

ROAD RUNNING COMMITTEE MEMBERS

Clifton Cunningham – Chair
 Frank Stebner – Vice / Former Chair
 Geoffrey Buttner – Secretary
 Bob Reid – Treasurer
 Jake Madderom

Rick Jenkner
 Jordan Myers
 Cindy Rhodes
 Jim Hinze – BCA Board of Directors Representative
 Maurice Wilson – BCA Staff Representative

1. INTRODUCTION

Thank you to the members for the Road Running Committee for their continued work throughout the year. The committee represents a number of races throughout the province and each has firsthand experience with the issues that face road running now and in the future.

The Road Running Committee continues to work to increase the number of BCA Sanctioned events, increase BCA Road Running membership and benefits, help the running community define “good” events and assist BCA in defining Road Running policy. For specifics on our efforts past and future, please refer to our meeting minutes posted with BCA. Or please inquire with BCA or a member of the committee about joining the committee.

2. 2012 BCA ROAD RACE CHAMPIONSHIPS

BCA Road Running championships were held in 2012 for the 5k, 8k, 10k, Half-Marathon and Marathon distances. The field of eligible competitors, with appropriate memberships, continues to increase each year. With events now hosting Championships for two years, it allows Race Organizers to effectively promoted the event for the benefit of BCA and the Events.

We would like to thank the events below and their organizers and volunteers for hosting the championships this year. Included are the BCA 2012 Champions and the tentative 2013 dates for the events.

BCA 5K Road Race Championships BMO St. Patrick's Day 5K March 17, 2012 / March 16, 2013 Vancouver, BC Organized by: Pronto Events	Men 1. Kevin Friesen 15:15 1/5 M2024 2. Blair Johnston 15:27 2/5 M2024 3. Kevin O'Connor 15:35 1/6 M4044 4. Rowan Forseth 15:53 3/5 M2024 5. David Palermo 15:53 1/9 M2529	Women 1. Gillian Gook 17:50 1/4 F2529 2. Amy Schneeberg 18:01 1/11 F3034 3. Katherine Moore 18:17 2/11 F3034 4. Natasha Fraser 18:18 3/11 F3034 5. Erin Burrett 18:20 4/11 F3034
BCA 8K Road Race Championships Running Room Shaughnessy 8K May 27, 2012/ May 26, 2013 Vancouver, BC Organized by Lions Gate Road Runners	Men 1. David Palermo 26:36 1/2 M2529 2. Drew Nicholson 27:17 2/2 M2529 3. Mark Bennett 27:22 1/3 M5054 4. Carey Nelson 27:36 1/6 M4549 5. Brian Wynhoven 29:25 1/4 M4044	Women 1. Catrin Jones 29:23 1/2 F3034 2. Care Nelson 29:58 1/2 F2529 3. Kristin Smart 30:28 2/2 F2529 4. Amy Schneeberg 30:50 2/2 F3034 5. Karen Warrendorf 31:41 1/2 F3539
BCA 10K Road Race Championships Vancouver Sun Run 10K April 15, 2012 / April 14, 2013 Vancouver, BC Organized by: Vancouver Sun	Men 1. Samuel Pawluk 30:56 1/10 M2529 2. Kevin Friesen 31:00 1/9 M2024 3. Ben Thistlewood 31:01 2/9 M2024 4. Jeremiah Ziak 31:20 1/11 M3539 5. Kevin O'Connor 31:33 1/11 M4044	Women 1. Natasha Fraser 34:13 1/10 F3034 2. Marilyn Arsenault 35:04 1/9 F4044 3. Anne-Marie Madden 35:12 2/10 F3034 4. Lucy Smith 35:23 2/9 F4044 5. Catrin Jones 36:08 3/10 F3034

BCA Half Marathon Championships Pacific Road Runners First Half Marathon February 12, 2012 / February 11, 2013 Vancouver, BC Organized by: Pacific Road Runners	Men 1. Steve Osaduik 1:07:27 1/1 M3034 2. Jeff Symonds 1:07:42 1/4 M2529 3. Jeremiah Ziak 1:08:19 1/5 M3539 4. Kevin O'Connor 1:08:48 1/11 M4044 5. Dylan Gant 1:10:04 2/4 M2529	Women 1. Natasha Fraser 1:16:19 1/10 F3034 2. Shauna Skinner 1:19:25 1/10 F2529 3. Anne-Marie Madden 1:19:59 2/10 F3034 4. Erin Burrett 1:20:56 3/10 F3034 5. Heather Durkin 1:21:55 4/10 F3034
BCA Marathon Championships Goodlife Fitness Victoria Marathon, Half Marathon and 8K October 7, 2012, October 13, 2013 Victoria, BC Organized by: Victoria Marathon Society	Men 1. Graeme Wilson 2:29:17 1/4 40-44 2. Ryan Day 2:35:09 1/4 30-34 3. Trevor Haaheim 2:35:55 2/4 40-44 4. Jeremy Clegg 2:36:39 2/4 30-34 5. Hugh Trenchard 2:42:51 3/4 40-44	Women 1. Nadyia Fry 2:47:36 1/1 25-29 2. Catrin Jones 2:49:02 1/3 30-34 3. Gillian Clayton 2:53:43 2/3 30-34 4. Rika Hatachi 3:01:25 1/4 45-49 5. Jacqui Benson 3:05:59 3/3 30-34

3. 2012 AC NATIONAL ROAD RACE CHAMPIONSHIPS

Athletics Canada hosted three road running championships in 2012, below are the results for our BC athletes, for full results please see the hosting events websites.

Canadian Half-Marathon Road Race Championships

Demi Marathon du Montreal

April 29, 2012

Montreal, QC

Organized by: Canada Running Series

Men

5 1:07:33.1 7 CLOUT, Matt M 30 Victoria

Women

4 1:18:42.0 34 MADDEN, Anne-Marie F 31 Vancouver

8 1:21:40.8 33 BURRETT, Erin F 30 Nanaimo

Canadian Marathon Road Race Championships

Ottawa Marathon

May 27, 2012

Toronto Ontario

Organized by: Ottawa Marathon

Championship results, missing from Athletics.ca

Canadian 10K Road Race Championships

Oasis Zoo Run 10K

September 22, 2012

Toronto Ontario, BC

Organized by: Canada Running Series

Women

4 34:29.8 34:29.0 3:27 54 FRASER, Natasha Port Moody BC 4/1821 1/372 F30-34 16:41.8 17:47.2

10 36:53.8 36:52.8 3:42 59 WILKIE, Sabrina Vancouver BC 13/1821 5/400 F25-29 18:05.6 18:47.3

12 37:19.7 37:18.9 3:44 55 BURRETT, Erin Nanaimo BC 15/1821 5/372 F30-34 18:15.4 19:03.6

13 37:47.6 37:47.1 3:47 86 MOORE, Katherine Vancouver BC 17/1821 18:26.9 19:20.2

Men

6 31:07.9 31:07.9 3:07 14 PAWLUK, Sam Richmond BC 7/1013 4/170 M25-29 15:07.8 16:00.2

9 31:46.8 31:46.0 3:11 13 JACKSON, David Abbotsford BC 10/1013 1/163 M35-39 15:38.4 16:07.6

10 32:00.7 32:00.1 3:13 4 ZIAK, Jerry Vancouver BC 11/1013 2/163 M35-39 15:50.9 16:09.3

17 33:35.7 33:35.7 3:22 28 ODERMATT, Craig Victoria BC 19/1013 2/117 M40-44 16:31.8 17:04.0

4. 2012 TIMEX SERIES RESULTS AND 10K FINALE

Extracted from the BCA Bulletin –

The final race in the 2012 Timex BC Road Running Series was run on Sunday, in conjunction with the Kelowna Midsummer 8K.

In Kelowna, John Machuga and Catrin Jones were the individual race winners, as both consolidated their places in the overall series standings. Machuga was a clear winner in 27:09, over Hans Aabye and Nate Reiter. Jones was an even more emphatic winner in 29:26, over Amy Buzikievich and Michelle Blackburne.

The top four overall finishers in the series receive cash prizes, and invitations to represent BC at the Timex Series Finale and National 10K Championship in Toronto in September. The next three finishers receive Timex merchandise.

The series comprised of fifteen races from 5K to Half Marathon, throughout BC, between January and July. Series scoring is based on performance.

The 2012 Timex BC Series winners were:

MEN

1. Sam Pawluk, 4348 pts
2. Kevin O'Connor, 4244 pts
3. Dylan Gant, 4222 pts
4. Craig Odermatt, 4173 pts
5. John Machuga, 4011 pts
6. Drew Nicholson, 4006 pts
7. Carey Nelson, 3959 pts

WOMEN

1. Natasha Fraser, 4401 pts
2. Sabrina Wilkie, 4228 pts
3. Melissa Ross, 4222 pts
4. Catrin Jones, 4209 pts
5. Care Nelson, 4144 pts
6. Erin Burrett, 4130 pts
7. Katherine Moore, 4100 pts

Canadian 10K TIMEX Road Race Championships

Oasis Zoo Run 10K

September 24, 2011

Toronto Ontario, BC

Organized by: Canada Running Series

10k Run Awards - Canadian Championship - Overall Male

6 31:07.9 14 PAWLUK, Sam M 27 Richmond

10k Run Awards - Canadian Championship - Overall Female

4 34:29.8 54 FRASER, Natasha F 30 Port Moody

10k Timex Provincial Team - Men's Teams

1. 1:34:55.4 BC(31:38.5)

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1	31:07.9	14 PAWLUK, Sam	M27
2	31:46.8	13 JACKSON, David	M36
3	32:00.7	4 ZIAK, Jerry	M36
4 (33:35.7)	28 ODERMATT, Craig	M42

10k Timex Provincial Team - Women's Teams

1. 1:48:43.3 BC(36:14.5)

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1	34:29.8	54 FRASER, Natasha	F30
2	36:53.8	59 WILKIE, Sabrina	F27
3	37:19.7	55 BURRETT, Erin	F30
4	(37:47.6)	86 MOORE, Katherine	F

10k Timex Provincial Team - Mixed Teams

1. 2:14:15.7 BC(33:34.0)

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1	31:07.9	14 PAWLUK, Sam	M27
2	31:46.0	13 JACKSON, David	M36
3	34:29.0	54 FRASER, Natasha	F30
4	36:52.8	59 WILKIE, Sabrina	F27

5. BCA AGM ROAD RUNNING AWARDS

The road running committee is also responsible for selecting the annual junior and senior road runners of the year.

The winners for 2012 are:

Senior Male – Sam Pawluk

Club: Point Grey Track Club

Coach: Richard Lee

2012 BC 10K Champion

2012 Timex BC Road Race Series Champion

2012 Cdn 10K Road Race Champs – 6th

Rankings

5K / 14:55, BC – 3, CAN – 3

8K / 24:37, BC – 1, CAN – 5

10K / 30:44, BC – 2, CAN – 11

Senior Female – Natasha Fraser

Club: Prairie Inn Harriers Racing Team

Coach: Brit Townsend

2012 BC 10K & Half Marathon Champion

2012 Timex BC Road Race Series Champion

2012 Cdn 10K Road Race Champs – 4th

Rankings

5K / 16:45, BC – 2, CAN – 7

10K / 34:13, BC – 1, CAN – 4

Half / 1:14:06, BC – 1, CAN – 2

Junior Male – Joel Deschiffart

Club: Nanaimo Track & Field Club / Trinity

Western University

Coach: Allen Johnston / Mark Bomba

2012 Vancouver Island Race Series Junior

Champion

Rankings

5K / 15:38, BC – 2, CAN – 3

10K / 33:28, BC – 2, CAN – 2

Junior Female – Kirsten Lee

Club: Point Grey Track Club

Coach: Richard Lee

2012 BC 10K Junior Champion

Rankings

5K / 20:17, BC – 1, CAN – 7

10K / 42:25, BC – 1, CAN – 1

6. BCA ROAD RUNNING COMMITTEE 2012 AGM

The BCA Road Running Committee 2012 AGM will be scheduled for early in the new calendar year, please note BCA for meeting time and location.