

BC Juvenile & Senior Championships
Swan Track at Rotary Stadium, Abbotsford, BC - July 15th & 16th, 2006

VALLEY ROYALS TRACK AND FIELD CLUB
is pleased to host the

2006 BC Juvenile and Senior Championship

Sponsored by
LAFARGE CANADA

Juvenile Events sponsored by **THE BC/YUKON COMMAND, ROYAL CANADIAN LEGION**

Sanctioned by
BC ATHLETICS

Saturday, July 15th and Sunday, July 16th 2006
Swan Track at Rotary Stadium, Abbotsford, BC
A Premiere Canadian Track and Field Facility

Entries: Entries are to arrive at the residence of the entry Chairperson by July 8, 2006 or they will be considered to be Late Entries.

Entry Fee: \$10 per event per athlete. Entries received between July 11 and July 14, 2005 will be charged \$20 per person per event. Any entries that are accepted on either July 15 or July 16 would have to be submitted at least 1 hour before the commencement of the event and will be charged a fee of \$25.00 per athlete per event. Phone entries, if accepted, will be charged double the applicable entry fee. Cheques are to be made payable to Valley Royals.

Entries, as long as they are typed or printed, may be faxed by registered clubs to the entries chairperson, Shirley Young, at: 604-594-0848. Carefully prepared entries from registered clubs may be emailed to: chedro@telus.net. If emailed, please use a separate line for each athlete you enter and remember to submit all information including DOB and performances. Unattached athletes who wish to fax or email must supply credit card information. Unless prior arrangements have been made, entry fees must be paid before packages and numbers will be distributed. Phone entries will not be accepted.

Mailed Entries are to be sent to: Shirley Young, #24 – 7330 – 122nd Street, Surrey, BC V3W 1B4.

Facility: Rekotan: both Track & Jump approaches. Throwing Circles are Concrete. Except for the hammer and discus, all events take place in the stadium. Stadium contains covered seating, change rooms, concession booth.

Directions: exit #87 from freeway. North on Clearbrook Rd., right on Maclure Rd. Proceed one long block and turn left on Trethewey.

Eligibility: Athletes must be registered 2006 Athlete (competitive) members of BC Athletics or a Provincial Branch of Athletics Canada or the equivalent from another country. Athletes entering Juvenile events must be born in the year 1989 or later.

Selection for BC Teams: This fixture will act as the selection meet for the following BC Teams: Canadian Senior Championships August 4-6 in Ottawa and the Canadian Legion Juvenile Championships at SFU August 10-17.

Please consult BC Athletics web page: (www.bcathletics.org) for criteria as to selection, including standards, for both of these meets.

Unless entered in a meet deemed of higher importance, all athletes wishing to be considered for Provincial Carding for the year 2006 are strongly recommended to enter this meet.

Doping Control: Please note that these Championships may be selected for Doping Control. Athletes, coaches, parents should be aware of banned and restricted doping classes and methods. For further information contact the BC Athletics Office by phoning 604-737-3170 or fax 604-737-3171

Accommodation: Booking accommodations are the responsibility of the participant.

The Best Western Bakerview Inn (www.bestwestern.com) Spots have been set aside for this meet. However, for guaranteed booking you must register 3 weeks prior to July 14, 2005. Booking after July 14, 2005 will not guarantee availability. Please Call – 604-859-1341. Please book under Valley Royals T & F.
Group Rate:
Single: \$84.00 Twin: \$84.00

The Comfort Inn
2073 Clearbrook Road, Abbotsford, BC V2T 2X1. Spots have been set aside for this meet. However, for guaranteed booking you need to register as soon as possible. The location is less than 7 minutes from Rotary Stadium. Please call 604-859-6211 or Toll free at 1-800-424-6423. Please book under Valley Royals T & F.

Rates:
\$84.00 for all rooms – there are a limited number of rooms with kitchenettes available for the same price.

Columbia Bible College: Columbia Bible College is a 10-minute walk from the track. Single Occupancy - \$25.87 and Double Occupancy - \$20.12 per person. Meals are not available. It is first come first serve. For booking details please contact – Lorianne Gerbrand – 604-853-7010 or email – hospitality@columbiabc.edu

****Deadline for Entries – July 8, 2006****

Entry Deadline for Entries From Hy-Tek Team Manager is July 11, 2006

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THIS IS A TENTATIVE SCHEDULE – SCHEDULE WILL BE FINALIZED BY JULY 13TH
AND POSTED TO THE VALLEY ROYALS WEB PAGE: (valleyroyals.org)

Track Events—Saturday, July 15

1. 2:00 p.m.--1500m Race Walk—Juvenile Girls-Final
2. 2:10 p.m.—1500m Race Walk—Juvenile Boys-Final
3. 2:20 p.m.--110m hur—Juvenile Boys-Final
4. 2:30 p.m.--110m hur—Sr. Men-Final
5. 2:40 p.m.--100m hur—Juvenile Girls-Final
6. 2:50 p.m.--100m hur—Sr. Women-Final
7. 3:00 p.m.—100m Juvenile Girls-Heats
8. 3:15 p.m.—100m Juvenile Boys-Heats
9. 3:30 p.m.—100m Senior Women--Heats
10. 3:45 p.m.—100m Senior Men-Heats
11. 4:00 p.m.—400m Juvenile Girls-Heats
12. 4:15 p.m.—400m Juvenile Boys-Heats
13. 4:30 p.m.—400m Senior Men-Heats
14. 4:45 p.m.—400m Senior Women-Heats

Track Events—Session 2, Saturday

- 5:30 p.m.--100m Juvenile Girls--Final
- 5:37 p.m.—100m Juvenile Boys--Final
- 5:45 p.m.—100m Senior Women—Final
- 5:52 p.m.—100m Senior Men--Final
15. 5:50 p.m.—1500m Juvenile Girls--Final
16. 6:00 p.m.--1500m Sr. Women—Final
17. 6:10 p.m.—1500m Juvenile Boys-Final
18. 6:20 p.m.—1500m Senior Men-Final
- 6:30 p.m.—400m Juvenile Girls—Final
- 6:37 p.m.—400m Juvenile Boys—Final
- 6:50 p.m.—400m Senior Women--Final
- 6:57 p.m.—400m Senior Men--Final
19. 7:10 p.m.—3000m SC—Senior Men—Final
20. 7:25 p.m.—1500m SC—Juvenile Men—Final
21. 7:35 p.m.—1500m SC—Juvenile Women—Final
22. 7:45 p.m.—3000m SC—Senior Women-Final

Field Events—Saturday, June 15

23. 2:30 p.m.—javelin—Juvenile Girls
24. 2:30 p.m.—javelin—Senior Women
25. 3:00 p.m.—hammer—Juvenile Girls
26. 3:00 p.m.—hammer—Senior Women
27. 3:00 p.m.—pole vault—Juvenile Girls
28. 3:00 p.m.—pole vault—Senior Women
29. 4:00 p.m.—long jump—Juvenile Men
30. 4:00 p.m.—long jump—Senior Men
31. 4:00 p.m.--high jump—Juvenile Girls
32. 4:00 p.m.—high jump—Juvenile Girls
33. 4:00 p.m.—Shot put—Juvenile Girls
34. 4:00 p.m.—Shot put—Senior Women
35. 4:30 p.m.—hammer—Juvenile Boys
36. 4:30 p.m.—hammer—Senior Men

37. 5:30 p.m.—pole vault—juvenile boys
38. 5:30 p.m.—pole vault—Senior Men
39. 5:30 p.m.—triple jump—Juvenile Girls
40. 5:30 p.m.—triple jump—Senior Women

Track Events—Sunday, July 16—Session 1, Sunday

41. 10:10 a.m.—5000m Senior Women--Final
42. 10:30 a.m.—5000m Senior Men--Final
43. 10:50 a.m.—3000m Juvenile Girls--Final
44. 11:05 a.m.—3000m Juvenile Boys--Final
45. 11:20 a.m.—200m Juvenile Girls--Heats
46. 11:35 a.m.—200m Juvenile Boys—Heats
47. 11:50 a.m.—200m Senior Men—Heats
48. 12:00 noon—200m Senior Women—Heats

Track Events—Session 2, Sunday

49. 1:00 p.m.--400m Hur Juvenile Girls--Final
50. 1:08 p.m.—400m Hur Senior Women—Final
51. 1:15 p.m.—400m Hur Juvenile Boys--Final
52. 1:25 p.m.—400m Hur Senior Men—Final
- 1:35 p.m.—200m Juvenile Girls—Final
- 1:43 p.m.—200m Juvenile Boys--Final
- 1:50 p.m.—200m Senior Women--Final
- 1:40 p.m.—200 Senior Men—Final
53. 2:00 p.m.—800m Juvenile Girls—Final
54. 2:00 p.m.—800m Juvenile Boys—Final
55. 2:10 p.m.—800m Senior Women—Final
56. 2:20 p.m.—800m Senior Men—Final

Field Events—Sunday, July 16

57. 10:30 a.m.—Discus—Juvenile Boys
58. 10:30 a.m.—Discus—Senior Men
59. 11:30 a.m.—Javelin—Juvenile Boys
60. 11:30 a.m.—Javelin—Senior Men
61. 11:15 a.m.—Long Jump—Juvenile Girls
62. 11:15 a.m.—Long Jump—Senior Women
63. 1:00 p.m.—Discus—Juvenile Girls
64. 1:00 p.m.—Discus—Senior Women
65. 1:00 p.m.—High jump—Juvenile Boys
66. 1:00 p.m.—High Jump—Senior Men
67. 1:00 p.m.—Shot Put—Juvenile Boys
68. 1:00 p.m.—Shot Put—Senior Men
69. 1:00 p.m.—Triple Jump—Juvenile Boys
70. 1:00 p.m.—Triple Jump—Senior Men

