



Track and Field
Road Running
Marathons/Ultras
Cross Country Running
Race Walking

2013 BC 10K Road Race Championships

The provincial 10K road running championship were incorporated into The Vancouver Sun Run, and was open to any 2013 Junior, Senior, Masters or Road & Trail member of BC Athletics. The Championship winners were Clifford Childs and Natasha Fraser.

Championship Results

Men

1. Clifford Childs	30:09	1/8	M2024
2. Kevin Friesen	30:32	1/5	M2529
3. David Jackson	30:36	1/9	M3539
4. Dylan Haight	30:42	2/8	M2024
5. Theo Hunt	30:45	3/8	M2024
6. Richard Mosley	30:48	1/5	M3034
7. Forrest Simpson	30:53	4/8	M2024
8. Jim Finlayson	30:54	1/7	M4044
9. Simon Whitfield	31:01	2/9	M3539
10. Jeremiah Ziak	31:02	3/9	M3539
11. Nick Browne	32:00	2/5	M3034
12. Bruce Deacon	32:19	1/16	M4549
13. Craig Odermatt	32:20	2/7	M4044
14. Mark Wilkie	32:23	2/5	M2529
15. David Palermo	32:31	3/5	M3034
16. Ryan Huff	32:45	3/5	M2529
17. Joel Deschiffart	33:14	1/7	M1819
18. Stanley Jang	33:37	2/16	M4549
19. Trevor Knechtel	33:42	2/7	M1819
20. Nathan Reiter	34:03	4/5	M2529
21. Tyler Ginther	35:36	3/16	M4549
22. Brian Nemethy	35:44	1/14	M5054
23. Dave Stephens	35:47	2/14	M5054
24. Larry Lorette	35:54	4/16	M4549
25. Andrew Tuovinen	36:04	3/14	M5054
26. Chris Tomkinson	36:50	5/16	M4549
27. Tim Smith	36:55	4/14	M5054
28. Michael Butler	36:59	5/8	M2024
29. Jeremy Hopwood	36:59	4/5	M3034
30. Gary Duncan	36:59	1/5	M5559
31. Russ Ladd	37:13	5/14	M5054
32. Wayne Guest	37:14	6/14	M5054
33. Mike Fertuck	37:22	4/9	M3539
34. Christopher Maika	37:34	6/16	M4549
35. Barry Young	37:43	5/9	M3539
36. Mitch Howlett	37:52	6/8	M2024
37. Robert Durrant	38:05	7/16	M4549
38. Dave Frilund	38:13	2/5	M5559
39. Jo Astoria	38:30	8/16	M4549
40. Ted de St Croix	38:30	3/5	M5559
41. Kevin Zakreski	38:35	3/7	M4044
42. Robert Watt	38:46	7/14	M5054

43. Kyle Smith	39:14	3/7	M1819
44. Tim Nixon	39:02	9/16	M4549
45. Ben Hanemaayer	40:00	5/5	M3034
46. Christian Favreau	40:11	4/7	M1819
47. Brent Scott	40:29	4/5	M5559
48. Matt Colpitts	40:47	6/9	M3539
49. Matthew Battocchio	40:49	7/8	M2024
50. David Han	41:01	4/7	M4044
51. Walter Scott	41:17	10/16	M4549
52. Tony Lopes	41:28	8/14	M5054
53. Craig Premack	41:47	9/14	M5054
54. Jordan Quitzau	41:50	5/7	M1819
55. Ed Ansems	42:13	1/6	M6569
56. Andrew Lai	43:17	10/14	M5054
57. Bryan Chubb	43:34	2/6	M6569
58. Ted Walraven	43:40	5/5	M5559
59. Gihan Wickremasuriya	43:48	7/9	M3539
60. Jim Davies	43:58	11/16	M4549
61. Rob Roberts	44:06	11/14	M5054
62. Simon Rokeby	44:37	6/7	M1819
63. Gordon Chow	44:38	12/16	M4549
64. Brandon Quinn	44:59	8/9	M3539
65. Nelson Ip	45:03	7/7	M1819
66. Robert Haines	45:19	1/4	M6064
67. Jeff Goodrich	45:26	13/16	M4549
68. Jian Zhu	45:32	5/7	M4044
69. William Goldstein	46:12	2/4	M6064
70. Tom Middelveen	46:44	14/16	M4549
71. Jake Madderom	47:21	3/6	M6569
72. Pat Cheung	47:59	3/4	M6064
73. Akram Khan	50:12	1/3	M7074
74. John Makepeace	50:48	12/14	M5054
75. Arnold Sikhakhane	51:15	13/14	M5054
76. Gerald Tincher	53:03	4/6	M6569
77. Bob Cheng	53:37	14/14	M5054
78. Bob Brough	53:54	5/6	M6569
79. Rick Horne	53:58	4/4	M6064
80. Evan Elder	54:45	8/8	M2024
81. Frank Hui	56:56	15/16	M4549
82. Patrick Johnson	57:03	16/16	M4549
83. Doug Hawrish	57:22	6/7	M4044
84. Cameron Mang	59:30	5/5	M2529
85. Ben Seghers	59:58	6/6	M6569
86. Jean-Michel Lechevalier	1:00:18	9/9	M3539
87. Francis McKenna	1:07:27	1/1	M8084
88. Rob Daniel	1:10:08	2/3	M7074
89. Michel Poudenx	1:13:02	3/3	M7074
90. Marcus Madsen	1:26:23	7/7	M4044
91. Andrew Milligan	1:55:59	1/1	M8589

Women

1. Natasha Fraser	32:42	1/10	F3034
2. Erin Burrett	34:42	2/10	F3034
3. Sabrina Wilkie	34:47	1/4	F2529
4. Catrin Jones	34:50	3/10	F3034
5. Marilyn Arsenault	34:59	1/7	F4549
6. Catherine Watkins	35:07	1/7	F4044
7. Anne-Marie Madden	35:13	4/10	F3034
8. Carol Montgomery	35:43	2/7	F4549
9. Alison Jackson	35:56	1/8	F2024

10. Claire Morgan	36:11	1/7	F3539
11. Rachel Ruus	36:21	2/7	F3539
12. Lisa Brooking	36:36	2/4	F2529
13. Katherine Moore	37:01	3/7	F3539
14. Sarah Reimer	37:05	2/8	F2024
15. Patricia Roney	37:16	3/4	F2529
16. Shannon Thompson	37:17	5/10	F3034
17. Tara Klassen	37:25	4/7	F3539
18. Helen Ritchie	38:01	3/7	F4549
19. Lissa Zimmer	38:46	3/8	F2024
20. Alexandra Lea	38:46	4/4	F2529
21. Tracy Wakaluk	38:51	2/7	F4044
22. Elizabeth Bentley	39:25	3/7	F4044
23. Kaylee Beales	39:36	4/8	F2024
24. Jennifer McCormack	39:56	5/8	F2024
25. Karen Warrendorf	40:12	5/7	F3539
26. Emma Chadsey	40:41	1/3	F1819
27. Janette Purdham	40:44	4/7	F4549
28. Mary Walsh	40:51	4/7	F4044
29. Nancy Fedoruk	40:52	6/10	F3034
30. Mirabelle Tinio	41:11	6/7	F3539
31. Ketty Alfaro	41:30	6/8	F2024
32. Tanya Zarin	41:34	5/7	F4044
33. Madison McCarthy	41:39	7/8	F2024
34. Susan Gordon	42:38	1/4	F5054
35. Diane Bisaro	44:35	2/4	F5054
36. Faryn Brown	45:09	8/8	F2024
37. Dee Makepeace	45:57	5/7	F4549
38. Allison Tai	46:08	7/10	F3034
39. Sabrina Wong	46:23	6/7	F4044
40. Vicki Mann	46:51	6/7	F4549
41. Lisa Pearlman	47:02	8/10	F3034
42. Irene Wingate	47:55	1/5	F6569
43. Linda Ordowski	49:06	3/4	F5054
44. Lucille Pellew	49:53	1/1	F6064
45. Pamela Kalas	50:43	7/7	F3539
46. Lynette Baldock	52:58	2/5	F6569
47. Mary Simmonds	54:40	3/5	F6569
48. Candice Yee	55:39	2/3	F1819
49. Kim Nguyen	56:23	9/10	F3034
50. Nancy McLaren	1:01:13	4/5	F6569
51. Lenore Montgomery	1:01:15	1/1	F8084
52. Marilyn Richardson	1:02:17	4/4	F5054
53. Debra MacWilliam	1:06:54	7/7	F4044
54. Jennah Lay	1:09:57	3/3	F1819
55. Daniele Poudenx	1:13:43	5/5	F6569
56. Aleisha Thornhill	1:17:41	10/10	F3034
57. Elizabeth Boghean	1:26:17	7/7	F4549

Congratulations,

Maurice Wilson

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