

**Overview:**

In 2011, the jumps had many promising and outstanding performers. Others, dealing with injuries or other setbacks, demonstrated a significant ability to face adversity in an attempt to regain their form from 2010. We also had athletes who have been developed partially and even primarily, through the jumps discipline, who had and will continue to have, significant success in the multi-events in the near future.

**Marquis Events for the Season**

Western Canada Summer Games  
 Canadian Youth, Junior and Senior Championships  
 World Youth Championships  
 Youth Commonwealth Games  
 Pan Am Games  
 World Championships

**Notable performances for 2011 were:****Women**

Senior: high jump - Holly Parent: 1.85 meters, Natasha Miller: 1.82 meters,  
 Ruky Abdulai: 1.80 meters  
 Junior: high jump - Alyxandria Treasure: 1.81 meters  
 Youth: triple jump - Ayla Akehurst: 11.75 meters  
 Midget: high jump – Georgia Ellenwood: 1.70 meters

**Men**

Senior: pole vault -Ryan Wu: 5.22 meters, long jump - Robert Gallagher: 7.46 meters  
 Junior: pole vault - Spenser Allen: 4.60 meters, long jump - Jared Heldman (decathlete): 7.09 meters,  
 James Turner (decathlete): 6.83 meters  
 Youth: triple jump - Nick Fyffe: 14.55 meters **(BC Record)**  
 Midget: long jump - Jacob Houlton: 6.85 meters, Konrad Piaseczny: 6.82 meters

**National and regional medal winners were as follows:****Canadian Youth Championships:****Women****U-16**

pole vault: 1<sup>st</sup> - Jessica Tan

**U-18**

triple jump: 3<sup>rd</sup> - Ayla Akehurst

**Men****U-16**

high jump: Braden Derker -1<sup>st</sup>

long jump: Ahmad Nizamani - 1<sup>st</sup>

**U-18**

high jump: Bashir Khan - 2<sup>nd</sup>

long jump: Nicholas Fyffe - 2<sup>nd</sup>

triple jump: Nicholas Fyffe - 2<sup>nd</sup>

pole vault: Simon Psocka - 2<sup>nd</sup>

**Canadian Junior Championships:**

**Women**

high jump: Alex Treasure - 1<sup>st</sup>  
long jump: Caroline Sutherland - 2<sup>nd</sup>

**Men**

high jump: Django Lovett – 2<sup>nd</sup>  
pole vault: Spencer Allen – 2<sup>nd</sup>

**Western Canada Summer Games:**

**Women**

long jump: Carolyn Sutherland - 1<sup>st</sup> (**Games Record**)  
high jump: Alex Treasure - 2<sup>nd</sup> , Emma Kimoto - 3<sup>rd</sup>  
triple jump: Aisha Klippenstein - 1<sup>st</sup>

**Men**

long jump: Robert Gallagher - 1<sup>st</sup> (**Games Record**)  
high jump: Django Lovett - 2<sup>nd</sup>

**Canadian Senior Championships:**

**Women**

long jump: Ruky Abdulai - 2<sup>nd</sup>  
pole vault: Carly Dockendorf - 1<sup>st</sup>

**Men**

long jump: Robert Gallagher - 3<sup>rd</sup>  
high jump: Michael Mason - 3<sup>rd</sup>  
pole vault: Ryan Vu - 3<sup>rd</sup>

**National Teams**

**World Youth Championships:**

Georgia Ellenwood (heptathlon)  
Nicholas Fyffe (triple jump)

**World Championships:**

Ruky Abdulai (heptathlon)

**Training Camps:**

**Best In The West Track and Field Tour-** Hawaii, March 16-26<sup>th</sup>, 2012

**Summary:**

In 2012, we must look to improve our depth in women’s triple jump and pole vault as well as men’s triple jump and pole vault. We should look to better our strong performances in women’s long jump and high jump as well as men’s long jump and high jump. Finally, we must continue to encourage athletes in the jumps, even if they compete in multi-events presently or in the future (as a jumps background has certainly proven to be effective for their development as track and field athletes).

Byron Jack