

## 2009 BC Athletics Track & Field Committee

### Throws Event Group Report

Committee Members of this event: Richard Collier & Jennifer Padrinao

#### Summary of Activities for 2009:

**Meetings as a group:** Track and Field Committee 4 times a year.

#### Event Specific Topics:

- Selection of Throwers for BC Senior / Junior / Youth & Midget 15 / including Canada Games Summer Team.
- Confirm Athletes Assistance for all throwers that have achieved the recommended standards.
- Review and up-date all Throws standards for BC Team Selection.
- Annual Selection of Throws coaches for all BC Teams.
- Ensure that deserving Throwers are nominated for BCA Awards.
- Research and report Throws records achieved in 2009.

#### Challenges:

- Attracting more coaches to the event group
- Finding new coaches to serve on BC Team.
- Finding coaches to represent throws and sit on the Track & Field Committee.

#### Successes:

- 2 new Throws Records set in 2009. Elizabeth Gleadle in Women's Javelin & Jennifer Joyce in Women's Hammer.
- Two BC Coaches selected on Canadian National Teams in 2009, Ron Bunting on Junior Pan Am Team to Trinidad and Richard Collier for Jeux de la Francophonie Team to Beirut, Lebanon.
- Athletes selected to National Teams in 2009 were Joanna Franke-Kuhn, Cody Parker & Spencer Prince for the World Youth Team and Elizabeth Gleadle for World University Games & Trey Henderson for Jeux de la Francophonie Games.
- Athletes selected to the Pan Am Jr.'s team were Angus Taylor, Emma MacCorquodale and Laura Macauley.
- B.C. had 2 throwers selected to the Canadian Team at the World Track & Field Championships. Jennifer Joyce competed in the hammer event and Dylan Armstrong competed in shot put.
- The opening of a National Throws Centre in Kamloops in the spring of this year will undoubtedly help to increase the profile of throwing in B.C.

#### Success at National Championships: (Names & results can be found on A/C web site)

- **Senior National Championships:** Women's Hammer 1<sup>st</sup> & 3<sup>rd</sup> / Women's Javelin 1<sup>st</sup> / 2<sup>nd</sup> & 3<sup>rd</sup> / Men's Shot Put 1<sup>st</sup> & 2<sup>nd</sup>,
- **Junior National Championships:** Women's Hammer 1<sup>st</sup> & 2<sup>nd</sup> / Women's Javelin 3<sup>rd</sup> / Men's Discus 3<sup>rd</sup> & Men's Hammer 1<sup>st</sup>.
- **Canadian Youth Championships:** Women's Hammer 1<sup>st</sup> / Women's Javelin 1<sup>st</sup> / Men's Discus 1<sup>st</sup> / & Men's Hammer 2<sup>nd</sup>.
- **Canada Games:** Women's Javelin 1<sup>st</sup> & 2<sup>nd</sup> / Men's Discus 3<sup>rd</sup> / Men's Hammer 2<sup>nd</sup> & 3<sup>rd</sup> / Men's Javelin 1<sup>st</sup> & 2<sup>nd</sup>

(Names & Results can be found on Athletics Canada Web Site)

#### Planned Activates for 2010: Throws level 2 and 3's

Urgent Matters that need to be dealt with at the earliest opportunity: Arrange for Throws Coaches from around the world to come to BC and present clinics for both coaches & athletes. Working at getting more athletes interested and started in the Throws events.

#### Records Set for 2009

- **Jennifer Joyce (Kajaks)**  
Senior Women / Hammer Throw

Old Record 68.73m / **New Record 70.35m**  
Madrid Spain 7/04/09  
Provincial: Native

- **Elizabeth Gleadle ( Thunderbirds)**

Senior Women / Javelin  
Old Record 56.06m / **New Record 58.21m**  
Belgrade Ser 7/09/09  
Provincial: Native & Open.

- **5kg Youth Shot Put Event:**

This weight was introduced in 2005. 2009 is the fifth year of competition and records for the event can now be officially recognized. The farthest throw over the past 5 years was by Tom Wilcox at the 2008 BC Track & Field Championships held in Kamloops BC on July 12<sup>th</sup>. The distance thrown was 18.20m.

*This report was updated November 30, 2009*