2010 TRACK & FIELD ATHLETES OF THE YEAR

2010 MIDGET 15 TRACK & FIELD AWARD RECIPIENTS

*Note – listed below are the award winners in the Midget 15 category

NAME	CLUB	HOMETOWN	
ADUGALSKI, Sebastian	New West Spartans Track & Field Club	Delta	
BALAZS, Emma	Prince George Track Club	Prince George	
COVINGTON, Asianna	Kajaks Track & Field Club	Surrey	
DAVIEL, Petranella	Kajaks Track & Field Club	Richmond	
ELLENWOOD, Georgia	Langley Mustangs	Langley	
FEDOR, Kye	NorWesters Track & Field Club	North Vancouver	
HANNA, Maxwell	Ocean Athletics	Surrey	
HOULTON, Jacob	Langley Mustangs	Langley	
HUMENIUK, Tanya	UN-BC	Vancouver	
JOYCE, Elisa	UN-BC	Kelowna	
KENLER, Logan	New West Spartans Track & Field Club	Delta	
MAHAL, Loveleen	Universal Athletics Club	Surrey	
MOLDAVANOV, Vladislav	NorWesters Track & Field Club	Pitt Meadows	
PALESCH, Meghan	Ocean Athletics	Surrey	
PAYNE, Shania	Golden Ears Athletics	Maple Ridge	
STONE, Kala	Kamloops Track & Field Club	Kamloops	
TURNER, Rostam	Kelowna Track & Field Club	Kelowna	
VAN RYSWYK, Kathryn	South Fraser Track & Field Club	Surrey	
VANDERMALE, Emalee	Comox Valley Cougars	Courtenay	
WILLIAMS, Alison	Ocean Athletics	Surrey	
WORTHY, Kate	Pacific Athletics	Victoria	
*Note –Youth, Junior and Senior c	ategory nominees are listed below. Winners w	vill be announced at the	
BC Athletics Award Banquet on Ja	nuary 29 th , 2011.		
2010 YOUTH FEMALE TRACK & FI	ELD ATHLETE OF THE YEAR		
KATIE REID, KAJAKS TRACK & FIEL	D CLUB (SURREY)		
2010 YOUTH FEMALE TRACK & FI	ELD ATHLETE OF THE YEAR NOMINEES		
NAME	CLUB	HOMETOWN	
DAVIS, Shai	Kajaks Track & Field Club	Richmond	
GRAF, Serena	Kajaks Track & Field Club	Surrey	
HAYWARD, Katelyn	Pacific Athletics	Victoria	
KENNEDY, Samantha	Kajaks Track & Field Club	Cloverdale	
STORM, Zarria	Pacific Athletics	Victoria	
2010 YOUTH MALE TRACK & FIEL	D ATHLETE OF THE YEAR		
JAMES TURNER, KELOWNA TRACK & FIELD CLUB (KELOWNA)			

2010 YOUTH MALE TRACK &	FIELD ATHLETE OF THE YEAR NOMINEES	
NAME	CLUB	HOMETOWN
BLACKBURN, Nick	Comox Valley Cougars	Courtenay
KEANE, Sean	UN-BC	Surrey
NEAL, Keffri	Surrey Athletics	Surrey
2010 JUNIOR FEMALE TRACK	& FIELD ATHLETE OF THE YEAR	
HOLLY PARENT, VICTORIA TR	ACK & FIELD CLUB (MILL BAY)	
2010 JUNIOR FEMALE TRACK	& FIELD ATHLETE OF THE YEAR NOMINEES	
NAME	CLUB	HOMETOWN
COBB, Aleisha	Pacific Athletics	Victoria
FRANKE-KUHN, Joanna	Kajaks Track & Field Club	Duncan
NETTEY, Christabel	UN-BC	Surrey
PERKINS, Tiffany	UN-BC	Abbotsford
2010 JUNIOR MALE TRACK 8	FIELD ATHLETE OF THE YEAR	
JARED HELDMAN, VALLEY RO	DYALS TRACK & FIELD CLUB (LANGLEY)	
2010 JUNIOR MALE TRACK 8	FIELD ATHLETE OF THE YEAR NOMINEES	
NAME	CLUB	HOMETOWN
LOVETT, Django	Valley Royals Track & Field Club	Langley
McKAY, David	Pacific Athletics	Victoria
VUGTEVEEN, Travis	Valley Royals Track & Field Club	Chilliwack
2010 SENIOR FEMALE TRACK	& FIELD ATHLETE OF THE YEAR	
DIANE CUMMINS, UN-BC (VA	ANCOUVER)	
2010 SENIOR FEMALE TRACK	& FIELD ATHLETE OF THE YEAR NOMINEES	
NAME	CLUB	HOMETOWN
ABDULAI, Ruky	Valley Royals Track & Field Club	Coquitlam
DOCKENDORF, Carly	UN-BC	Port Moody
GLEADLE, Elizabeth	UN-BC	Vancouver
MENSAH, Yvonne	Kajaks Track & Field Club	Surrey
2010 SENIOR MALE TRACK 8	FIELD ATHLETE OF THE YEAR	
NAME	CLUB	HOMETOWN
ARMSTRONG, Dylan	Kamloops Track & Field Club	Kamloops
2010 ROAD RUNNE	RS OF THE YEAR	·
2010 JUNIOR FEMALE ROAD	RUNNER OF THE YEAR	
NAME	CLUB	HOMETOWN
DOERKSEN, Kimberley	Valley Royals Track & Field Club	Gibsons
2010 JUNIOR MALE ROAD RI		1
NAME	CLUB	HOMETOWN

HAIGHT, Dylan	Pacific Athletics	Victoria
2010 SENIOR FEMALE ROAD	RUNNER OF THE YEAR	
NAME	CLUB	HOMETOWN
RODY, Kristina	Prairie Inn Harriers Racing Team	Burnaby
2010 SENIOR MALE ROAD R	UNNER OF THE YEAR	
NAME	CLUB	HOMETOWN
OSADUIK, Steve	Prairie Inn Harriers Racing Team	Langley
2010 CROSS COUNT	TRY RUNNERS OF THE YEAR	
2010 MIDGET 15 FEMALE CF	COSS COUNTRY RUNNER OF THE YEAR	
NAME	CLUB	HOMETOWN
HUMENUIK, Tanya	UN-BC	Vancouver
2010 MIDGET 15 MALE CRO	SS COUNTRY RUNNER OF THE YEAR	
NAME	CLUB	HOMETOWN
KNETCHEL, Trevor	Vancouver Thunderbirds	Vancouver
2010 YOUTH FEMALE CROSS	COUNTRY RUNNER OF THE YEAR	
NAME	CLUB	HOMETOWN
ALLISON, Katrina	Vancouver Thunderbirds	Vancouver
2010 YOUTH MALE CROSS C	OUNTRY RUNNER OF THE YEAR	
NAME	CLUB	HOMETOWN
CLIFFORD, Deon	Ocean Athletics	White Rock
2010 JUNIOR FEMALE CROS	S COUNTRY RUNNER OF THE YEAR	
NAME	CLUB	HOMETOWN
WOODWARD, Maggie	UN-BC	Victoria
2010 JUNIOR MALE CROSS C	COUNTRY RUNNER OF THE YEAR	
NAME	CLUB	HOMETOWN
BRUCHET, Luc	Ocean Athletics	Surrey
2010 SENIOR FEMALE CROS	S COUNTRY RUNNER OF THE YEAR	
NAME	CLUB	HOMETOWN
WODAK, Natasha	Prairie Inn Harriers Racing Team	Port Moody
2010 SENIOR MALE CROSS C	OUNTRY RUNNER OF THE YEAR	
NAME	CLUB	HOMETOWN
PIETERSON, Matt	University of Victoria	Ottawa ON
2010 MASTERS ATH	ILETES OF THE YEAR	
2010 MASTERS FEMALE TRA	CK & FIELD ATHLETE OF THE YEAR	
NAME	CLUB	HOMETOWN
KOTELKO, Olga	UN-BC	West Vancouver

2010 MASTERS MALE TRACK	& FIELD ATHLETE OF THE YEAR	
NAME	CLUB	HOMETOWN
HAWKINS, John	West Vancouver Track & Field Club	West Vancouver
2010 MASTERS FEMALE ROA	D RUNNER OF THE YEAR	
NAME	CLUB	HOMETOWN
McFARLAN, Gwen	Kajaks Track & Field Club	Richmond
2010 MASTERS MALE ROAD	RUNNER OF THE YEAR	
NAME	CLUB	HOMETOWN
PHILLIPS, Herb	Prairie Inn Harriers Racing Team	Burnaby
TARRANT, Maurice	Prairie Inn Harriers Racing Team	Victoria
2010 MASTERS FEMALE CRO	SS COUNTRY RUNNER OF THE YEAR	
NAME	CLUB	HOMETOWN
De ST. CROIX, Maureen	Ocean Athletics	Surrey
2010 MASTERS MALE CROSS	COUNTRY RUNNER OF THE YEAR	
NAME	CLUB	HOMETOWN
DIGNUM, Colin	Prairie Inn Harriers Racing Team	West Vancouver
	A DISABILITY ATHLETE OF THE YEAR	
NAME	CLUB	HOMETOWN
STILWELL, Michelle	Wheelchair Racing Series Club	Nanoose Bay
2010 MALE ATHLETE WITH A	DISABILITY ATHLETE OF THE YEAR	
NAME	CLUB	HOMETOWN
DOLFO, Braedon	Langley Mustangs	Langley
2010 EXCELLENCE IN	NOFFICIATING AWARDS	
IAN McNEIL AWARD – 2010 (OFFICIAL OF THE YEAR	
NAME	CLUB	HOMETOWN
ARMSTRONG, Judy	Kamloops Track & Field Club	Kamloops
RALPH COATES AWARD – LO	NG STANDING SERVICE	
NAME	CLUB	HOMETOWN
TERLICHER, Kathy	Burnaby Striders	Vancouver
MARY TEMPLE AWARD – NO	VICE OFFICIAL OF THE YEAR	
NAME	CLUB	HOMETOWN
GAIESKY, Kevin	Prince George Track & Field Club	Prince George
DAVE COUPLAND AWARD -	INSPIRATIONAL AWARD	
NAME	CLUB	HOMETOWN
COWDEN, Bob	Kamloops Track & Field Club	Kamloops

2010 EXCELLENCE IN COACHING AWARDS

JUNIOR DEVELOPMENT COACHES

JUNIOR DEVELOPMENT COACH	IES		
NAME	CLUB		HOMETOWN
MECE, Besnik	Vancouver Olympic Club		
KEATLEY-CAMPBELL, Linda	Nanaimo Track & Field Club		
SENIOR COACHES			
NAME	CLUB		HOMETOWN
COLLIER, Richard	Kajaks Track & Field Club		Richmond
LONGMUIR, Kim	Oceanside Track & Field Club		Parksville
LONGMUIR, Randy	Oceanside Track & Field Club		Parksville
MURRAY, Mike	Kajaks Track & Field Club		Surrey
HIGH PERFORMANCE COACH			
NAME	CLUB		HOMETOWN
BONDARCHUK, Dr. Anatoliy	Kamloops Track & Field Club		Kamloops
2010 EXECUTIVE OF T	HE YEAR AWARD		
NAME	CLUB	CLUB	
DINGLE, Tom	Peninsula Track & Field Club	Peninsula Track & Field Club	
2010 JANE SWAN AW	/ARD		
NAME	CLUB		HOMETOWN
HOLLENFREUND, Diana	Victoria Track & Field Club	Victoria Track & Field Club	
2010 BC ATHLETICS H	ALL OF FAME INDUCTEE		
NAME	CLUB		HOMETOWN
DANIELS, Danny	Peninsula Track & Field Club	Peninsula Track & Field Club	
Athletics Awards Banquet on Ja	anadian Teams which completed in 20 nuary 29 th , 2011.	<u>.</u>	ecognized at the BC
NAME (ATHLETE OR STAFF)	CLUB	TEAM(S)	
ABDULAI, Ruky (Ath)	Valley Royals Track & Field Club	Commonwealth	
ARMSTRONG, Dylan (Ath)	Kamloops Track & Field Club	Common. , IAAF Cont. Cup	
BRUCHET, Luc (Ath)	Ocean Athletics	NACAC XC, IAAF World XC	
CONNOLLY, Creighton (Ath)	Racewalk West	IAAF Race Walk Cup	
CUMMINS, Diane (Ath)	UN-BC	Commonwealth	
DAUBENY, Carolyn (Staff)	Vancouver Thunderbirds	World JRs, Commonwealth	
DAVIS, Shai <i>(Ath)</i>	Kajaks Track & Field Club	Youth Olympics, World JRs	
DOCKENDORF, Carly (Ath)	UN-BC	Commonwealth	
DOLFO, Braedon (Ath)	Langley Mustangs	Penn Relays	
DRAGOMIR, Gerry (Staff)	Racewalk West	IAAF World Race Walk Cup	
DUNFEE, Evan (Ath)	UN-BC	Commonwealth	
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FOUGNER, Brent (Staff)	University of Victoria	World JRs
FRANKE-KUHN, Joanna (Ath)	Kajaks Track & Field Club	World JRs
FRIZELL, Sultana (Ath)	Trains & Lives in BC	Commonwealth
GLEADLE, Elizabeth (Ath)	UN-BC	NACAC U-23
GOMEZ, Inaki (Ath)	Racewalk West	Commonwealth
GUSTAVSON, Reid (Ath)	Vancouver Thunderbirds	NACAC U-23
HAIGHT, Dylan (Ath)	Pacific Athletics	NACAC XC, IAAF World XC
HAYWARD, Katelyn (Ath)	Pacific Athletics	Youth Olympics
HELDMAN, Jared (Ath)	Valley Royals Track & Field Club	World JRs
HENDERSON, Trey (Ath)	Kajaks Track & Field Club	NACAC U-23
JEDRZEJEK, Marek (Staff)	UBC Track & Field Club	NACAC XC, IAFF World XC
KELSICK, Wilbour (Staff)	n/a	World Indoor, Penn Relay, Comm.
KUBEK, Alice (Official)	UN-BC	Commonwealth
LOVETT, Django (Ath)	Valley Royals Track & Field Club	World JRs
MASON, Michael (Ath)	Valley Royals Track & Field Club	Commonwealth
MURRAY, Mike (Staff)	Kajaks Track & Field Club	Youth Olympics
NIELSEN, Kyle (Ath)	UN-BC	NACAC U-23
NIELSEN, Tom (Staff)	UN-BC	World JRs
NORTHEY, Susan (Staff)	Valley Royals Track & Field Club	NACAC U-23
PARENT, Holly (Ath)	Victoria Track & Field Club	World JRs
PERKINS, Tiffany (Ath)	UN-BC	World JRs
PETERS, Greg (Staff)	Pacific Athletics	World Juniors
REID, Katie (Ath)	Kajaks Track & Field Club	Youth Olympics, World JRs
RICHARDSON, James (Ath)	UN-BC	World Mountain Running
RODHE, Megann (Ath)	Kamloops Track & Field Club	Commonwealth
SIMPSON, Scott (Ath)	Prairie Inn Harriers Racing Team	Ekiden Relay
SMITH, Jessica (Ath)	UN-BC	NACAC U-23
SMITH, Crystal (Ath)	Kamloops Track & Field Club	Commonwealth
SOLSBERG, Emily (Ath)	Vancouver Falcons Athletic Club	World Mountain Running
SWANSON, Kris (Ath)	Prairie Inn Harriers Racing Team	World Mountain Running
TOLTON, Vicki (Ath)	UN-BC	Commonwealth
TREASURE, Alyxandria (Ath)	Prince George Track & Field Club	World JRs
WALKOW, Samantha (Ath)	Ocean Athletics	NACAC XC, IAAF World XC
WODAK, Natasha (Ath)	Prairie Inn Harriers Racing Team	Ekiden Relay
WRIGHT, Thelma (Staff)	UN-BC NACAC XC, World XC, Yo	outh Olympics, World ½ Marathon