

2009 BC Athletics Track & Field Committee

HURDLES Report

Once again, the Intermediate Hurdle performances were stronger than the Sprint Hurdle performances in 2009.

In the Women's sprint hurdles, there were no sub 12 second races in the 80m hurdle 15 year old category. In the 100m hurdles Haleigh Lloyd, CVAC posted a time of 14.80 in Sherbrooke at the Legion Nationals and Natasha Miller, VR posted a 14.27 at the Canada Summer Games. There were no Junior marks of note.

In the Women's 300m hurdles, Katherine Tourigny ran a 44.71 in Sherbrooke while in the 400m hurdles Haleigh Lloyd, CVAC posted the best Youth mark with a 62.94 in Calgary. The best performances in the Junior and Senior category came from Christine Lowe, COQ with a 60.77 winning mark at the National Senior Championships in Toronto. In the Senior age group, 3 women made the BC Team qualifying mark for the Senior nationals but none dipped below 61 seconds.

In the Men's sprint hurdles, Ben Daly-Grafstein, TBIRD posted a 14.35 in Kelowna in the 100m hurdles. In the 110m hurdles Sebastian Munro, TBIRD ran 14.78 in Abbotsford at the BC Championships while Matthew Daly-Grafstein, TBIRD ran a 14.92 over the Junior hurdles in Kelowna. In the Senior category, Paul Woytkowiak, WVAN ran a 14.99 in the Canada Summer Games while Mark Chenery, PATH ran a 15.03 in a decathlon in May in California.

In the Men's 300m hurdles, Matthew Swanson, NORW ran a 40.99 at the Legions in Sherbrooke while Dyson Barnes, VR ran a 54.47 400m Youth hurdle race in Kelowna. Dyson also posted a 54.54 over the Junior hurdles and ran for BC at the Canada Summer Games with Paul Woytkowiak, WVAN who posted a 54.79 in the BC Seniors.

Respectfully submitted,
Ron Parker