TIMEX BC ROAD RUNNING SERIES 2010

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TIMEX NATIONAL ROAD RACE SERIES

B.C. ROAD RUNNING — A DIVISION OF BC ATHLETICS

THE VANCOUVER SUN

Next race:
North Shore Credit Union Longest Day 5k
Friday, June 18, 7:45pm, Thunderbird Stadium, UBC, Vancouver
www.thunderbirdstrack.org

MEN'S RANKINGS AFTER RACE #11: SANDCASTLE 10K

OVERALL

	PTS.	RACES
CRAIG ODERMATT	4187	5
SHANE RULJANCICH	4062	5
SHAWN NELSON	4040	5
MARK NELSON	3970	5
DEREK WESTRA-LUNEY	3890	5
KEVIN SEARLE	3830	5
GARY DUNCAN	3624	5
SCOTT SIMPSON	3595	4
JO ASTORIA	3595	5
LARRY LORETTE	3523	5
JAY MACDONALD	3446	4
DAVID HOSKINS	3446	5
YUKI OTSUBO	3425	5
STEVE HOSFORD	3400	5
WILLY LANGAT	3398	4
TRISTAN SIMPSON	3368	4
NIXON KIPROTICH	3356	4
HERB PHILLIPS	3309	6
NICK WALKER	3300	4
STEVE JACKSON	3275	5
IAN HALLAM	3264	4
FRANK TOWLER	3209	6
KEITH MILLS	3187	4
TRACY COOPER	3100	5
BRUCE MARTELL	3097	4

19 & U

JOSH WILLIAMS	1711	3
TIMOTHY MACLEAN	1525	2
CONNOR FOREMAN	1512	2
MICHAEL BUTLER	1467	2
GAELEN MOORE	1415	2
SAMUEL SILSIG	1414	2
DAVID PHILLIPS	1408	2
WILLIAM VOSPER	1347	2
BEN PUSZKA	1333	3
DANIEL VAN DER BASCH	1329	2
JOE BALDERSTON	1311	2
JEFF SEARLE	1308	2
ALISTAIR NORMAN	1260	2
JEREMY SCUDDER	1178	2
KONRAD HERRMANN	1167	2
DANIEL HOWARD	1108	2
JOEY GARGARO	1086	2
BRENDAN DECONTIE	917	2

20-24

SHAWN NELSON	4040	5
DEREK WESTRA-LUNEY	3890	5
WILLY LANGAT	3398	4
JEFFREY PHILLIPS	2547	3
AUSTIN HORN	2506	3
AARON THOMAS	2369	3
SHELBY DROPE	2335	3
ADAM FRILUND	2041	3
JAMES COOK	2033	3
DYLAN GANT	1670	2
JORDAN MAYNARD	1612	2
CARLOS LESSER	1604	2
LOWELL ROCKLIFFE	1548	2
SCOTT DAGNALL	1533	2
BRODIE ELDER	1507	2
BRAD WILLIAMSON	1445	2
ERIC SUESS	1421	2
STEWART YOUNG	1412	2
PAUL STRUCH	1397	2
TRAVIS PIROZZINI	1396	2
YONASE GULBOT	1338	2
D. COSSETTE-BOURASSA	1331	2
DEREK ROWLANDS	1326	2
ALEXANDER LEE	1306	2
JULIAN GROVE	1276	2

25-29

MARK NELSON	3970	5
TRISTAN SIMPSON	3368	4
NIXON KIPROTICH	3356	4
NICK WALKER	3300	4
KEITH MILLS	3187	4
DAN MCKEAN	2779	4
GUS AMUNDSON	2413	3
TREVOR FEENEY	2357	3
DREW NICHOLSON	2325	3
LEIF BARADOY	2314	3
BYRON TRAJAN	2286	3
KAMAL RAE	2271	3
NICK GOTTFRIED	2168	3
BRAD CROWE	2160	3
MARK CAROLAN	2115	3
ROB EAKIN	2103	3
PHILIP BIRRER	2095	3
ANDREW MURPHY	2047	3
MICHAEL NEWTON	1876	3
TREVOR AVENDER	1870	3
RICHARD MOSLEY	1815	2
KYLE JONES	1772	2
KRISTOPHER SWANSON	1754	2
A. BAILLARGEON-SMITH	1748	2
MATT PIETERSON	1742	2

30-34

SHANE RULJANCICH	4062	5
SCOTT SIMPSON	3595	4
JAY MACDONALD	3446	4
STEVEN OSADUIK	2696	3
TODD HOWARD	2549	3
MICHAEL BROWN	2508	4
ROSS GREENWOOD	2320	3
TIM ADKINS	2261	3
BRYAN CRERAR	2129	3
AMIEL LOGAN	2089	3
LOREN STEWART	2043	3
DEREK NIZIOL	2007	3
SEAN REILLY	1958	3
ADAM KELLY	1956	3
KEVIN SPAHN	1950	3
JOHN GOLUZA	1824	3
DAVID JACKSON	1764	2
JEREMIAH ZIAK	1735	2
KEVIN KING	1733	3
ADAM CAMPBELL	1651	2
JEREMY HOPWOOD	1582	2
SIMON PEARSON	1486	2
GLENN LEAR	1476	2
SONY GAWLEY	1425	2
JEFF SEELEY	1415	2

35-39

IAN HALLAM	3264	4
GREG HOCKLEY	2994	4
JASON BOWERS	2845	4
OLIVER UTTING	2609	3
LAURENCE COOGAN	2314	3
IAN PERRIMAN	2306	3
DAVID VAN HORNE	2304	4
RICHARD LIGHT	2268	3
JEFF HUNT	2175	3
DICKSON CHOY	2136	4
MICHAEL ARENSEN	2082	3
SHAYNE STOKES	2064	3
JOHN DUTCHAK	1871	3
SIMON WHITFIELD	1791	2
JAMES FINLAYSON	1760	2
JASON LOUTITT	1698	2
CIPRIAN CONSTANTINESCU	1698	3
DOUG CARMICHAEL	1603	3
MIKE MURPHY	1592	2
ROY MILLEN	1558	2
BRYAN PORTMAN	1541	2
NOAH WALLACE	1509	2
JEREMY LAWRENCE	1426	2
CHRIS MOORE	1425	2
JOEL DELEENHEER	1412	2

40-44

CRAIG ODERMATT	4187	5
JO ASTORIA	3595	5
LARRY LORETTE	3523	5
BRUCE MARTELL	3097	4
ROBERT UEBBING	2733	4
RICHARD W BELLIZZ	2698	4
NICK MUNDAY	2693	4
SEAN WINDRUM	2662	4
DAVE KELSEY	2650	4
JEFF LEWIS	2647	4
MARK BOMBA	2575	3
CHEN GREIF	2408	4
PIROUZ KHAKZAD	2402	4
STEVE MANDY	2370	4
WALTER CANTWELL	2320	3
RUSSELL BUSCHE	2257	3
MARCUS MURPHY	2246	4
FELIPE EDORA	2161	3
MARK RITCHIE	2149	3
EDWIN JOHNSTON	2112	3
TIM NIXON	2065	3
DON COSTELLO	2012	3
DAN JACKLIN	2005	3
MIKE THIBODEAU	1958	3
PETER RICHARDSON	1845	3

45-49

KEVIN SEARLE	3830	5
DAVEY GIN	2785	4
JOHN HERRON	2686	4
LANCE HURRELL	2578	4
HENRY THOM	2511	4
LEIGH LUNDGREN	2459	4
PETE LANGELO	2447	4
ROBERT HASEGAWA	2342	3
DAN EHLE	2319	4
JEFF SHELDRAKE	2273	4
KEN CHEW	2243	3
GORDON CHRISTIE	2215	3
GLEN RUNZER	2185	4
ROGER PLAMONDON	2138	3
GORDON DOERKSEN	2089	3
IAN SKELTON	2033	3
BILL CODVILLE	1980	3
MARTIN BRACKLEY	1967	3
RICHARD ARMSTRONG	1895	3
LARRY PUSZKA	1868	3
GEORGE GATES	1867	4
KEITH KENDAL	1835	3
MICHAEL GREENLY	1805	3
DAVE PURNELL	1727	3
PHILIP HOWARD	1716	3

50-54

GARY DUNCAN	3624	5
YUKI OTSUBO	3425	5
STEVE JACKSON	3275	5
RIEL LUPIEN	3065	5
DAVE FRILUND	2769	4
BILL CHANG	2476	4
MIKE THOMSEN	2410	4
STEPHEN COOK	2324	4
ROB HARE	2268	4
MARK PINCKARD	2206	3
ARTHUR BOILEAU	2200	3
FRANK GRAHAM	2156	3
NIGEL BARRETT	2156	4
BRUCE WILLIAMS	2008	3
BRUCE MACKENZIE	1997	3
RITCHIE MORRISON	1797	3
LORNE MORROW	1782	3
ANDRE COTE	1767	3
CHRIS JONES	1746	3
NICK VAN DER WESTHUIZE	1711	3
KEITH BLAKEMORE	1651	3
ROSS PALFERY	1504	3
KEITH WAKELIN	1426	2
BRIAN BELL	1410	3
DELL BALFOUR	1356	2

55-59

STEVE HOSFORD	3400	5
TRACY COOPER	3100	5
DAVE SAKAMOTO	3067	5
BUDDY BHANDAR	2754	4
ROGER WHITE	2567	4
PAT CHEUNG	2499	5
ROBERT HAINES	2483	4
CHRIS GREENWAY	2360	4
GRANT PARNELL	2323	4
PAUL REIMER	2276	3
CHRISTOPHER PAGAN	2190	4
LORNE BROWNSEY	2175	4
BRAD HOLMES	1918	3
LEO LAM	1914	3
DOMINIC GERELLE	1899	3
JOHN PARSONS	1880	4
MARK ZIEGLER	1840	3
BARTON BOURASSA	1741	3
DON MORRISON	1704	3
GAR CHASE	1667	3
BEN-DAVID AHARON	1654	3
DAVID MACLEOD	1648	3

60-64

DAVID HOSKINS	3446	5
JIM CORNISH	3064	5
DANNY EDDY	2526	5
ORLANDO NARANJO	2390	5
ARTHUR BEADLE	2280	4
ZLATKO ZVEKICH	1892	3
JEAN-PIERRE POGGIOLI	1859	3
JOHN DURKIN	1792	3
WAYNE PEHOWICH	1721	4
JOHN NEUFELD	1679	3
BERNIE STEININGER	1588	3
VINCE TRAHAN	1563	3
TIM HENDRIE	1423	3
NICOLAS PEDLEY	1396	3
GARY VERMETTE	1277	2
JAMES GRIFFIN	1272	3
MARK JACKMAN	1231	2
JEFF VAN DEN DRIESEN	1177	2
BOB COOK	1166	2
RICK HORITA	1149	2
MICHAEL FOSTER	1145	2
ROSS MORGAN	1133	2

65-69

HERB PHILLIPS	3309	6
FRANK TOWLER	3209	6
JOHN CLIFF	2569	4
PETER POLLHAMMER	2464	4
DAN CUMMING	2378	5
JOHN PICKERING	2352	4
AKRAM KHAN	2152	4
PETER MADDEROM	2072	4
JOHN CROW	1787	3
DAN MURPHY	1500	3
TOM MUNRO	1458	3
BEN SEGHERS	1403	3
DAVID SHANKS	1384	3
BRUCE HAWKES	1358	3
ERIC SHERWOOD	1278	3
BILL SCRIVEN	1031	2

70+

MAURICE TARRANT	2216	4
JOHN DOWNING	1656	3
ROBERT BUTTERWORTH	1649	3
BALA NAIDOO	1639	3
JOHN PRINGLE	1638	3
ROB DANIEL	1635	4
GARTH BALL	1614	3
JOHN WOODALL	1567	3
GARFIELD SAUNDERS	1141	2
MIKE EMERSON	999	2
CHARLIE IRELAND	985	2
BILL MCMILLAN	981	2
GORDON MACDONALD	966	2
RINTJE RAAP	905	2

QUESTIONS? E-MAIL timexseries@telus.net or call 604-885-8849 OR 604-333-3553. Website: www.bcathletics.org/RRSeries/