



Track and Field  
Road Running  
Marathons/Ultras  
Cross Country Running  
Race Walking

## 2013 BC Half Marathon Championships

The provincial half marathon road running championship were incorporated into the "First Half" Half Marathon, hosted by the Pacific Road Runners, and was open to any 2013 Junior, Senior, Masters or Road & Trail member of BC Athletics. The Championship winners were Rob Watson and Catrin Jones.

### Championship Results

#### Men

1. Rob Watson	1:05:39	1/4	M2529
2. Matt Clout	1:06:29	1/7	M3034
3. David Jackson	1:07:02	1/5	M3539
4. Jim Finlayson	1:07:04	1/5	M4044
5. Richard Mosley	1:07:35	2/7	M3034
6. Kristopher Swanson	1:08:48	3/7	M3034
7. Dylan Gant	1:09:03	2/4	M2529
8. Craig Odermatt	1:12:01	2/5	M4044
9. Ryan Huff	1:12:15	3/4	M2529
10. Drew Nicholson	1:12:59	4/4	M2529
11. David Palermo	1:13:18	4/7	M3034
12. Stan Jang	1:13:42	3/5	M4044
13. Mark Bennett	1:14:03	1/14	M5054
14. John Machuga	1:14:18	5/7	M3034
15. Neil Holm	1:14:29	1/7	M4549
16. Jeremy Hopwood	1:18:08	6/7	M3034
17. Barry Young	1:19:33	2/5	M3539
18. Larry Lorette	1:20:12	2/7	M4549
19. Jeremy Hill	1:21:57	2/14	M5054
20. Samuel Gilsig	1:22:14	1/1	M2024
21. Dave Stephens	1:23:02	3/14	M5054
22. Russ Ladd	1:23:07	4/14	M5054
23. Tim Smith	1:23:47	5/14	M5054
24. Brian Wynhoven	1:24:05	4/5	M4044
25. Joshua Weiss	1:24:35	3/5	M3539
26. Dave Frilund	1:25:04	1/6	M5559
27. Darbara Ghuman	1:25:36	3/7	M4549
28. Mike Fertuck	1:26:16	4/5	M3539
29. Robert Uebbing	1:26:34	4/7	M4549
30. Tim Nixon	1:26:52	5/7	M4549
31. Matt Sessions	1:27:07	6/7	M4549
32. Kevin Zakreski	1:27:57	5/5	M4044
33. Walter Scott	1:28:57	7/7	M4549
34. Robert Watt	1:29:12	6/14	M5054
35. David Huxley	1:29:18	2/6	M5559
36. Ben Hanemaayer	1:29:42	7/7	M3034
37. Palmer Wright	1:30:15	7/14	M5054
38. Mark Shorter	1:34:18	3/6	M5559
39. Tony Lopes	1:35:20	8/14	M5054

40. Mike Dowling	1:36:39	1/6	M6569
41. Iqbal Dhatt	1:36:48	5/5	M3539
42. Rob Roberts	1:37:08	9/14	M5054
43. Ted Walraven	1:39:38	4/6	M5559
44. Kim Jow	1:41:27	10/14	M5054
45. David Seabrook	1:42:08	11/14	M5054
46. Chris Chan	1:42:11	12/14	M5054
47. Jake Madderm	1:44:58	2/6	M6569
48. Ray Baker	1:46:21	3/6	M6569
49. John Makepeace	1:48:19	13/14	M5054
50. Steven Lowe	1:48:35	1/3	M6064
51. Rod Waterlow	1:49:17	1/2	M7579
52. Roger Roufosse	1:50:18	2/2	M7579
53. Dennis Krochak	1:53:44	4/6	M6569
54. Akram Khan	1:55:25	1/1	M7074
55. Murray Fox	2:01:59	5/6	M5559
56. Francis Yuen	2:02:03	6/6	M5559
57. Rick Horne	2:02:21	2/3	M6064
58. Pat Cheung	2:09:35	3/3	M6064
59. Gerald Tincher	2:12:54	5/6	M6569
60. Ben Seghers	2:17:06	6/6	M6569
61. Greg White	2:31:27	14/14	M5054

#### Women

1. Catrin Jones	1:17:35	1/8	F3034
2. Ellie Greenwood	1:18:44	2/8	F3034
3. Catherine Watkins	1:19:00	1/8	F4044
4. Erin Burrett	1:20:18	3/8	F3034
5. Shannon Thompson	1:22:32	4/8	F3034
6. Care Nelson	1:23:09	1/3	F2529
7. Tara Klassen	1:23:22	1/2	F3539
8. Alexandra Lea	1:25:32	2/3	F2529
9. Devon Mihalyi	1:25:40	5/8	F3034
10. Beth Bentley	1:25:58	2/8	F4044
11. Courtney Powell	1:26:20	1/4	F2024
12. Lissa Zimmer	1:26:29	2/4	F2024
13. Helen Ritchie	1:27:10	1/6	F4549
14. Tracy Wakaluk	1:27:36	3/8	F4044
15. Allison Tai	1:27:41	6/8	F3034
16. Mary Walsh	1:28:08	4/8	F4044
17. Allison Ezzat	1:29:33	7/8	F3034
18. Mirabelle Tinio	1:29:42	2/2	F3539
19. Alicia Woodside	1:31:03	3/4	F2024
20. Jennifer McCormack	1:31:41	4/4	F2024
21. Sue Kwan	1:32:23	8/8	F3034
22. Pamela Campbell	1:33:27	2/6	F4549
23. Carie Moran	1:34:00	5/8	F4044
24. Tanya Zarin	1:35:20	6/8	F4044
25. Jackie Davidson	1:38:45	1/3	F5054
26. Krysta Cochrane	1:40:40	3/3	F2529
27. Jane De Lemos	1:40:47	3/6	F4549
28. Sabrina Wong	1:41:52	7/8	F4044
29. Danielle Bradley	1:42:46	8/8	F4044
30. Dee Makepeace	1:42:47	4/6	F4549
31. Beverli Barnes	1:46:26	2/3	F5054
32. Lynne Dueck	1:50:26	1/3	F5559
33. Lucille Pellew	1:53:33	1/1	F6064
34. Angela Huxham	1:57:21	2/3	F5559

35. Laurie Brookbank	2:02:13	2/3	F5559
36. Helen Sabourin	2:04:24	1/1	F7074
37. Bari-Elyn Wise	2:10:50	5/6	F4549
38. Elizabeth Boghean	2:22:22	6/6	F4549
39. Marilyn Richardson	2:29:34	3/3	F5054
40. Betty Jean McHugh	2:32:48	1/1	F8589

Congratulations,

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