90	NORW	9.89
6	Knowles	Caitlyn	97	KAM	9.68
7	Binnie	Angela	77	TRA	9.59
8	MacDougall	Angela	77	SOF	9.59
9	Martin	Linda	78	FLYY	9.54
10	Mosdell	Anna	82	AVTC	9.44

Discus -- 1.0kg dropped in 1998)						28.24
1	Poman-Tuin	Connie	75	PR		27.10
2	Polman-Tuin	Ann	83	PR		26.16
3	Hughes	Jean	88	SOF		25.22
4	Martens	Shona	82	SHD		24.64
5	De Silva	Sara	82	VR		24.64
5	Baldwin	Cindy	72	KAJ		23.66
7	Landreville	Kari	88	SOF		23.54
8	Granville	Michelle	86	SOF		23.37
9	Bennett	Jennifer	90	VTF		23.36
10	Nosdell	Anna	82	AVF		

Pentathlon -- 6lb Shot (dropped in 1998)					
	NAME		YR	CLUB	PENT
1	Mensah	Yvonne	97	SOF	2699
2	Welch	Lauren	97	VOC	2680
3	Beers	Emily	96	CC	2646
4	DaDsilva	Daniella	87	LM	2644
5	Jackson	Natalie	94	BS	2631
6	Bayley	Krysha	96	CC	2598
7	Hanson-Monnie	Hazel	91	CC	2589
8	Nelson	Sarah	97	NORW	2526
9	Underdahl	Karlyn	93	VTF	2517
10	Wendt	Maggie	92	NORW	2471

LJ	HJ	SP	80H	800M
4.52	1.52	7.68	12.74	2.43.58
4.67	1.41	7.54	13.38	2.31.47
4.52	1.55	8.09	13.0	2.50.7
4.43	1.44	8.66	13.0	2.39.3
4.27	1.40	7.73	12.9	2.31.0
4.57	1.40	7.63	12.8	2.40.7
4.00	1.41	7.25	12.9	2.27.6
4.76	1.38	8.58	13.98	2.44.3
4.22	1.48	7.62	13.4	2.42.0
4.31	1.39	9.89	12.8	2.59.7