

# TIMEX BC ROAD RUNNING SERIES 2010

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[www.bcathletics.org/RRSeries/](http://www.bcathletics.org/RRSeries/)



THE VANCOUVER SUN

Next race:

Steveston Ice-Breaker 8k  
 Sunday, January 17, 8:30am  
 Steveston Community Centre, Richmond  
[www.kajaks.org/events/icebreaker.htm](http://www.kajaks.org/events/icebreaker.htm)

## WOMEN'S RANKINGS AFTER RACE #1: PRAIRIE INN PIONEER 8K

| OVERALL             | PTS. | RACES | 25-29                      | PTS. | RACES         | 40-44                | PTS. | RACES           | 55-59                 | PTS. | RACES |
|---------------------|------|-------|----------------------------|------|---------------|----------------------|------|-----------------|-----------------------|------|-------|
| NATASHA WODAK       | 873  | 1     | NATASHA WODAK              | 873  | 1             | LUCY SMITH           | 872  | 1               | HEATHER BEATTY        | 688  | 1     |
| LUCY SMITH          | 872  | 1     | MAGALI TISSEYRE            | 827  | 1             | CHERYL MURPHY        | 833  | 1               | LORI ALLIN            | 672  | 1     |
| KIRSTEN SWEETLAND   | 852  | 1     | MELISSA ROSS               | 817  | 1             | CHARLENE WALDNER     | 714  | 1               | FAYE AMOS             | 659  | 1     |
| CHERYL MURPHY       | 833  | 1     | CARE WAKELY                | 807  | 1             | MELINDA BRAKE        | 675  | 1               | JACKIE EDDY           | 650  | 1     |
| MAGALI TISSEYRE     | 827  | 1     | CHESSA ADSIT-MORRIS        | 802  | 1             | SANDRA MILLIGAN      | 673  | 1               | DENISE AUCOIN         | 624  | 1     |
| MELISSA ROSS        | 817  | 1     | SARAH BAKER                | 788  | 1             | PAMELA PALMER        | 667  | 1               | DONNA DE BELLEFEUILLE | 621  | 1     |
| CARE WAKELY         | 807  | 1     | SHANNON THOMPSON           | 770  | 1             | PENNY DAVIS          | 659  | 1               | JANET WRIGHT          | 618  | 1     |
| CHESSA ADSIT-MORRIS | 802  | 1     | LINDSAY WILLIAMSON         | 744  | 1             | SAMANTHA ECKARD      | 640  | 1               | DARLENE DAVIS         | 604  | 1     |
| CHRISTINE RIDENOUR  | 800  | 1     | KATE RICHARDS              | 730  | 1             | KARIN HOLM           | 636  | 1               | MARY FREEMAN          | 602  | 1     |
| JULIETTE CHRISTIE   | 795  | 1     | KIMBERLY MILLER            | 711  | 1             | ANDREA ZANATTA       | 636  | 1               | DALENE PAINE          | 594  | 1     |
| MELANIE MCQUAID     | 791  | 1     | LYSANNE LAVIGNE            | 702  | 1             | ANNA DIEDRICKSEN     | 625  | 1               | MICHELLE GOROSH       | 589  | 1     |
| SARAH BAKER         | 788  | 1     | MELISSA RUSSELL            | 686  | 1             | LISA HOPKINS         | 617  | 1               | LINDY MILLER          | 576  | 1     |
| CLAIRE MORGAN       | 785  | 1     | KATIE CROSS                | 667  | 1             | CAROLIN MEAUSERETTE  | 611  | 1               | TRISH MURPHY          | 569  | 1     |
| SHANNON THOMPSON    | 770  | 1     | PAMELA DINN                | 656  | 1             | MICHELLE ROWSELL     | 609  | 1               | HELEN MARTIN          | 568  | 1     |
| HILLARY WILLE       | 763  | 1     | AMANDA STALLARD            | 648  | 1             | SANDRA CLARKE        | 608  | 1               | MELANIE CUNNINGHAM    | 566  | 1     |
| LARA GRAVES         | 758  | 1     | CAROLINE MCGAW             | 639  | 1             | MONICA FRIESEN       | 603  | 1               | JOHANNA NEWSTONE      | 563  | 1     |
| KAREN LABEREE       | 752  | 1     | SARAH ROBERTSON            | 576  | 1             | SANDY PRZADA         | 597  | 1               | TRICIA BOURASSA       | 562  | 1     |
| ANGELA PLAMONDON    | 750  | 1     | STEPHANIE LIM              | 530  | 1             | ALAYNE CARTWRIGHT    | 597  | 1               | BARBARA STEWART       | 549  | 1     |
| LINDSAY WILLIAMSON  | 744  | 1     | LESLIE BOOTLE              | 479  | 1             | JENNY WATSON         | 576  | 1               | SHEILA WHITE          | 529  | 1     |
| LEANNE BLACKWOOD    | 737  | 1     | HEIDI ST. DENIS            | 470  | 1             | RHONDA DONKERSLEY    | 576  | 1               | LOUISE SMITH          | 522  | 1     |
| SANDRA MULLEN       | 734  | 1     | JAYNE HARDY                | 455  | 1             | BELINDA KISSACK      | 572  | 1               | IRENE ENNIS           | 515  | 1     |
| MELINA THIBODEAU    | 730  | 1     | LAURA BIGGS                | 451  | 1             | JOANNE COSBY         | 571  | 1               | MARY WILLIAMS         | 513  | 1     |
| KATE RICHARDS       | 730  | 1     | MARY GUSHUE                | 374  | 1             | JODI MUCHA           | 568  | 1               | DENISE CODE           | 511  | 1     |
| CAMELLIA BENTHAM    | 727  | 1     | ELAINE IVERSON             | 352  | 1             | KIMBERLY CHAISSON    | 550  | 1               | KATHLEEN BELLOWES     | 492  | 1     |
| KRISTAL ANDERSON    | 727  | 1     |                            |      |               | SHANNON PECK         | 548  | 1               | MAUREEN MOFFATT       | 479  | 1     |
|                     |      |       | <b>30-34</b>               |      |               |                      |      |                 | <b>60-64</b>          |      |       |
| <b>19 &amp; U</b>   |      |       | LARA GRAVES                | 758  | 1             | <b>45-49</b>         |      |                 | ROSLYN SMITH          | 673  | 1     |
| CHRISTINE RIDENOUR  | 800  | 1     | LEANNE BLACKWOOD           | 737  | 1             | JULIETTE CHRISTIE    | 795  | 1               | MARCIA STROMSMOE      | 643  | 1     |
| HILLARY WILLE       | 763  | 1     | KRISTAL ANDERSON           | 727  | 1             | ANGELA PLAMONDON     | 750  | 1               | FELICITY PARKER       | 587  | 1     |
| MEGAN KINGHORN      | 726  | 1     | JULIE VANVELEN             | 725  | 1             | SANDRA MULLEN        | 734  | 1               | BETH HAYSOM           | 530  | 1     |
| GABRIELA BOLANOS    | 710  | 1     | SONJA YLI-KAHILA           | 722  | 1             | JANE CAMPBELL ARNOLD | 709  | 1               | HEATHER JOHNS         | 522  | 1     |
| REBECCA STAYNOR     | 707  | 1     | KIM EVERETT                | 692  | 1             | SUZANNE MANDY        | 681  | 1               | CHRISTINE SCOTT       | 516  | 1     |
| NICHOLA KENNEL      | 689  | 1     | SARA GANS                  | 683  | 1             | CHRISTINA STOEHR     | 680  | 1               | ELAINE MILLER         | 494  | 1     |
| BOW DELOREY-TULLY   | 619  | 1     | LAURA BROWN                | 677  | 1             | KATHY DAVIDSON       | 679  | 1               | CHERYL HAYES          | 483  | 1     |
| ROBYN NOEL          | 524  | 1     | KARMEN JONGEWAARD          | 673  | 1             | JOANELL STORM        | 677  | 1               | ANNE WARREN           | 461  | 1     |
| VANESSA SMITH       | 484  | 1     | MARIE-CLAUDE MAGNAN        | 663  | 1             | JEANETTE CARLSON     | 665  | 1               | ANN KASK              | 460  | 1     |
| GISELLE HUNT        | 484  | 1     | ADRI-ANNE GIFFORD-SEREDICK | 657  | 1             | JACKIE ALLEN         | 664  | 1               | JACQUIE FARRIS        | 459  | 1     |
| TAYLOR NOEL         | 423  | 1     | TIFFANY CHAPMAN            | 653  | 1             | SUE THORNE           | 643  | 1               | PEGGY SHERWOOD        | 456  | 1     |
|                     |      |       | KATE LINDSAY               | 636  | 1             | NOREEN RUSSELL       | 638  | 1               | GHISLAINE MACPHERSON  | 425  | 1     |
| <b>20-24</b>        |      |       | KARINE BADRA               | 628  | 1             | GERALDINE HUTCHINGS  | 637  | 1               | TINA O'BRIEN          | 420  | 1     |
| KIRSTEN SWEETLAND   | 852  | 1     | RACHELLE MUNDELL           | 615  | 1             | NADINE PADUR-ROSE    | 634  | 1               |                       |      |       |
| EMMA LUJAN          | 699  | 1     | KRISTA KITSON              | 614  | 1             | KAREN IRVINE         | 626  | 1               | <b>65-69</b>          |      |       |
| KAYLEE BEALES       | 694  | 1     | LANI SHIELDS               | 611  | 1             | SHADRON MACADAMS     | 615  | 1               | PAULINE NAIDOO        | 567  | 1     |
| ANDREA BACHAND      | 692  | 1     | ORLA MACSWEENEY            | 609  | 1             | AUDREY STIBBE        | 610  | 1               | DAPHNE PANTER         | 522  | 1     |
| HEATHER AFFORD      | 650  | 1     | MARCIA DENHOED             | 591  | 1             | ANDREA UNWIN         | 608  | 1               | MEI-SHENG SHANKS      | 514  | 1     |
| DANIELLE MASON      | 640  | 1     | ERIN HALLETT               | 581  | 1             | LISA CANTWELL        | 606  | 1               | MAREE KENNEL          | 510  | 1     |
| COURTNEY SWARTZ     | 627  | 1     | ERIN MOWAT                 | 566  | 1             | JAN FRITH            | 605  | 1               | GLORIA SHERWOOD       | 495  | 1     |
| AFTON HALLORAN      | 625  | 1     | KIRSTY SHELTON             | 560  | 1             | NATALIE NOBERT       | 587  | 1               | CAROL JUDD            | 473  | 1     |
| CELINA HORN         | 618  | 1     | MARY DILLON                | 546  | 1             | MARTINE JANICKI      | 583  | 1               |                       |      |       |
| ELIZABETH MACHATTIE | 612  | 1     | DAWN CURTIS                | 542  | 1             | CAROLEE PUNNETT      | 566  | 1               | <b>70+</b>            |      |       |
| SARAH ROBERTS       | 597  | 1     | JENNIFER HALL              | 519  | 1             | SHAWN MCKEAN         | 561  | 1               | CORINNA GILLILAND     | 402  | 1     |
| ANGELA PUSZKA       | 590  | 1     |                            |      | TANNIS HENDRA | 546                  | 1    | GEORGIE CLAPHAM | 290                   | 1    |       |
| LINDSAY GOLDTHORPE  | 557  | 1     | <b>35-39</b>               |      |               |                      |      |                 |                       |      |       |
| BRITTANY HARSHEY    | 542  | 1     | MELANIE MCQUAID            | 791  | 1             | <b>50-54</b>         |      |                 |                       |      |       |
| ASHLEY BARRY        | 469  | 1     | CLAIRE MORGAN              | 785  | 1             | PATTI ROGERS         | 703  | 1               |                       |      |       |
| NICHOLA LINDBERG    | 413  | 1     | KAREN LABEREE              | 752  | 1             | LORI NIELSEN         | 660  | 1               |                       |      |       |
|                     |      |       | MELINA THIBODEAU           | 730  | 1             | TAMI BEALES          | 651  | 1               |                       |      |       |
|                     |      |       | CAMELLIA BENTHAM           | 727  | 1             | JANICE ROSS          | 638  | 1               |                       |      |       |
|                     |      |       | TAEKO TERAUCHI-LOUITT      | 715  | 1             | LAURA WYATT          | 637  | 1               |                       |      |       |
|                     |      |       | RACHEL JOYCE               | 715  | 1             | LEE ANN DIL          | 630  | 1               |                       |      |       |
|                     |      |       | KIRSTEN ARENSEN            | 700  | 1             | ANN WILK             | 620  | 1               |                       |      |       |
|                     |      |       | FIONA MILNE                | 695  | 1             | KAREN WELLER         | 611  | 1               |                       |      |       |
|                     |      |       | HEATHER CHRISTIE           | 690  | 1             | JUDITH NEWMAN        | 610  | 1               |                       |      |       |
|                     |      |       | JACQUIE NELIGAN            | 677  | 1             | SYLVIA GRANT         | 610  | 1               |                       |      |       |
|                     |      |       | STEPHANIE RENWICK          | 672  | 1             | DIANA CONNER         | 606  | 1               |                       |      |       |
|                     |      |       | ERIN RENWICK               | 672  | 1             | DONNA GILBERT        | 603  | 1               |                       |      |       |
|                     |      |       | KATHLYN MCHUGH             | 663  | 1             | LOUISE HODGSON-JONES | 601  | 1               |                       |      |       |
|                     |      |       | CRYSTAL FYFE               | 662  | 1             | TERESA RUSH          | 580  | 1               |                       |      |       |
|                     |      |       | SANDY WILSON               | 648  | 1             | LORI STENSON         | 575  | 1               |                       |      |       |
|                     |      |       | FIONA PETERS               | 607  | 1             | LAUREL SZASZ         | 572  | 1               |                       |      |       |
|                     |      |       | TANYA ANSLEY               | 599  | 1             | DONNA MEYER          | 564  | 1               |                       |      |       |
|                     |      |       | NIKKI VAN HORNE            | 598  | 1             | MARLENE DAYMAN       | 557  | 1               |                       |      |       |
|                     |      |       | TIFFANY SMITH              | 586  | 1             | BEV BAIN             | 557  | 1               |                       |      |       |
|                     |      |       | KAREN SUCKLING             | 574  | 1             | JULIE JOHNS          | 556  | 1               |                       |      |       |
|                     |      |       | APRIL DEYAEGER             | 572  | 1             | KIM ABRAHAM          | 549  | 1               |                       |      |       |
|                     |      |       | CHARLENE HAY               | 566  | 1             | JANET HRYNIUK        | 544  | 1               |                       |      |       |
|                     |      |       | MICHELE ISAAC              | 557  | 1             | DANNA FRASER         | 538  | 1               |                       |      |       |
|                     |      |       | BERNICE SMITH              | 550  | 1             | LINDA BOTTOMLEY      | 537  | 1               |                       |      |       |
|                     |      |       |                            |      |               | MANDY YARDLEY        | 536  | 1               |                       |      |       |