

Cross Country Committee Meeting

February 1, 2009

Richmond, BC

Present: Jerry Tighe (Chair), Maureen de St Croix, Thelma Wright, Maurice Wilson

1. Confirmed Championship Dates:

Mar 7, 2009 NACAC Championships, Orlando FL
Mar 28, 2009 IAAF World Championships, Amman JOR
Oct 31, 2009 BC Championships, Stanley Park
Nov 7, 2009 BC High School Championships, South Surrey
Nov 28, 2009 Canadian Championships, Guelph ON

Oct 30, 2010 BC Championships, TBD
Nov 6, 2010 BC High School Championships, TBD
Nov 27, 2010 Canadian Championships, Guelph ON

2. 2010/2011 BC Championships. Applications to host the 2010 and 2011 BC Championships should be received no later than September 27, 2009.

3. 2011/2012 Canadian Championships. BC will plan to submit a bid to host the 2011 and 2012 Canadian Championships. Sponsorship directed to supporting the national team attending NACAC will likely be essential to any successful bid. The application deadline is expected to be early 2010.

4. Annual Cross Country Awards. The points system was reviewed, and the following changes recommended:

- Add points for participation at NACAC Championships. Because the depth of competition in these championships is unpredictable, it is proposed to award points for Canadian placing only, rather than overall placing.
- Other University meets. Because these meets generally have good depth, propose awarding points to top-10 placings, starting with 6 points for 1st overall.
- Other BCA sanctioned meets. Need to balance reward for participation in regional series meets against the relative depth of competition in these meets, and the differences in competitive opportunities in different parts of the province. Propose awarding 3 points only for 1st overall.

New points table attached. Publish this on the website once approved.

5. Cross Country Training/Racing Trip. Jerry undertook to investigate the possibility of organizing a weekend (Fri to Mon) trip to a US destination, possibly San Diego or Phoenix, on the second weekend of February 2010. Targeted at high school and senior athletes.

6. Long Term Athlete Development Model. The AC recommendations for cross country distances to be run by each age group are shorter than our current championship distances for Midgets and Youths, and would result in a significant step up in distance when entering the Junior age group. Thelma undertook to investigate further the rationale behind the recommendations. Because our provincial and national championships are held in the fall for national team selection in the following year, we must maintain the right for athletes to compete up an age group where appropriate.

7. BC Championships 2009. Need to examine the schedule, with a view to dividing races for the younger age groups which in 2008 resulted in finish line congestion and inaccuracies in the results. Also need to examine the policy for day of event entries, which in 2008 resulted in delays producing full results.

Awards Criteria for BC Athletics Cross Country Awards

Points Awarded:

Competition	10 Points	9 Points	8 Points	7 Points	6 Points	5 Points	4 Points	3 Points	2 Points	1 Points
World Cross Country Championships	1 - 20	21 - 40	41 - 60	61 - 80	81 - 100	101 - 120	121 - 140	141 - 160	161 - 180	181 - 200
Canadian Cross Country Championships	1 - 3	4 - 6	7 - 9	10 - 12	13 - 15	16 -18	19 - 21	22 - 24	25 -27	28 -30
NCAA Championships	1 - 3	4 - 6	7 - 9	10 - 12	13 - 15	16 -18	19 - 21	22 - 24	25 -27	28 -30
BC Athletics Championships	1	2	3	4	5	6	7	8	9	10
NCAA Regional Championships	1	2	3	4	5	6	7	8	9	10
NAIA Regional & finals	1	2	3	4	5	6	7	8	9	10
CIS Championships	1	2	3	4	5	6	7	8	9	10
BC High School Championships	1	2	3	4	5	6	7	8	9	10
Other University meet					1	2	3-4	5-6	7-8	9-10
Other BCA sanctioned meet								1	2	3
Placing on BC Team at Canadian Champs.					1	2	3	4	5	6
Canadian placing at NACAC Championships					1	2	3	4	5-6	7-8

Athletes must be a competitive member of BCA on the date of the event to be awarded points.

To be used to determine annual award winners in the following categories: Midget 15, Youth, Junior and Senior.

Masters award winners are determined by the Masters Committee.