

## 2008 BC CROSS COUNTRY DIVISION COMMITTEE REPORT

Submitted January 2009 by: Jerry Tighe

Thank you to the many volunteers and BCA officials involved in cross country in B.C. in 2008.

### CANADIAN CHAMPIONSHIPS

The 2007 & 2008 Canadian Championships were in Guelph, Ont. They will host again in 2009 & 2010. Snowy conditions for the second year running didn't seem to phase the Canadian runners. 2008 results are on the Athletics Canada web site.

The 2008 B.C. Cross Country Championships October 25 were hosted by the Vancouver Thunderbirds T & F Club and the Hershey Harriers A.C.

The venue was Brockton Oval in Stanley Park, Vancouver. This was the first BCA Cross Country Championship held there since 1997. Thank you to the two clubs for sharing the hosting. The BC Athletics officials contributed in significant ways in the management of the championship event. Results are on the B.C. Athletics web site.

The committee met at the 2007 AGM, January 20<sup>th</sup>, 2008.

Topics discussed at that meeting included:

- Planning for 2008
- The possibility of BC Athletics entering a Juvenile (Age 16 – 17) in the Canadian Junior Championships.
- Dual meet with Alberta
- School X-C
- Cross Country Series throughout B.C.
- BCA strategic plan
- Coaching education – clinics, camps
- Successfully moving the date of the BCA X-C Champs to the last Sat in October.
- BC X-C awards – criteria for selection

Thelma Wright is the Athletics Canada coordinator for cross country in Canada and has also been appointed to the IAAF cross country council. Thanks to Thelma for the insight into International cross country doings around the world.

The X - C committee welcomes new committee members or opinions from regions of the province, from age groups, officials, and regional X-C Series.

There will be a meeting Sunday February 1<sup>st</sup> 2009 at the 2008 Annual General Meeting.