

HIGH PERFORMANCE OLYMPIC PROGRAM



Overview

Team 2012 is Athletics Canada's High Performance London Olympic Program. **This program has been initiated to identify, select and support athletes and their coaches who can finish on the podium and top 8 in London. The Team 2012 Plan is embodied into our 2009-2012 High Performance Plan and is financially supported by Own the Podium.**

The Team 2012 Program has changed. It is significantly different than the program introduced in April 2009. This new program that will extend through the London Olympic Games is exclusive to athletes and their coaches identified and selected by Athletics Canada's professional coaching staff.

The Team 2012 Program will be led and coordinated by Athletics Canada through its National Centres. All athletes and coaches selected will work directly through an Athletics Canada specified Centre and will be in close communication with the Centre leads.

Principles for Selection

Our Beijing Olympic and Berlin IAAF World Championships debrief exposed serious gaps in athlete and coach preparation for the highest levels of competition. Athletics Canada's Olympic mandate as supported by Own the Podium is to ensure athlete and coach programs and preparation are Podium Class in quality and delivery. The Team 2012 Program is an outcome-based initiative. Program accountability, performance improvement and consistency over the next three years will determine selection and support.

Team 2012 Program Support

Members of Team 2012, in addition to ongoing contributions from Sport Canada's athlete assistance program (carding) will be eligible for the following program support:

- Extended warm weather and altitude training camps in Arizona
- Training and competition support in Kamen, Germany
- Personal coach travel and professional development
- International competitions
- Assessment, testing, evaluation and performance expert consultation
- Support for relocation to Canadian Centres if needed
- Enhanced medical services
- Specialized equipment
- Access to all Canadian Sport Centres and their facilities and services
- Personal coach support at World Championships and Olympic Games including pre-event camps

Team 2012 – Making The Team

Team 2012 will be a dynamic program where an athlete can be selected or deselected to the team at scheduled assessment and evaluation points.

EVALUATION AND SELECTION ENTRY POINT # 1: December 15, 2009

The following guidelines and principles were addressed to select this year's team. These guidelines and principles will serve as the foundation and framework for future selection and de-selection.

Program Accountability

A. Objective Measures

All performances benchmarked against the average third place finish for the last three Olympic Games. This is called a PODIUM BENCHMARK. A three year time frame (2007 to 2009) was used to indicate current performance and progress.

1. Best single performance over the last 3 years: IAAF A standard minimum
2. A consistency benchmark of the average 5 best performances each year over the last 3 years in relation to yearly PB;
3. Gap between single best performance and PODIUM BENCHMARK
4. Annual Gap between 5 best yearly performances and PODIUM BENCHMARK
5. # of athletes with better single best performance (2009)
6. Current top 12 world ranked athletes and gap between 12th and athlete performance
7. Consistency and number of IAAF A standard performances
8. Age related performance: Event depth of athletes within age range of +/- 3 years
9. Final phase performance record; planning and peaking indicators
10. Olympic Games and World Championships placing
11. International A level competition placing; Golden League, IAAF Grand Prix Series, International Multi Sport Competitions
12. Annual progress and probability as determined by event analysis required to close the gap
13. Previously submitted carding benchmarks met

B. Performance Environment Measures

1. Quality of Annual Plan in support of performance goals
2. World Championships and Olympic Games success record of the personal coach
3. Commitment to work systematically with the designated AC Centre and lead coach or Event Group Coach
4. Commitment to full time training, monitoring and testing
5. Experience ,credentials and effectiveness of personal or Centre IST

TEAM 2012 - PHASE 1

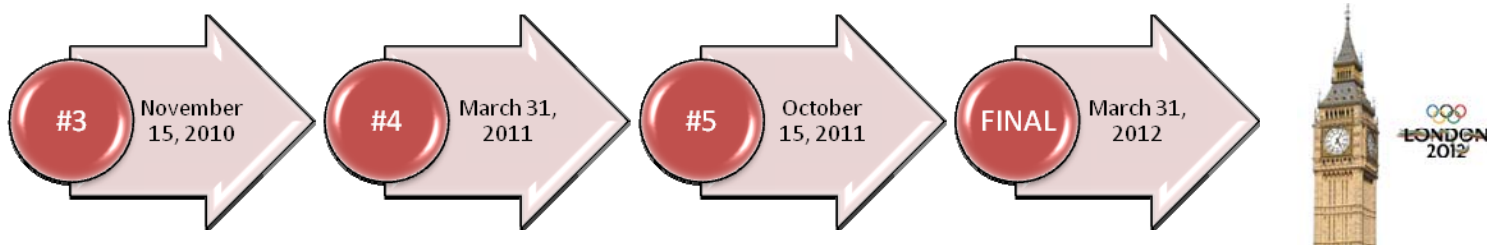
Athlete/Team Name	Personal Coach	AC Centre	AC Lead Coach
Priscilla Lopes-Schliep	Anthony McCleary	Toronto	Molly Killingbeck
Perdita Felicien	Loren Seagrave	Toronto/Calgary	Les Gramantik
Gary Reed	Wynn Gmitroski	Victoria	Wynn Gmitroski
Jessica Zelinka	Les Gramantik	Calgary	Les Gramantik
Brianne Theisen	Harry Mara	Calgary	Les Gramantik
Massimo Bertocchi	Andy Higgins	Toronto	Les Gramantik
Ruky Abdulai	Jerrold Jones	Calgary	Les Gramantik
Mike Mason	Larry Blaschuk	Calgary	Les Gramantik
Dylan Armstrong	Anatoliy Bondarchuk	Kamloops	Larry Steinke
Jim Steacy	Larry Steinke	Calgary	Larry Steinke
Sultana Frizell	Anatoliy Bondarchuk	Kamloops	Larry Steinke
Nathan Brannen	Ron Warhurst	Victoria	Wynn Gmitroski
4x100m Men	Glenroy Gilbert	Ottawa	Glenroy Gilbert
4x400m Women	Molly Killingbeck	Ottawa/Toronto	Molly Killingbeck

EVALUATION AND SELECTION/DESELECTION POINT # 2: March 1, 2010

In order to be considered for selection for TEAM 2012, athletes - in conjunction with their coaches must apply in writing to their respective Event Group Lead Coach for selection consideration. Minimal requirements for consideration include:

- Top 12 IAAF indoor world ranking 3 per country and achievement of IAAF A standard
- Face to face presentation and evaluation of annual program and London 2012 plan with Event Group lead coach and/or Centre coach and other experts as requested.
- Agreement to ongoing evaluation, testing and monitoring protocols as determined by the Event Group Lead Coach or Centre Coach with the personal coach

REMAINING EVALUATION AND SELECTION/DESELECTION POINTS



****Note:** The “final” selection/deselection point on March 31, 2012 refers to selection/deselection from the Team 2012 Program and NOT actual Olympic Team selection.