

2008 BC SENIOR GAMES - 9/11/2008 to 9/13/2008 Masich Stadium, Prince George

The 21st annual BC Seniors Games was hosted by Prince George from September 10-13. It was the first time that the Games had returned to a location that had previously hosted the Games. The multi-sport event, from archery to whist, attracted almost 3000 athletes aged 55 plus from around the province. With the addition of equestrian, there were 27 sports in this years' Games. Track and field, which was hosted by the Prince George Track and Field Club, attracted about 150 participants. The meet was held in Masich Stadium, named in honour of Tom Masich, long time coach and supporter of track and field in Prince George.

The cost of the medals was paid for by the Canadian Legion, the longest serving contributors to the Games. Athletes were provided with free box lunches every day except on Saturday. On Friday night, there was a banquet, dinner and dance at the Kinsmen Centre. The feature entertainer, comedian and impersonator Tracey Bell, had the crowd laughing and involved throughout her very entertaining show. Tracey 'invited' several seniors to join her on stage.

The W80 4x100m relay team of Hildegard Buschhaus, Olga Kotelko, Doreen McLeod-Smith and Leona Smith broke the **World Record**. Their time of 1:49.15 bettered the old record of 1:59.63 set by a Brazilian team in 2006, by more than ten seconds.

The W80 relay result was the only record set on the track. All other records were set in field events, either in the jumps or throws. In total, the athletes bettered the listed Canadian Masters records 12 times (all by the womem) and the listed BC Masters records 26 times.

The W75 division had three outstanding women in the throwing events. Myrtle Acton, who has five Canadian Masters records pending this year, bettered the listed Canadian records six times, setting new Canadian records in the hammer (20.22m), weight (8.43m) and weight pentathlon (3899 points). Besides Myrte, Mae Turek the current Canadian W75 record holder, and Maxine Smallwood, also bettered the listed weight throw record. Maxine also bettered the listed Canadian W75 record in the weight pentathlon and Mae bettered the listed Canadian W75 hammer record. However, only Myrtle's superior throws will become the new Canadian W75 records.

Hildegard Buschhaus set a new Canadian Masters standard in the W80 triple jump (3.29m)

New BC Masters jumps records were set by Tony Badowski in the M65 long jump (4.81m), Wolfgang Rost in the W85 long jump (2.42m), Merle Irving in the W75 long jump (2.23m), Keith Taylor in the W75 high jump (1.20m) and Wolfgang in the W85 high jump (0.90m).

John Hawkins set two new M55 BC Masters throws records in the weight throw (12.36m) and weight pentathlon (3387 points). Ewing McLaren (M80) also set two new BC Masters records in the hammer (19.89m) and weight (8.22m).

Next year the BC Seniors Games will be hosted by Richmond from September 16-19 and in 2010 the Games will return to Comox Valley/Campbell River from September 15-18.

CR Betterers the listed Canadian Masters record

BC Betterers the listed B. C. Masters record

MIXED MEN/WOMEN 4X100 METRE RELAY

1 Fraser Valley Zone 3 'A'	1:01.83
1) Hankey, Michelle (60) 2) Badowski, Tony (65)	
3) Hayley, Urith (57) 4) Bell, Phil (57)	
2 North Central Zone 9 'B'	1:06.53
3 Lower Mainland Zone 4 'A'	1:12.94
1) Lee, Ella 70 2) Noort, Klazina 75	
3) Pawluk, Fred 61 4) Winfield, John 62	
4 North Central Zone 9 'A'	1:24.10

WOMENS RESULTS

W55 100 Meter Dash

1 Burns, Jackie	W55 Zone 9	16.31	-1.8
2 Hayley, Urith	W57 Zone 3	16.35	-1.8
3 Avis, Linda	W58 Zone 6	19.40	-1.8
4 Haas, Linda	W58 Zone 8	22.56	-1.8

W60 100 Meter Dash

1 Hankey, Michelle	W60 Zone 3	17.58	-2.4
2 Graf, Donna	W60 Zone 10	18.63	-2.4
3 Allander, Kicki	W61 Zone 5	18.80	-2.4

W65 100 Meter Dash

1 Radcliffe, Marg	W66 Zone 1	20.81	-2.4
-------------------	------------	-------	------

W70 100 Meter Dash

1 Lee, Ella	W70 Zone 4	20.30	-2.4
2 Campbell, Zena	W74 Zone 9	29.85	-2.4

W75 100 Meter Dash

1 Noort, Klazina	W75 Zone 4	21.92	-2.8
2 Irvine, Merle	W77 Zone 5	22.27	-2.8

W80 100 Meter Dash

1 Smith, Leona	W80 Zone 10	25.32	-2.8
2 Mcleod-Smith, Doreen	W83 Zone 4	25.73	-2.8
3 Buschhaus, Hildegard	W80 Zone 2	27.97	-2.8

W85 100 Meter Dash

1 Kotelko, Olga	W89 Zone 4	27.35	-2.8
-----------------	------------	-------	------

W55 200 Meter Dash

1 Burns, Jackie	W55 Zone 9	33.99	-0.2
2 Hayley, Urith	W57 Zone 3	34.21	-0.2
3 Avis, Linda	W58 Zone 6	42.57	-0.2
4 Haas, Linda	W58 Zone 8	50.15	-0.2

W60 200 Meter Dash

1 Hankey, Michelle	W60 Zone 3	36.43	-0.2
2 Wood, Carolyn	W61 Zone 9	38.69	-0.2

W65 200 Meter Dash

1 Saunders, Barbara	W68 Zone 6	43.89	+0.0
---------------------	------------	-------	------

W70 200 Meter Dash

1 Lee, Ella	W70 Zone 4	42.91	+0.0
2 Steinfeld, Frances	W70 Zone 3	45.24	+0.0
3 Campbell, Zena	W74 Zone 9	1:04.95	+0.0

W75 200 Meter Dash

1 Noort, Klazina	W75 Zone 4	45.42	-1.7
------------------	------------	-------	------

W80 200 Meter Dash

1 Smith, Leona	W80 Zone 10	55.24	-1.7
2 Mcleod-Smith, Doreen	W83 Zone 4	59.71	-1.7
3 Buschhaus, Hildegard	W80 Zone 2	1:02.89	-1.7

W85 200 Meter Dash

1 Kotelko, Olga	W89 Zone 4	1:02.38	-1.7
-----------------	------------	---------	------

W55 400 Meter Dash

1 Burns, Jackie	W55 Zone 9	1:22.72	
2 Hayley, Urith	W57 Zone 3	1:25.96	
3 Avis, Linda	W58 Zone 6	1:36.70	
4 Haas, Linda	W58 Zone 8	1:50.27	

W60 400 Meter Dash		
1 Hankey, Michelle	W60 Zone 3	1:26.10
2 Wood, Carolyn	W61 Zone9	1:27.09
3 Naidoo, Pauline	W63 Zone 2	1:30.24
4 Hiom, Annette	W61 Zone 2	1:44.21
W65 400 Meter Dash		
1 Saunders, Barbara	W68 Zone 6	1:34.79
W70 400 Meter Dash		
1 Campbell, Zena	W74 Zone9	2:35.67
2 Brown, Gladys	W71 Zone 5	2:55.16
W75 400 Meter Dash		
1 Montgomery, Lenore	W78 Zone 4	1:51.48
W80 400 Meter Dash		
1 Killat, Brigitte	W80 Zone 2	2:32.09
W85 400 Meter Dash		
1 Kotelko, Olga	W89 Zone 4	3:05.23
W55 800 Meter Run		
1 Burns, Jackie	W55 Zone9	3:32.79
W60 800 Meter Run		
1 Hopson, Celine	W61 Zone 3	3:21.41
2 Naidoo, Pauline	W63 Zone 2	3:26.75
3 Wood, Carolyn	W61 Zone9	3:33.00
4 Dilasser, Liz	W64 Zone 4	3:40.67
5 Hankey, Michelle	W60 Zone 3	3:40.82
6 Hiom, Annette	W61 Zone 2	3:46.23
W65 800 Meter Run		
1 Saunders, Barbara	W68 Zone 6	3:33.80
2 Kinnee, Evelyn	W69 Zone 5	4:28.37
3 Delf, Margaret	W69 Zone 5	4:49.25
W70 800 Meter Run		
1 Brown, Gladys	W71 Zone 5	6:00.85
2 Campbell, Zena	W74 Zone9	6:07.02
W75 800 Meter Run		
1 Montgomery, Lenore	W78 Zone 4	4:04.61
2 Turek, Mae	W75 Zone 4	6:55.04
W55 1500 Meter Run		
1 Burns, Jackie	W55 Zone9	7:10.34
2 Johnston, Marlene	W58 Zone9	8:00.94
W60 1500 Meter Run		
1 Hopson, Celine	W61 Zone 3	6:43.59
2 Naidoo, Pauline	W63 Zone 2	6:47.78
3 Dilasser, Liz	W64 Zone 4	7:12.42
4 Wood, Carolyn	W61 Zone9	7:21.25
5 Hiom, Annette	W61 Zone 2	7:27.01
6 Dillabough, Elnora	W60 Zone 10	12:42.05
W65 1500 Meter Run		
1 Saunders, Barbara	W68 Zone 6	7:16.19
2 Rayson, Min	W66 Zone 5	7:28.48
3 Kinnee, Evelyn	W69 Zone 5	8:50.64
W70 1500 Meter Run		
1 Steinfeld, Frances	W70 Zone 3	8:24.23
2 Brown, Gladys	W71 Zone 5	12:39.26

W75 1500 Meter Run			
1 Montgomery, Lenore	W78 Zone 4		7:57.41
W80 1500 Meter Run			
1 Killat, Brigitte	W80 Zone 2		10:44.59
W55 5000 Meter Run			
1 Johnston, Marlene	W58 Zone 9		32:47.17
W60 5000 Meter Run			
1 Hopson, Celine	W61 Zone 3		25:03.10
2 Naidoo, Pauline	W63 Zone 2		25:09.56
3 Dilasser, Liz	W64 Zone 4		25:26.06
4 Wood, Carolyn	W61 Zone 9		27:15.69
5 Hiom, Annette	W61 Zone 2		27:42.37
W65 5000 Meter Run			
1 Rayson, Min	W66 Zone 5		27:25.11
2 Saunders, Barbara	W68 Zone 6		28:38.62
3 Kinnee, Evelyn	W69 Zone 5		31:54.04
W70 5000 Meter Run			
1 Steinfeld, Frances	W70 Zone 3		29:26.86
W75 5000 Meter Run			
1 Montgomery, Lenore	W78 Zone 4		27:25.07
-- Yule, Jean	W76 Zone 9		DNF
W60 10000 Meter Run			
1 Hopson, Celine	W61 Zone 3		51:35.08
2 Naidoo, Pauline	W63 Zone 2		53:06.77
3 Dilasser, Liz	W64 Zone 4		53:12.37
4 Hiom, Annette	W61 Zone 2		57:23.15
W65 10000 Meter Run			
1 Rayson, Min	W66 Zone 5		56:38.39
2 Farinha, Sharon	W66 Zone 2		59:53.99
W70 10000 Meter Run			
1 Steinfeld, Frances	W70 Zone 3		1:02:35.02
W75 10000 Meter Run			
1 Montgomery, Lenore	W78 Zone 4		1:00:17.24
W55 4x100 Meter Relay Exhibition			1:07.80
1)Hankey, Michelle 60	2)Hayley, Urith 57		
3)Burns, Jackie 55	4)Graf, Donna 60		
W70 4x100 Meter Relay Exhibition			DQ
1)Lee, Ella 70	2)Irvine, Merle 77		
3)Steinfeld, Frances 70	4)Noort, Klazina 75		
W80 4x100 Meter Relay Exhibition			1:49.15 WORLD RECORD
1)Buschhaus, Hildegard 80	2) Kotelko, Olga 89		
3)McLeod-Smith, Doreen 83	4) Smith, Leona 80		
WOMEN 4x400 Meter Relay PWalk			
1 North Central Zone 9 'A'			10:45.33
2 Okanagan Similkameen Zone 5 'A'			10:53.46
3 Vancouver Island North Zone 2 'A'			11:05.22
4 Fraser Valley Zone 3 'A'			11:05.25
WOMEN 2000 Metre Medley Relay			
1 Fraser Valley Zone 3 'A'			8:16.65
2 Vancouver Island North Zone 2 'A'			8:47.75
3 North Central Zone 9 'A'			9:01.72
4 Lower Mainland Zone 4 'A'			9:25.02

1)Montgomery, Lenore 78 2)Lee, Ella 70
 3)Noort, Klazina 75 4)Dilasser, Liz 64

W55 High Jump

1 Meise, Linda W59 Zone9 0.90m
 2 Johnston, Marlene W58 Zone9 0.85m

W65 High Jump

1 Anderson, Sandy W68 Zone1 1.15m
 2 Radcliffe, Marg W66 Zone1 1.05m
 3 Hoover, Virginia W67 Zone 11 0.90m

W80 High Jump

1 Buschhaus, Hildegard W80 Zone 2 0.70m

W85 High Jump

1 Kotelko, Olga W89 Zone 4 0.79m

W55 Long Jump

1 Meise, Linda W59 Zone9 2.60m -0.7
 2 Jacob, Penny W58 Zone9 1.92m -1.0
 3 Johnston, Marlene W58 Zone9 1.74m -1.1

W60 Long Jump

1 Allander, Kicki W61 Zone 5 2.78m -0.8
 2 Matus, Diane W63 Zone9 2.36m -0.7

W65 Long Jump

1 Anderson, Sandy W68 Zone1 2.81m -1.1
 2 Radcliffe, Marg W66 Zone1 2.62m -0.1
 3 Hoover, Virginia W67 Zone 11 2.20m -0.5

W70 Long Jump

1 Kristian, Arna W74 Zone9 1.87m -0.7
 2 Campbell, Zena W74 Zone9 0.90m -0.6

W75 Long Jump

1 Irvine, Merle W77 Zone 5 2.23m -0.9
 2 Gorden, Victoria W76 Zone 7 1.29m -0.6

BC

W80 Long Jump

1 Smith, Leona W80 Zone 10 1.94m -0.3
 2 Buschhaus, Hildegard W80 Zone 2 1.66m -0.4

W85 Long Jump

1 Kotelko, Olga W89 Zone 4 1.72m -1.3

W55 Triple Jump

1 Meise, Linda W59 Zone9 5.79m 0.9
 2 Jacob, Penny W58 Zone9 5.16m 1.3

W60 Triple Jump

1 Matus, Diane W63 Zone9 4.55m 1.1

W65 Triple Jump

1 Hoover, Virginia W67 Zone 11 5.39m 1.2
 2 Collinson, Yvonne W68 Zone 3 4.83m 1.1

W70 Triple Jump

1 Kristian, Arna W74 Zone9 3.75m 1.1
 2 Campbell, Zena W74 Zone9 2.37m 0.8

W75 Triple Jump

1 Gorden, Victoria W76 Zone 7 2.69m 2.7

W80 Triple Jump

1 Buschhaus, Hildegard W80 Zone 2 3.29m 0.7

CR

W85 Triple Jump

1 Kotelko, Olga W89 Zone 4 3.98m 1.5

W55 Shot Put 3 kg

1 Jonker, Helena	W57 Zone9	7.25m
2 Frenette, Sheila	W57 Zone9	7.13m
3 Meyer, Terri	W57 Zone9	6.79m

W60 Shot Put 3 kg

1 Closkey, Cheryl	W60 Zone 6	6.84m
2 Hankey, Michelle	W60 Zone 3	6.75m
3 Graf, Donna	W60 Zone 10	6.15m
4 Vaughn, Carol	W60 Zone9	5.14m

W65 Shot Put 3 kg

1 Anderson, Sandy	W68 Zone1	7.50m
2 Radcliffe, Marg	W66 Zone1	6.87m
3 Hoover, Virginia	W67 Zone 11	6.25m

W70 Shot Put 3 kg

1 Steinfeld, Frances	W70 Zone 3	6.26m
2 Kristian, Arna	W74 Zone9	4.91m
3 Morfitt, Peggy	W70 Zone1	4.89m
4 Campbell, Zena	W74 Zone9	4.10m

W75 Shot Put 3 kg

1 Acton, Myrtle	W75 Zone 5	6.67m
2 Turek, Mae	W76 Zone 4	6.25m
3 Irvine, Merle	W77 Zone 5	5.32m
4 Smallwood, Maxine	W79 Zone 10	4.65m
5 Chambers, Eleanora	W78 Zone 10	4.64m
6 Gorden, Victoria	W76 Zone 7	4.61m

W80 Shot Put 3 kg

1 Buschhaus, Hildegard	W80 Zone 2	4.61m
2 Gamache, Rosa	W84 Zone9	4.26m
3 Mcleod-Smith, Doreen	W83 Zone 4	3.96m

W85 Shot Put 3 kg

1 Kotelko, Olga	W89 Zone 4	4.88m
2 Doll, Alice	W87 Zone 11	4.60m

W55 Discus Throw 1.0 kg

1 Frenette, Sheila	W57 Zone9	19.59m
2 Meise, Linda	W59 Zone9	14.85m
3 Meyer, Terri	W57 Zone9	13.74m
4 Jonker, Helena	W57 Zone9	12.98m

W60 Discus Throw 1.0 kg

1 Closkey, Cheryl	W60 Zone 6	21.59m
2 Graf, Donna	W60 Zone 10	14.35m
3 Allander, Kicki	W61 Zone 5	13.58m
4 Vaughn, Carol	W60 Zone9	11.68m

W65 Discus Throw 1kg

1 Anderson, Sandy	W68 Zone1	18.80m
2 Brand, Kathy	W66 Zone 8	17.16m
3 Radcliffe, Marg	W66 Zone1	16.20m
4 Hoover, Virginia	W67 Zone 11	16.13m
5 Collinson, Yvonne	W68 Zone 3	12.27m

W70 Discus Throw 1kg

1 Morfitt, Peggy	W70 Zone1	11.22m
2 Kristian, Arna	W74 Zone9	9.76m
3 Campbell, Zena	W74 Zone9	8.62m

W75 Discus Throw 1kg/750gm

1 Acton, Myrtle	W75 Zone 5	18.23m
2 Turek, Mae	W76 Zone 4	16.41m

3	Smallwood, Maxine	W79 Zone 10	13.01m	
4	Irvine, Merle	W77 Zone 5	12.45m	
5	Chambers, Eleanora	W78 Zone 10	11.26m	
6	Gorden, Victoria	W76 Zone 7	10.36m	
W80	Discus Throw 1kg/750gm			
1	Buschhaus, Hildegard	W80 Zone 2	13.55m	
2	Gamache, Rosa	W84 Zone9	12.43m	
3	Olsen, Jean	W80 Zone 4	11.46m	
4	McLeod-Smith, Doreen	W83 Zone 4	10.09m	
W85	Discus Throw 1kg/750gm			
1	Kotelko, Olga	W89 Zone 4	13.81m	
2	Doll, Alice	W87 Zone 11	10.78m	
W90	Discus Throw 1kg/750gm			
1	Walker, Olga	W91 Zone 11	9.74m	
W55	Hammer Throw 3 kg			
1	Frenette, Sheila	W57 Zone9	22.04m	
2	Meyer, Terri	W57 Zone9	20.01m	
3	Hayley, Urith	W57 Zone 3	18.76m	
W60	Hammer Throw 3 kg			
1	Graf, Donna	W60 Zone 10	16.31m	
W65	Hammer Throw 3 kg			
1	Anderson, Sandy	W68 Zone1	21.74m	
2	Brand, Kathy	W66 Zone 8	19.96m	
3	Radcliffe, Marg	W66 Zone1	16.92m	
4	Hoover, Virginia	W67 Zone 11	16.19m	
W70	Hammer Throw 3 kg			
1	Kristian, Arna	W74 Zone9	17.06m	
2	Morfitt, Peggy	W70 Zone1	15.54m	
3	Campbell, Zena	W74 Zone9	11.55m	
W75	Hammer Throw 3 kg			
1	Acton, Myrtle	W75 Zone 5	20.22m	CR
2	Turek, Mae	W76 Zone 4	17.94m	CR
3	Smallwood, Maxine	W79 Zone 10	13.77m	
W80	Hammer Throw 3 kg			
1	Buschhaus, Hildegard	W80 Zone 2	13.00m	
2	Gamache, Rosa	W84 Zone9	12.48m	
3	McLeod-Smith, Doreen	W83 Zone 4	10.03m	
W85	Hammer Throw 3 kg			
1	Kotelko, Olga	W89 Zone 4	12.99m	
W55	Javelin Throw 500g			
1	Hayley, Urith	W57 Zone 3	19.51m	
2	Jonker, Helena	W57 Zone9	16.79m	
3	Frenette, Sheila	W57 Zone9	16.20m	
4	Meyer, Terri	W57 Zone9	13.27m	
5	Jacob, Penny	W58 Zone9	10.14m	
W60	Javelin Throw 400g			
1	Closkey, Cheryl	W60 Zone 6	17.89m	
2	Graf, Donna	W60 Zone 10	13.59m	
--	Vaughn, Carol	W60 Zone9	FOUL	
W65	Javelin Throw 400g			
1	Radcliffe, Marg	W66 Zone1	24.99m	
2	Anderson, Sandy	W68 Zone1	22.74m	
3	Brand, Kathy	W66 Zone 8	17.42m	

W70 Javelin Throw 400g			
1 Kristian, Arna	W74 Zone9	15.40m	
2 Morfitt, Peggy	W70 Zone1	10.68m	
3 Campbell, Zena	W74 Zone9	8.56m	
W75 Javelin Throw 400g			
1 Acton, Myrtle	W75 Zone 5	18.48m	
2 Turek, Mae	W76 Zone 4	15.31m	
3 Irvine, Merle	W77 Zone 5	14.33m	
4 Smallwood, Maxine	W79 Zone 10	11.08m	
5 Chambers, Eleanora	W78 Zone 10	9.19m	
W80 Javelin Throw 400g			
1 Buschhaus, Hildegard	W80 Zone 2	9.49m ?	
2 Mcleod-Smith, Doreen	W83 Zone 4	8.40m	
3 Smith, Leona	W80 Zone 10	8.06m	
4 Olsen, Jean	W80 Zone 4	7.86m	
5 Gamache, Rosa	W84 Zone9	7.16m	
W85 Javelin Throw 400g			
1 Kotelko, Olga	W89 Zone 4	13.00m	
W90 Javelin Throw 400g			
1 Walker, Olga	W91 Zone 11	6.00m	
W55 Weight Throw 16 lbs			
1 Meyer, Terri	W57 Zone9	6.57m	
W60 Weight Throw 12 lbs			
1 Graf, Donna	W60 Zone 10	8.85m	
2 Vaughn, Carol	W60 Zone9	6.29m	
W65 Weight Throw 12 lbs			
1 Anderson, Sandy	W68 Zone1	9.56m	
2 Hoover, Virginia	W67 Zone 11	7.71m	
W70 Weight Throw 12 lbs			
1 Kristian, Arna	W74 Zone9	6.79m	
2 Morfitt, Peggy	W70 Zone1	6.15m	
3 Campbell, Zena	W74 Zone9	5.17m	
W75 Weight Throw 12 lbs			
1 Acton, Myrtle	W75 Zone 5	8.43m	CR
2 Turek, Mae	W76 Zone 4	7.17m	CR
3 Smallwood, Maxine	W79 Zone 10	6.79m	CR
W80 Weight Throw 12 lbs			
1 Buschhaus, Hildegard	W80 Zone 2	5.53m	
2 Mcleod-Smith, Doreen	W83 Zone 4	4.70m	
W85 Weight Throw 12 lbs			
1 Kotelko, Olga	W89 Zone 4	6.67m	
W55 Outdoor Pentathlon			
1 Hayley, Urith	W57 Zone 3	1973	
2 Meise, Linda	W59 Zone9	1152	
W60 Outdoor Pentathlon			
1 Allander, Kicki	W61 Zone 5	1796	
2 Graf, Donna	W60 Zone 10	1616	
W75 Outdoor Pentathlon			
1 Modras, Gwen	W75 Zone 2	2291	
2 Irvine, Merle	W77 Zone 5	2203	
W80 Outdoor Pentathlon			
1 Smith, Leona	W80 Zone 10	1882	
2 Buschhaus, Hildegard	W80 Zone 2	1852	

W55	100 Meter Dash Outdoor Pentathlon				
	1 Hayley, Urith	W57 Zone 3	16.86	NWI	650
	2 Meise, Linda	W59 Zone9	19.92	NWI	306
W60	100 Meter Dash Outdoor Pentathlon				
	1 Allander, Kicki	W61 Zone 5	18.47	NWI	556
	2 Graf, Donna	W60 Zone 10	19.57	NWI	435
W75	100 Meter Dash Outdoor Pentathlon				
	1 Irvine, Merle	W77 Zone 5	21.68	NWI	552
	2 Modras, Gwen	W75 Zone 2	22.93	NWI	434
W80	100 Meter Dash Outdoor Pentathlon				
	1 Smith, Leona	W80 Zone 10	25.58	NWI	331
	2 Buschhaus, Hildegard	W80 Zone 2	29.09	NWI	117
W55	800 Meter Run Outdoor Pentathlon				
	1 Hayley, Urith	W57 Zone 3	4:06.34		163
	2 Meise, Linda	W59 Zone9	4:33.20		50
W60	800 Meter Run Outdoor Pentathlon				
	1 Allander, Kicki	W61 Zone 5	4:21.10		182
	2 Graf, Donna	W60 Zone 10	5:09.42		15
W75	800 Meter Run Outdoor Pentathlon				
	1 Modras, Gwen	W75 Zone 2	5:09.59		428
	2 Irvine, Merle	W77 Zone 5	6:13.74		141
W80	800 Meter Run Outdoor Pentathlon				
	1 Smith, Leona	W80 Zone 10	6:02.03		377
	2 Buschhaus, Hildegard	W80 Zone 2	6:27.83		266
W55	Long Jump Outdoor Pentathlon				
	1 Hayley, Urith	W57 Zone 3	3.07m	+0.0	340
	2 Meise, Linda	W59 Zone9	2.43m	+0.0	157
W60	Long Jump Outdoor Pentathlon				
	1 Allander, Kicki	W61 Zone 5	2.77m	0.6	317
	2 Graf, Donna	W60 Zone 10	2.62m	0.8	267
W75	Long Jump Outdoor Pentathlon				
	1 Modras, Gwen	W75 Zone 2	2.06m	+0.0	301
	2 Irvine, Merle	W77 Zone 5	2.02m	+0.0	283
W80	Long Jump Outdoor Pentathlon				
	1 Buschhaus, Hildegard	W80 Zone 2	1.74m	0.1	272
	2 Smith, Leona	W80 Zone 10	1.70m	+0.0	254
W55	Shot Put Outdoor Pentathlon				
	1 Meise, Linda	W59 Zone9	5.47m		419
	2 Hayley, Urith	W57 Zone 3	5.42m		414
W60	Shot Put Outdoor Pentathlon				
	1 Graf, Donna	W60 Zone 10	6.37m		575
	2 Allander, Kicki	W61 Zone 5	5.41m		469
W75	Shot Put Outdoor Pentathlon				
	1 Irvine, Merle	W77 Zone 5	5.19m		596
	2 Modras, Gwen	W75 Zone 2	5.10m		583
W80	Shot Put Outdoor Pentathlon				
	1 Buschhaus, Hildegard	W80 Zone 2	4.41m		709
	2 Smith, Leona	W80 Zone 10	4.11m		652
W55	Javelin Throw Outdoor Pentathlon				
	1 Hayley, Urith	W57 Zone 3	17.01m		406
	2 Meise, Linda	W59 Zone9	10.52m		220

W60 Javelin Throw Outdoor Pentathlon				
1	Graf, Donna	W60 Zone 10	12.52m	324
2	Allander, Kicki	W61 Zone 5	10.94m	272
W75 Javelin Throw Outdoor Pentathlon				
1	Modras, Gwen	W75 Zone 2	13.05m	545
2	Irvine, Merle	W77 Zone 5	12.77m	631
W80 Javelin Throw Outdoor Pentathlon				
1	Buschhaus, Hildegard	W80 Zone 2	10.00m	488
2	Smith, Leona	W80 Zone 10	6.18m	268
W55 Weight Pentathlon				
1	Frenette, Sheila	W57 Zone9	2391	
W60 Weight Pentathlon				
1	Graf, Donna	W60 Zone 10	2231	
W65 Weight Pentathlon				
1	Anderson, Sandy	W68 Zone1	3397	
2	Hoover, Virginia	W67 Zone 11	2415	
W75 Weight Pentathlon				
1	Acton, Myrtle	W75 Zone 5	3899	CR
2	Smallwood, Maxine	W79 Zone 10	2569	CR
W85 Weight Pentathlon				
1	Kotelko, Olga	W89 Zone 4	4369	
W55 Shot Put Weight Pentathlon				
1	Frenette, Sheila	W57 Zone9	6.94m	565
W60 Shot Put Weight Pentathlon				
1	Graf, Donna	W60 Zone 10	6.01m	535
W65 Shot Put Weight Pentathlon				
1	Anderson, Sandy	W68 Zone1	7.84m	840
2	Hoover, Virginia	W67 Zone 11	6.21m	637
W75 Shot Put Weight Pentathlon				
1	Acton, Myrtle	W75 Zone 5	5.99m	837
2	Smallwood, Maxine	W79 Zone 10	4.41m	581
W85 Shot Put Weight Pentathlon				
1	Kotelko, Olga	W89 Zone 4	5.56m	1170
W55 Discus Throw Weight Pentathlon				
1	Frenette, Sheila	W57 Zone9	18.22m	390
W60 Discus Throw Weight Pentathlon				
1	Graf, Donna	W60 Zone 10	14.98m	348
W65 Discus Throw Weight Pentathlon				
1	Anderson, Sandy	W68 Zone1	16.70m	459
2	Hoover, Virginia	W67 Zone 11	15.46m	418
W75 Discus Throw Weight Pentathlon				
1	Acton, Myrtle	W75 Zone 5	18.39m	724
2	Smallwood, Maxine	W79 Zone 10	11.98m	432
W85 Discus Throw Weight Pentathlon				
1	Kotelko, Olga	W89 Zone 4	13.25m	646
W55 Hammer Throw Weight Pentathlon				
1	Frenette, Sheila	W57 Zone9	20.59m	456
W60 Hammer Throw Weight Pentathlon				
1	Graf, Donna	W60 Zone 10	17.52m	423

W65	Hammer Throw Weight Pentathlon					
1	Anderson, Sandy	W68	Zone1	22.91m	695	
2	Hoover, Virginia	W67	Zone 11	16.86m	469	
W75	Hammer Throw Weight Pentathlon					CR
1	Acton, Myrtle	W75	Zone 5	19.77m	821	
2	Smallwood, Maxine	W79	Zone 10	13.53m	510	
W85	Hammer Throw Weight Pentathlon					
1	Olga Kotelko	W89	Zone 4	13.51m	838	
W55	Javelin Throw Weight Pentathlon					
1	Frenette, Sheila	W57	Zone9	16.50m	392	
W60	Javelin Throw Weight Pentathlon					
1	Graf, Donna	W60	Zone 10	13.68m	361	
W65	Javelin Throw Weight Pentathlon					
1	Anderson, Sandy	W68	Zone1	20.27m	660	
2	Hoover, Virginia	W67	Zone 11	12.47m	371	
W75	Javelin Throw Weight Pentathlon					
1	Acton, Myrtle	W75	Zone 5	16.02m	691	
2	Smallwood, Maxine	W79	Zone 10	10.64m	427	
W85	Javelin Throw Weight Pentathlon					
1	Kotelko, Olga	W89	Zone 4	11.59m	738	
W55	Weight Throw Weight Pentathlon					
1	Frenette, Sheila	W57	Zone9	8.50m	588	BC
W60	Weight Throw Weight Pentathlon					
1	Graf, Donna	W60	Zone 10	8.76m	564	
W65	Weight Throw Weight Pentathlon					
1	Anderson, Sandy	W68	Zone1	9.83m	743	
2	Hoover, Virginia	W67	Zone 11	7.31m	520	
W75	Weight Throw Weight Pentathlon					
1	Acton, Myrtle	W75	Zone 5	8.12m	826	CR
2	Smallwood, Maxine	W79	Zone 10	6.36m	619	
W85	Weight Throw Weight Pentathlon					
1	Kotelko, Olga	W89	Zone 4	6.33m	977	
W70	2000 Meter Race Walk (SPECIAL)					
1	Brown, Gladys	W71	Zone 5	19:20.71		
W75	2000 Meter Race Walk					
1	Gorden, Victoria	W76	Zone 7	19:34.36		
W90	2000 Meter Race Walk					
1	Walker, Olga	W91	Zone 11	22:42.23		
W55	5000 Meter Race Walk					
1	Haas, Linda	W58	Zone 8	35:52.81		
2	Farmer, Frances	W56	Zone 2	41:48.68		
3	Jacob, Penny	W58	Zone9	44:19.09		
W60	5000 Meter Race Walk					
1	Dyer, Kathy	W63	Zone9	35:51.08		
2	Closkey, Cheryl	W60	Zone 6	36:40.39		
3	Dorschner, Renate	W63	Zone9	39:11.70		
4	Matus, Diane	W63	Zone9	40:55.59		
5	Skead, Julia	W61	Zone9	42:08.29		
W65	5000 Meter Race Walk					
1	Delf, Margaret	W69	Zone 5	34:28.21		
2	Kinnee, Evelyn	W69	Zone 5	34:40.22		

3	Brand, Kathy	W66 Zone 8	39:05.31
4	Zaklan, Evelyn	W65 Zone 3	39:55.34
5	Deans, Joan	W65 Zone 6	40:21.02
6	Hill, Shirley	W66 Zone 10	43:33.29
W70 5000 Meter Race Walk			
1	Kuechle, Dolores	W70 Zone 10	40:27.08
2	Parks, Mildred	W70 Zone 3	42:19.98
3	Campbell, Zena	W74 Zone9	45:31.21
W75 5000 Meter Race Walk			
1	Acton, Myrtle	W76 Zone 5	40:15.31
2	Noort, Klazina	W75 Zone 4	41:12.36
3	Carrier, Ruth	W77 Zone 3	42:20.73
--	Benwell, Christena	W78 Zone9	DNF
W80 5000 Meter Race Walk			
1	Killat, Brigitte	W80 Zone 2	40:46.13
2	Miller, Edie	W82 Zone 12	47:49.74
3	Kania, Lydia	W83 Zone 6	49:49.33
W85 5000 Meter Race Walk			
1	Daykin, Mary	W85 Zone 3	50:46.10
W55 10000 Meter Race Walk			
1	Avis, Linda	W58 Zone 6	1:22:37.13
2	Jacob, Penny	W58 Zone9	1:31:59.46
W60 10000 Meter Race Walk			
1	Dyer, Kathy	W63 Zone9	1:13:11.49
2	Closkey, Cheryl	W60 Zone 6	1:15:21.50
3	Barth, Sandra	W60 Zone 11	1:18:58.30
4	Dorschner, Renate	W63 Zone9	1:20:06.69
5	Skead, Julia	W61 Zone9	1:23:16.17
6	Matus, Diane	W63 Zone9	1:25:26.27
W65 10000 Meter Race Walk			
1	Kinnee, Evelyn	W69 Zone 5	1:11:04.52
2	Delf, Margaret	W69 Zone 5	1:12:41.69
3	Deans, Joan	W65 Zone 6	1:15:21.48
4	Friesen, Lydia	W69 Zone 3	1:26:18.95
5	Luethje, Gisela	W65 Zone 10	1:26:25.21
6	Zaklan, Evelyn	W65 Zone 3	1:30:01.62
W70 10000 Meter Race Walk			
1	Feldman, Gerda	W71 Zone 11	1:18:58.30
2	Parks, Mildred	W70 Zone 3	1:26:47.73
3	Campbell, Zena	W74 Zone9	1:49:00.94
W75 10000 Meter Race Walk			
1	Carrier, Ruth	W77 Zone 3	1:26:39.24
W80 10000 Meter Race Walk			
1	Killat, Brigitte	W80 Zone 2	1:27:53.88
2	Kania, Lydia	W83 Zone 6	1:52:21.98
W85 10000 Meter Race Walk			
1	Daykin, Mary	W85 Zone 3	1:45:41.01
W65 Pole Vault			
1	Anderson, Sandy	W68 Zone1	1.75m
2	Hoover, Virginia	W67 Zone 11	1.20m

MISSING: Womens 4x100M Relay

MENS RESULTS

M55 100 Meter Dash				
1 Hawkins, John	M59 Zone 4	14.84	-1.3	
2 McCaig, Al	M55 Zone9	15.01	-1.3	
3 Bell, Phil	M57 Zone 3	15.83	-1.3	
M60 100 Meter Dash				
1 Winfield, John	M62 Zone 4	13.83	-1.3	
2 Ukonmaanaho, Tom	M64 Zone9	14.06	-1.3	
M65 100 Meter Dash				
1 Badowski, Tony	M65 Zone 3	14.10	-1.8	
2 McGraw, David	M65 Zone9	15.60	-1.8	
3 Peters, Edward	M66 Zone 5	15.61	-1.8	
M70 100 Meter Dash				
1 Friesen, Les	M72 Zone 3	15.38	-1.8	
M75 100 Meter Dash				
1 Geigerich, Joe	M76 Zone 2	16.59	-1.4	
2 Meeuwissen, Adrian	M78 Zone 11	24.62	-1.4	
M80 100 Meter Dash				
1 Robson, Leslie	M81 Zone 3	18.98	-1.4	
2 McLaren, Ewing	M81 Zone9	23.27	-1.4	
M55 200 Meter Dash				
1 McCaig, Al	M55 Zone9	31.06	-1.5	
2 Bell, Phil	M57 Zone 3	31.31	-1.5	
M60 200 Meter Dash				
1 Winfield, John	M62 Zone 4	27.64	-1.5	
2 Ukonmaanaho, Tom	M64 Zone9	29.60	-1.5	
M65 200 Meter Dash				
1 Badowski, Tony	M65 Zone 3	29.06	-1.5	
2 Peters, Edward	M66 Zone 5	32.68	-1.5	
3 Dyer, James	M65 Zone9	33.10	-1.5	
4 McGraw, David	M65 Zone9	33.16	-1.5	
M70 200 Meter Dash				
1 Friesen, Les	M72 Zone 3	32.37	-1.3	
2 Olsen, Leonard	M73 Zone 4	50.06	-1.3	
M75 200 Meter Dash				
1 Geigerich, Joe	M76 Zone 2	34.70	-1.3	
2 Meeuwissen, Adrian	M78 Zone 11	37.46	-1.3	
M80 200 Meter Dash				
1 Robson, Leslie	M81 Zone 3	40.04	-1.3	
2 McLaren, Ewing	M81 Zone9	51.15	-1.3	
M55 400 Meter Dash				
1 Bell, Phil	M57 Zone 3	1:08.36		
2 McCaig, Al	M55 Zone9	1:09.09		
3 Loseth, Bob	M55 Zone9	1:11.94		
4 Hendrie, Tim	M57 Zone1	1:16.47		
5 DeMontreuil, Dan	M58 Zone 4	1:25.17		
6 Hemmerich, Siegfried	M55 Zone9	1:30.78		
M60 400 Meter Dash				
1 Winfield, John	M62 Zone 4	1:04.20		
2 Pawluk, Fred	M61 Zone 4	1:09.54		
M65 400 Meter Dash				
1 Badowski, Tony	M65 Zone 3	1:07.70		
2 Dyer, James	M65 Zone9	1:21.37		

3	Naidoo, Bala	M68 Zone 2	1:21.81
4	Peters, Edward	M66 Zone 5	1:24.03
5	Miller, Doug	M67 Zone1	1:25.01
M70	400 Meter Dash		
1	Friesen, Les	M72 Zone 3	1:13.05
2	Gehm, Bob	M71 Zone 2	1:33.07
3	Viau, John	M72 Zone 3	1:35.29
M75	400 Meter Dash		
1	Geigerich, Joe	M76 Zone 2	1:17.52
2	Meeuwissen, Adrian	M78 Zone 11	1:25.04
3	Sangha, Hazura	M75 Zone1	1:30.29
M80	400 Meter Dash		
1	Robson, Leslie	M81 Zone 3	1:38.53
2	Tenor, Hans	M80 Zone 2	1:55.23
M55	800 Meter Run		
1	Busby, Bruce	M55 Zone 2	2:39.57
2	Bell, Phil	M57 Zone 3	2:40.75
3	Loseth, Bob	M55 Zone9	2:57.93
4	McCaig, Al	M55 Zone9	3:13.49
5	Hemmerich, Siegfried	M55 Zone9	3:15.58
6	DeMontreuil, Dan	M58 Zone 4	3:19.58
M60	800 Meter Run		
1	Pawluk, Fred	M61 Zone 4	2:37.17
2	Towler, Frank	M63 Zone1	2:57.95
M65	800 Meter Run		
1	Saunders, Garfield	M69 Zone1	3:05.98
2	Naidoo, Bala	M68 Zone 2	3:08.15
3	Dyer, James	M65 Zone9	3:17.07
4	Miller, Doug	M67 Zone1	3:19.57
5	Peters, Edward	M66 Zone 5	3:31.29
M70	800 Meter Run		
1	Gehm, Bob	M71 Zone 2	3:43.92
M75	800 Meter Run		
1	Geigerich, Joe	M76 Zone 2	3:10.21
2	Sangha, Hazura	M75 Zone1	3:33.03
M80	800 Meter Run		
1	Tenor, Hans	M80 Zone 2	4:43.69
M55	1500 Meter Run		
1	Busby, Bruce	M55 Zone 2	5:19.95
2	Loseth, Bob	M55 Zone9	6:01.33
3	Hemmerich, Siegfried	M55 Zone9	6:22.33
4	Hendrie, Tim	M57 Zone1	6:24.40
5	DeMontreuil, Dan	M58 Zone 4	6:53.95
M60	1500 Meter Run		
1	Pawluk, Fred	M61 Zone 4	5:21.77
2	Ansems, Ed	M60 Zone 10	5:29.02
3	Towler, Frank	M63 Zone1	5:58.26
4	Clark, J.Fred	M64 Zone 7	6:18.92
5	Matson, Dennis	M61 Zone9	6:31.56
M65	1500 Meter Run		
1	Saunders, Garfield	M69 Zone1	6:01.33
2	Miller, Doug	M67 Zone1	6:20.19
3	Naidoo, Bala	M68 Zone 2	6:20.39
4	Link, Gary	M65 Zone 5	6:42.45
--	Dyer, James	M65 Zone9	DNF

M70 1500 Meter Run			
1 Gehm, Bob	M71 Zone 2		7:05.82
M75 1500 Meter Run			
1 Geigerich, Joe	M76 Zone 2		6:51.11
2 Sangha, Hazura	M75 Zone1		7:02.54
3 Meeuwissen, Adrian	M78 Zone 11		7:55.93
M80 1500 Meter Run			
1 Tenor, Hans	M80 Zone 2		9:32.19
M85 1500 Meter Run			
1 Dawson, Kenneth	M85 Zone9		12:52.92

M55 5000 Meter Run

1 Busby, Bruce	M55 Zone 2		18:59.71
2 Loseth, Bob	M55 Zone9		22:23.10
3 Hemmerich, Siegfried	M55 Zone9		22:59.23
4 Hendrie, Tim	M57 Zone1		25:34.40
5 Thomas, Eric	M58 Zone9		26:33.17
6 DeMontreuil, Dan	M58 Zone 4		27:08.60
M60 5000 Meter Run			
1 Ansems, Ed	M60 Zone 10		19:50.15
2 Towler, Frank	M63 Zone1		21:09.62
3 Matson, Dennis	M61 Zone9		24:23.03
4 Barth, John	M62 Zone 11		26:35.07
M65 5000 Meter Run			
1 Saunders, Garfield	M69 Zone1		22:13.47
2 Naidoo, Bala	M68 Zone 2		23:11.28
3 Miller, Doug	M67 Zone1		23:12.87
4 Johnston, Jim	M65 Zone9		23:48.81
5 Link, Gary	M65 Zone 5		25:21.45
6 Burrell, Bill	M67 Zone 4		26:45.03
7 Nakada, Herb	M69 Zone9		33:46.92
M70 5000 Meter Run			
1 Gehm, Bob	M71 Zone 2		26:42.19
M75 5000 Meter Run			
1 Sangha, Hazura	M75 Zone1		27:09.26
M80 5000 Meter Run			
1 Yule, Grant	M80 Zone9		29:43.38

MENS 4x400 Meter Relay 4x400 PWalk

1 North Central Zone 9 'A'		9:47.86
-- North Central Zone 9 'B'		DNF
-- Fraser Valley Zone 3 'A'		DQ

MENS 2000 METRE MEDLEY

1 Fraser Valley Zone 3 'A'		6:31.87
2 North Central Zone 9 'B'		7:15.80
3 North Central Zone 9 'A'		7:28.33

M55 High Jump

1 Hawkins, John	M59 Zone 4	1.60m
2 McKay, Bob	M58 Zone 5	1.25m
M60 High Jump		
1 Ukonmaanaho, Tom	M64 Zone9	1.30m
M65 High Jump		
1 Badowski, Tony	M65 Zone 3	1.25m
2 Dyer, James	M65 Zone9	1.10m

M75 High Jump				
1 Taylor, Keith	M75 Zone9	1.20m		BC
2 Collinson, Edward	M75 Zone 3	1.10m		
3 Monds, Doug	M79 Zone1	0.90m		
M80 High Jump				
1 Tenor, Hans	M80 Zone 2	0.95m		
M85 High Jump				
1 Rost, Wolfgang	M85 Zone 2	0.90m		BC
M55 Long Jump				
1 Hawkins, John	M59 Zone 4	5.15m	1.7	
M60 Long Jump				
1 Ukonmaanaho, Tom	M64 Zone9	4.07m	1.8	
M65 Long Jump				
1 Badowski, Tony	M65 Zone 3	4.81m	1.9	BC
2 Johnston, Jim	M65 Zone9	3.93m	1.7	
3 East, Les	M69 Zone1	3.85m	1.2	
4 Link, Gary	M65 Zone 5	3.53m	1.3	
M75 Long Jump				
1 Geigerich, Joe	M76 Zone 2	3.72m	1.5	
2 Meeuwissen, Adrian	M78 Zone 11	3.52m	0.9	
3 Collinson, Edward	M75 Zone 3	2.95m	1.4	
M80 Long Jump				
1 Tenor, Hans	M80 Zone 2	2.72m	1.3	
2 Robson, Leslie	M81 Zone 3	2.69m	0.5	
3 McLaren, Ewing	M81 Zone9	1.85m	0.4	
M85 Long Jump				
1 Rost, Wolfgang	M85 Zone 2	2.42m	0.7	BC
M55 Triple Jump				
1 Hawkins, John	M59 Zone 4	9.91m	1.4	
2 Clarke, Gary	M56 Zone9	7.61m	1.3	
3 McCaig, Al	M55 Zone9	6.53m	1.4	
M60 Triple Jump				
1 Ukonmaanaho, Tom	M64 Zone9	8.24m	1.6	
M65 Triple Jump				
1 Johnston, Jim	M65 Zone9	7.71m	1.7	
2 Haas, Tony	M65 Zone 8	4.59m	0.6	
M75 Triple Jump				
1 Meeuwissen, Adrian	M78 Zone 11	7.19m	2.1	
M80 Triple Jump				
1 Robson, Leslie	M81 Zone 3	5.56m	1.5	
2 McLaren, Ewing	M81 Zone9	3.89m	1.0	
M85 Triple Jump				
1 Rost, Wolfgang	M85 Zone 2	3.98m	2.3	
M55 Shot Put 6 kg				
1 Hawkins, John	M59 Zone 4	11.53m		
2 Brodeur, Donald	M57 Zone1	11.02m		
3 McKay, Bob	M58 Zone 5	9.38m		
M60 Shot Put 5 kg				
1 Townsend, Ken	M63 Zone 3	10.30m		
2 Ukonmaanaho, Tom	M64 Zone9	9.71m		

M65 Shot Put 5 kg		
1 Morioka, Harold	M65 Zone 3	9.28m
2 Johnston, Jim	M65 Zone9	8.33m
3 Dyer, James	M65 Zone9	8.01m
M70 Shot Put 4kg		
1 Mowat, Laurie	M72 Zone1	9.11m
2 Nicolson, John	M70 Zone 5	8.24m
3 Masich, Tom	M71 Zone9	6.82m
M75 Shot Put 4 kg		
1 Sillantaus, Rainer	M78 Zone 2	10.28m
2 Collinson, Edward	M75 Zone 3	8.91m
3 Meeuwissen, Adrian	M78 Zone 11	8.68m
4 Betram, Erich	M76 Zone9	8.48m
5 Zaklan, George	M75 Zone 3	8.28m
6 Monds, Doug	M79 Zone1	7.87m
M80 Shot Put 3kg		
1 Drahorad, Karl	M80 Zone 10	8.22m
2 Maclean, John	M83 Zone 4	7.08m
3 Tenor, Hans	M80 Zone 2	6.93m
4 McLaren, Ewing	M81 Zone9	6.41m
M85 Shot Put 3kg		
1 Rost, Wolfgang	M85 Zone 2	7.19m
M55 Discus Throw 1.5 kg		
1 Hawkins, John	M59 Zone 4	34.00m
2 Brodeur, Donald	M57 Zone1	33.96m
3 McKay, Bob	M58 Zone 5	27.36m
4 McCaig, Al	M55 Zone9	22.73m
M60 Discus Throw 1.0kg		
1 Townsend, Ken	M63 Zone 3	35.52m
2 Clark, J.Fred	M64 Zone 7	30.45m
3 Ukonmaanaho, Tom	M64 Zone9	27.69m
M65 Discus Throw 1.0 kg		
1 Morioka, Harold	M65 Zone 3	32.58m
2 Johnston, Jim	M65 Zone9	26.80m
3 Dyer, James	M65 Zone9	25.66m
M70 Discus Throw 1.0 kg		
1 Mowat, Laurie	M72 Zone1	25.13m
2 Nicolson, John	M70 Zone 5	21.45m
3 Masich, Tom	M71 Zone9	21.03m
4 Olsen, Leonard	M73 Zone 4	20.87m
-- Campbell, Dwight	M72 Zone9	FOUL
M75 Discus Throw 1.0 kg		
1 Collinson, Edward	M75 Zone 3	29.99m
2 Sillantaus, Rainer	M78 Zone 2	25.82m
3 Zaklan, George	M75 Zone 3	25.17m
4 Betram, Erich	M76 Zone9	23.48m
5 Meeuwissen, Adrian	M78 Zone 11	17.38m
6 Monds, Doug	M79 Zone1	17.03m
7 Macdougall, James	M78 Zone 10	15.92m
M80 Discus Throw 1.0 kg		
1 Drahorad, Karl	M80 Zone 10	19.38m
2 McLaren, Ewing	M81 Zone9	16.05m
3 Tenor, Hans	M80 Zone 2	12.53m
4 Maclean, John	M83 Zone 4	11.79m
M85 Discus Throw 1.0 kg		
1 Goodvin, Cecil	M86 Zone 10	11.59m

M55 Hammer Throw 6 kg

1 Brodeur, Donald	M57 Zone1	32.38m
2 Hawkins, John	M59 Zone 4	28.62m
3 McKay, Bob	M58 Zone 5	23.98m

M60 Hammer Throw 5 kg

1 Townsend, Ken	M63 Zone 3	29.39m
2 Ukonmaanaho, Tom	M64 Zone9	23.22m

M65 Hammer Throw 5 kg

1 Dyer, James	M65 Zone9	29.94m
---------------	-----------	--------

M70 Hammer Throw 4 kg

1 Mowat, Laurie	M72 Zone1	26.17m
2 Nicolson, John	M70 Zone 5	22.85m
3 Olsen, Leonard	M73 Zone 4	17.58m

M75 Hammer Throw 4 kg

1 Monds, Doug	M79 Zone1	32.91m
2 Collinson, Edward	M75 Zone 3	26.19m
3 Zaklan, George	M75 Zone 3	18.24m

M80 Hammer Throw 3 kg

1 McLaren, Ewing	M81 Zone9	19.89m
2 Tenor, Hans	M80 Zone 2	19.83m

BC**M55 Javelin Throw 700g**

1 Hawkins, John	M59 Zone 4	38.93m
2 Clarke, Gary	M56 Zone9	38.31m
3 Brodeur, Donald	M57 Zone1	29.92m
4 McKay, Bob	M58 Zone 5	28.35m
5 McCaig, Al	M55 Zone9	27.80m

M60 Javelin Throw 600g

1 Heiskanen, Sulo	M63 Zone9	36.36m
2 Townsend, Ken	M63 Zone 3	34.40m
3 Ukonmaanaho, Tom	M64 Zone9	29.26m

M65 Javelin Throw 600g

1 Johnston, Jim	M65 Zone9	34.37m
2 Morioka, Harold	M65 Zone 3	30.34m

M70 Javelin Throw 500g

1 Nicolson, John	M70 Zone 5	26.20m
2 Olsen, Leonard	M73 Zone 4	23.48m
-- Mowat, Laurie	M72 Zone1	FOUL

M75 Javelin Throw 500g

1 Sillantaus, Rainer	M78 Zone 2	30.35m
2 Collinson, Edward	M75 Zone 3	29.14m
3 Hargreaves, Leslie	M75 Zone 3	24.10m
4 Meeuwissen, Adrian	M78 Zone 11	20.85m
5 Zaklan, George	M75 Zone 3	19.63m
6 Betram, Erich	M76 Zone9	19.31m
7 Monds, Doug	M79 Zone1	17.85m

M80 Javelin Throw 400g

1 Drahorad, Karl	M80 Zone 10	19.54m
2 McLaren, Ewing	M81 Zone9	17.34m
3 Maclean, John	M83 Zone 4	13.25m
4 Tenor, Hans	M80 Zone 2	11.41m

M85 Javelin Throw 400g

1 Rost, Wolfgang	M85 Zone 2	14.96m
2 Goodvin, Cecil	M86 Zone 10	10.70m

M55 Weight Throw 25 lbs

1	Hawkins, John	M59 Zone 4	12.18m			BC
2	Brodeur, Donald	M57 Zone1	11.31m			BC
3	McKay, Bob	M58 Zone 5	9.39m			

M60 Weight Throw 20 lb

1	Townsend, Ken	M63 Zone 3	11.28m			
---	---------------	------------	--------	--	--	--

M70 Weight Throw 16 lbs

1	Mowat, Laurie	M72 Zone1	11.25m			
2	Nicolson, John	M70 Zone 5	9.40m			

M75 Weight Throw 16 lbs

--	Monds, Doug	M79 Zone1	FOUL			
----	-------------	-----------	------	--	--	--

M80 Weight Throw 12 lb

1	McLaren, Ewing	M81 Zone9	8.22m			BC
2	Maclean, John	M83 Zone 4	8.08m			

M55 Outdoor Pentathlon

1	Hendrie, Tim	M57 Zone1	1275			
2	Clarke, Gary	M56 Zone9	1062			

M65 Outdoor Pentathlon

1	Johnston, Jim	M65 Zone9	2222			
---	---------------	-----------	------	--	--	--

M75 Outdoor Pentathlon

1	Meeuwissen, Adrian	M78 Zone 11	2451			
---	--------------------	-------------	------	--	--	--

M55 100 Meter Dash Outdoor Pentathlon

1	Hendrie, Tim	M57 Zone1	17.10	NWI	212	
2	Clarke, Gary	M56 Zone9	29.72	NWI		

M65 100 Meter Dash Outdoor Pentathlon

1	Johnston, Jim	M65 Zone9	18.80	NWI	157	
---	---------------	-----------	-------	-----	-----	--

M75 100 Meter Dash Outdoor Pentathlon

1	Meeuwissen, Adrian	M78 Zone 11	18.71	NWI	32	
---	--------------------	-------------	-------	-----	----	--

M55 1500 Meter Run Outdoor Pentathlon

1	Hendrie, Tim	M57 Zone1	7:00.56		333	
2	Clarke, Gary	M56 Zone9	8:51.23		43	

M65 1500 Meter Run Outdoor Pentathlon

1	Johnston, Jim	M65 Zone9	7:14.55		412	
---	---------------	-----------	---------	--	-----	--

M75 1500 Meter Run Outdoor Pentathlon

1	Meeuwissen, Adrian	M78 Zone 11	8:08.19		417	
---	--------------------	-------------	---------	--	-----	--

M55 Long Jump Outdoor Pentathlon

1	Hendrie, Tim	M57 Zone1	2.48m	+0.0	106	
--	Clarke, Gary	M56 Zone9	FOUL			

M65 Long Jump Outdoor Pentathlon

1	Johnston, Jim	M65 Zone9	3.37m	0.5	429	
---	---------------	-----------	-------	-----	-----	--

M75 Long Jump Outdoor Pentathlon

1	Meeuwissen, Adrian	M78 Zone 11	3.25m	+0.0	591	
---	--------------------	-------------	-------	------	-----	--

M55 Shot Put Outdoor Pentathlon

1	Clarke, Gary	M56 Zone9	7.79m		481	
2	Hendrie, Tim	M57 Zone1	6.61m		391	

M65 Shot Put Outdoor Pentathlon

1	Johnston, Jim	M65 Zone9	8.21m		611	
---	---------------	-----------	-------	--	-----	--

M75 Shot Put Outdoor Pentathlon

1	Meeuwissen, Adrian	M78 Zone 11	8.86m		687	
---	--------------------	-------------	-------	--	-----	--

M55	Javelin Throw Outdoor Pentathlon				
1	Clarke, Gary	M56 Zone9	33.16m	538	
2	Hendrie, Tim	M57 Zone1	17.97m	233	
M65	Javelin Throw Outdoor Pentathlon				
1	Johnston, Jim	M65 Zone9	31.32m	613	
M75	Javelin Throw Outdoor Pentathlon				
1	Meeuwissen, Adrian	M78 Zone 11	19.39m	427	
M55	Weight Pentathlon				
1	Hawkins, John	M59 Zone 4	3387		BC
2	Brodeur, Donald	M57 Zone1	2934		BC
3	McKay, Bob	M58 Zone 5	2282		
M60	Weight Pentathlon				
1	Townsend, Ken	M63 Zone 3	3026		
M70	Weight Pentathlon				
1	Mowat, Laurie	M72 Zone1	2813		
M75	Weight Pentathlon				
1	Monds, Doug	M79 Zone1	3078		
2	Meeuwissen, Adrian	M78 Zone 11	2944		
3	Zaklan, George	M75 Zone 3	2575		
M55	Shot Put Weight Pentathlon				
1	Hawkins, John	M59 Zone 4	11.90m	799	
2	Brodeur, Donald	M57 Zone1	10.12m	660	
3	McKay, Bob	M58 Zone 5	9.03m	576	
M60	Shot Put Weight Pentathlon				
1	Townsend, Ken	M63 Zone 3	10.47m	686	
M70	Shot Put Weight Pentathlon				
1	Mowat, Laurie	M72 Zone1	8.88m	579	
M75	Shot Put Weight Pentathlon				
1	Meeuwissen, Adrian	M78 Zone 11	8.81m	682	
2	Zaklan, George	M75 Zone 3	8.18m	625	
3	Monds, Doug	M79 Zone1	7.96m	605	
M55	Discus Throw Weight Pentathlon				
1	Hawkins, John	M59 Zone 4	36.78m	672	
2	Brodeur, Donald	M57 Zone1	32.90m	586	
3	McKay, Bob	M58 Zone 5	26.99m	457	
M60	Discus Throw Weight Pentathlon				
1	Townsend, Ken	M63 Zone 3	34.57m	641	
M70	Discus Throw Weight Pentathlon				
1	Mowat, Laurie	M72 Zone1	25.43m	582	
M75	Discus Throw Weight Pentathlon				
1	Zaklan, George	M75 Zone 3	22.83m	604	
2	Monds, Doug	M79 Zone1	18.24m	456	
3	Meeuwissen, Adrian	M78 Zone 11	18.11m	452	
M55	Hammer Throw Weight Pentathlon				
1	Brodeur, Donald	M57 Zone1	33.43m	568	
2	Hawkins, John	M59 Zone 4	32.27m	544	
3	McKay, Bob	M58 Zone 5	22.68m	342	
M60	Hammer Throw Weight Pentathlon				
1	Townsend, Ken	M63 Zone 3	28.86m	522	
M70	Hammer Throw Weight Pentathlon				
1	Mowat, Laurie	M72 Zone1	29.25m	629	

M75	Hammer Throw Weight Pentathlon					
1	Monds, Doug	M79	Zone1	31.90m	839	
2	Meeuwissen, Adrian	M78	Zone 11	22.88m	559	
3	Zaklan, George	M75	Zone 3	19.50m	456	
M55	Javelin Throw Weight Pentathlon					
1	Hawkins, John	M59	Zone 4	38.00m	639	
2	Brodeur, Donald	M57	Zone1	32.90m	533	
3	McKay, Bob	M58	Zone 5	25.92m	391	
M60	Javelin Throw Weight Pentathlon					
1	Townsend, Ken	M63	Zone 3	33.40m	580	
M70	Javelin Throw Weight Pentathlon					
1	Mowat, Laurie	M72	Zone1	19.41m	354	
M75	Javelin Throw Weight Pentathlon					
1	Meeuwissen, Adrian	M78	Zone 11	22.32m	513	
2	Zaklan, George	M75	Zone 3	17.60m	375	
3	Monds, Doug	M79	Zone1	17.06m	360	
M55	Weight Throw Weight Pentathlon					
1	Hawkins, John	M59	Zone 4	12.36m	733	BC
2	Brodeur, Donald	M57	Zone1	10.25m	587	BC
3	McKay, Bob	M58	Zone 5	9.21m	516	
M60	Weight Throw Weight Pentathlon					
1	Townsend, Ken	M63	Zone 3	11.04m	597	
M70	Weight Throw Weight Pentathlon					
1	Mowat, Laurie	M72	Zone1	10.70m	669	
M75	Weight Throw Weight Pentathlon					
1	Monds, Doug	M79	Zone1	11.16m	818	
2	Meeuwissen, Adrian	M78	Zone 11	10.22m	738	
3	Zaklan, George	M75	Zone 3	7.55m	515	
M60	5000 Meter Race Walk					
1	Procter, Dennis	M63	Zone9	32:42.27		
2	Luethje, Karl-Heinz	M63	Zone 10	35:06.94		
M65	5000 Meter Race Walk					
1	Prazma, Tony	M68	Zone9	32:44.05		
2	Dyer, James	M65	Zone9	35:01.02		
3	Haas, Tony	M65	Zone 8	35:06.94		
M70	5000 Meter Race Walk					
1	Viau, John	M72	Zone 3	36:10.83		
2	Lougheed, Ray	M74	Zone9	36:14.82		
3	Nicolson, John	M70	Zone 5	39:12.86		
4	Foan, Brian	M73	Zone 2	39:15.22		
--	Stella, Carlo	M74	Zone 10	DNF		
M75	5000 Meter Race Walk					
1	Taylor, Keith	M75	Zone9	36:02.16		
2	Prazma, Jerry	M78	Zone9	38:24.18		
3	Voneugen, Dick	M76	Zone9	43:29.02		
M80	5000 Meter Race Walk					
1	Gorden, Bernard	M80	Zone 7	38:47.65		
2	Daykin, Harrold	M83	Zone 3	57:36.79		
M85	5000 Meter Race Walk					
1	Kluczny, Ed	M86	Zone 7	43:28.54		
2	Dawson, Kenneth	M85	Zone9	48:15.00		
M60	10000 Meter Race Walk					
1	Luethje, Karl-Heinz	M63	Zone 10	1:12:20.22		

M65 10000 Meter Race Walk		
1 Prazma, Tony	M68 Zone9	1:08:36.58
2 Haas, Tony	M65 Zone 8	1:12:55.25
M70 10000 Meter Race Walk		
1 Viau, John	M72 Zone 3	1:14:06.00
2 Stella, Carlo	M74 Zone 10	1:20:08.08
3 Foan, Brian	M73 Zone 2	1:24:30.61
-- Lougheed, Ray	M74 Zone9	DQ
M75 10000 Meter Race Walk		
1 Taylor, Keith	M75 Zone9	1:18:11.02
2 Prazma, Jerry	M78 Zone9	1:21:33.32
3 Voneugen, Dick	M76 Zone9	1:31:49.85
M80 10000 Meter Race Walk		
1 Gorden, Bernard	M80 Zone 7	1:22:31.63
2 Maclean, John	M83 Zone 4	2:02:32.34
3 Daykin, Harrold	M83 Zone 3	2:06:06.79
M85 10000 Meter Race Walk		
1 Kluczny, Ed	M86 Zone 7	1:36:07.98
2 Dawson, Kenneth	M85 Zone9	1:45:22.51
M55 10000 Meter Run		
1 Busby, Bruce	M55 Zone 2	40:35.12
2 Vinton, Bill	M59 Zone 2	46:09.71
3 Loseth, Bob	M55 Zone9	46:18.37
4 Hemmerich, Siegfried	M55 Zone9	49:44.57
5 Allen, Jim	M59 Zone9	1:08:54.74
M60 10000 Meter Run		
1 Ansems, Ed	M60 Zone 10	41:01.88
2 Towler, Frank	M63 Zone1	44:22.68
3 Matson, Dennis	M61 Zone9	52:54.96
4 Barth, John	M62 Zone 11	56:30.75
M65 10000 Meter Run		
1 Saunders, Garfield	M69 Zone1	47:11.25
2 Miller, Doug	M67 Zone1	50:06.45
3 Naidoo, Bala	M68 Zone 2	50:09.02
4 Link, Gary	M65 Zone 5	51:53.43
M70 10000 Meter Run		
1 Gehm, Bob	M71 Zone 2	56:39.41
M75 10000 Meter Run		
1 Sangha, Hazura	M75 Zone1	56:28.22
M80 10000 Meter Run		
1 Yule, Grant	M80 Zone9	59:58.17
M55 Pole Vault		
1 Hawkins, John	M59 Zone 4	3.30m
2 McKay, Bob	M58 Zone 5	1.80m
M60 Pole Vault		
1 Ukonmaanaho, Tom	M64 Zone9	2.40m
M65 Pole Vault		
1 Johnston, Jim	M65 Zone9	1.90m
2 Dyer, James	M65 Zone9	1.80m
M75 Pole Vault		
1 Taylor, Keith	M75 Zone9	1.70m
2 Monds, Doug	M79 Zone1	1.40m

MISSING: MENS 4X100 METRE RELAY

