

## BC 8K Championships

The provincial 8K road running championship were incorporated into the Prairie Inn Pioneer 8K, hosted by the Prairie Inn Harriers, and was open to any 2009 competitive member of BCA or equivalent from other provinces or international federations. The Championship winners were Richard Mosley and Cheryl Murphy (Senior), and Neil Holm and Lucy Smith (Masters).

### Championship Results

#### Senior Men

1. Richard Mosley	23:35
2. Jon Brown	23:38
3. Steve Osaduik	24:17
4. Ryan McKenzie	24:27
5. Scott Simpson	24:34
6. Todd Howard	24:54
7. Kris Swanson	24:58
8. Jay MacDonald	25:20
9. Mark Bomba	25:42
10. Jeff Phillips	25:47
11. Craig Odermatt	25:50
12. Nick Best	25:56
13. Eric Findlay	26:06
14. Ian Druce	26:47
15. Jeremy Hopwood	27:52

#### Senior Women

1. Cheryl Murphy	28:05
2. Rachel Ruus	28:43
3. Melanie McQuaid	29:52
4. Janet Nielsen	31:43
5. Taeko Terauchi-Loutitt	33:17

#### Masters Men

1. Neil Holm	26:07	1/2	40-44
2. Norm Tinkham	26:16	1/6	45-49
3. Gordon Christie	27:47	2/6	45-49
4. Paul O'Callaghan	27:54	2/2	40-44
5. Doug Alward	28:02	1/5	50-54
6. Phil Nicholls	28:08	3/6	45-49
7. Jerry Loeb	28:31	1/1	35-39
8. Wayne Crowe	28:54	2/5	50-54
9. Kevin Searle	28:56	4/6	45-49
10. Gary Duncan	29:33	3/5	50-54
11. Ian Giroday	29:38	5/6	45-49
12. Keith Wakelin	30:31	4/5	50-54
13. Frank Graham	30:32	5/5	50-54
14. Steve Hosford	31:39	1/1	55-59
15. Herb Phillips	32:33	1/1	65-69
16. Garfield Saunders	36:09	1/2	70+
17. Michael Greenly	37:32	6/6	45-49
18. Maurice Tarrant	37:40	2/2	70+

**Masters Women**

1. Lucy Smith	28:01	1/2	40-44
2. Lisa Harvey	28:32	1/4	35-39
3. Nancy Tinari	29:11	1/5	45-49
4. Joan McGrath	29:41	2/5	45-49
5. Sarah Bouchard	30:23	2/4	35-39
6. Angela Plamondon	31:46	2/2	40-44
7. Juliette Christie	31:53	3/5	45-49
8. Karen Laberee	32:43	3/4	35-39
9. Joanne Rosen	32:59	4/5	45-49
10. Mary Bridges	34:12	4/4	35-39
11. Sue Thorne	42:49	5/5	45-49
12. Diane Palmason	44:23	1/1	70+