An Evening to Honour Athletes, Coaches, Officials & Volunteers
Welcome!

... to the BC Athletics Awards Banquet

The awards banquet is a wonderful opportunity to recognize the achievements of our athletes, coaches, officials, club executives and volunteers during the past year. They all contribute to the success of athletics in British Columbia.

I would like to thank the Province of BC, viaSport, our business partners, and the Royal Canadian Legion for their on-going support. Their involvement and participation in our sport enables us to provide a high level of programs and services to our members. BC Athletics offers so much to all levels and ages of its’ members. It is the support of parents, family, friends and volunteers that makes this all possible.

On behalf of the Board of Directors, I would like to thank you for joining with us to celebrate the accomplishments of our athletes, coaches, officials, club executives and volunteers.

Greg White
Chair, Board of Directors
BC Athletics

On behalf of Athletics Canada it is my pleasure to welcome you to BC Athletics’ 2012 Awards Banquet.

Tonight is about celebrating the accomplishments of those in athletics that have contributed to the success of this province. This season saw a number of high profile events taking place both on home soil and abroad highlighted with the Olympic and Paralympic Games. British Columbia saw eight Olympians and five Paralympians reach their dreams and represent our country, and our sport in London.

Thank you to everyone involved in making Athletics in B.C., so successful. This past year they played host to three major events including the National Track League’s Harry Jerome and Victoria International Track Classic; and then just last weekend they hosted the 2012 Canadian Cross Country Championships. The local organizing committees, volunteers, athletes and officials all should be recognized for the work they do to make these events so outstanding.

Please join me tonight as we celebrate a year of athletics, accomplishments and success.

Congratulations to everyone.

Sincerely,

Greg White
Chair, Board of Directors
BC Athletics

Rob Guy
Chief Executive Officer
2012 B.C. Athletics Annual Awards Banquet

Thank You

... To Our Partners, Sponsors, Friends and Members who helped to make the 2012 Year in Athletics SPECTACULAR!

- Athletics Canada
- Attention Web & Graphic Design
- Big Kahuna Sport Company – adidas team wear
- BC Athletics Member Clubs and Regional Associations
- BC Athletics Officials
- BC Event Volunteers
- BC Ferries Corporation
- BC Gaming Branch – Ministry of Public Safety and Solicitor General, Hon. Shirley Bond, Minister
- BC/Yukon Command – Royal Canadian Legion
- Canadian Sport Centre Pacific
- Clif Bar
- Coaches Association of British Columbia
- Dominion Command – Royal Canadian Legion
- Flight Centre / Stage & Screen
- Filmrobot – web and email hosting
- Government of British Columbia, Ministry of Community, Sport and Cultural Development – Hon. Bill Bennett, Minister
- Hilton Vancouver Airport Hotel
- Impact Magazine
- Infigo Imaging – graphic and printing services
- MetaSport Systems Services Inc. – membership database
- Mountain FM
- National Coaching Institute – Victoria/Vancouver
- Pacific Newspaper Group – The Vancouver Sun – The Province Newspaper
- RM of Whistler
- Running Room Ltd
- PacificSport Regional Centres – Fraser Valley, Interior BC, Northern BC, Okanagan, Vancouver Island
- Penske Truck Rentals
- Sanctioned Event Organizers
- SBC/Allsport Insurance Agencies
- SFU Clan
- Sport BC
- Sprott-Shaw Community College - Officials support
- Times Colonist
- Timex – Adams, Manning and Associates
- Tourism Whistler
- TWU Spartans
- UBC Thunderbirds
- U. Vic Vikes
- viaSport
- Whistler BrewHouse
- Whistler Question

Supporting our Sponsors and Partners is our way of thanking them for their contributions to our sport. We urge you to purchase their products and services and support their programs.

The Program

Opening Remarks
Dinner
Awards Presentations
- Track & Field
- Road Running
- Cross Country
- Masters
- Para-athletics
- Officials
- Excellence in Coaching
- Executive of the Year
- Jane Swan Memorial Award
- BC Athletics Hall of Fame
- Outstanding Athletes of the Year
- Canadian Team Recognition

Closing Remarks

Cover photo and many athlete photos are courtesy of Athletics Canada. Thank You also to coaches, parents and club member who generously provided photos of award nominees and winners.
2012 Midget 15 Award Recipients

Robyn Buckingham
Club: LANG
Coach: Kim Chapdelaine
Events & Performances:
Jumps - HJ (1.63m)
Combined Events - OPENT (3092pts)

Stephanie Cho
Club: VOCA
Coach: Tatjana Meece
Events & Performances:
Sprints - 200 (25.99)
Hurdles - 200H (27.46), 80H (12.02)
Jumps - LJ (5.42m), TJ (11.83m)
Combined Events - OPENT (3320pts)

Teagan Rasche
Club: LANG
Coach: Kim Chapdelaine
Events & Performances:
Distance - 1500RW (7:48.52)
Throws - HT (48.2m)

Alexzandra Smith-Van Dyke
Club: KAML
Coach: Ryan Jensen
Events & Performances:
Jumps - PV (2.8m)

Sophia Stevenson
Club: BBYS
Coach: Winston Reckord
Events & Performances:
Distance - 800 (2:17.68), 1200 (3:42.89)

Raquel Tjernagel
Club: COQC
Coach: Tara Self
Events & Performances:
Sprints - 200 (24.75)

Katie Weaver
Club: NORW
Coach: Elena Voloshin
Events & Performances:
Combined Events - OPENT (3086pts)

Brittni Wolczyk
Club: LANG
Coach: Tom Neilsen
Events & Performances:
Throws - JT (44.97m)

Christopher Andrews
Club: UNBC
Coach: Ian Andrews
Events & Performances:
Throws - SP (15.16m)

Matthew Chan
Club: TBIR
Coach: James Buhlman
Events & Performances:
Sprints - 100 (11.41), 200 (23.23)

2012 Youth Female Nominees

Asianna Covington
Club: KJAK
Coach: Richard Collier
Events:
Discus/48.98m
Hammer (4kg)/55.21m
Hammer (3kg)/60.60m
Teams:
BC Yth- Legion CDN Yth Champs- 1st Discus
IAAF World Juniors
Rankings:
Discus: BC Yth-1, CAN Yth-1
Hammer: BC Yth-1, CAN Yth-1
Records:
Discus: 48.98m BCRp/CRp (FV HS Invite)
Hammer (3kg): 60.40m BCRp/CRp (Coq. Invite)

Georgia Ellenwood
Club: LANG
Coach: Kim Chapdelaine
Events:
Heptathlon/9262 pts
Teams:
BC Yth- Legion CDN Yth Champs
IAAF World Juniors- 18th
Rankings:
BC Jr-1, CAN Jr-1

Meghan Palesch
Club: OATF
Coach: Dr Mary Korpach
Events:
300mH/42.73
100mH/14.04
Teams:
BC Yth- Legion CDN Yth Champs- 5th 300mH, 4th 100mH
Rankings:
300mH: BC Yth-1, CAN Yth-2
100mH: BC Yth-1, CAN Yth-2
Records:
300mH: 42.73 BCRp (BC Champs)

2012 Annual Awards Banquet

2012 Track & Field Athletes of the Year

Eric Chatten
Club: COQC
Coach: Per Andersen
Events & Performances:
Jumps - HJ (1.75m)

Nickolas Colyn
Club: LANG
Coach: Dave Hetherington
Events & Performances:
Distance - 2000 (5:47.53), 1500SC (4:21.35)

Jemal Reta
Club: NWSA
Coach: Besnik Meece
Events & Performances:
Distance - 2000 (5:46.23), 1500SC (4:21.21)

Kenneth Schultz
Club: WAN
Coach: Eugene Konar/Erin Bell
Events & Performances:
Hurdles - 100H (13.8), 200H (25.89)

Isaac Wadhwan
Club: GOLD
Coach: Vid Wadhwan
Events & Performances:
Distance - 2000 (5:58.55)
2012 TRACK & FIELD ATHLETES OF THE YEAR

2012 Youth Male Nominees

Sebastian Adugalski
Club: OATF
Coach: Dr. Mary Korpach
Events: 100mH/11.01, 200m/20.92
Teams: BC Yth- Legion CDN Yth, CAN Yth- 3
Rankings: Discus: BC Yth-1, CAN Yth-1

Andrew de Visser
Club: TBIR
Coach: James Buhlman
Events: 100mH/11.01, 200m/20.92
Teams: BC Yth- Legion CDN Yth Champs- 2nd
Rankings: Discus: BC Yth-1, CAN Yth-1

Aaron Stroda
Club: UNBC
Coach: Verena Stroda
Events: Discus/51.18m, Shot Put/15.82m
Teams: BC Yth- Legion CDN Yth Champs- 2nd
Discus, 2nd SP
Rankings: Discus: BC Yth-1, CAN Yth-1

Rostam Turner
Club: OACS
Coach: Pat Sima-Ledding
Events: Octathlon/5435 pts, 1000m/2:54.59
Ocatlthon: BC Yth-1, CAN Yth-1
Rankings: 1000m: BC Yth-1, CAN Yth-1

2012 Junior Female Nominees

Katelyn Hayward
Club: UVIC
Coach: Keith Butler
Events: 200m/20.05.60
Teams: BC Jr- CDN Jr Champions- 2nd
Rankings: BC Jr-1, CAN Jr-1

Samantha Kennedy
Club: KJK
Coach: Richard Collier
Events: Hammer/55.18m
Teams: BC Jr- CDN Jr Champions- 1st
Rankings: BC Jr-1, CAN Jr-1

Katherine Tourigny
Club: VOCA
Coach: Tatjana Mece
Events: 400mH/1:01.44
100mH/14.70
Teams: BC Jr- CDN Jr Champions- 3rd
400mH, 5th 100mH
Rankings: 400mH: BC Jr-1, CAN Jr-6
100mH: BC Jr-1, CAN Jr-8

Devan Wiebe
Club: PTGR
Coach: Marek Jedrzejek
Events: 800m/2:05.60
Teams: BC Jr- CDN Jr Champions- 2nd
BC Sr- CDN Olympic Trials
IAAF World Juniors- 14th
Rankings: BC Jr-1, CAN Jr-2

2012 Junior Male Nominees

Spencer Allen
Club: KAML
Coach: Ryan Jensen
Event: Pole Vault/4.70m
Teams: BC Jr- CDN Jr Champions- 1st
Rankings: BC Jr-1, CAN Jr-1

Adam Keenan
Club: KAML
Coach: Dr. Anatoly Bondarchuk
Event: Hammer/74.11m
Teams: BC Jr- CDN Jr Champions- 1st
CDN Olympic Trials- 3rd
IAAF World Juniors
Rankings: BC Jr-1, CAN Jr-1, WORLD-12
Records: Hammer: 74.11m CRp (Kamloops Throws Fest)
CDN Jr Champions: 71.32m MR

Benjamin Thorne
Club: WALK
Coach: Gerry Dragomir
Event: 10km RW/40:26
20km RW/1:21.55
Teams: BC Jr- CDN Jr Champions- 1st
10km RW
CDN RW Champions- 2nd 20km RW
IAAF World RW Cup
Rankings: 10km RW: BC Jr-1, CAN Jr-1, World-37
20km RW: BC Jr-1, CAN Jr-1, World-50
Records: 10km RW: 47:16.8 BCRp (BC Champs)
20km RW: 1:33:32 BCRp (CDN 20km Champs)

James Turner
Club: OACS
Coach: Pat Sima-Ledding/Laurier Primeau
Event: Decathlon/7017 pts
Teams: BC Jr- CDN Jr Champions- 1st
IAAF World Juniors- 18th
Rankings: BC Jr-1, CAN Jr-1

2012 Senior Male Nominee

Dylan Armstrong
Club: KAML
Coach: Dr. Anatoly Bondarchuk
Events: Shot Put/21.50
Teams: Olympics Games- 5th
IAAF DL Paris- 1st
Rankings: BC Sr-1, CAN Sr-1, WORLD-8

Inaki Gomez
Club: WALK
Coach: Gerry Dragomir
Events: 20km RW/1:20.58
Teams: Olympic Games- 13th
IAAF World RW Cup- 14th
Rankings: BC Sr-1, CAN Sr-1, WORLD-37
Records: 20km RW: 1:20.58 CRp (Olympic Games)
5000m RW: 18:45 BCRp/CRp (Sydney, AUS)

2012 Senior Female Nominees

Nicola Evangelista
Club: WALK
Coach: Gerry Dragomir
Events: 10,000m RW/47:16.8
10km RW/48:16
20km RW/1:37.32
Teams: BC Sr- CDN Olympic Trials- 2nd
IAAF World RW Cup- 76th 10km RW, 63rd
20km RW
CDN RW Champions- 1st 20km RW
Rankings: 10,000m RW: BC Sr-1, CAN Sr-1
10km RW: BC Sr-1, CAN Sr-2
20km RW: BC Sr-1, CAN Sr-2
Records: 10,000m RW: 47:16.8 BCRp (BC Champs)
20km RW: 1:33:32 BCRp (CDN 20km Champs)

Jessica Smith
Club: VRTC
Coach: Brit Townsend
Events: 800m/1:59.86
Teams: BC Sr- CDN Olympic Trials- 3rd
Olympic Games
Rankings: BC Sr-1, CAN Sr-2, WORLD-47

2012 Annual Awards Banquet
2012 TRACK & FIELD ATHLETES OF THE YEAR

Senior Male Nominee...continued

Cameron Levins
Club: CKVC
Coach: Dave Scott-Thomas
Events: 10,000m/27:27.16
5000m/13:18.29
Teams: Olympic Games – 11th 10,000m, 14th 5000m
Rankings: 10,000m: BC Sr-1, CAN Sr-1, WORLD-32
5000m: BC Sr-1, CAN Sr-1, WORLD-62
Records: 2X NCAA Div1 Champion (5000m/10,000m)

Club:
Coach:
Events:
Teams:
Rankings:
Records:

Curtis Moss
Club: KJAK
Coach: Don Steen
Events: Javelin/81.21m
Teams: BC Sr- CDN Olympic Trials- 1st
Olympic Games
Rankings: BC Sr-1, CAN Sr-1, WORLD-42
Records: Javelin: 81.21m BC Sr Native (NTV Victoria)

Senior Male Road Runner of the Year

Nicole Hutchinson
Club: HHAC
Coach: Darcie Montgomery / Cindy O’Krae
Events: Shot Put/21.11m
Teams: Olympic Games
CDN Olympic Trials- 2nd
Rankings: BC Sr-2, CAN Sr-2, WORLD-11
Records: Javelin: 81.21m BC Sr Native (NTV Victoria)

Michael Mason
Club: VRTC
Coach: Ziggy Szelagowicz
Events: High Jump/ 2.31m
Teams: BC Sr- CDN Olympic Trials- 2nd
Olympic Games- 8th
Rankings: BC Sr-1, CAN Sr-1, WORLD-T12
Records: High Jump: 2.31m BC Sr Native/Tied Open (DL, Mexico)

Junior Male Road Runner of the Year

Justin Rodhe
Club: KAML
Coach: Dr. Anatoliy Bondarchuk
Events: Shot Put/21.11m
Teams: Olympic Games
CDN Olympic Trials- 2nd
Rankings: BC Sr-2, CAN Sr-2, WORLD-11
Records: Javelin: 81.21m BC Sr Native (NTV Victoria)

Midget 15 Female Cross Country Runners of the Year

Nicole Hutchinson
Club: HHAC
Coach: Darcie Montgomery / Cindy O’Krae
Events: Shot Put/21.11m
Teams: Olympic Games
CDN Olympic Trials- 2nd
Rankings: BC Sr-2, CAN Sr-2, WORLD-11
Records: Javelin: 81.21m BC Sr Native (NTV Victoria)

Young Women’s Road Runner of the Year

Jackie Regan
Club: UNBC
Coach: Marek Jedrzejek
Canadian Junior Champs: 6th
NAIA Champs: 7th
NAIA Regions: 1st

Midget 15 Male Cross Country Runner of the Year

Luc Bruchet
Club: OATF
Coach: Marek Jedrzejek
Canadian Champs: 5th
NAIA Champs: 3rd
NAIA Regions: 2nd
Sundodger: 4th

Senior Female Road Runner of the Year

Justin Rodhe
Club: KAML
Coach: Dr. Anatoliy Bondarchuk
Events: Shot Put/21.11m
Teams: Olympic Games
CDN Olympic Trials- 2nd
Rankings: BC Sr-2, CAN Sr-2, WORLD-11
Records: Javelin: 81.21m BC Sr Native (NTV Victoria)

Youth Male Cross Country Runner of the Year

Fiona Benson
Club: LANG
Coach: Marek Jedrzejek
Canadian Champs: 6th
NAIA Champs: 3rd
NAIA Regions: 2nd
Sundodger: 4th

2012 Midget 15 Female Cross Country Runners of the Year

2012 Midget 15 Male Cross Country Runner of the Year

2012 Junior Female Cross Country Runner of the Year

2012 Junior Male Cross Country Runner of the Year

2012 Senior Female Cross Country Runner of the Year

2012 Senior Male Cross Country Runner of the Year

2012 Midget 15 Female Cross Country Runners of the Year

2012 Midget 15 Male Cross Country Runner of the Year

2012 Junior Female Cross Country Runner of the Year

2012 Junior Male Cross Country Runner of the Year

2012 Senior Female Cross Country Runner of the Year

2012 Senior Male Cross Country Runner of the Year

2012 Midget 15 Female Cross Country Runners of the Year

2012 Midget 15 Male Cross Country Runner of the Year

2012 Junior Female Cross Country Runner of the Year

2012 Junior Male Cross Country Runner of the Year

2012 Senior Female Cross Country Runner of the Year

2012 Senior Male Cross Country Runner of the Year

2012 Midget 15 Female Cross Country Runners of the Year

2012 Midget 15 Male Cross Country Runner of the Year

2012 Junior Female Cross Country Runner of the Year

2012 Junior Male Cross Country Runner of the Year

2012 Senior Female Cross Country Runner of the Year

2012 Senior Male Cross Country Runner of the Year

2012 Midget 15 Female Cross Country Runners of the Year

2012 Midget 15 Male Cross Country Runner of the Year

2012 Junior Female Cross Country Runner of the Year

2012 Junior Male Cross Country Runner of the Year

2012 Senior Female Cross Country Runner of the Year

2012 Senior Male Cross Country Runner of the Year

2012 Midget 15 Female Cross Country Runners of the Year

2012 Midget 15 Male Cross Country Runner of the Year

2012 Junior Female Cross Country Runner of the Year

2012 Junior Male Cross Country Runner of the Year...
2012 MASTERS ATHLETES OF THE YEAR

Masters Female Track & Field Athlete of the Year

Christa Bortignon – Age 75
Club: GREY
Christa set 6 Indoor and 4 Outdoor World Records this year (Indoor: 60m, 60mH, 200m, LJ, TJ, Pentathlon and 4x200 relay & Outdoor: 80mH, 200mH, LJ and Pentathlon). She set 19 Canadian records. She was named the North America, Central America and Caribbean Region Female Athlete of the Year and was runner-up for the World Masters Female Athlete of the Year. Her best age graded result was her 80mH world record of 17.71 (105.87%).

Masters Male Track & Field Athlete of the Year

Norm Lesage – Age 82
Club: GREY
For Norm’s 5 best events, his age graded average was 92.89%. He broke the BC record in the 100m 4 times, coming within .02 seconds of the Canadian record with his best time (15.70). He broke his own Canadian record in the 60m (9.90) and set another BC record in the 400m (1:24.83).

Masters Female Cross Country Runner of the Year

Juliette Christie – Age 50
Club: PIH
Juliette had the best combined age graded score for the BC and Canadian Championships. She finished first in her age category in both championships and was the first overall master female in the Pinetree classic.

Masters Male Cross Country Runner of the Year

Norm Tinkham – Age 49
Club: GOLD
Norm had the best combined age graded score for the BC and Canadian Championships. He was the second overall master in the BC Championships and was the 4th best age graded runner from BC in the Canadian Championships to score as part of the BC team that finished second to Ontario in the competition for the Gaat trophy. Norm also finished 4th overall in the Remembrance Day race.

Masters Female Road Runner of the Year

Gwen McFarlan – Age 78
Club: KJAK
In 2012, Gwen was the best age graded road runner with 96.5% average for 5 races. She completed the Vancouver Marathon in 4:03:44, close to her W75-79 World Record (3:57:30). She won her age division in the Scotia Half, Sun Run, Longest Day 5K, Senior Games 10K and Icebreaker 8K.

Masters Male Road Runner of the Year

Kevin O’Connor – Age 45
Club: VFAC
Kevin had another great year, averaging 92.28% for his best 5 races. His best times were: Sun Run (31:33), First Half Marathon (1:08:47), St. Patrick’s Day 5K (15:34) and Harry’s 8K (25:41). In the M45-49 age division, Kevin set BC records in the half marathon (1:09:12) and the 10K (31:48).

Masters Female Cross Country Runner of the Year

Michelle Stiwell
Club: WCRS
Coach: Peter Lawless
Events:
- T52 100m/18.67
- T52 200m/33.58 WRp
- T52 400m/1:05.41 WRp
- T52 800m/2:19.91 WRp
Teams:
- Paralympic Games- 2nd T52 100m, 1st T52 200m
- CDN Paralympic Trials- 3rd T52 100m, 1st T52 200m
Rankings:
- T52 100m: BC Sr-1, CAN Sr-1, WORLD- 1
- T52 200m: BC Sr-1, CAN Sr-1, WORLD- 1
- T52 400m: BC Sr-1, CAN Sr-1, WORLD- 1
Records:
- T52 100m: 18.67 CRp (Boiling Point Elite)
- T52 200m: 33.58 WRp (Notwill, SUI)
- T52 400m: 1:05.41 WRp (Sydney Track Classic)
- T52 800m: 2:19.91 CRp (Notwill, SUI)

2012 PARA-ATHLETICS ATHLETES OF THE YEAR

2012 Para-athletics Female Athlete of the Year

Michelle Stiwell
Club: WCRS
Coach: Peter Lawless
Events:
- T52 100m/18.67
- T52 200m/33.58 WRp
- T52 400m/1:05.41 WRp
- T52 800m/2:19.91 WRp
Teams:
- Paralympic Games- 2nd T52 100m, 1st T52 200m
- CDN Paralympic Trials- 3rd T52 100m, 1st T52 200m
Rankings:
- T52 100m: BC Sr-1, CAN Sr-1, WORLD- 1
- T52 200m: BC Sr-1, CAN Sr-1, WORLD- 1
- T52 400m: BC Sr-1, CAN Sr-1, WORLD- 1
Records:
- T52 100m: 18.67 CRp (Boiling Point Elite)
- T52 200m: 33.58 WRp (Notwill, SUI)
- T52 400m: 1:05.41 WRp (Sydney Track Classic)
- T52 800m: 2:19.91 CRp (Notwill, SUI)

2012 Para-athletics Male Athlete of the Year

Braedon Dolfo
Club: LANG
Coach: Laurier Primeau
Events:
- T13 100m/11.26
- T13 200m/23.00
- T11-13 4x100m/44.90
Teams:
- Paralympic Games - 7th T13 100m, 6th T11-13 4x100m
- CDN Paralympic Trials - 1st T13 100m, 1st T13 200m
Rankings:
- T13 100m: BC Sr-1, CAN Sr-1, WORLD-8
- T13 200m: BC Sr-1, CAN Sr-1, WORLD-T14
- T13 4x100m Relay: CAN-1, WORLD-8
Records:
- T13 100m: 11.26 CRp (Paralympic Games)
- T13 200m: 23.00 CRp (Para-Olympic Last Chance)
2012 EXCELLENCE IN OFFICIATING AWARDS

2012 Ian McNeil Award – Official of the Year

The Ian McNeil Award is awarded to a registered Official who made an outstanding contribution to track and field and exemplified excellence in officiating. The recipient is automatically nominated for the “NOC Official of the Year”

Ted de St. Croix

Club: OATF

Ted officiates a number of meets in the lower mainland each year and he is always willing to help other clubs. He is very calm, and has a great sense of humor. Ted is technically sound and meets work well when he is running the photo finish. He is always at the track to help with set-up or take-down. He is hard-working, knowledgeable and a true asset to any meet he is at.

2012 Mary Temple Award – Novice Official of the Year

A registered Official who, in his/her first 5 years, has focused substantial effort on learning to be an official as well as contributed willingly and unselfishly as a beginner Official.

Vince Sequeira

Club: CRVC

Vince has been officiating “un-officially” for years. He has been involved with the administration of the Campbell River Track Club, and is now “officially” working to advance his officiating skills and credentials. He is knowledgeable, uses common sense, and is calm under pressure and efficient on the field. He is a wonderful part of the officials’ team.

2012 Dave Coupland Award – Inspirational Award

The Dave Coupland Award is presented to a BC Athletics member who has been an inspiration for Officials; someone who has made it fun.

Erin Bell

Club: UNBC

Erin has been an inspiration as an official this year, refusing to slow down even as she has been undergoing chemotherapy treatment. She has been an athlete, so she has a great understanding of the sport. She is always smiling and is a great role model for athletes and other officials.

2012 Ralph Coates Award – Long Standing Service

The Ralph Coaches Award is awarded to a registered Official who has contributed dependable, long term and versatile service to Track & Field.

Ina Wallace

Club: UNBC

Ina Wallace started officiating in the early 1970’s when her son started competing. By the early 1980’s she was a registered official and has been devoting herself to the sport ever since. She advanced quickly to become an international level official who is very competent and highly respected by her peers. She is constantly helping novice officials to learn and develop.

2012 EXCELLENCE IN COACHING AWARDS

2012 Annual Awards Banquet

2012 Coaching Excellence

Moseley Jack

Club: KJAK

Moseley has been coaching at the JD level for 34 years with the Kajaks. As a JD coach, Moseley always makes training fun, and he focuses on personal bests and improvements rather than medals. He is extremely supportive and positive. Moseley is sure to keep updated with all event specifications and objectives of the Long Term Athlete Development program. With his wealth of experience and knowledge from over 40 years of coaching, Moseley always communicates in a clam and positive manner with his athletes and he loves to tell them stories of his past in Track & Field. He is always at practice well ahead of time, and is available long after training ends for his athletes and their parents.

2012 Ralph Coates Award – Long Standing Service

The Ralph Coaches Award is awarded to a registered Official who has contributed dependable, long term and versatile service to Track & Field.

Ina Wallace

Club: UNBC

Ina Wallace started officiating in the early 1970’s when her son started competing. By the early 1980’s she was a registered official and has been devoting herself to the sport ever since. She advanced quickly to become an international level official who is very competent and highly respected by her peers. She is constantly helping novice officials to learn and develop.

2012 Coaching Excellence

Moseley Jack

Club: KJAK

Moseley has been coaching at the JD level for 34 years with the Kajaks. As a JD coach, Moseley always makes training fun, and he focuses on personal bests and improvements rather than medals. He is extremely supportive and positive. Moseley is sure to keep updated with all event specifications and objectives of the Long Term Athlete Development program. With his wealth of experience and knowledge from over 40 years of coaching, Moseley always communicates in a clam and positive manner with his athletes and he loves to tell them stories of his past in Track & Field. He is always at practice well ahead of time, and is available long after training ends for his athletes and their parents.

2012 Ian McNeil Award – Official of the Year

The Ian McNeil Award is awarded to a registered Official who made an outstanding contribution to track and field and exemplified excellence in officiating. The recipient is automatically nominated for the “NOC Official of the Year”

Ted de St. Croix

Club: OATF

Ted officiates a number of meets in the lower mainland each year and he is always willing to help other clubs. He is very calm, and has a great sense of humor. Ted is technically sound and meets work well when he is running the photo finish. He is always at the track to help with set-up or take-down. He is hard-working, knowledgeable and a true asset to any meet he is at.

2012 Coaching Excellence

Moseley Jack

Club: KJAK

Moseley has been coaching at the JD level for 34 years with the Kajaks. As a JD coach, Moseley always makes training fun, and he focuses on personal bests and improvements rather than medals. He is extremely supportive and positive. Moseley is sure to keep updated with all event specifications and objectives of the Long Term Athlete Development program. With his wealth of experience and knowledge from over 40 years of coaching, Moseley always communicates in a clam and positive manner with his athletes and he loves to tell them stories of his past in Track & Field. He is always at practice well ahead of time, and is available long after training ends for his athletes and their parents.

2012 Junior Coaching Excellence

Richard Collier

Club: KJAK

Athletes who are coached by Richard Collier:

- Asianna Covington
  - Discus - 2012 BCRp/CRp
  - Hammer (3kg) - 2012 BCRp/CRp

- Samantha Kennedy
  - Hammer
  - Ranked #1 Jr BC/CAN

Richard has been the Head Coach for Kajaks for 12 years. He was the 2012 BC Senior Team head coach, and the BC Youth Teams throws coach. He was the meet director for the BC Elementary School Championships in 2012, and has been the director for the JD Championships for the past 10 years.

2012 Senior Coaching Excellence

Richard Collier

Club: KJAK

Athletes who are coached by Richard Collier:

- Asianna Covington
  - Discus - 2012 BCRp/CRp
  - Hammer (3kg) - 2012 BCRp/CRp

- Samantha Kennedy
  - Hammer
  - Ranked #1 Jr BC/CAN

Richard has been the Head Coach for Kajaks for 12 years. He was the 2012 BC Senior Team head coach, and the BC Youth Teams throws coach. He was the meet director for the BC Elementary School Championships in 2012, and has been the director for the JD Championships for the past 10 years.
Dr. Anatoliy Bondarchuk
Club: KAML
National Throws Centre Coach
Athletes who are coached by Dr. Anatoliy Bondarchuk:

Dylan Armstrong
Shot Put
 Ranked #1 BC/CAN, #8 WORLD

Adam Keenan
Hammer - 2012 CRp
 Ranked #1 Jr BC/CAN, #12 WORLD

Justin Rodhe
Shot Put
 Ranked #2 BC/CAN, #11 WORLD

Dr Bondarchuk currently coaches full time in the National Throws Centre in Kamloops. As the lead coach, he now produces the annual Throws Fest in Kamloops with his High Performance athletes, giving the opportunity for coaches and athletes to come learn from the best in a practical environment. His work ethic, dedication and commitment to the athletes and the sport of Track & Field is outstanding.

Gerry Dragomir
Club: WALK
Athletes coached by Gerry Dragomir:

Inaki Gomez
20km RW - 2012 BCRp/CRp
 Ranked #1 BC/CAN, #14 WORLD
2012 Olympic Games Team
 Finished 14TH at Olympic Games with CRp

Nicola Evangelista
10km RW - 2012 BCRp
20km RW - 2012 BCRp
 Ranked #1 BC, #2 CAN

Benjamin Thorne
10km RW - 2012 BCRp/CRp
20km RW - 2012 BCRp/CRp
 Ranked #1 BC/CAN, #6 WORLD

In 2012 Gerry was a coach in London for the Olympic Games, a speaker at the 2012 Athletics Canada Development camp, a coach at the World Cup of Race Walk, and the World Junior Championships.

Don Steen
Club: KJAK
Athletes coached by Don Steen:

Curtis Moss
Javelin
 Ranked #1 BC/CAN, #42 WORLD
2012 Olympic Games Team

Don Steen currently coaches full time in the National Throws Centre in Kamloops. As the lead coach, he now produces the annual Throws Fest in Kamloops with his High Performance athletes, giving the opportunity for coaches and athletes to come learn from the best in a practical environment. His work ethic, dedication and commitment to the athletes and the sport of Track & Field is outstanding.

Jessie Dosanjh
Club: UATH

Jessie is receiving this award for his exceptional planning and execution as the Athletics Sport Chair for the 2012 BC Summer Games in Surrey. He had only 8 months to prepare and plan for the Games (where Sport Chairs usually have 2-4 years). Jessie’s team had planned well and executed better making this one of the best ever run Athletics competitions at the Summer Games. He has received praise from the BC Games President on the planning and execution of the competition overall.

Some great feedback from Jessie’s leadership and vision of the event:
  - His volunteer recruitment campaign was so successful, the City of Surrey asked him to stop recruiting because he had 100 signed up by April 2012 (3 months before the games)
  - Each days competition began and ended on time
  - Medal ceremonies were on schedule and made special with formally dressed medal carriers
  - Equipment was always in its place and on time and was moved without drawing any attention
  - Jessie is an excellent leader and his total commitment and effort are recognized with the 2012 Executive of the Year Award.

Dawn Copping
Club: NORW

Club President for the past 7 years, Dawn has been a member of NorWesters Track & Field Club for 31 years; she has served on the Club’s Board of Directors for 30 of these. She is a 17 year veteran of the BC Athletics JD Committee, and has been the Chair for the past 5 years.

  - 10 years as Coaching Coordinator and Administrator of Coaching Services
  - Meet Director and organizer for the North Shore High School Meets
  - BC Summer Games Zone 5 Coordinator since 1995 and has attended 11 Games.
  - BCA Board of Directors: She served several terms as a director, one as Vice Chair in charge of Affiliations and Liaisons and others as Zone 3/4/5 Representative.

John Huber
Club: WALK

The Cooling Water Award is presented to a volunteer who has provided long term service to the JD community.

Cameron Levins

Photo: MARK BATES, 321photos.ca
2011 BC Athletics Hall of Fame Inductee

STEVE KING
Athlete, Coach, Poet, Lyricist, Narrator, Author, Publisher, Educator/Guest Speaker, Counsellor, Announcer, Builder (Athletics & Triathlon)

ATHLETE:
- Success as a school athlete in England in Track & Field, Cross Country Running, Football, Cricket, Gymnastics and Archery
- Race Walking – ranging from 2nd in the 53 Mile London to Brighton; 1st US 50 Mile Championships; Centurion 100 mile in under 24 hours as part of the British Team; to 1st in the BC Seniors Games 5k/10k

COACH:
- Special Olympics Coach

EDUCATOR/COUNSELLOR/GUEST SPEAKER:
Since 1990 Steve has presented over 160 times on the topics of:
- Drug and Alcohol Addiction and Treatment
- Organizational Change
- Marathon Preparation
- Hydration and Electrolytes and Testing
- Marathon Mania w. Rod Dixon, Dick Beardsley & Bruce Deacon
- Performance & Motivation

TV COMMENTATOR / EVENT ANNOUNCER:
- TV Commentator for CBC, TSN, CTV, ESPN, Rogers Sportsnet, Shaw Cable
- Vancouver Sun Run/Vancouver Marathon/World Triathlon Championships/Ironman Canada/BC Winter and Summer Games/Toronto Waterfront Marathon/Canadian 10k Rd Race Championships
- On-site Play-by-Play Announcer – over 150 different events including: '94 Commonwealth Games/’99 Pan Am Games/ Triathlons around the World/Marathons throughout No America/Cross Country Skiing/H2H/W50/ World Police & Fire Games/Cycling/BC Distance Swimming Champs/BC & Cdn XC Champs/Hawaiian Ultraman (double Ironman distance) Championships

HONOURS AND AWARDS:
- Interior Running Association Award
- City of the Year – Penticton & District
- Sports Leadership Award – City of Penticton
- Sport BC President’s Award
- Frontrunners Walk of Fame - Victoria

BUILDER:
- Originator, Director, Board Member;
- Penticton Pounders Running Club/Blossom 10 Miler/ Skaha Lake Ultra Swim/Ironman Canada/Ultraman Canada/Penticton Junior Triathlon

2012 CANADIAN TEAMS – RECOGNITION

The following BC members of Canadian Teams competing in 2012 are recognized for their accomplishments:

2012 WORLD INDOOR CHAMPIONSHIP
Dylan Armstrong Kamloops KAML Shot put
Dr Anatoly Bondarchuk Kamloops KAML National Coach
Dr Wilbour Kelsick Port Moody KAML Medical Staff
Justin Rodhe Kamloops KAML Shot put

2012 NACAC CROSS COUNTRY CHAMPIONSHIP
Maria Bernard Calgary, AB CALW Jr Women 4km
Markus Bill Vancouver ATIS Team Manager
Ryan Cassidy Grande-Digue, N.B., ON2B Sr Men 8km
Cameron Levins Black Creek CVX Sr Men 8km
Kansas Mackenzie Vancouver TBIR Jr Women 4km
Samuel Pawluk Richmond PTGR Sr Men 8km
Jerry Ziai Vancouver UNBC Sr Men 8km

IAAF WORLD RACE WALKING CUP
Creighton Connolly Winfield UNBC 20km RW
Gerry Dragomir Vancouver WALK Team Manager
Evan Dunfee Richmond WALK 20km RW
Nicola Evangeliota Vancouver WALK 20km RW
Inaki Gomez Vancouver WALK 20km RW
Benjamin Thorne KITMAT 20km RW

PANAMERICAN COMBINED EVENTS CUP
Natasha Miller Abbotsford Heptathlon

BOLDER BOULDER 10K
Marilyn Arsenault Victoria UNBC
Rob Watson Guelph ON

2012 WORLD JUNIOR CHAMPIONSHIPS
Benjamin Ayesu-Attah Coquitlam COQC 400m
Asaana Covington Surrey KCAD Discus
Gerry Dragomir Vancouver WALK Team Manager
Georgie Ellement Langley LANG Heptathlon
Adam Keenan Victoria KAML Hammer
Sullivan Parker Vancouver UNBC Shot put
Benjamin Thorne KITMAT 20km RW
James Turner Kelowna OACS Decathlon
Jillian Weir Vancouver UNBC Shot put
Devin Wiebe Vancouver PTGR 800m
Thelma Wright Vancouver UNBC Head Coach

continued next page...
# 2012 CANADIAN TEAMS ...continued

## 2012 OLYMPIC GAMES

Dylan Armstrong  
Kamloops  
KAML  
Shot put

Dr Anatoliy Bondarchuk  
Kamloops  
KAML  
Event Coach

Garfield Crooks  
Vancouver  
Massage Therapist

Sultana Frizell  
Perth, ON  
Hammer

Elizabeth Gleadle  
Vancouver  
UNBC  
Javelin

Wynn Gmitroski  
Vancouver  
Event Coach

Inaki Gomez  
Vancouver  
WALK  
20km RW

Kibwé Johnson  
San Francisco, CA  
USATF  
Hammer

Dr Wilbour Kelsick  
Port Moody  
Chiropractor

Cameron Levins  
Black Creek  
CXC  
5000m

Michael Mason  
NanOOSE Bay  
VRTC  
High Jump

Curtis Moss  
Burnaby  
KJAK  
Javelin

Bob Powls  
Vernon  
Physiotherapist

Justin Rodhe  
Kamloops  
KAML  
Shot put

Jessica Smith  
North Vancouver  
VRTC  
800m

Hilary Stellingwerff  
Sarnia ON  
1500m

Dr Trent Stellingwerff  
Victoria  
Nutritionist

Dr Linda Thyer  
Vancouver  
Physician

## 2012 PARALYMPIC GAMES

Nathan Dewitt  
Surrey  
WCRS  
T34 100m

Braedon Dolfo  
Langley  
LANG  
T11-13 4x100m

Laurier Primeau  
Burnaby  
TWUS  
Head Coach

Michelle Stilwell  
NanOOSE Bay  
WCRS  
T62 100m

Yvonne Visser  
Nanaimo  
Massage Therapist

Dustin Walsh  
Fort Langley  
Guide Runner for Dustin Walsh

## 2012 CHIBA EKIDEN ROAD RACE

Jon Brown  
Victoria  
Team Leader

Geoff Martinson  
Prince George  
PGTF

Rob Watson  
Guelph ON

## 2012 Canadian Cross-Country Championships

Photo: MARK BATES, 321photos.ca