2007 BC Athletics Awards

**Midget – 15 yr old Track and Field Excellence**

**BARNES, Dyson**
Club: Valley Royals
Events and Performances:
- 300mH, 40.92s 2007 Legion National Championships, 1st
- Pentathlon, 3949 points, Junior Development Pentathlon, 1st

**BUTTERWORTH, Alycia**
Club: OTFC
Event and Performance
- 1500m Steeplechase, 5:22.50 Garriock Memorial meet, 1st

**CUNNINGHAM, Jenna M.**
Club: CC
Event and Performance:
- 300mH, 47.39s Jesse Bent Memorial Track and Field Meet, 1st

**DEACON, Chantelle S.**
Club: KEL
Event and Performance:
- 800m, 2:16.99 Jack Brow Memorial meet, 1st

**DENLEY, Claire M.**
Club: TBIR
Events and Performances:
- 300mH, 45.94 Jack Brow Memorial meet, 3rd
- Pentathlon, 2784 points, Junior Development Pentathlon, 1st

**DUMONT, Alexander J.**
Club: KAJ
Event and Performance:
- Discus (1kg) 50.06m, Midget Alternate Championships, 1st

**EDEN, James**
Club: PA
Event and Performance:
- 300mH, 42.02s 2007 Legion National Championships, 3rd

**FRANKE, Joanna**
Club: CVAC
Event and Performance:
- Hammer Throw (3kg), 54.03m Garriock Memorial meet, 1st

**HELMAN, Jared Z.**
Club: VR
Events and Performances:
- 100m, 11.34s Midget Alternate Championships, 1st
- 200m, 23.01s 2007 Legion National Championships, 3rd
- Long Jump, 6.82m 2007 Legion National Championships, 1st

**INGVALDSON, Delling**
Club: SFTC
Events and Performances:

100m, 11.52s 2007 Legion National Championships, 5th
200m, 23.43s Midget Alternate Championships, 2nd
Discus (1kg), 57.44m 2007 Legion National Championships, 1st
Shot Put (4kg) 15.54m 2007 Legion National Championships, 2nd

KARIDIO, Ismael
Club: PGTF
Event and Performance:
High Jump, 1.84m Midget Alternate Championships, 1st

LLOYD, Haleigh M.
Club: CVAC
Event and Performance:
300mH, 45.02s Midget Alternate Championships, 1st

LONGMUIR, Caley J.
Club: OTFC
Event and Performance:
1500m RW, 8:04.24 Midget Alternate Championships, 1st

MURRAY, Emerson J.
Club: KAJ
Events and Performances:
100m, 11.58s Midget Alternate Championships, 2nd
High Jump, 1.79m Midget Alternate Championships, 2nd
Long Jump, 6.01m Midget Alternate Championships, 2nd
Shot Put (4kg), 14.16m Jack Brow Memorial meet, 2nd

PARKER, Cody D.
Club: UN-BC
Event and Performance:
Javelin (600g), 48.69m Garriock Memorial meet, 1st

POPE, Stuart
Club: LM
Event and Performance:
Javelin (600g), 47.03m Jack Brow Memorial meet, 1st

PRINCE, Spencer R.
Club: VR
Performances and Events:
Discus (1kg), 48.81m Midget Alternate Championships, 3rd
Long Jump, 6.28m 2007 Legion National Championships, 4th
Pentathlon, 3941 points Junior Development Pentathlon, 2nd
Shot Put (4kg), 14.44m 2007 Legion National Championships, 3rd

RICHARDSON, Jade E.
Club: NTFC
Event and Performance:
Shot Put (3kg), 11.01m Garriock Memorial meet, 1st

SUTHERLAND, Christopher A.
Club: SAC
Events and Performances:
100m, 11.34s Jack Brow Memorial meet, 1st  
200m, 23.20s Midget Alternate Championships, 1st  
400m, 51.17s Midget Alternate Championships, 1st

SYDNEY SMITH, Dylan  
Club: TBIR  
Event and Performance:  
400m, 52.77s Jack Brow Memorial meet, 1st

TREASURE, Alyxandria  
Club: PGTF  
Events and Performances:  
High Jump, 1.76m Jack Brow Memorial meet, 1st  
Triple Jump, 11.73m 2007 Legion National Championships, 2nd

VICIC, Andrea D.  
Club: OA  
Events and Performances:  
Pentathlon, 2717 points Junior Development Pentathlon, 2nd  
Triple Jump, 10.30m Midget Alternate Championships, 2nd

VOGT, Abbey M.  
Club: BBY  
Events and Performances:  
400m, 58.77s Midget Alternate Championships, 1st  
800m, 2:17.03 Jack Brow Memorial meet, 2nd

Track and Field Athlete of the Year

Juvenile Female- Nominees
Laura Macauley  
Club: Alberni Valley TC  
Coach: Graham Morfitt  
Event: Javelin – 47.08m, Discus – 40.84m, and Shot Put – 12.49m  
Rank:  
Javelin  
BC Juv – 1st, BC Junior – 3rd  
Canadian Juv – 1st, Canadian Junior – 3rd  
Discus  
BC Juv – 1st, BC Junior – 2nd  
Canadian Juv – 1st, Canadian Junior – 3rd  
Shot Put  
BC Juv – 1st, BC Junior – 1st  
Canadian Juv – 1st, Canadian Junior – 9th  

Teams made in 2007:  
BC Team – Canadian Legion Championships  
BC Team – Canadian Junior Championships  
Canadian Team – World Youth  
Accomplishments:
Kaitlin Nelson
Club: Victoria Track and Field Club
Coach: Phil Nelson
Event: 400m – 56.14s, 200m – 25.53s
Rank:
   200m
     BC Juv – 4th
   400m
     BC Juv – 1st
     Canadian Juv – 4th
Teams made in 2007:
   BC Team – Canadian Legion Championships
Accomplishments:
   BC High School Championships 400m Champion
   Victoria International Track Classic 400m – Bronze medalist

Sabrina Nettey
Club: Kajaks
Coach: Mike Murray
Event: 100m – 11.84s, 200m – 24.13s and Long Jump – 6.07m
Rank:
   Long Jump
     BC Juv – 2nd
     Canadian Juv – 2nd
   200m
     BC Juv – 1st
     Canadian Juv – 1st
   100m
     BC Juv – 1st
     Canadian Juv – 1st
Teams made in 2007:
   BC Team – Canadian Legion Championships
   Canadian Team – World Youth
Accomplishments:

**Juvenile Female Athlete of the Year**
Christabel Nettey
Club: Kajaks
Coach: Mike Murray
Event: 100m Hurdles – 13.49s and Long Jump – 6.14m
Rank:
   100mH
BC Juv – 1st
Canadian Juv – 1st
World Juv – 4th

Long Jump
BC Juv – 1st
Canadian Juv – 1st
World Juv – 6th

Teams made in 2007:
BC Team – Canadian Legion Championships
Canadian Team – World Youth

Accomplishments:
World Youth Medley Relay Bronze medalist

**Juvenile Male- Nominees**

**Evan Dunfee**
- Club: Kajaks
- Coach: Gerry Dragomir
- Events: 1500mRW, 3KmRW, 5Km RW, 10KmRW, 20KmRW
- Rank:
  - BC Juvenile – 1st
  - Canada Youth – 1st
  - North America Youth – 1st
- Teams in 2007:
  - Canadian Team - World Youth Championships
  - BC Team - Western Canada Games
  - Canadian Team - US/Canada Junior Dual
- Accomplishments (major wins/awards):
  - US/Canada Junior Dual - 2nd
  - Western Canada Games - 1st
- Canadian Records:
  - Youth 10KmRW 45:26 Vancouver International Racewalk
  - Youth 20KmRW 1:38:44 Edmonton International Racewalk

**Angus Taylor**
- Club: Kajaks
- Coach: Richard Collier
- Event: Discus – 56.41m and Hammer – 64.51m
- Rank:
  - Hammer
    - BC Juv –1st, BC Junior – 1st
    - Canadian Juv – 1st
  - Discus
    - BC Juv – 1st, BC Junior – 2nd
Canadian Juv – 1st

Teams made in 2007:
- BC Team – Canadian Legion Championships
- BC Team – Canadian Junior Championships
- Canadian Team – World Youth

Accomplishments:
- Canadian Junior Championships Hammer Throw Champion
- Canadian Junior Championships Discus Silver Medalist
- Canadian Legion Championships Discus Champion
- Canadian Legion Championships Hammer Throw Champion
- BC High School Championships Discus Champion

**Juvenile Male Athlete of the Year**

Keynan Parker
- Club: Burnaby Striders
- Coach: Winston Reckord
- Event: 100m – 10.61s, and 200m – 21.44s

Rank:
- **200m**
  - BC Juv – 1st, BC Junior – 1st
  - Canadian Juv – 1st, Canadian Junior – 3rd
- **100m**
  - BC Juv – 1st, BC Junior – 1st
  - Canadian Juv – 1st
  - World Juv – 5th

Teams made in 2007:
- BC Team – Canadian Legion Championships
- BC Team – Canadian Junior Championships
- Canadian Team – World Youth

Accomplishments:
- Canadian Youth Record for 200m
- World Youth Championships 100m – 5th
- BC High School Championships 100m Champion
- BC High School Championships 200m Champion

**Junior Female- Nominees**

Anastasia Pearse
- Club: Pacific Athletics
- Coach: Ron Parker
- Event: 400m – 55.80s and 400mH – 60.92s

Rank:
- **400m**
  - BC Junior – 1st
Canadian Junior – 4\textsuperscript{th}  
400mH  
BC Junior – 1\textsuperscript{st}  
Canadian Junior – 2\textsuperscript{nd}

Teams made in 2007:  
BC Team – Western Canada Summer Games  
BC Team – Canadian Junior Championships

Accomplishments:  
Western Canada Summer Games 400mH Champion  
Western Canada Summer Games 400m Silver Medalist  
Canadian Junior Championships 400mH Silver Medalist

Tiffany Sprenkels  
Club: NorWesters  
Coach: Elena Voloshin  
Event: Triple Jump – 12.01m and Long Jump – 5.09m  
Rank:  
Triple Jump:  
BC Junior – 2\textsuperscript{nd}, Canadian Junior – 3\textsuperscript{rd}  
Long Jump:  
BC Junior – 1\textsuperscript{st}

Teams made in 2007:  
BC Team – Western Canada Summer Games  
BC Team – Canadian Junior Championships

Accomplishments:  
Western Canada Summer Games Triple Jump Silver Medalist  
Canadian Junior Championships Triple Jump Champion  
BC High School Championships Triple Jump Champion

\textbf{Junior Female Athlete of the Year}  
Jessica Smith  
Club: NorWesters  
Coach: Frank Reynolds/Ashley Weber  
Event: 800m – 2:07.27 and 1500m 4:35.41  
Rank:  
800m:  
BC Junior – 1\textsuperscript{st}, Canadian Junior – 2\textsuperscript{nd}  
1500m:  
BC Junior – 2\textsuperscript{nd}

Teams made in 2007:  
BC Team – Canadian Junior Championships  
Canadian Team – Pan Am Juniors

Accomplishments:  
BC High School Championships 1500m - 1\textsuperscript{st}  
Pan Am Junior Championships 800m – 2\textsuperscript{nd}
Junior Male - Nominees

Inaki Gomez
Club: Racewalk West
Coach: Gerry Dragomir
Events: 5Km RW, 10KmRW
Rank:
  - BC Junior – 1st
  - Canada Junior – 1st
  - North America Junior – 1st
Teams in 2007:
  - BC Team – Canadian Junior Championships
  - Canadian Team - Pan Am Juniors
  - Canadian Team - US/Canada Junior Dual
Accomplishments (major wins/awards):
  - US/Canada Dual - 1st
  - Pan Am Juniors - 7th
  - NAIA Championships - 2nd
  - BC records:
    - Junior 5Km 21:42.8
    - Junior & Senior 10Km 43:46

Geoffrey Law
Club: Vancouver Thunderbirds
Coach: Laurier Primeau
Event: Pole Vault – 4.70m
Rank:
  - BC Junior - #2
  - Canada Junior - #2
  - BC Senior - #3
  - Canada Senior - #10
Teams made in 2007:
  - Canadian Team – Pan Am Junior
Accomplishments:
  - BC High School Pole Vault Champion

Junior Male Athletes of the Year

Mark Chenery
Club: Pacific Athletics
Coach: Ron Parker
Event: Decathlon – 6850pts and 110mH – 14.87s
Rank:
  - Decathlon
Kyle Nielsen
Club: Coquitlam Cheetas
Coach: Tom Nielsen
Event: Javelin – 66.81m
Rank:
   Javelin
      BC Junior – 1st, BC Senior – 2nd
      Canadian Junior – 1st, Canadian Senior – 5th
Teams made in 2007:
   BC Team – Western Canada Summer Games
   BC Team – Canadian Junior Championships
   Canadian Team – Pan Am Junior
Accomplishments:
   Pan Am Junior Championships – 4th

Senior Female - Nominees

Ruky Abdulai
Club: Valley Royals
Coach: Tom Dickson, Jerrold Jones
Events: 400m – 52.40s, Long Jump – 6.70m, High Jump – 1.85m
Rank:
   400m
      BC Senior – 1st
      Canadian Senior – 5th
   Long Jump
      BC Senior – 1st
      Canadian Senior – 1st
   High Jump
      BC Senior – 1st
      Canadian Senior – 5th
Krista Woodward
Club: Unattached
Coach: Don Babbitt/Don Steen
Event: Javelin – 56.06m
Rank: Javelin
BC Senior – 1st
Canadian Senior – 1st
Teams made in 2007:
BC Team – Canadian Senior Championships
Canadian Team – Universiade FISU
Accomplishments:
NCAA Div 1 Track and Field Championships Javelin Bronze Medalist
Named to NCAA Div 1 All American Team
Canadian Senior Track and Field Championships Javelin Champion

Senior Female Athlete of the Year
Diane Cummins
Club: Pacific Athletics/Pacific Sport
Coach: Brent Fougner/Mark Timmons
Event: 800m – 1:59.75
Rank: BC Senior – 1st
Canadian Senior – 1st
International – 29th
Teams made in 2007:
Team Canada - Pan American Games
Team Canada – World Track and Field Championships
Accomplishments:
Pan Am Games – 1st
World Championships – Semi-finalist

Senior Male - Nominees
Dylan Armstrong
Club: Kamloops Track and Field Club
Coach: Anatoliy Bodnarchuk
Event: Shot Put – 20.72m
Rank:
BC Senior – 1st
Canadian Senior – 1st
International – 13th

Teams made in 2007:
Team Canada - Pan American Games
Team Canada – World Track and Field Championships

Accomplishments:
BC Provincial Shot Put Record – 20.72m
Mt SAC Relays – 1st
Pan-Am Games – 1st
World Championships – 9th

Mike Mason
Club: Vancouver Thunderbirds
Coach: Laurier Primeau
Event: High Jump – 2.27m

Rank:
BC Senior – 1st
Canadian Senior – 1st

Teams made in 2007:
Canadian Team – Universiade FISU

Accomplishments:
Canadian Championships – 1st
Pending BC Record – 2.27m

Senior Male Athlete of the Year
Gary Reed
Club: Pacific Athletics/Pacific Sport
Coach: Wynn Gmitroski
Event: 800m – 1:44.03

Rank:
BC Senior – 1st
Canadian Senior – 1st
International – 7th

Teams made in 2007:
Team Canada – World Track and Field Championships

Accomplishments:
Silver Medalist at 2007 World Track and Field Championships

Masters Female - Recipient
Olga Kotelko - Unattached
Age grading 97% of 5 best events
Event Bests in 2007:
• High Jump – 0.85m
• Weight Throw – 7.18m
• Shot Put – 4.99m

**Masters Male - Recipient**

Tom Dickson - Valley Royals  
Age-grading of 94% of 5 best events  
Event Bests in 2007:  
- 100m – 11.85s  
- 200m – 24.69s

**Road Runners of the Year**

**Senior Female**  
Kristina Rody – Unattached  
- Overall female winner of the BC Timex Series  
- 36:16 Squamish 10K - 1st female  
- 36:23 TC 10K  
- 36:50 Summerfast 10K  
- 17:30 Longest Day 5K  
- 36:50 HBC Run for Canada 10K - Vancouver 1st

**Senior Male**  
Ryan Hayden – Kajaks  
- 1:04:44 -First Half Marathon - 1st overall  
- 29:24 - Sun Run 10K- 3rd overall/ 1st BC male  
- 30:24 - TC 10K - 1st overall  
- 30:41 – MDS Nordien 10K Ottawa

**Masters Female**  
Lucy Smith – PIHRT  
- Freihofer’s 5K Run for Women, Albany, NY – 16:32  
- Sun Run 10K – 1st BC Female, 33:49  
- Times Colonist 10K – 1st Female overall, 34:24  
- MDS Nordien 10K – 34:44  
- Royal Victoria Half Marathon – 1st Female overall, 1:16:11

**Masters Male**  
Bruce Deacon - PIHRT  
- Grandma’s Marathon – 2:23:06  
- Sun Run 10K – 30:57  
- Royal Victoria Half Marathon – 1st Male overall, 1:08:02  
- ING New York City Marathon – 1st Masters 40+, 2:24:19
Cross Country Runners of the Year

Juvenile Female

Justine Johnson - Pacific Athletics
Talented Grade 11 student from Victoria who won the B.C. High School Cross Country Championships. Also placed 16th Dec. 1st in the blowing snow at the Canadian Junior X-C Championships in Guelph. A member of Pacific Athletics. Coached by Brent Fougner.

Juvenile Male

James Clark - Golden Ears Athletic Club
This outstanding runner was 2nd in both the BC Athletics and the High School Champs and 30th place out of 200 in the Canadian X-C Champs. Coached by Andrew Lenton & Cindy Foley.

Junior Female

Jessica Smith – NorWester
Won the BC Athletics Cross Country Championships at Lambrick Park in Victoria. 2nd in the NAIA Regionals in Tacoma and 4th in the NAIA Nationals outside of Chicago. SFU student, coached by Brit Townsend.

Junior Male

Mitch Culley – Valley Royals
5th in the BC Athletics Champs. 15th in the NAIA regionals and the first BC Junior finisher at the Canadian Championships. A member of the Valley Royals. SFU student coached by Brit Townsend.

Senior Female

Kristen Kolstad – Valley Royals
The 2007 BC Athletics Senior women's champion. Competing against 16 university teams at the NAIA Regional championships, Kristen placed first. She was 7th at the NAIA Championships. Member of the BC Team to the Canadian Champs and also a member of the Canadian team that defeated the US team at the NACAC X-C event in Florida. Coached by Brit Townsend at Simon Fraser U.

Senior Males

Eric Kiauka (PIHRT) and Kris Swanson (Pacific Athletics)
Kris Swanson. Eric was 4th in the BC Champs and 28th at the Canadians. Kris was 10th at the BC's and 18th at the Can champs. Two talented runners who will always be mixing it up with others at the front of the pack.

Masters Female

Maureen de St Croix
• Pinetree Classic 5K - 2nd Female 50-54
• South Fraser 5K - 1st Female 50-54
• Crescent Park 8K - 1st Female 50-54
• BC Championship 5.8K 4th in BC Masters Championships

Masters Male

Paul Reimer

• BC Championships 7.8K - 5th overall in BCA Masters Championship, 2nd 50-54
• Canadian Championships 8K – 2nd Male 50-54

Athletes with a Disability Athlete of the Year Recipients

Female
Michelle Stilwell
Club: WC Race Series
Coach: Peter Lawless
Event: WC 100m – 20.89s, 200m – 37.06s, 400m – 1:16.24
Rank:
  100m
    BC Senior – 1st
    Canadian Senior – 1st
    World Senior – 1st
  200m
    BC Senior – 1st
    Canadian Senior – 1st
    World Senior – 1st
  400m
    BC Senior – 1st
    Canadian Senior – 1st
    World Senior – 1st

Teams made in 2007:
  BC Team – Canadian Senior Championships
  Canadian Team - 2007 IWAS World Championships
Accomplishments:
  IWAS World Championships 100m Champion
  IWAS World Championships 200m Champion
  IWAS World Championships 400m Champion

Male
Nathan DeWitt
Club: WC Race Series
Coach: James Husvedt
Event: WC 100m – 19.39s, 200m – 34.57s, 400m – 1:08.25
Rank:
  100m
BC Senior – 1<sup>st</sup> 200m
BC Senior – 1<sup>st</sup> 400m
BC Senior – 1<sup>st</sup> Teams made in 2007:
BC Team – Canadian Senior Championships
BC Team – Western Canada Summer Games
Accomplishments:
Western Canada Summer Games 200m Bronze Medalist
Western Canada Summer Games 800m Silver Medalist
Western Canada Summer Games 1500m Silver Medalist

Officials’ Awards

**Ian McNeil Award – 2007 Official of the Year**
**Diana Hollefreund**
Past secretary of the Junior Development Committee, long-serving member of the BCA Board of Directors, Meet Director, and active member of the BC Disability Sports Organization, Sport Advisor for the BC Cummer Games, author of the JD Manual. Most recently, Diana has assumed the task of recruiting and developing Officials in the Vancouver Island Athletics Association. Diana has certainly made and outstanding contribution over many years.

**Ralph Coats Award – 2007 Long Standing Service**
**Hugh Morrison**
Over the many years, since moving from Port Alberni to the lower mainland, Hugh has established many friendships. His expertise at athletics events, with the Throw’s being his favored, has earned him the respect of athletes, fellow officials, and other volunteers

Hugh is one of the officials who manages all throws events well, and puts other officials, athletes and volunteers at ease.

Hugh has participated in numerous events: local meets, BC Summer Games, Canadian Championships (both Junior and Senior). Pan-Am Games, Canada Games, BC Championships, and World Championships.

**Mary Temple Award – Novice Official of the Year**
**Dave Short**
Dave has been a fixture at the BC High School Championships long jump pits for many years, officiating both the long jump and triple jump events. Dave never needs a microphone or loud hailer. His booming voice can be heard from one end of the track to the other! Dave’s good nature, work ethic and belief in fair play make him a valued member of any officiating team.

**Daryl Palmer**
Daryl Palmer is a knowledgeable, always energetic official who has attended countless competitions over the past two years. He brings with him a commitment to the sport an eagerness to assist and sometimes a ‘slushie machine’.
Dave Coupland Award – Inspirational Award

Winston Reckord
Winston has been an active coach and mentor for over 20 years. He is an inspiration to his athletes and everyone around him. Always willing to help in a calm, unassuming manner. Has been the coach for the BC Summer games for many years

Gerard Dumas
Active as a coach, competitor, and sometimes official for countless years, Gerard’s presence at a pole vault competition always means that everyone is going to have fun. His dedication to the sport over many, many years is an inspiration to all

Wall of Honour

Keith Newell
Keith Newell has been an official for many years, reaching the level five status as a Starter’s Assistant, as a Starter, and as a Track Referee. His is also a National Technical Official. He has been the Meet Director for several of the Canadian Championships, the 1994 Commonwealth Games, and 17 of the Victoria International Track meets, among others. He is a past Chair for the BCA Officials’ Committee, is the present Chair of Athletics Canada’s National Officials’ Committee, and is a member of the Board of Directors for the Sports Officials of Canada. He is also a mainstay of the Victoria track community.

Excellence in Coaching Awards

Junior Development Coach

Pam Medland
During her youth Pam was an outstanding middle distance runner who represented our province at a number of national championships. As an adult, Pam began coaching in Alberni and then moved to Kelowna to assume the position of Public Services Manager for the Okanogan Regional Library. She resumed her coaching with the Kelowna Track and Field Club and has held a number of positions and at present serves as Head Coach and meet director of the Jack Brow meet.

Athletes:
- Daniel Medland-Marchen – 800m 2nd at 2007 Canadian Legion Championships
- Connor Clarke, MID – 1500m. Ranked 1st in BC
- Chantelle Deacon, MID – 800m. 1st Jack Brow Memorial Meet, ranked 1st in BC

Tatjana Mece
Tatjana has over thirty years of experience as an athlete, a teacher working with children from grade three to university level, and as a Track and Field coach. She was an accomplished athlete in her native country, Albania. In addition to extensive coaching and teaching experience, Tatjana also has a university degree in Human Kinetics from University of Tirana. Tatjana is currently coaching over 30 athletes in New West Spartans T&F Club (eight of them BCJD top ten all time) and over 80 athletes in Vancouver Olympic Club (four top ten BCJD all time).
Athletes:
- Mihailo Stefanovic, 11 yrs – 60mH, HJ, TJ, LG, 60m, Pentathlon. 1st at the BC JD Championships (BC Record).
- Ahmed Nizamani, 11 yrs – 60mH, HJ. 2nd at the BC JD Championships
- Sebastien Adugalski, 12 yrs – TJ, LJ, 80mH, Pentathlon. 1st at BC JD Championships.

Senior Coach

Mike Murray
Mike was the Sprints/Hurdles/Relay coach for the 2007 World Youth Team. The Canadian women’s relay team brought home the bronze medal, the only Canadian medal of the Championships.

Athletes:
- Christabel Nettey, JUV – 100mH Finalist at the 2007 World Youth Championships, set new BC and Canadian Youth Records in 100mH, Ranked 1st in BC and Canada in 100mH and Long Jump, member of the 2007 World Youth Canadian Team.
- Sabrina Nettey, JUV – 1st in 100m at the Legion National Championships, 2nd in the 200m at the BC Junior Championships, Ranked 1st in BC and Canada for the 100m, member of the 2007 World Youth Canadian Team
- Kevin Lim, JR – 400m Finalist at the Canadian Junior Championships, Ranked 2nd in BC, member of the 2007 BC Junior Team

Gerry Dragomir
Gerry serves as head coach and registrar of Racewalk West, and has been a part of Special Olympics Track and Field for 6 years. He has also organized Special Olympics Regional Track and Field Championships, as well has the Vancouver International Racewalk event. Also, he has been named Meet Organizer for the 2008 Can-AM Junior Racewalk Meet to be held in Victoria.

Athletes:
- Evan Dunfee, JUV – 1st BC High school Championships 1500m RW, 1st Western Canada Summer Games 5K RW, Ranked 1st in BC and Canada, member of the World Youth Canadian Team, BC Western Canada Summer Games team, and Can/US Dual Canadian Team
- Inaki Gomez, JR – 1st US/Canada Dual, 7th Pan Am Juniors, 2nd NAIA Championships, Ranked 1st in BC and Canada, member of Pan Am Junior Canadian Team, BC Western Canada Summer Games team, and Can/US Dual Canadian Team
- Heather Warwick, JUV – 1st BC High School Championships 1500m RW, 1st Canadian Junior Championships 5K RW, Ranked 1st in BC and Canada, member of the BC Western Canada Summer Games team, and Can/US Dual Canadian Team

Richard Collier
In 2007 Richard had the honour of being named Head Coach and Throws Coach for the BC Senior Team, as well as Throws Coach for the BC Legion team.

Athletes:
- Dariusz Slowik, SR – 2nd in Discus at Canadian Championships, Ranked 1st in BC and Canada, member of the 2007 Pan American Games Canadian Team
- Trey Henderson, JR – 1st in Hammer Throw at the BC Junior Championships, Ranked 1st in BC and Canada
- Angus Taylor, JUV – 1st in Discus and Hammer Throw at the Legion National Championships, Ranked 1st in BC and Canada for Discus and 2nd in BC and Canada for Hammer Throw, member of the 2007 World Youth Canadian Team

James Hustvedt
James is the 2007 Western Canada Summer Games and the 2009 Canada Summer Games Coach for Wheelchair Athletics. He was also the provincial team coach at the 2007 Canadian Track and Field Championships. James works tirelessly to develop wheelchair athletes around the province, as a coach, and presenter in the Bridging the Gap Recruitment and Development program.

Athletes:
- Brad Skeats, SR – 10K, 1st Vancouver Sun Run, Ranked 1st in BC and 3rd in Canada, member of the BC Provincial Team and National Development Team
- Jessica Des Mazes, SR – 10K, 1st Victoria Times Colonist, Ranked 1st in BC, member of the BC Provincial Team, and Western Canada Summer Games Team
- Nathan DeWitt, JR – 400m, 1st Dogwood Classic, 2nd Western Canada Summer Games 800m and 1500m, Ranked 1st in BC, member of the BC Provincial Team, and Western Canada Summer Games Team

High Performance

Peter Lawless
Peter provides leadership and mentorship to coaches in wheelchair athletics and contributes to workshops and clinics wherever possible. He has been involved in wheelchair athletics for more than 10 years and is the National Coach for the Integrated Performance System Wheelchair Athletics Training Center in BC.

Athlete:
- Michelle Stillwell, SR - IWAS World Championships 100m, 200m. 400m Champion, Ranked first in BC, Canada, and the World in 100m, 200m, 400m, member of the BC Canadian Championships team, and the IWAS World Championships Canadian Team

Anatoliy Bondarchuk
Dr. Anatoliy Bondarchuk has been coaching and researching training methods for over 40 years. Many of the methods he developed form the basis of today’s training programs. He developed the USSR National Team throws program from 1976 to 1992 from which he produced numerous World and Olympic Champions in the Hammer, Discus and Shot Put. He coached in Portugal and Kuwait from 1992 to 2004 before moving to Kamloops in 2005. Over
the past few years athletes and coaches from around North America regularly make their way to Kamloops to seek out his expertise.

Athletes:
- Dylan Armstrong (CAN): 2007 Pan Am Champion – Shot Put
- Jennifer Joyce (CAN): 2006 Commonwealth Games Silver Medalist - Hammer
- Sultana Frizell (CAN): 2007 Canadian Champion - Hammer
- Martin Bingisser (USA/Switzerland): #1 ranked thrower in Switzerland - Hammer
- Michael Letterlough (Cayman Islands): Cayman Islands Record Holder - Hammer, Discus, Weight Throw, 2006 Commonwealth Games Team Member, 2007 Pan-Am Games Team Member

Wynn Gmitroski
Wynn Gmitroski's 28 years of coaching in athletics has taken him to four Olympic Games, twelve World Championships, and five Commonwealth Games. Returning each season from his coaching duties in Europe and Championship locations, he resumes his coaching and sport / fitness consulting in Victoria as a physiotherapist. Currently Wynn is the head coach at the Pacific Sport Center in British Columbia. He’s also a master course conductor at the National Coaching Institute.

Athlete:
- Gary Reed – 800m. Silver Medalist at the 2007 World Championships, 1st Canadian Championships, Ranked 1st in BC and Canada, 7th Internationally, member of the 2007 World Championships Canadian team.

Executive of the Year Award
Diana Hollefreund -
- Vice Chair, BC Athletics Brd of Directors
- Provincial Sport Advisor, BC Summer Games – Athletics
- Athletics Canada Appeals Committee
- AGM Silent Auction Coordinator
- Past Board Liaison to the BCA Officials Committee
- Entries Chair 2007 BC Youth 15, Juvenile Championship and Western Canada Games Trials
- Officials Development Zone 6 – Vancouver Island
- 2007 Club Registrar – Victoria Track & Field Club

BC Athletics Hall of Fame

Valerie Jerome
Valerie has made outstanding contributions over many years to the sport of Athletics. She has been a highly competitive athlete, a coach for clubs she helped develop, as well as for numerous Vancouver Elementary and Secondary schools. She has also been a knowledgeable and active BC Official and an energetic member of the Achilles Society and Board. Valerie has been and continues to be a gifted and inspiring spokesperson for the sport of Athletics.

BC Members of the 11th IAAF World Championships in Athletics in Osaka, Japan
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<thead>
<tr>
<th>Name</th>
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<td>Diane Cummins</td>
<td>800m</td>
<td>Pacific Athletics</td>
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<tr>
<td>Garry Reed</td>
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<td>Dylan Armstrong</td>
<td>Shot Put</td>
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<td>Achraf Tadili</td>
<td>800m</td>
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<td>Brent Fougner</td>
<td>Event Coach</td>
<td>Pacific Athletics</td>
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