



2009 Canadian Track & Field Championships BC Senior Track & Field Team and BC Junior Race Walk Selection Criteria & Standards

Overview

The Canadian Track & Field Championships will be the Selection competition for the 2009 Cdn Team to the IAAF World Championships in Athletics and the 2009 Cdn Jeux de la Francophonie Games Team. See the Athletics Canada National Team Programs at: <http://www.athletics.ca/main.asp> The Cdn Championships are a critical step towards these major events.

BC Athletics will provide support to those qualifying athletes (see General Criteria for Funding & Team Selection and the team selection criteria and standards.)

- Maximum Team Size: 30 athletes plus staff

General Information

- Canadian Championships – Toronto, Ontario
- June 25-28, 2009

Dates	Description	Location/Notes
Jan 1/08 to May 29/09	Senior Race Walk Qualifying Window	See Equivalent Stds section for 20k qualifying criteria
Jan 1/08 to May 29/09	Junior Race Walk Qualifying Window	See 2009 BC Junior Selection Standards, Equivalency & Performance Time Frame
Apr 1/09 to June 16/09	Qualifying Window	Legal Performances at Sanction T&F Competitions
June 14/09	Athlete Declarations – final date for receipt	See Team Selection at: www.bcathletics.org
June 16/09	BC Team Selection	At conclusion of Lafarge Int'l T&F Meet – Abbotsford
June 19/09	Entry deadline for Cdn Championships	BC Athletics will enter All BC Team Members
July 10-12/09	BC Senior Track & Field Championships	Qualifying Championship for BC Athlete Assistance (BC Carding)

BC Athlete Assistance 2009/10:

Athletes wishing to be considered for BC Athlete Assistance (BC Carding) must take part in the 2009 BC Senior Track & Field Championships unless they are:

1. Competing on a Cdn or BC Team
2. Injured or Ill – ONLY a letter from a Medical Doctor will be accepted. This must be presented prior to the start of the Championships
3. Domestic Affliction – defined as a personal or family tragedy, incident or emergency that does not allow you to attend the Championships.

Notification must be received prior to the start of the Championships unless this is not possible.

4. Education, Exam or Graduation commitment

Guidelines

Athletes wishing to be considered for selection to the BC Senior Team must:

1. Meet the BC Athletics General Criteria for Funding Support and Selection;
2. Meet the Selection Standards during the window of April 1, 2009 through to June 16, 2009 or as provided for the Race walk Events.
3. Have been a Registered Competitive Athlete Member of BC Athletics at the time of achieving the Selection Standard
4. Athletes must meet the Selection Criteria, which include the posted standards.

[Athlete Declarations](#) are due at BC Athletics by June 14 2009 Fax declarations to 604-333-3551 to the attention of BC Athletics Technical Manager – Track and Field. Declaration form: www.bcathletics.org – see Team Selection

Selection Criteria

Athletes achieving the funding standards will be considered for selection in the following order:

1. Athletes who have achieved the highest percentage above the standard during the window from April 1st through June 16.
2. Athletes will be considered by their percentage above the standard in descending order until the team has been comprised.
3. Other athletes may be considered by nearness to the standard and medal potential based on the results during the stated window.

NOTE: Due to limitations in available funding, achieving the funding standard does not guarantee selection. **Entry standards or qualifying to enter the Canadian Championship is separate from the BC Team Standards and does not require achieving the BC Team Standards.**

Championship Entries - Travel – Accommodation & Meals

- **BC Athletics will do the entries for all BC Team athletes**
- **BC Athletics has blocked seats for the BC Team Athletes and Coaches for travel to Toronto. It is expected that Team athletes and staff will use these bookings. Travel Dates: Depart June 24/Return June 28. Details are available from the BC Athletics Office at: erik.bean@bcathletics.org or summerstudent@bcathletics.org or ph: 604-333-3558**
- **Accommodation – BC Athletics has blocked accommodation for the BC Team. Athletes are responsible for their cost of Accommodation and Meals. Details available as above.**

2009 BC Senior Selection Standards for the Canadian Senior Track & Field Championships

Women	Events	Men
2009 Standard		2009 Standard
11.87	100m	10.53
24.36	200m	21.28
55.52	400m	47.62
2:07.13	800m	1:50.25
4:18.76	1500m	3:48.22
16:31.69	5000m	14:04.10
35:21.92	10k	30:01.93
14.06	100mh	n/a
n/a	110mh	14.50
61.68	400mh	53.46
10:35.00	3000m s/c	9:04.78
5.63 m	Long Jump	7.14
1.75	High Jump	2.12
12.03	Triple Jump	14.61
3.97	Pole Vault	4.90
13.50	Shot Put	15.74
46.73	Discus	52.90
44.42	Javelin	61.88
59.20	Hammer	58.20
*52:00.00	10k RW	*47:30.00
1:45:00.00	20k RW	1:35.00
4942	Hept. / Dec	7069
4 x 100m Relay		
4 x 400m Relay		

Please note:

* Equivalent standard. Although BC Athletics provides an alternate standard for the Women's and Men's walks events, athletes who wish to be considered for the BC Team must:

- have from January 1/08 to May 29/09 competed and completed 20km walk event;
- and met the BC Team standards as noted above.

- **The window of meeting team selection standards for Race Walks is from March 1/09 to June 16/09.**

Standards are based on the average of the previous 5 years of standards and the 10th place 2008 Canadian Sr. Ranking. If necessary the standards are adjusted by the event group reps so as to better reflect the expected performance levels of senior athletes on BC teams.